



2026

CLUB LA SANTA ANDY COOK BIKE WEEK (week 1)

Welcome meeting: North conference centre
(Timanfaya room) Friday 09/01/2026 at 9:00

For more information send an email to:
sportsperformance@clublasanta.com



Programme

Friday 09/01

09.00 Welcome Meeting - Timafaya conference room.

10.30 Briefing Bike Centre - Soo - Tiagua - La Vagueta - La florida - Conil -
Fake Fire - Mancha Blanca - Soo

16.00 Stretch & Relax with Green Team, sign up in the app (Volcano)

Saturday 10/01

09.30 Briefing: 2–3 hrs ride – Bike centre Tinajo - Fake fire - Uga - Yaiza -
Fire mountain - Tinajo

Sunday 11/01

09.30 Briefing: Bike centre Soo- Famara - Nazaret -
Garbage Mountain - San Bart - Mozaga - Tao

16.00 Green Team arranged Stretch & Relax, Sign up in the app (Volcano)

Monday 12/01

09.00 Briefing: – Bike centre - 4-6 Hours - Mirador Del Rio + Tabayesco



Tuesday 13/01

09.30 Briefing: - 60-90min ride - Bike centre - Recovery ride - Soo - Tiagua - Mancha Blanca - Tenesar - Tinajo - La Santa

Wednesday 14/01

09.30 Briefing: Bike centre - Soo - Famara - Nazaret - Tesequite - Guatiza - New Climb El Mojon - Los Valles - Monumento - La Florida - La Santa

19.30 Dinner – El Lago included for camp participants Extra places available by request latest Monday!

Thursday 15/01

09.30 Briefing: Bike Centre - Coffee ride recovery