



Sports performance Swim-Bike-Run



2024 CLUB LA SANTA SWIM CAMP

From April 26th to May 2nd.

For more information send an email to: sportsperformance@clublasanta.com



Programme

Friday 26/04

09.00: Welcome meeting – Timanfaya Conference room.

10.30: Swim session South Pool (12-16).

15.00: Swim session South Pool (12-16).

Saturday 27/04

09.00: Swim session South Pool (12-16).

15.00: Swim session South Pool (12-16).

Sunday 28/04

10.00: Swim session South Pool (12-16).

15.00 – 16.30: Swim session South Pool (12-16).

17.00: Video analysis feedback – Timanfaya Conference room.





Programme

Monday 29/04

09.00: Swim session South Pool (12-16).

18.00: Catch Up in Green Bar.

Tuesday 30/04

10.00: Swim session South Pool (12-16). 15.00: Swim session South Pool (12-16).

Wednesday 01/05

10.00: Swim session South Pool (12-16).

15.00: Swim session South Pool (12-16).

19.30: Dinner at El Lago restaurant included for all camp participants.

Thursday 02/05

10.30: Swim session South Pool (12-16).

