



2025

CLUB LA SANTA INTERNATIONAL BIKE WEEK (WEEK 2)

Welcome meeting: Friday
31/10/2025 at 16:30 IN
TIMANFAYA CONFERENCE ROOM

For more information send an email to:
sportsperformance@clublasanta.com



Programme

Friday 31/10

- 09.30. Bike centre - Soo- Tiagua- La vagueta- La Florida -Conil- Fake Fire-Macha Blanca-Soo
- 16.30. Welcome meeting – Timanfaya conference centre

Saturday 01/11

- 09.30 Briefing: 2 – 3 hrs ride – Bike centre
Tinajo-Fire Mountain – Yiza – Uga – Wine valley- Monumento – Famara- Soo
- 16.00 Stretch and Relax, with the Green Team, sign up in CLS APP

Sunday 02/11

- 09.30 Briefing: – 2 hrs ride – Bike centre
Soo- Tiagua- La vagueta- La Florida – San Bart – Garbage Mountain – Nazaret – Mozaga- Tao
- 16.00-
- 17.30 Lars Bak “Stories From The Peloton” - South Conference Room

Monday 03/11

- 09.00 Briefing: – Bike centre - Car with refreshments + Sandwiches
- Gr 1-2 Mirador del Rio + Tabayesco – Gr 3-4 Tabayesco



Tuesday 04/11

- 09.30 Briefing: - 60-90min ride - Bike centre
Recovery ride – Soo – Tiagua – Mancha Blanca – Tenesar – Tinajo – la Santa
- 14.00 Nutrition talk – Timanfaya with Emma Gibbins – 60mins

Wednesday 05/11

- 09.30 Briefing: Bike centre
Soo - Famara –Nazaret - Tesequite-Guatiza-New climb-El Mojon-los valles -Monumento - La Florida-La vagueta-Mancha Blanca-La Santa
- 19.30 Dinner – El Lago included for camp participants –
Extra places available by request latest Monday !!

Thursday 06/11

- 09.30 Briefing: Bike centre
Tinajo-Fake fire-Uga-Yaiza - Fire mountain-Tinajo