



2025

CLUB LA SANTA MASTERS SWIM CAMP

From 28th of November to 4th of
December

Welcome meeting 28/11 at 09.00
TIMANFAYA CONFERENCE ROOM

For more information send an email to:
sportsperformance@clublasanta.com



Programme

Friday 28/11

09.00: Welcome meeting – Timanfaya Conference room.

10.30: Swim session South Pool (Lanes 1-6).

15.00: Swim session South Pool (Lanes 1-5).

Saturday 29/11

10.00: Swim session South Pool (1-6).

15.00: Swim session South Pool (1-5).

Sunday 30/11

10.00: Swim session South Pool (1-6).

15.00: Swim session South Pool (1-5).

18.30: Catch up in Green Bar

Monday 01/12

10.00: Swim session South Pool (1-6).

14.00: Nutrition Talk with Emma Gibbins, Timanfaya conference room



Programme

Tuesday 02/12

10.00: Swim session South Pool (1-6).

15.00: Swim session South Pool (1-5).

Wednesday 03/12

10.00: Swim session South Pool (1-5).

15.00: Swim session South Pool (1-5).

19.30: Dinner at El Lago restaurant included for all camp Participants.

Thursday 04/12

10.00: Swim session South Pool (1-6)