Club La Santa

Sports performance

Swim·Bike·Run



CLUB LA SANTA INTERNATIONAL BIKE WEEK NOVEMBER 2027 (WEEK 1)

Welcome meeting: Friday 5th of November at 16:00h IN TIMANFAYA NORTH CONFERENCE ROOM

For more information send an email to:
groups@clublasanta.com



Programme

Friday 05/11

09.30 Bike Centre - Soo - Tiagua - La Vegueta - La Florida - Conil - Tinguatón - Mancha Blanca - Soo

16.00 Welcome meeting – Timanfaya conference centre

Saturday 06/11

09.30 Briefing - Bike Centre
Famara- Monumento- Yaiza- Fire Mountain- Tinajo- La Santa

Sunday 07/11

09.30 Briefing: Bike Centre - 2 hrs ride – Bike Centre - Tinajo - Tinguatón - Conil - Tías - San Bartolomé - La Vegueta - Soo - La Santa

16.00 Core and mobility with HL - TBC

Monday 08/11

09.00 Briefing:



Tuesday 09/11

09.30 Briefing Bike Centre
Recovery ride - Soo - Tiagua - Mancha Blanca - Tenesar - Tinajo - La Santa

15.00 Nutrition Talk – Timanfaya conference room with Emma Gibbins – 60mins

Wednesday 10/11

09.30 Briefing: Bike Centre

Soo - Famara - Nazaret - Teseguite - Guatiza - El Mojón - Los Valles - Monumento - La Florida - La Vegueta - Mancha Blanca - La Santa

19.30 Dinner – El Lago included for camp participants –
Extra places available by request latest Monday

Thursday 11/11

09.30 Briefing:Bike Centre

Tinajo - Tinguatón - Uga - Yaiza - Fire Mountain - Tinajo