

# ENVIRONMENTAL GUIDE

Dear participants and spectators,

Since the beginning of Club La Santa (1978), its founder Ejlif Krogager wanted to build something new in perfect harmony with the landscapes on the island of Lanzarote. His respect and admiration for environment, found in each of the sports projects that have been promoted by Club La Santa, have fostered the responsible practice of sports in close contact with nature. All Club La Santa sports events are designed with the utmost respect towards the environment, making them compatible with the conservation of the spaces in which they take place, taking all the necessary preventive measures to make them viable, giving the possibility of experiencing unique landscapes to the participants.

The Lanzarote International Running Challenge has been designed with the aim of offering to all participants the best courses in harmony with the environment.

Our participants have the privilege of racing in such an amazing natural environment; we therefore would like to give several environmental tips and rules, in order to protect the special habitats where you will pass by, as well as the natural resources of the island of Lanzarote.

Thank you for your collaboration,

*The International Running Challenge Organisation*



## GUIDE TO GOOD ENVIRONMENTAL PRACTICES

Below is a guide to good environmental practices according to the location of the race. **The intention of this guide is to contribute to the conservation of the protected areas**, in addition to informing the organizers, participants, spectators, etc. about the importance of the protected areas as essential places for our health and quality of life, among others.

Sharing this guide will help:

- **Minimize the possible impact on natural and cultural resources** of the protected spaces where the race is held, enhancing the event's participants and organizers environmental awareness.
- **Have a positive impact on the sustainable development** of local populations of these territories.

### COMMITMENT TO GOOD BEHAVIOR AND ENVIRONMENTAL GUIDE LANZAROTE INTERNATIONAL RUNNING CHALLENGE

Club La Santa and the different municipalities (Tinajo, Tias) make a special effort to organize this race and show the participants several beautiful areas of the island.

Therefore, **it is necessary to follow the environment regulations** during the race course. In order to ensure future editions, it is necessary you are aware that the race courses will be part of natural, fragile systems or elements of special ecological interest.



## PARTICIPANTS

I am aware that my participation in the Lanzarote International Running Challenge commits me to respect as much as possible the race courses which are part of an environmentally sensitive area.

For all these reasons I will respect and keep in mind the following requirements:

- I will inform my friends or family members who accompany me to enjoy the event, **respecting the established rules** and the organisation's advice.
- **I will not leave the routes** established and marked by the organisation under any circumstances.
- I promise **NOT to throw any rubbish or waste material** included gels or other containers throughout the whole event. If I have to throw anything away, I will do it at the aid stations.
- During my race I will **avoid making noise**, shouting or using any sound equipment.
- I will **not leave any marks** in the environment under any circumstances.

