



Programme

SATURDAY, 22ND

**Breakfast Run,
Registration and Night Run**

Club La Santa

08:15 Breakfast Run, at the Stadium.

14:00-18:45 For Race Participants Only: Race pack collection in time frames and information at The Square.

No onsite registration at Club La Santa.

Deadline for online registration: 19th November 2025 at 12:00 CET and registrations will not be accepted after this deadline.



SATURDAY, 22ND

Club La Santa Night Run

Club La Santa Stadium

17:30-20:00 DJ session and activities (face-painting, kids activities, bouncy castle).

18:00 Street Food.*

18:00 KIDS NIGHT RUN Race start (by categories)

19:00 NIGHT RUN race start: 4K run, 7K. run & 4K walk. Awards shortly after the race.

20:00-21:30 Live music with The Miracle - a Queen Tribute Band

21:30-23:00 DJ session.

23:00 Venue Closure.

*Payment onsite



SUNDAY, 23RD

10K Vince Regan Memorial Classic Road Run

Club La Santa

10:00 Race start at the Stadium.

Podium, for top 3 winners overall (males/females) at the Stadium, shortly after the race.

Cut-off time: 1hr. 30min.

14:00-16:00 LIRC Social Volleyball tournament.
Hosted by Århus Idrætshøjskole at the Beach Volley Courts.

16:00- 18:00 Info Centre at the Events Office.

19.00 Awards Ceremony for Age Groups Winners
Race 1 (1st male/1st female) at The Square.

20:30 Live music at The Square.



MONDAY, 24TH

13K Ridge Run

Club La Santa

10:00 Race Start at the Stadium.

Podium for top 3 winners overall (males/ females) at the Stadium shortly after the race.

Cut-off time: 2hrs. 10min.

15:00-16:00 LIRC Stretch and relax. Hosted by Århus Idrætshøjskole at the 5-a-side.

16:00- 18:00 Info Centre at the Events office.

19:00 Awards Ceremony for Age Groups Winners Race 2 (1st male/1st female), at The Square.

20:00 Green Team Show at The Square.



TUESDAY, 25TH

5K Beach Run

Los Pocillos beach, Puerto del Carmen

08:30 Bus departure from the North Reception to race start in Puerto del Carmen.

10:00 Race Start in Playa de Los Pocillos.

Podium for top 3 winners overall (males/ females) shortly after the race.

Cut-off time: 1hr. 30min.

11:00 First bus back to Club La Santa.

13:00 Last bus back to Club La Santa.

15:00-17:00 LIRC Social football tournament. Hosted by Århus Idrætshøjskole at the 5-a-side.



TUESDAY, 25TH

5K Beach Run

Los Pocillos beach, Puerto del Carmen

16:00-18:00 Info Centre, at the Events office.

18:00-19:00 Bingo at The Square.

19:00 Awards Ceremony for Age Groups Winners
Race 3 (1st male/1st female) at The Square.

20:00 Game on! Board & parlour games, at The Square.



WEDNESDAY, 26TH

21K La Vuelta a Tinajo

Tinajo - Club La Santa

07:30 1st bus departure from the North Reception to Tinajo.

08:00 Race Start at Tinajo
Cut-off time: 2hrs. 45min.

15:00-16:00 LIRC Stretch and relax. Hosted by Århus Idrætshøjskole at 5-a-side.

18:30-19:15 Children and Guest Show at The Square.

20:30 Award Ceremony, race video and music at The Square.

22:00 CLS Arena Disco.