



2026

CLUB LA SANTA MASTERS TRI CAMP

From June 12th to June 18th
WELCOME MEETING on Friday
12th at 09.00 SOUTH CONFERENCE ROOM,
VEROL

For more information send an email to:
sportsperformance@clublasanta.com



Programme

Friday 12/06

09.00: South Conference room: Welcome meeting (VEROL room)

10.30: Bike Centre: Bike (Approx. 2.5 hrs)

17.00: South Pools: Swim session (Lanes 1-5)

Saturday 13/06

09.00: Stadium - Hill Run Session 13.00: South pools - Swim session (Lanes 1-4) 16.00: Bike Centre - Bike (approx 1.5 hrs)

Sunday 14/06

10.00: BikeCentre - Transition practice - (1K run / 6K bike / 3K run)

15.00: South Pools: Swim session (Lanes 1-5)

18.00: Talk/Q+A



Programme

Monday 15/06

08.30: BikeCentre - Bike (Approx. 3 hrs)

15.00: South Pools - Swim session (lanes 1-5)

17.00: Stretch & Relax with Green Team, Book on the CLS App

Tuesday 16/06

10:00: BikeCentre - (approx 2 hrs) followed by short run (bring shoes)

15:00: South Pools - Swim session (Lanes 1-5).

Wednesday 17/06

10:00: Camp Mini Triathlon - 400m Swim / 12km Bike / 3km Run (Lanes 12-16)

17.00: Stretch & Relax with Green Team, Book on the CLS App

19:30: Dinner at El Lago restaurant included for all camp participants

Thursday 18/06

10.00: Southpools - Swim session (Lanes 1-5)