



RESULTS

RESULTADOS

24TH - 27TH NOVEMBER

DEL 24 AL 27 DE NOVIEMBRE 2019

OFF ROAD - BEACH - ASPHALT

MONTAÑA - PLAYA - ASFALTO

#VAMOSRUNNING



Gender Results

Place	Bib	Name	Nat.	AG	Club	10K
Male						
1.	1	HARTLEV, Kasper Laumann		Male 25-29	RUNAAR/Mikkeller	00:32:17
2.	278	BJØRNSSEN, ANDREAS BOCK		Male u/20	De Danske Bjørne	00:32:43
3.	509	HERNÁNDEZ CABRERA, JOSÉ		Male 40-44	JCHRunning	00:33:05
4.	402	ØDUM, SØREN THRANE		Male u/20	DE DANSKE BJØRNE	00:33:33
5.	248	BRANDSBJERG, JONAS		Male 40-44	Blovstrød løverne	00:33:35
6.	184	MAY, CHARLES		Male 30-34	The Chiltern Hills Runners	00:33:52
7.	279	KJÆR, MALTE		Male u/20	De Danske Bjørne	00:33:57
8.	3	FLEMING, PAUL		Male 40-44	Sportsworld	00:34:06
9.	13	ELMORE, ROB		Male 35-39	Milton Buzzards	00:34:13
10.	501	NAVARRO HITA, AITOR		Male 30-34	Club La Santa	00:34:38
11.	496	PALMER, MATT		Male 25-29		00:34:48
12.	7	MURRAN, GARETH		Male 35-39	Sportsworld Running Club	00:35:29
13.	6	MACKRELL, PETER		Male 35-39	Milton Buzzards	00:35:48
14.	503	CROSS, ROBERT		Male 45-49	Crusaders AC	00:35:57
15.	234	WILKES, JORGE		Male u/20	BAYLISS MULTISPORT	00:36:02
16.	267	REIDY, PAUL		Male 25-29	Crusaders AC	00:36:56
17.	185	FERGUSON, JAMES		Male 25-29	The Chiltern Hills Runners	00:36:59
18.	9	O'BRIEN, MICHEAL		Male 40-44	Tullamore Harriers	00:37:00
19.	424	EXPOSITO MUÑOZ, DAVID		Male 45-49	MD TRAINING	00:37:01
20.	280	DUPONT, JOHAN		Male u/20	De Danske Bjørne	00:37:36
21.	186	MASTERSON, RONAN		Male 45-49	Sportsworld	00:37:52
22.	48	RIDLEY, COLIN		Male 55-59	Colchester harriers	00:37:56
23.	451	MC DERMOTT, JOSEPH		Male 35-39	Crusaaders AC	00:38:05
24.	337	CURRAN, KEVIN		Male 35-39	Sportsworld	00:38:17
25.	362	EDVARDSSON, MARTIN		Male 40-44		00:38:21
26.	12	MOONEY, LEONARD		Male 35-39	Tullamore Harriers	00:38:28
27.	134	BLAZIER, DARREN		Male 45-49	Abergele Harriers	00:38:35
28.	474	CAMPBELL, BRUCE		Male 45-49	Sportsworld	00:38:37
29.	95	EDWARDS, JACK		Male 25-29	Sphinx AC	00:38:42
30.	155	CARTER, ANDREW		Male 50-54	West Cheshire Athletic Club	00:38:49
31.	378	WEBER, LASSE FALCK		Male u/20	De Danske Bjørne	00:39:11
32.	455	KOVSTED, JAKOB SCHØIER		Male u/20	De Danske Bjørne	00:39:17
33.	96	LANGER, PAWEL		Male 45-49		00:39:18
34.	365	WALSH, JOE		Male 40-44	Crusaders AC	00:39:24
35.	252	CUNNINGHAM, MICHAEL		Male 40-44	Sportsworld	00:39:24
36.	293	HARTLEV, KRISTIAN LAUMANN		Male 25-29	RUNAAR/Mikkeller	00:39:25
37.	122	JONES, JONATHAN		Male 35-39		00:39:34
38.	109	REASON, SIMON		Male 20-24	Blackpool Wyre and Fylde Athletics	00:39:46
39.	390	BUTLER, DARREN		Male 35-39	Tullamore Harriers	00:39:48
40.	121	LEACY, MARK		Male 55-59	Ardee and District	00:39:51
41.	112	FEEHAN, CHRISTIAAN		Male 35-39	Dublin Fronrunners A.C.	00:39:53
42.	428	READ, STUART		Male 35-39	Milton Buzzards	00:39:56
43.	85	CATES, PAUL		Male 55-59	Eton Manor AC	00:40:04

Place	Bib	Name	Nat.	AG	Club	10K
44.	94	EL-SOUR, ALLEN		Male 45-49	Sphinx AC	00:40:05
45.	173	HELMHOLT, HENRIK		Male 45-49	BIK	00:40:14
46.	259	DUNNE, MATT		Male 25-29	Dublin Front Runners	00:40:24
47.	520	Koning, Bjarne		Male 50-54	Team Leplabbet	00:40:25
48.	191	BARNES, NIGEL		Male 50-54	Triathlon Coaching Wales	00:40:33
49.	443	HONORÉ, MICHEL		Male 40-44	SPARTA	00:40:38
50.	217	TALLON, ROBERT		Male 45-49	Bohermeen	00:40:38
51.	254	WEIJZEN, JOCHEM		Male 40-44	loopgroep Aart stigter	00:40:42
52.	318	COTTLE, JAMES		Male 60-64	Crusaders AC	00:40:48
53.	203	DOYLE, MARTIN		Male 40-44	Sportsworld rc	00:41:00
54.	180	GAEBEL, CHRISTIAN		Male 30-34	Berlin	00:41:06
55.	45	FORD, SIMON		Male 40-44	Colchester Harriers	00:41:08
56.	28	JENSEN, KIM		Male 50-54	Næsby Motion	00:41:10
57.	300	GARCÍA, MIGUEL ANGEL		Male 30-34		00:41:20
58.	83	VERSCHUEREN, EDDY		Male 50-54	Ironteam Mechelen	00:41:22
59.	309	RODRIGUEZ, ARGODEY		Male u/20		00:41:48
60.	26	VINSTEN, KIM		Male 45-49	Næsby Motion	00:41:49
61.	237	HELMER, PHILIP		Male 35-39	Skoemagerkroen/Fremad Holbæk	00:41:57
62.	453	PEREZ, GERMAN		Male 30-34	Lanzatletas	00:41:59
63.	484	FAHERTY, PEADAR		Male 40-44	DUBLIN FRONT RUNNERS AC	00:42:07
64.	380	NIELSEN, MIKKEL BAY		Male 20-24		00:42:10
65.	158	LARSEN, HENRIK		Male 55-59	Blvstrød løverne	00:42:10
66.	418	NUGENT, EDDIE		Male 45-49	Crusaders AC	00:42:25
67.	426	KNAGGS, PETER		Male 50-54	Sportsworld	00:42:28
68.	304	GORDON, ANDY		Male 30-34	Sportsworld	00:42:29
69.	105	WALTERS, MARTIN		Male 60-64		00:42:42
70.	141	CHRISTIANSEN, JENS ARNE		Male 60-64	Blvstrød Løverne	00:42:45
71.	106	ØKSNEBJERG, LARS OLE		Male 50-54	LIF Løb og Motion	00:42:47
72.	445	MARIENLUND ANDERSEN,		Male 35-39	Sparta	00:43:05
73.	199	LARSEN, HENRIK RENTOFT		Male 50-54	Sparta	00:43:07
74.	381	MADSEN, KRISTIAN TOFT		Male 25-29		00:43:09
75.	224	NIELSEN, PER		Male 55-59		00:43:11
76.	22	CHRISTMAS, LEE		Male 60-64	Stroud & District AC	00:43:12
77.	274	BEESON, PAUL		Male 50-54	Maldwyn Harriers	00:43:16
78.	214	HERNANDEZ DE LA HOZ, MANUEL		Male 50-54		00:43:17
79.	369	THEODORSEN, SØREN		Male 40-44	Sparta	00:43:19
80.	321	CRONIN, BASIL		Male 45-49	Tullamore Harriers	00:43:21
81.	139	MELIDEO, GIANNI		Male 50-54	Hämpus Laufgruppe	00:43:22
82.	373	JONES, NEIL		Male 45-49	MK BUZZARDS	00:43:22
83.	332	MENSINK, WOUT		Male 55-59	Running Club Aart Stigter	00:43:23
84.	240	DEMPSEY, ROBERT		Male 35-39	Dublin Frontrunners A.C	00:43:30
85.	118	GHADAMIAN, FARZAD		Male 45-49	Hämpus Laufgruppe Bern	00:43:34
86.	169	ALLEN, BARRY		Male 45-49	Sphinx AC	00:43:36
87.	72	COX, STUART		Male 40-44	#coupleofnutters	00:43:50
88.	135	SPARROW, PAUL		Male 50-54	Blackpool Wyre & Fylde AC	00:43:51
89.	194	BROCK, DAVE		Male 55-59	Orion Harriers	00:43:53

Place	Bib	Name	Nat.	AG	Club	10K
90.	67	HOCKEY, MARTIN		Male 50-54	Eton Manor	00:43:54
91.	376	GLENNIE, LEWIS		Male 25-29	Airdrie Harriers	00:43:56
92.	187	MANUEL, DAVID		Male 45-49	Maldwyn Harriers	00:44:00
93.	405	NIELSEN, FREDERIK		Male 35-39	Politiets Idrætsforening Århus	00:44:06
94.	132	PARRY, NEIL		Male 50-54	Dursley	00:44:10
95.	79	BENNETT, BILL		Male 60-64	ETON MANOR	00:44:22
96.	31	HANSEN, JAN JUUL		Male 55-59	Næsby Motion	00:44:25
97.	398	DONEGAN, JOHN		Male 55-59	Tullamore Harriers	00:44:25
98.	99	MCINTOSH, ANDREW		Male 45-49	Sphinx AC	00:44:33
99.	202	MCDONALD, PHILIP		Male 55-59	Laragh AC	00:44:34
100.	375	GUARDIOLA, ORLANDO		Male 45-49	C. D vallivana	00:44:38
101.	394	LOOBY, PÁDRAIG		Male 40-44	Sportsworld AC	00:44:48
102.	297	GILLEN, ANTHONY		Male 50-54	Sportsworld	00:44:49
103.	104	STAFFE, ANDERS		Male 40-44	Sparta	00:44:53
104.	204	LORENTZEN, JOHNNY HEDEVIG		Male 50-54	Sparta	00:44:53
105.	111	GABRIELS, MARCEL		Male 60-64	dimag	00:44:53
106.	476	MATTHEWS, PHILIP		Male 30-34	Crusaders AC	00:44:56
107.	265	FLETCHER, GLYN		Male 55-59	Maldwyn Harriers	00:44:56
108.	34	STOCKINGS, PAUL		Male 55-59	Elton Manor	00:44:58
109.	183	MOORE, ANDREW		Male 30-34	Civil service harriers	00:45:03
110.	82	JARMAN, DARREN		Male 40-44	Maldwyn Harriers	00:45:08
111.	253	BROWN, ANDREW		Male 60-64	Severn AC	00:45:13
112.	374	O DONNELL, TIMOTHY		Male 40-44	Crusaders	00:45:15
113.	320	BUCKLEY, RAY		Male 45-49	Dublin Front Runners	00:45:19
114.	348	OWENS, LEONARD		Male 50-54	Tullamore Harriers	00:45:22
115.	364	MCCARTHY, DERMOT		Male 40-44	Dublin Frontrunners AC	00:45:23
116.	441	HØYBYE, HENRIK		Male 50-54	Sparta	00:45:30
117.	361	MALONE, EMMETT		Male 45-49	Crusaders athletic club	00:45:34
118.	494	PANCIERA, FABIO		Male 50-54		00:45:40
119.	326	GRANGER, ALAN		Male 45-49		00:45:46
120.	218	MORAN, MATT		Male 40-44	Bohermeen AC	00:45:48
121.	273	BEESON, JAKE		Male u/20	Maldwyn Harriers	00:46:04
122.	431	LEAHY, JOHN		Male 40-44	Kilcormac killoughey	00:46:05
123.	219	DICK, KEVIN		Male 35-39	Sphinx AC	00:46:09
124.	159	MARIENDAL, MICHAEL		Male 55-59	SPARTA	00:46:12
125.	115	STEIN, BARRY		Male 55-59	None	00:46:12
126.	119	BEESON, DANNY		Male 20-24	Maldwyn Harriers	00:46:17
127.	407	FAURHOLT, MARTIN		Male 40-44	Runaar	00:46:18
128.	21	JUREVICIUS, CHRISTOPHER		Male 60-64	stroud and district ac	00:46:42
129.	243	CAHALAN, TONY		Male 35-39		00:46:43
130.	24	HOLM-NIELSEN, JESPER		Male 50-54	Sparta	00:46:43
131.	307	RUTTEN, LOUIIS		Male 60-64	Loopgroep Aart Stigter	00:46:45
132.	467	KALLIONIEMI, JUSSI		Male 45-49	Heltri	00:46:45
133.	50	KRUPP, MEINHARD		Male 70-74	TUS Erpel	00:47:20
134.	530	Baker, Andrew		Male 45-49		00:47:20
135.	527	Schrombgens, Wilfred		Male 50-54	Aart Stigter	00:47:25

Place	Bib	Name	Nat.	AG	Club	10K
136.	275	PEARS, BRYAN		Male 50-54	Sphinx Ac	00:47:30
137.	197	KINSELLA, THOMAS		Male 35-39	Sportsworld AC	00:47:40
138.	287	DOGGER, PIETER		Male 30-34	loopgroep Aart Stigter	00:47:51
139.	463	MANN, MATTHIAS		Male 30-34	Sparta	00:47:53
140.	412	MARTIN, ADRIAN		Male 55-59	Tullamore Harriers	00:47:54
141.	367	SØRENSEN, SIMON		Male 30-34	Sparta	00:47:58
142.	473	BOYLE, SHANE		Male 45-49	Dunshaughlin	00:48:36
143.	317	BURKE, DARREN		Male 45-49	Herts Runners	00:48:37
144.	427	DOWDS, ROGER		Male 55-59	Dublin Frontrunners	00:48:38
145.	532	Arndal, Allan		Male 55-59	Sparta	00:48:39
146.	205	TOOMES, WILLIAM		Male 55-59		00:48:46
147.	113	MUELLER, ROBERT		Male 55-59	Hämpus Laufgruppe	00:48:46
148.	312	GLENNIE, JAMES		Male 60-64	Airdrie Harriers	00:48:48
149.	301	CULLINANE, DAVID		Male 40-44	Dublin Frontrunners A.C.	00:48:54
150.	524	Williams, Steve		Male 60-64	Garden City Runners	00:49:08
151.	435	BRUNDRETT, GAVIN		Male 45-49	North Derbyshire RC	00:49:10
152.	308	TOWELL, SCOTT		Male u/20	LEIGHTON Buzzard Athletics Club	00:49:10
153.	420	MANN, STUART		Male 75-79	Herts runners	00:49:17
154.	147	KETELSEN, ERLING		Male 60-64	Blovstrødløverne	00:49:24
155.	522	Fennelly, Anthony		Male 40-44		00:49:27
156.	143	KOFOD, OLE		Male 70-74	Blovstrød Løverne	00:49:33
157.	44	CONWAY, ANDREW		Male 50-54	Colchester Harriers	00:49:37
158.	295	COLBOURNE, STEVE		Male 65-69	Sphinx	00:49:43
159.	189	HJORTLUND, TOM		Male 60-64	Team Hjortlund	00:49:44
160.	163	WILSON, PHILIP		Male 55-59	Sphinx AC	00:49:47
161.	291	OLIJSLAGER, DIEDERIK		Male 50-54		00:49:59
162.	75	BROWN, KEITH		Male 55-59		00:50:04
163.	61	TIMMS, MITCH		Male 60-64	Sphinx AC	00:50:12
164.	68	BATES, MARTIN		Male 60-64	Wesham	00:50:22
165.	198	LANIGAN, ADRIAN		Male 40-44	Sportsworld	00:50:27
166.	40	CHISLETT, PETER		Male 50-54		00:50:30
167.	410	NILSÉN, ODDBJØRN		Male 50-54		00:50:42
168.	136	DIEKOTTO, WOLFGANG		Male 65-69	TSVE 1890 Bielefeld	00:50:48
169.	411	LANGELUND ZIETHEN, MARTIN		Male 35-39		00:51:00
170.	70	TAYLOR, JAMIE		Male 30-34		00:51:01
171.	311	HALLE, JACOB		Male 30-34	RUNNAR/Mikkeller	00:51:19
172.	164	PEARS, CRAIG		Male 25-29	Sphinx A.C.	00:51:22
173.	172	SPENCER, CRAIG		Male 40-44	Sphinx AC	00:51:25
174.	149	WILLIAMS, RAY		Male 60-64	DURSLEY RUNNING CLUB	00:51:32
175.	281	BURBACH, JÖRG		Male 55-59		00:51:42
176.	323	HANSEN, JOHN		Male 60-64	Motionsklubben Amager	00:51:55
177.	331	LARSEN, IB		Male 65-69	Aarhus 1900	00:51:59
178.	60	KILBY, ANDY		Male 60-64	Dursley running club	00:52:07
179.	16	CURLEY, ADRIAN		Male 45-49	Tullamore harriers	00:52:13
180.	153	KENNEDY, PAUL		Male 50-54	Milton Buzzards	00:52:35
181.	142	SAABYE, HENRIK		Male 70-74	Blovstrød løverne	00:52:52

Place	Bib	Name	Nat.	AG	Club	10K
182.	465	MCENTEE, ALAN		Male 35-39	Dublin Front Runners A.C	00:52:53
183.	178	ENRIGHT, PATRICK		Male 35-39	Sportsworld AC	00:53:32
184.	232	VAN DER WORP, JOACHIM		Male 40-44	Dublin Frontrunners	00:53:35
185.	437	ORCHARD, KELVIN		Male 55-59		00:53:42
186.	58	CRANE, DEREK		Male 50-54	Blackpool Wyre & Fylde AC	00:53:49
187.	71	KYDD, ANDREW		Male 50-54	Newmarket Cycling Triathlon Club	00:53:53
188.	391	DWYER, GARY		Male 35-39	Tullamore Harriers	00:53:55
189.	395	CZYSCIANK, KRZYSZTOF		Male 45-49		00:54:11
190.	238	ADMIRAAL, PIET		Male 65-69	Loopgroep Aart Stigter	00:54:28
191.	41	CULLINANE, DIARMUID		Male 55-59	Stroud & District Athletics Club	00:54:32
192.	421	GROOM, WILLIAM		Male 55-59		00:54:35
193.	78	WEREY, PHILIPPE		Male 50-54		00:54:36
194.	286	SCHALTZ, Torben		Male 60-64	Sparta	00:54:49
195.	468	LYNCH, SEAN		Male 40-44	Dublin Frontrunners	00:54:50
196.	181	BOULTON, GED		Male 55-59		00:54:56
197.	344	LARGE, CHRIS		Male 35-39	Milton Buzzards	00:54:57
198.	130	ORRELLS, STEVE		Male 65-69	Maldwyn Harriers	00:55:01
199.	211	BRINKS, ERIK		Male 60-64	LIF Løb & Motion	00:55:05
200.	493	JONES, TERRY		Male 65-69	Triathlon Coaching Wales	00:55:07
201.	497	DE LEÓN QUINTERO, ALEXIS		Male 45-49		00:55:10
202.	377	NISSEN, PREBEN		Male 65-69	Sparta	00:55:15
203.	408	JESSEN, OLE		Male 60-64		00:55:19
204.	77	ADAMS, STEVE		Male 55-59	Eton Manor AC	00:55:29
205.	110	REASON, JOHN		Male 60-64	Blackpool Wyre and Fylde Athletics	00:55:34
206.	233	MCCORMACK, ALAN		Male 40-44	Dublin Front Runners	00:55:49
207.	230	HERWARTS, RAYMOND		Male 45-49	Loopgroep Aart Stigter	00:56:31
208.	384	LAPIERRE, KONRAD ALBERT		Male 45-49		00:56:40
209.	55	WORTHINGTON, PETER		Male 50-54	Astley & Tyldesley Road Runners	00:56:49
210.	257	CAMERON, GREG		Male 50-54		00:56:57
211.	182	BROCKBANK, A		Male 60-64		00:56:58
212.	389	SMITH, GRAEME		Male 35-39	Sphinx	00:57:38
213.	42	YOUNG, CHRISTOPHER		Male 60-64	Stroud & District AC	00:57:59
214.	456	HOLDT, NIELS		Male 70-74	Sparta	00:58:10
215.	350	O'MAILLE, COLM		Male 35-39	Galway city harriers	00:58:14
216.	489	THOMAS, DARREN		Male 50-54	Witham	00:58:17
217.	371	NIELSEN, PREBEN		Male 75-79		00:58:59
218.	152	GROOSS, KARSTEN		Male 60-64		00:59:21
219.	179	ZACHO, ERIK		Male 65-69	Kalundborg-if	00:59:44
220.	393	MASSEY, ROBERT		Male 70-74	Blackpool Wyre & Fylde AC	00:59:51
221.	399	JEPSEN, ULRIC GAMMELTOFT		Male 40-44	Sparta	01:00:06
222.	358	INCHLEY, RICHARD		Male 70-74	Milton Buzzards	01:00:07
223.	210	MATHIASSEN, ANDERS		Male 30-34	Sparta	01:00:17
224.	452	JENSEN, TOKE		Male 45-49	Sparta	01:00:28
225.	296	CRUUSBERG, JOHN		Male 60-64	Odense Gymnastikforening (OGF)	01:00:47
226.	288	KAMPSCHREUR, DAVE		Male 70-74	Loopgroep Aart Stigter	01:01:12
227.	490	THOMAS, NIGEL		Male 50-54		01:02:23

Place	Bib	Name	Nat.	AG	Club	10K
228.	20	CUTLER, KEVIN		Male 40-44	Amphill and Flitwick Flyers	01:02:25
229.	276	WYNNE-JONES, Dylan		Male 45-49	Wreccsam tri club	01:03:33
230.	140	AYLOTT, WAYNE		Male 55-59	Herts runners	01:03:39
231.	343	THOMSON, DAVID		Male 25-29		01:05:28
232.	32	SINGLETON, BERNARD		Male 70-74	Blackpool wyre fylde running club	01:05:54
233.	341	JOHANSEN, KENNETH		Male 55-59	Aarhus 1900	01:07:44
234.	207	DOHENY, BERNARD		Male 60-64	Tullamore Harriers	01:08:03
235.	174	NIELSEN, KLAUS-JØRGEN		Male 55-59	Kalundborg if	01:08:40
236.	502	BYRNE, KILLIAN		Male 45-49		01:10:10
237.	444	LEHMANN, KELLY		Male 65-69	Oxford Tri	01:12:43
238.	57	NORMAN, PETER		Male 80+	wrexham a c	01:19:52
239.	483	PETERS, DAVID		Male 70-74	Maldwyn Harriers	01:20:34
240.	536	Kleinschmidt, Gert		Male 80+		01:34:50
DNF	156	MC LOUGHLIN, SEAMUS		Male 60-64	Dublin Front Runners	01:00:49
DNF	488	GLUE, AARON		Male 40-44	Milton Buzzards	
DNF	521	Ennis, Ross		Male 40-44	Sportsworld	
DNF	100	INCHLEY, ANDY		Male 40-44	Milton Buzzards	
DNS	227	MENGER, RUUD		Male 60-64	Loopgroep Aart Stigter	
DNS	242	CAMPOS, MARIO JUAN		Male 25-29	Todo Por Un Sueño	
DNS	283	HEEL, THOMAS		Male 55-59		
DNS	303	FINNEY, SAM		Male 30-34		
DNS	505	BUCKLEY, LESLIE		Male 40-44	tullamore harriers	
DNS	33	BROWN, KEITH		Male 55-59	Warrington road runners	
DNS	43	RAYNOR, ANDREW		Male 50-54	Colchester Harriers	
DNS	47	CRESSWELL, TOM		Male 30-34	Colchester Harriers	
DNS	66	CAHALAN, EDWARD		Male 70-74	Coolquill	
DNS	90	ELLIOTT, DANE		Male 55-59		

Place	Bib	Name	Nat.	AG	Club	10K
Female						
1.	23	GEURTSSEN, MARIJE		Female 30-34	Hardloopgroep Aart Stigter	00:37:14
2.	4	ORCHARD, RUBY		Female 35-39	Vegan Runners UK	00:37:48
3.	462	NYMANN PETERSEN, IDA		Female 30-34		00:38:45
4.	231	BERGER DE VRIES, HELLEN		Female 40-44	Aart Stigter	00:39:05
5.	517	MCELROY, ILONA		Female 35-39	Crusaders	00:39:31
6.	429	KEANE, SHONA		Female 35-39	Sportsworld	00:39:47
7.	200	GROGAN, LINDA		Female 35-39	Dundrum AC	00:39:52
8.	392	JONES, MARIA		Female 30-34	Sportsworld	00:39:57
9.	2	CURLEY, PAULINE		Female 50-54	Tullamore harriers	00:40:05
10.	472	JORDAN, ADRIENNE		Female 40-44	Crusaders	00:40:12
11.	449	HANSEN, NANNA LOEBVORG		Female 25-29	Sparta	00:40:17
12.	14	FLANAGAN, SARAH		Female 40-44	Eton Manor AC	00:40:33
13.	8	THORNTON, CATHERINE		Female 30-34	Crusaders AC	00:40:54
14.	5	BROKSØ, TINE		Female 45-49	Blovstrød løverne	00:41:18
15.	17	MURRAY, BARBARA		Female 45-49	Donore harriers	00:41:21
16.	11	TIDESWELL, KEALEY		Female 35-39	Clonmel AC	00:41:37
17.	366	SÁNCHEZ MÉNDEZ, SANDRA		Female 35-39	Mc2Action	00:42:37
18.	192	LORENTZEN, SARA CBH		Female 40-44	Sparta	00:42:55
19.	330	HANEVY, ALMA		Female 40-44	Crusaders AC	00:42:55
20.	306	O'DOWD, FIONA		Female 30-34	Crusaders AC	00:42:58
21.	515	CROWLEY, CAROLINE		Female 30-34	Crusaders AC	00:43:30
22.	314	BIGLEY, LYDIA		Female 40-44	Dublin Front Runners	00:43:40
23.	15	GINTY, MAURA		Female 35-39	Sportsworld	00:43:58
24.	430	ELLIOTT, BRONAGH		Female 40-44	Donore Harriers	00:44:00
25.	138	TASKA, MARTINA		Female 45-49	Hämpus Laufgruppe	00:44:03
26.	519	GORMAN, IRENE		Female 25-29	Crusaders AC	00:44:22
27.	363	MITCHELL, RUTH		Female 25-29	Leighton Buzzard athletics club	00:44:25
28.	226	ROCHE, ÁINE		Female 35-39	Clonmel AC	00:44:29
29.	222	BALM, SUSANNE		Female 30-34	loopgroep Aart Stigter	00:44:41
30.	310	ANDERSON, CORALIE		Female 45-49	Milton Buzzards	00:44:47
31.	404	GAHAN, AUDREY		Female 40-44		00:45:09
32.	18	SINGLETON, OCTAVIA		Female 45-49	Witham Running Club	00:45:17
33.	360	INCHLEY, AMY		Female 35-39	Milton Buzzards	00:45:33
34.	508	REGAN, GRAINNE		Female 35-39	Crusaders AC	00:45:45
35.	285	MEADE, EMMA		Female 25-29	Sportsworld A.C.	00:45:45
36.	51	FRITZE, METTE SOMMER		Female 35-39	Sparta	00:46:17
37.	125	GUTEMANN, KARIN		Female 45-49		00:46:18
38.	387	MCLOUGHLIN, NITA		Female 40-44	Tullamore Harriers	00:46:30
39.	212	WOLOSZYNSKA, DOROTA		Female 35-39		00:46:35
40.	27	OUTLAW, BITTEN		Female 45-49	Næsby Motion	00:46:37
41.	315	SHINE, LISA		Female 35-39	Crusaders AC	00:46:46
42.	481	NI CHEARBHAILL, DEIRDRE		Female 40-44	Crusaders AC	00:47:11
43.	76	WOODWARD, ZOE		Female 55-59	Eton Manor AC	00:47:23
44.	29	THOMSEN, SOLVEIG		Female 50-54	Næsby Motion	00:47:28
45.	258	CLEMMENSEN, TINA		Female 50-54	NIMF	00:47:33

Place	Bib	Name	Nat.	AG	Club	10K
46.	409	LENEHAN, NICOLA		Female 30-34	Sportsworld	00:47:37
47.	290	HARMON, JENNIFER		Female 35-39		00:47:41
48.	59	SACKETT, KATE		Female 60-64	Cirencester ac	00:47:55
49.	478	NUGENT, KATIE		Female 30-34	Sportsworld AC	00:48:00
50.	447	WHITE, GEMMA		Female u/20	Sportsworld	00:48:02
51.	327	KENNEDY, ELAINE		Female 25-29	Sportsworld	00:48:09
52.	151	MAGUIRE, SIOBHAN		Female 50-54	Dunboyne AC	00:48:34
53.	319	NIELSEN, GRETHE		Female 65-69		00:48:52
54.	190	HJORTLUND, VIVI		Female 50-54	Team Hjortlund	00:48:53
55.	133	ASVARISCH, MIRIAM		Female 65-69	Viking Atletik	00:48:58
56.	38	WILKINS, PENNY		Female 55-59	Sutton Runners	00:49:08
57.	406	RASMUSSEN, MIA		Female 30-34		00:49:11
58.	171	GRENNAN, MAG		Female 50-54	TULLAMORE HARRIERS	00:49:22
59.	352	FLEMING, REBECCA		Female 30-34	Crusaders AC	00:49:23
60.	460	HANSEN, SOFIE		Female 25-29	SPARTA	00:49:46
61.	206	BROCKSOPP, JENNIFER		Female 35-39		00:49:51
62.	239	NOLAN-JONES, MARTINA		Female 40-44	Sportsworld	00:49:56
63.	250	ABBOTT, LISA		Female 35-39	Sphinx Ac	00:50:00
64.	54	GRANTHAM, LISA		Female 45-49	Pensby Runners	00:50:27
65.	39	CHISLETT, LYNN		Female 50-54		00:50:29
66.	459	RAASTHØJ, EMILIE STEPHANIE		Female 25-29	Sparta	00:50:40
67.	495	SCARPA, ALESSIA		Female 45-49	Tridente Tinajo Triatlón	00:50:54
68.	419	BRASEN, ANNETTE		Female 60-64	Team Skoemagerkroen/Fremad	00:51:02
69.	504	RABOU, JACQUELINE		Female 50-54	club triathlon Costa Tequise	00:51:14
70.	477	THOMSEN, HENRIETTE		Female 25-29	Sparta	00:51:28
71.	123	HIRST, TRICIA		Female 60-64	Dolly Mixtures	00:51:30
72.	69	HOCKLEY, MARIE		Female 55-59	Bishops Stortford	00:51:41
73.	342	GLENNIE, MORVEN		Female 20-24	Airdrie Harriers	00:51:42
74.	506	NEWMAN, HELENA		Female 40-44	tullamore harriers	00:51:54
75.	355	MCLEISH, FIONA		Female 40-44	Milton Buzzards	00:51:57
76.	382	BRETSCHNEIDER, SUSANN		Female 50-54	LANZATLETAS	00:51:58
77.	249	BRANDSBJERG, CHRISTINA		Female 40-44	Blovstrød Løverne	00:52:11
78.	241	MAINWARING, LESLEY		Female 50-54	Triathlon Coaching Wales	00:52:20
79.	63	BREWIN, VICTORIA		Female 35-39	Sphinx AC	00:52:32
80.	458	NYHOLM, MAJA		Female 25-29	Sparta	00:52:34
81.	425	MAHER, MARIA		Female 35-39	Ballyskenach athletic club	00:52:38
82.	346	CAVELLA HELMER, NANNA		Female u/20	fremadholbæk	00:52:46
83.	146	REVSBECK, LINE		Female 50-54	BlovstrødLøverne	00:52:52
84.	103	BJARKOV, MARIE-LOUISE		Female 65-69	Sparta	00:52:54
85.	379	NIELSEN, ELISABETH LINDE		Female 60-64	Sparta	00:52:55
86.	107	PECK, FIONA		Female 50-54	Tamar Trotters	00:53:01
87.	229	DRENT, HERMIE		Female 50-54	Loopgroep Aart Stigter	00:53:01
88.	168	NETTLETON, CATHERINE		Female 40-44	Steel city striders	00:53:04
89.	482	SWEENEY, ANNE		Female 50-54	Sportsworld	00:53:20
90.	526	Rogerson, Ruth		Female 40-44		00:53:30
91.	442	CHRISTENSEN, DORTHE		Female 55-59	Sparta	00:53:33

Place	Bib	Name	Nat.	AG	Club	10K
92.	272	DAVIS, MICHELLE		Female 45-49	Ballyskenach Ac	00:53:36
93.	236	SMART, ELISABETH		Female 60-64	Forres Harriers	00:53:45
94.	480	MCGRATH, MARCELLA		Female 40-44	West limerick ac	00:53:55
95.	46	LOUGHREY, TISH		Female 40-44	Dublin Frontrunners	00:54:25
96.	35	STOCKINGS, CLAIR		Female 55-59	Elton Manor	00:54:40
97.	298	TIMOTHY, KAREN		Female 55-59	Sphinx AC	00:54:43
98.	52	RYAN, JOANNE		Female 40-44	BallySkenach AC	00:55:05
99.	461	PEDERSEN, MAJA JESSICA		Female 25-29	Valbyløberne	00:55:07
100.	345	EGE, BENTE		Female 50-54	Sparta	00:55:13
101.	91	SHOLL, THERESA		Female 50-54	Redway Runners	00:55:24
102.	386	NERI TEIXEIRA, VANESSA		Female 35-39		00:55:31
103.	177	LEBEAU, CHARLOTTE		Female 50-54		00:55:42
104.	464	RODRIGUEZ MARTIN, VERONICA		Female 30-34		00:56:02
105.	256	BYRNE, REGINA		Female 40-44	Dublin Front Runners	00:56:03
106.	251	CHRISTIANSEN, BENTE		Female 65-69	Sparta	00:56:23
107.	440	MUÑOZ VALVERDE, MARIA ROCIO		Female 25-29	Todo por un sueño	00:56:34
108.	422	GROOM, NICOLA		Female 45-49		00:56:42
109.	62	TIMMS, JACKIE		Female 50-54	Sphinx AC	00:56:49
110.	277	TIDESWELL, JULIE		Female 55-59	Clonmel AC	00:57:06
111.	170	ALLEN, RACHAEL		Female 40-44	Sphinx AC	00:57:08
112.	102	LYDERSEN RAGNHOF, LAILA		Female 50-54	Sparta	00:57:16
113.	349	HEIMBS, ANETTE		Female 40-44		00:57:17
114.	518	Kearney, Kathryn		Female 55-59	Triathlon Coaching Wales	00:57:31
115.	188	SHANAHAN, JANET		Female 50-54	Maldwyn Harriers	00:57:40
116.	150	CALNAN, MARIA		Female 45-49	Dublin Front runners A.C.	00:57:44
117.	401	JENSEN, ANNA		Female 25-29	Sparta	00:57:47
118.	400	MELODY, AILEEN		Female 55-59	Sportsworld	00:58:22
119.	268	VAN DER VOORN, HELEN		Female 40-44	Aart Stigter	00:58:31
120.	372	MCMAMARA, ANNE MARIE		Female 50-54	tullamore harriers	00:58:38
121.	161	MCCORMACK, ANNE		Female 45-49	Ballyskneach	00:58:40
122.	86	KREUGEL, SYLVIA		Female 40-44	Aart Stigter Running	00:58:42
123.	128	BOERBOOM-SCHUURMANS, EVA		Female 35-39		00:58:57
124.	247	BEARD, CATHY		Female 65-69	TRISudbury	00:59:04
125.	225	KOEKOEK, ERNA		Female 50-54	Loopgroep Aart Stigter	00:59:14
126.	49	TØNNESEN, MAJBRIIT		Female 50-54	Viking Atletik	00:59:16
127.	126	GUTEMANN, ANNETTE		Female 40-44		00:59:18
128.	316	SHINE, MAIRIN		Female 60-64	Crusaders AC	00:59:36
129.	354	O'MEARA, ANN		Female 35-39	Ballyskenach AC	00:59:52
130.	396	CZYSCIANK, JOANNA		Female 45-49		01:00:23
131.	260	NIELSEN, MAGDA-LENE		Female 50-54	Sparta	01:00:28
132.	93	BERRY, ALISON		Female 45-49		01:00:37
133.	157	LONGMATE, DEBORAH		Female 45-49		01:00:46
134.	176	PEDERSEN, JOAN		Female 45-49	BIK	01:01:05
135.	73	WORTHINGTON, CATH		Female 40-44	Astley and Tyldesley Road Runners	01:01:16
136.	510	JEBERG, RIKKE MONEFELDT		Female 50-54	Sparta	01:01:27
137.	370	RISDAHL, CHRISTINA		Female 30-34	Sparta	01:01:27

Place	Bib	Name	Nat.	AG	Club	10K
138.	368	BECKMANN, KATHARINA		Female 30-34	Sparta	01:01:28
139.	454	CASHMAN, MAIREAD		Female 50-54	Crusaders AC	01:01:30
140.	385	NERI DE OLIVEIRA, ANA RITA		Female 60-64		01:01:50
141.	245	PEDERSEN, NINA JETTE		Female 55-59	Nyvest	01:02:20
142.	160	CULHAM, SARAH		Female 45-49		01:02:21
143.	329	GAZZANI, LENA		Female 70-74	Milton Buzzards	01:02:28
144.	154	LINDSTRØM, ANNE MARIE		Female 50-54		01:02:29
145.	84	REY, NANCY		Female 50-54		01:02:47
146.	537	Dann, Catherine		Female 45-49		01:03:01
147.	403	LALOR, JOSIE		Female 50-54	Tullamore harriers	01:03:08
148.	383	ANDERSEN, MAY		Female 60-64	Sparta	01:03:36
149.	137	Boulton, EMMA		Female 30-34		01:03:41
150.	446	ROBERTS, KAREN		Female 55-59	Dolly Mixtures	01:04:16
151.	89	COENEN, SANDRA		Female 35-39		01:05:30
152.	535	Kramer, Joan		Female 65-69	Sparta	01:05:51
153.	145	KRISTENSEN, BIRTHE		Female 60-64		01:06:05
154.	30	PAFFEN, PATRICIA		Female u/20	Dublin Front Runners A.C.	01:06:19
155.	359	MAHRNE KLEIN, EVA		Female 45-49		01:06:49
156.	434	GARDNER, JULIE		Female 45-49		01:07:00
157.	339	WENDT, GURLI		Female 65-69	Aarhus 1900	01:07:21
158.	262	CLARK, HANNE		Female 70-74	Sparta	01:07:30
159.	450	GRÜNWALD, VERENA		Female 60-64		01:08:10
160.	144	HØYER, METTE		Female 55-59	Viking Atletik	01:08:13
161.	313	GLENNIE, HEATHER		Female 60-64	Jog Scotland Cumbernauld	01:08:13
162.	36	ALARA, OLA		Female 55-59		01:08:25
163.	336	JENSEN, PIA		Female 50-54	Aarhus 1900	01:08:30
164.	436	BRUNDRETT, SUUSANNE		Female 45-49	North Derbyshire RC	01:08:41
165.	88	RIIS, HANNE SONNE		Female 65-69	ØB-Atletik	01:09:31
166.	129	ORRELLS, CAROLINE		Female 60-64	Maldwyn Harriers	01:10:10
167.	53	JØRGENSEN, ANNETTE		Female 60-64	Viking Atletik	01:10:12
168.	322	BANFIELD, SANDRA		Female 55-59	Dolly Mixtures	01:10:52
169.	120	FOSTER, CHLOE		Female 20-24	Maldwyn Harriers	01:11:32
170.	324	PRYCE, MICHELLE		Female 50-54	Dolly Mixtures	01:11:40
171.	433	COOPER, HOLLY		Female 35-39	Sphinx AC	01:12:17
172.	388	HAND, VICTORIA		Female 35-39	Sphinx AC	01:12:17
173.	498	JANSSENS DE VAREBEKE,		Female 55-59		01:12:38
174.	511	CHRISTOFFERSEN HOLM, MAJA		Female 40-44	Sparta	01:14:32
175.	148	ZARZYCKI, LILLI		Female 65-69	Viking Atletik	01:15:27
176.	124	CROWLEY, PATRICIA		Female 40-44	Ballyskneach	01:15:32
177.	162	O KEEFFE, BRIDGET		Female 45-49	Ballyskenach	01:15:32
178.	305	HOLMES, GILLIAN		Female 65-69	Werrington Joggers	01:17:00
179.	175	NIELSEN, METTE GILDBERG		Female 55-59	Kalundborg if	01:18:43
180.	98	HOLLOWAY-MCLEAN, LORRAINE		Female 50-54		01:19:26
181.	81	JENSEN, JEANETTE ROSENDAHL		Female 70-74	Viking Atletik	01:23:01
182.	74	JØRGENSEN, SOLVEI HELEN		Female 65-69		01:23:17
183.	97	MONTAGU-LEON, BURTI		Female 45-49		01:27:44

Place	Bib	Name	Nat.	AG	Club	10K
184.	397	GRENAA, BIRGITTE		Female 50-54	Sparta	01:34:25
185.	228	KJØLLER, MARGIT		Female 75-79	viking atletik	01:35:54
DNS	114	SCHLIEPHAKE, KATRIN		Female 50-54	BSG Gaden, Hamburg	
DNS	116	STEIN, MOLLY		Female 20-24	None	
DNS	117	STEIN, AILEEN		Female 50-54	None	
DNS	246	MØLLER, KARIN		Female 65-69	Aalborg Atletik & Motion	
DNS	261	MACHIN, VAL		Female 75-79	Cairngorm Runners	
DNS	266	EJLEV, MARIE-LOUISE		Female 50-54	Sparta	
DNS	525	Hagenmeyer, Andrea		Female 35-39	Herts runners	
DNS	25	OMAN, DEIRDRE		Female 45-49	Tullamore Harriers	
DNS	37	BODA, REKA		Female 50-54		
DNS	80	VACHER, LOUISE		Female 55-59	ETON MANOR	
DNS	92	MCQUARRIE, MARIA		Female 50-54	Milton buzzard	
DNS	101	HALL, AMELIA		Female 50-54	Torbay AC	

Number of records: 451

Age Group Results

Place	Bib	Name	Nat.	Club	10K
Male u/20					
1.	278	BJØRNSSEN, ANDREAS BOCK		De Danske Bjørne	00:32:43
2.	402	ØDUM, SØREN THRANE		DE DANSKE BJØRNE	00:33:33
3.	279	KJÆR, MALTE		De Danske Bjørne	00:33:57
4.	234	WILKES, JORGE		BAYLISS MULTISPORT	00:36:02
5.	280	DUPONT, JOHAN		De Danske Bjørne	00:37:36
6.	378	WEBER, LASSE FALCK		De Danske Bjørne	00:39:11
7.	455	KOVSTED, JAKOB SCHØIER		De Danske Bjørne	00:39:17
8.	309	RODRIGUEZ, ARGODEY			00:41:48
9.	273	BEESON, JAKE		Maldwyn Harriers	00:46:04
10.	308	TOWELL, SCOTT		LEIGHTON Buzzard Athletics Club	00:49:10
Male 20-24					
1.	109	REASON, SIMON		Blackpool Wyre and Fylde Athletics Club	00:39:46
2.	380	NIELSEN, MIKKEL BAY			00:42:10
3.	119	BEESON, DANNY		Maldwyn Harriers	00:46:17
Male 25-29					
1.	1	HARTLEV, Kasper Laumann		RUNAAR/Mikkeller	00:32:17
2.	496	PALMER, MATT			00:34:48
3.	267	REIDY, PAUL		Crusaders AC	00:36:56
4.	185	FERGUSON, JAMES		The Chiltern Hills Runners	00:36:59
5.	95	EDWARDS, JACK		Sphinx AC	00:38:42
6.	293	HARTLEV, KRISTIAN LAUMANN		RUNAAR/Mikkeller	00:39:25
7.	259	DUNNE, MATT		Dublin Front Runners	00:40:24
8.	381	MADSEN, KRISTIAN TOFT			00:43:09
9.	376	GLENNIE, LEWIS		Airdrie Harriers	00:43:56
10.	164	PEARS, CRAIG		Sphinx A.C.	00:51:22
11.	343	THOMSON, DAVID			01:05:28
DNS	242	CAMPOS, MARIO JUAN		Todo Por Un Sueño	
Male 30-34					
1.	184	MAY, CHARLES		The Chiltern Hills Runners	00:33:52
2.	501	NAVARRO HITA, AITOR		Club La Santa	00:34:38
3.	180	GAEBEL, CHRISTIAN		Berlin	00:41:06
4.	300	GARCÍA, MIGUEL ANGEL			00:41:20
5.	453	PEREZ, GERMAN		Lanzatletas	00:41:59
6.	304	GORDON, ANDY		Sportsworld	00:42:29
7.	476	MATTHEWS, PHILIP		Crusaders AC	00:44:56
8.	183	MOORE, ANDREW		Civil service harriers	00:45:03
9.	287	DOGGER, PIETER		loopgroep Aart Stigter	00:47:51
10.	463	MANN, MATTHIAS		Sparta	00:47:53
11.	367	SØRENSEN, SIMON		Sparta	00:47:58
12.	70	TAYLOR, JAMIE			00:51:01
13.	311	HALLE, JACOB		RUNNAR/Mikkeller	00:51:19

Place	Bib	Name	Nat.	Club	10K
14.	210	MATHIASSEN, ANDERS		Sparta	01:00:17
DNS	303	FINNEY, SAM			
DNS	47	CRESSWELL, TOM		Colchester Harriers	

Male 35-39

1.	13	ELMORE, ROB		Milton Buzzards	00:34:13
2.	7	MURRAN, GARETH		Sportsworld Running Club	00:35:29
3.	6	MACKRELL, PETER		Milton Buzzards	00:35:48
4.	451	MC DERMOTT, JOSEPH		Crusaaders AC	00:38:05
5.	337	CURRAN, KEVIN		Sportsworld	00:38:17
6.	12	MOONEY, LEONARD		Tullamore Harriers	00:38:28
7.	122	JONES, JONATHAN			00:39:34
8.	390	BUTLER, DARREN		Tullamore Harriers	00:39:48
9.	112	FEEHAN, CHRISTIAAN		Dublin Frontrunners A.C.	00:39:53
10.	428	READ, STUART		Milton Buzzards	00:39:56
11.	237	HELMER, PHILIP		Skoemagerkroen/Fremad Holbæk	00:41:57
12.	445	MARIENLUND ANDERSEN, SOEREN		Sparta	00:43:05
13.	240	DEMPSEY, ROBERT		Dublin Frontrunners A.C	00:43:30
14.	405	NIELSEN, FREDERIK		Politiets Idrætsforening Århus	00:44:06
15.	219	DICK, KEVIN		Sphinx AC	00:46:09
16.	243	CAHALAN, TONY			00:46:43
17.	197	KINSELLA, THOMAS		Sportsworld AC	00:47:40
18.	411	LANGELUND ZIETHEN, MARTIN			00:51:00
19.	465	MCENTEE, ALAN		Dublin Front Runners A.C	00:52:53
20.	178	ENRIGHT, PATRICK		Sportsworld AC	00:53:32
21.	391	DWYER, GARY		Tullamore Harriers	00:53:55
22.	344	LARGE, CHRIS		Milton Buzzards	00:54:57
23.	389	SMITH, GRAEME		Sphinx	00:57:38
24.	350	O'MAILLE, COLM		Galway city harriers	00:58:14

Male 40-44

1.	509	HERNÁNDEZ CABRERA, JOSÉ CARLOS		JCHRunning	00:33:05
2.	248	BRANDSBJERG, JONAS		Blovstrød Iøverne	00:33:35
3.	3	FLEMING, PAUL		Sportsworld	00:34:06
4.	9	O'BRIEN, MICHEAL		Tullamore Harriers	00:37:00
5.	362	EDVARDSSON, MARTIN			00:38:21
6.	365	WALSH, JOE		Crusaders AC	00:39:24
7.	252	CUNNINGHAM, MICHAEL		Sportsworld	00:39:24
8.	443	HONORÉ, MICHEL		SPARTA	00:40:38
9.	254	WEIJZEN, JOCHEM		loopgroep Aart stiger	00:40:42
10.	203	DOYLE, MARTIN		Sportsworld rc	00:41:00
11.	45	FORD, SIMON		Colchester Harriers	00:41:08
12.	484	FAHERTY, PEADAR		DUBLIN FRONT RUNNERS AC	00:42:07
13.	369	THEODORSEN, SØREN		Sparta	00:43:19
14.	72	COX, STUART		#coupleofnutters	00:43:50
15.	394	LOOBY, PÁDRAIG		Sportsworld AC	00:44:48
16.	104	STAFFE, ANDERS		Sparta	00:44:53

Place	Bib	Name	Nat.	Club	10K
17.	82	JARMAN, DARREN		Maldwyn Harriers	00:45:08
18.	374	O DONNELL, TIMOTHY		Crusaders	00:45:15
19.	364	MCCARTHY, DERMOT		Dublin Frontrunners AC	00:45:23
20.	218	MORAN, MATT		Bohermeen AC	00:45:48
21.	431	LEAHY, JOHN		Kilcormac killoughey	00:46:05
22.	407	FAURHOLT, MARTIN		Runaar	00:46:18
23.	301	CULLINANE, DAVID		Dublin Frontrunners A.C.	00:48:54
24.	522	Fennelly, Anthony			00:49:27
25.	198	LANIGAN, ADRIAN		Sportsworld	00:50:27
26.	172	SPENCER, CRAIG		Sphinx AC	00:51:25
27.	232	VAN DER WORP, JOACHIM		Dublin Frontrunners	00:53:35
28.	468	LYNCH, SEAN		Dublin Frontrunners	00:54:50
29.	233	MCCORMACK, ALAN		Dublin Front Runners	00:55:49
30.	399	JEPSEN, ULRIK GAMMELTOFT		Sparta	01:00:06
31.	20	CUTLER, KEVIN		Amphill and Flitwick Flyers	01:02:25
DNF	488	GLUE, AARON		Milton Buzzards	
DNF	521	Ennis, Ross		Sportsworld	
DNF	100	INCHLEY, ANDY		Milton Buzzards	
DNS	505	BUCKLEY, LESLIE		tullamore harriers	

Male 45-49

1.	503	CROSS, ROBERT		Crusaders AC	00:35:57
2.	424	EXPOSITO MUÑOZ, DAVID		MD TRAINING	00:37:01
3.	186	MASTERSON, RONAN		Sportsworld	00:37:52
4.	134	BLAZIER, DARREN		Abergele Harriers	00:38:35
5.	474	CAMPBELL, BRUCE		Sportsworld	00:38:37
6.	96	LANGER, PAWEŁ			00:39:18
7.	94	EL-SOUR, ALLEN		Sphinx AC	00:40:05
8.	173	HELMHOLT, HENRIK		BIK	00:40:14
9.	217	TALLON, ROBERT		Bohermeen	00:40:38
10.	26	VINSTEN, KIM		Næsby Motion	00:41:49
11.	418	NUGENT, EDDIE		Crusaders AC	00:42:25
12.	321	CRONIN, BASIL		Tullamore Harriers	00:43:21
13.	373	JONES, NEIL		MK BUZZARDS	00:43:22
14.	118	GHADAMIAN, FARZAD		Hämpus Laufgruppe Bern	00:43:34
15.	169	ALLEN, BARRY		Sphinx AC	00:43:36
16.	187	MANUEL, DAVID		Maldwyn Harriers	00:44:00
17.	99	MCINTOSH, ANDREW		Sphinx AC	00:44:33
18.	375	GUARDIOLA, ORLANDO		C. D vallivana	00:44:38
19.	320	BUCKLEY, RAY		Dublin Front Runners	00:45:19
20.	361	MALONE, EMMETT		Crusaders athletic club	00:45:34
21.	326	GRANGER, ALAN			00:45:46
22.	467	KALLIONIEMI, JUSSI		Heltri	00:46:45
23.	530	Baker, Andrew			00:47:20
24.	473	BOYLE, SHANE		Dunshaughlin	00:48:36
25.	317	BURKE, DARREN		Herts Runners	00:48:37
26.	435	BRUNDRETT, GAVIN		North Derbyshire RC	00:49:10

Place	Bib	Name	Nat.	Club	10K
27.	16	CURLEY, ADRIAN		Tullamore harriers	00:52:13
28.	395	CZYSCIAK, KRZYSZTOF			00:54:11
29.	497	DE LEÓN QUINTERO, ALEXIS			00:55:10
30.	230	HERWARTS, RAYMOND		Loopgroep Aart Stigter	00:56:31
31.	384	LAPIERRE, KONRAD ALBERT			00:56:40
32.	452	JENSEN, TOKE		Sparta	01:00:28
33.	276	WYNNE-JONES, Dylan		Wreccsam tri club	01:03:33
34.	502	BYRNE, KILLIAN			01:10:10

Male 50-54

1.	155	CARTER, ANDREW		West Cheshire Athletic Club	00:38:49
2.	520	Koning, Bjarne		Team Leplabbet	00:40:25
3.	191	BARNES, NIGEL		Triathlon Coaching Wales	00:40:33
4.	28	JENSEN, KIM		Næsby Motion	00:41:10
5.	83	VERSCHUEREN, EDDY		Ironteam Mechelen	00:41:22
6.	426	KNAGGS, PETER		Sportsworld	00:42:28
7.	106	ØKSNEBJERG, LARS OLE		LIF Løb og Motion	00:42:47
8.	199	LARSEN, HENRIK RENTOFT		Sparta	00:43:07
9.	274	BEESON, PAUL		Maldwyn Harriers	00:43:16
10.	214	HERNANDEZ DE LA HOZ, MANUEL			00:43:17
11.	139	MELIDEO, GIANNI		Hämpus Laufgruppe	00:43:22
12.	135	SPARROW, PAUL		Blackpool Wyre & Fylde AC	00:43:51
13.	67	HOCKEY, MARTIN		Eton Manor	00:43:54
14.	132	PARRY, NEIL		Dursley	00:44:10
15.	297	GILLEN, ANTHONY		Sportsworld	00:44:49
16.	204	LORENTZEN, JOHNNY HEDEVIG		Sparta	00:44:53
17.	348	OWENS, LEONARD		Tullamore Harriers	00:45:22
18.	441	HØYBYE, HENRIK		Sparta	00:45:30
19.	494	PANCIERA, FABIO			00:45:40
20.	24	HOLM-NIELSEN, JESPER		Sparta	00:46:43
21.	527	Schrombgens, Wilfred		Aart Stigter	00:47:25
22.	275	PEARS, BRYAN		Sphinx Ac	00:47:30
23.	44	CONWAY, ANDREW		Colchester Harriers	00:49:37
24.	291	OLIJSLAGER, DIEDERIK			00:49:59
25.	40	CHISLETT, PETER			00:50:30
26.	410	NILSÉN, ODDBJØRN			00:50:42
27.	153	KENNEDY, PAUL		Milton Buzzards	00:52:35
28.	58	CRANE, DEREK		Blackpool Wyre & Fylde AC	00:53:49
29.	71	KYDD, ANDREW		Newmarket Cycling Triathlon Club	00:53:53
30.	78	WEREY, PHILIPPE			00:54:36
31.	55	WORTHINGTON, PETER		Astley & Tyldesley Road Runners	00:56:49
32.	257	CAMERON, GREG			00:56:57
33.	489	THOMAS, DARREN		Witham	00:58:17
34.	490	THOMAS, NIGEL			01:02:23
DNS	43	RAYNOR, ANDREW		Colchester Harriers	

Male 55-59

Place	Bib	Name	Nat.	Club	10K
1.	48	RIDLEY, COLIN		Colchester harriers	00:37:56
2.	121	LEACY, MARK		Ardee and District	00:39:51
3.	85	CATES, PAUL		Eton Manor AC	00:40:04
4.	158	LARSEN, HENRIK		Blovstrød løverne	00:42:10
5.	224	NIELSEN, PER			00:43:11
6.	332	MENSINK, WOUT		Running Club Aart Stigter	00:43:23
7.	194	BROCK, DAVE		Orion Harriers	00:43:53
8.	31	HANSEN, JAN JUUL		Næsby Motion	00:44:25
9.	398	DONEGAN, JOHN		Tullamore Harriers	00:44:25
10.	202	MCDONALD, PHILIP		Laragh AC	00:44:34
11.	265	FLETCHER, GLYN		Maldwyn Harriers	00:44:56
12.	34	STOCKINGS, PAUL		Elton Manor	00:44:58
13.	159	MARIENDAL, MICHAEL		SPARTA	00:46:12
14.	115	STEIN, BARRY		None	00:46:12
15.	412	MARTIN, ADRIAN		Tullamore Harriers	00:47:54
16.	427	DOWDS, ROGER		Dublin Fronrunners	00:48:38
17.	532	Arndal, Allan		Sparta	00:48:39
18.	205	TOOMES, WILLIAM			00:48:46
19.	113	MUELLER, ROBERT		Hämpus Laufgruppe	00:48:46
20.	163	WILSON, PHILIP		Sphinx AC	00:49:47
21.	75	BROWN, KEITH			00:50:04
22.	281	BURBACH, JÖRG			00:51:42
23.	437	ORCHARD, KELVIN			00:53:42
24.	41	CULLINANE, DIARMUID		Stroud & District Athletics Club	00:54:32
25.	421	GROOM, WILLIAM			00:54:35
26.	181	BOULTON, GED			00:54:56
27.	77	ADAMS, STEVE		Eton Manor AC	00:55:29
28.	140	AYLOTT, WAYNE		Herts runners	01:03:39
29.	341	JOHANSEN, KENNETH		Aarhus 1900	01:07:44
30.	174	NIELSEN, KLAUS-JØRGEN		Kalundborg if	01:08:40
DNS	283	HEEL, THOMAS			
DNS	33	BROWN, KEITH		Warrington road runners	
DNS	90	ELLIOTT, DANE			

Male 60-64

1.	318	COTTLE, JAMES		Crusaders AC	00:40:48
2.	105	WALTERS, MARTIN			00:42:42
3.	141	CHRISTIANSEN, JENS ARNE		Blovstrød Løverne	00:42:45
4.	22	CHRISTMAS, LEE		Stroud & District AC	00:43:12
5.	79	BENNETT, BILL		ETON MANOR	00:44:22
6.	111	GABRIELS, MARCEL		dimag	00:44:53
7.	253	BROWN, ANDREW		Severn AC	00:45:13
8.	21	JUREVICIUS, CHRISTOPHER		stroud and district ac	00:46:42
9.	307	RUTTEN, LOUIIS		Loopgroep Aart Stigter	00:46:45
10.	312	GLENNIE, JAMES		Airdrie Harriers	00:48:48
11.	524	Williams, Steve		Garden City Runners	00:49:08
12.	147	KETELSEN, ERLING		Blovstrødløverne	00:49:24

Place	Bib	Name	Nat.	Club	10K
13.	189	HJORTLUND, TOM		Team Hjortlund	00:49:44
14.	61	TIMMS, MITCH		Sphinx AC	00:50:12
15.	68	BATES, MARTIN		Wesham	00:50:22
16.	149	WILLIAMS, RAY		DURSLEY RUNNING CLUB	00:51:32
17.	323	HANSEN, JOHN		Motionsklubben Amager	00:51:55
18.	60	KILBY, ANDY		Dursley running club	00:52:07
19.	286	SCHALTZ, Torben		Sparta	00:54:49
20.	211	BRINKS, ERIK		LIF Løb & Motion	00:55:05
21.	408	JESSEN, OLE			00:55:19
22.	110	REASON, JOHN		Blackpool Wyre and Fylde Athletics Club	00:55:34
23.	182	BROCKBANK, A			00:56:58
24.	42	YOUNG, CHRISTOPHER		Stroud & District AC	00:57:59
25.	152	GROOSS, KARSTEN			00:59:21
26.	296	CRUUSBERG, JOHN		Odense Gymnastikforening (OGF)	01:00:47
27.	207	DOHENY, BERNARD		Tullamore Harriers	01:08:03
DNF	156	MC LOUGHLIN, SEAMUS		Dublin Front Runners	01:00:49
DNS	227	MENGER, RUUD		Loopgroep Aart Stigter	

Male 65-69

1.	295	COLBOURNE, STEVE		Sphinx	00:49:43
2.	136	DIEKOTTO, WOLFGANG		TSVE 1890 Bielefeld	00:50:48
3.	331	LARSEN, IB		Aarhus 1900	00:51:59
4.	238	ADMIRAAL, PIET		Loopgroep Aart Stigter	00:54:28
5.	130	ORRELLS, STEVE		Maldwyn Harriers	00:55:01
6.	493	JONES, TERRY		Triathlon Coaching Wales	00:55:07
7.	377	NISSSEN, PREBEN		Sparta	00:55:15
8.	179	ZACHO, ERIK		Kalundborg-if	00:59:44
9.	444	LEHMANN, KELLY		Oxford Tri	01:12:43

Male 70-74

1.	50	KRUPP, MEINHARD		TUS Erpel	00:47:20
2.	143	KOFOD, OLE		Blovstrød Løverne	00:49:33
3.	142	SAABYE, HENRIK		Blovstrød Løverne	00:52:52
4.	456	HOLDT, NIELS		Sparta	00:58:10
5.	393	MASSEY, ROBERT		Blackpool Wyre & Fylde AC	00:59:51
6.	358	INCHLEY, RICHARD		Milton Buzzards	01:00:07
7.	288	KAMPSCHREUR, DAVE		Loopgroep Aart Stigter	01:01:12
8.	32	SINGLETON, BERNARD		Blackpool wyre fylde running club	01:05:54
9.	483	PETERS, DAVID		Maldwyn Harriers	01:20:34
DNS	66	CAHALAN, EDWARD		Coolquill	

Male 75-79

1.	420	MANN, STUART		Herts runners	00:49:17
2.	371	NIELSEN, PREBEN			00:58:59

Male 80+

1.	57	NORMAN, PETER		wrexham a c	01:19:52
2.	536	Kleinschmidt, Gert			01:34:50

Place	Bib	Name	Nat.	Club	10K
Female u/20					
1.	447	WHITE, GEMMA		Sportsworld	00:48:02
2.	346	CAVELLA HELMER, NANNA		fremadholbæk	00:52:46
3.	30	PAFFEN, PATRICIA		Dublin Front Runners A.C.	01:06:19
Female 20-24					
1.	342	GLENNIE, MORVEN		Airdrie Harriers	00:51:42
2.	120	FOSTER, CHLOE		Maldwyn Harriers	01:11:32
DNS	116	STEIN, MOLLY		None	
Female 25-29					
1.	449	HANSEN, NANNA LOEBORG		Sparta	00:40:17
2.	519	GORMAN, IRENE		Crusaders AC	00:44:22
3.	363	MITCHELL, RUTH		Leighton Buzzard athletics club	00:44:25
4.	285	MEADE, EMMA		Sportsworld A.C.	00:45:45
5.	327	KENNEDY, ELAINE		Sportsworld	00:48:09
6.	460	HANSEN, SOFIE		SPARTA	00:49:46
7.	459	RAASTHØJ, EMILIE STEPHANIE		Sparta	00:50:40
8.	477	THOMSEN, HENRIETTE		Sparta	00:51:28
9.	458	NYHOLM, MAJA		Sparta	00:52:34
10.	461	PEDERSEN, MAJA JESSICA		Valbyløberne	00:55:07
11.	440	MUÑOZ VALVERDE, MARIA ROCIO		Todo por un sueño	00:56:34
12.	401	JENSEN, ANNA		Sparta	00:57:47
Female 30-34					
1.	23	GEURTSSEN, MARIJE		Hardloopgroep Aart Stigter	00:37:14
2.	462	NYMANN PETERSEN, IDA			00:38:45
3.	392	JONES, MARIA		Sportsworld	00:39:57
4.	8	THORNTON, CATHERINE		Crusaders AC	00:40:54
5.	306	O'DOWD, FIONA		Crusaders AC	00:42:58
6.	515	CROWLEY, CAROLINE		Crusaders AC	00:43:30
7.	222	BALM, SUSANNE		loopgroep Aart Stigter	00:44:41
8.	409	LENEHAN, NICOLA		Sportsworld	00:47:37
9.	478	NUGENT, KATIE		Sportsworld AC	00:48:00
10.	406	RASMUSSEN, MIA			00:49:11
11.	352	FLEMING, REBECCA		Crusaders AC	00:49:23
12.	464	RODRIGUEZ MARTIN, VERONICA			00:56:02
13.	370	RISDAHL, CHRISTINA		Sparta	01:01:27
14.	368	BECKMANN, KATHARINA		Sparta	01:01:28
15.	137	Boulton, EMMA			01:03:41
Female 35-39					
1.	4	ORCHARD, RUBY		Vegan Runners UK	00:37:48
2.	517	MCELROY, ILONA		Crusaders	00:39:31
3.	429	KEANE, SHONA		Sportsworld	00:39:47
4.	200	GROGAN, LINDA		Dundrum AC	00:39:52
5.	11	TIDESWELL, KEALEY		Clonmel AC	00:41:37

Place	Bib	Name	Nat.	Club	10K
6.	366	SÁNCHEZ MÉNDEZ, SANDRA		Mc2Action	00:42:37
7.	15	GINTY, MAURA		Sportsworld	00:43:58
8.	226	ROCHE, ÁINE		Clonmel AC	00:44:29
9.	360	INCHLEY, AMY		Milton Buzzards	00:45:33
10.	508	REGAN, GRAINNE		Crusaders AC	00:45:45
11.	51	FRITZE, METTE SOMMER		Sparta	00:46:17
12.	212	WOLOSZYNSKA, DOROTA			00:46:35
13.	315	SHINE, LISA		Crusaders AC	00:46:46
14.	290	HARMON, JENNIFER			00:47:41
15.	206	BROCKSOPP, JENNIFER			00:49:51
16.	250	ABBOTT, LISA		Sphinx Ac	00:50:00
17.	63	BREWIN, VICTORIA		Sphinx AC	00:52:32
18.	425	MAHER, MARIA		Ballyskenach athletic club	00:52:38
19.	386	NERI TEIXEIRA, VANESSA			00:55:31
20.	128	BOERBOOM-SCHUURMANS, EVA			00:58:57
21.	354	O'MEARA, ANN		Ballyskenach AC	00:59:52
22.	89	COENEN, SANDRA			01:05:30
23.	433	COOPER, HOLLY		Sphinx AC	01:12:17
24.	388	HAND, VICTORIA		Sphinx AC	01:12:17
DNS	525	Hagenmeyer, Andrea		Herts runners	

Female 40-44

1.	231	BERGER DE VRIES, HELLEN		Aart Stigter	00:39:05
2.	472	JORDAN, ADRIENNE		Crusaders	00:40:12
3.	14	FLANAGAN, SARAH		Eton Manor AC	00:40:33
4.	192	LORENTZEN, SARA CBH		Sparta	00:42:55
5.	330	HANEVY, ALMA		Crusaders AC	00:42:55
6.	314	BIGLEY, LYDIA		Dublin Front Runners	00:43:40
7.	430	ELLIOTT, BRONAGH		Donore Harriers	00:44:00
8.	404	GAHAN, AUDREY			00:45:09
9.	387	MCLOUGHLIN, NITA		Tullamore Harriers	00:46:30
10.	481	NI CHEARBHAILL, DEIRDRE		Crusaders AC	00:47:11
11.	239	NOLAN-JONES, MARTINA		Sportsworld	00:49:56
12.	506	NEWMAN, HELENA		tullamore harriers	00:51:54
13.	355	MCLEISH, FIONA		Milton Buzzards	00:51:57
14.	249	BRANDSBJERG, CHRISTINA		Blovstrød Løverne	00:52:11
15.	168	NETTLETON, CATHERINE		Steel city striders	00:53:04
16.	526	Rogerson, Ruth			00:53:30
17.	480	MCGRATH, MARCELLA		West limerick ac	00:53:55
18.	46	LOUGHREY, TISH		Dublin Frontrunners	00:54:25
19.	52	RYAN, JOANNE		BallySkenach AC	00:55:05
20.	256	BYRNE, REGINA		Dublin Front Runners	00:56:03
21.	170	ALLEN, RACHAEL		Sphinx AC	00:57:08
22.	349	HEIMBS, ANETTE			00:57:17
23.	268	VAN DER VOORN, HELEN		Aart Stigter	00:58:31
24.	86	KREUGEL, SYLVIA		Aart Stigter Running	00:58:42
25.	126	GUTEMANN, ANNETTE			00:59:18

Place	Bib	Name	Nat.	Club	10K
26.	73	WORTHINGTON, CATH		Astley and Tyldesley Road Runners	01:01:16
27.	511	CHRISTOFFERSEN HOLM, MAJA		Sparta	01:14:32
28.	124	CROWLEY, PATRICIA		Ballyskneach	01:15:32

Female 45-49

1.	5	BROKSØ, TINE		Blovstrød løverne	00:41:18
2.	17	MURRAY, BARBARA		Donore harriers	00:41:21
3.	138	TASKA, MARTINA		Hämpus Laufgruppe	00:44:03
4.	310	ANDERSON, CORALIE		Milton Buzzards	00:44:47
5.	18	SINGLETON, OCTAVIA		Witham Running Club	00:45:17
6.	125	GUTEMANN, KARIN			00:46:18
7.	27	OUTLAW, BITTEN		Næsby Motion	00:46:37
8.	54	GRANTHAM, LISA		Pensby Runners	00:50:27
9.	495	SCARPA, ALESSIA		Tridente Tinajo Triatlón	00:50:54
10.	272	DAVIS, MICHELLE		Ballyskenach Ac	00:53:36
11.	422	GROOM, NICOLA			00:56:42
12.	150	CALNAN, MARIA		Dublin Front runners A.C.	00:57:44
13.	161	MCCORMACK, ANNE		Ballyskneach	00:58:40
14.	396	CZYSCIAK, JOANNA			01:00:23
15.	93	BERRY, ALISON			01:00:37
16.	157	LONGMATE, DEBORAH			01:00:46
17.	176	PEDERSEN, JOAN		BIK	01:01:05
18.	160	CULHAM, SARAH			01:02:21
19.	537	Dann, Catherine			01:03:01
20.	359	MAHRNE KLEIN, EVA			01:06:49
21.	434	GARDNER, JULIE			01:07:00
22.	436	BRUNDRETT, SUUSANNE		North Derbyshire RC	01:08:41
23.	162	O KEEFFE, BRIDGET		Ballyskenach	01:15:32
24.	97	MONTAGU-LEON, BURTI			01:27:44
DNS	25	OMAN, DEIRDRE		Tullamore Harriers	

Female 50-54

1.	2	CURLEY, PAULINE		Tullamore harriers	00:40:05
2.	29	THOMSEN, SOLVEIG		Næsby Motion	00:47:28
3.	258	CLEMMENSEN, TINA		NIMF	00:47:33
4.	151	MAGUIRE, SIOBHAN		Dunboyne AC	00:48:34
5.	190	HJORTLUND, VIVI		Team Hjortlund	00:48:53
6.	171	GRENNAN, MAG		TULLAMORE HARRIERS	00:49:22
7.	39	CHISLETT, LYNN			00:50:29
8.	504	RABOU, JACQUELINE		club triathlon Costa Tequise	00:51:14
9.	382	BRETSCHNEIDER, SUSANN		LANZATLETAS	00:51:58
10.	241	MAINWARING, LESLEY		Triathlon Coaching Wales	00:52:20
11.	146	REVSBECK, LINE		BlovstrødLøverne	00:52:52
12.	107	PECK, FIONA		Tamar Trotters	00:53:01
13.	229	DRENTHE, HERMIE		Loopgroep Aart Stigter	00:53:01
14.	482	SWEENEY, ANNE		Sportsworld	00:53:20
15.	345	EGE, BENTE		Sparta	00:55:13

Place	Bib	Name	Nat.	Club	10K
16.	91	SHOLL, THERESA		Redway Runners	00:55:24
17.	177	LEBEAU, CHARLOTTE			00:55:42
18.	62	TIMMS, JACKIE		Sphinx AC	00:56:49
19.	102	LYDERSEN RAGNHOF, LAILA		Sparta	00:57:16
20.	188	SHANAHAN, JANET		Maldwyn Harriers	00:57:40
21.	372	MCNAMARA, ANNE MARIE		tullamore harriers	00:58:38
22.	225	KOEKOEK, ERNA		Loopgroep Aart Stigter	00:59:14
23.	49	TØNNESEN, MAJBRIIT		Viking Atletik	00:59:16
24.	260	NIELSEN, MAGDA-LENE		Sparta	01:00:28
25.	510	JEBERG, RIKKE MONEFELDT		Sparta	01:01:27
26.	454	CASHMAN, MAIREAD		Crusaders AC	01:01:30
27.	154	LINDSTRØM, ANNE MARIE			01:02:29
28.	84	REY, NANCY			01:02:47
29.	403	LALOR, JOSIE		Tullamore harriers	01:03:08
30.	336	JENSEN, PIA		Aarhus 1900	01:08:30
31.	324	PRYCE, MICHELLE		Dolly Mixtures	01:11:40
32.	98	HOLLOWAY-MCLEAN, LORRAINE			01:19:26
33.	397	GRENA, BIRGITTE		Sparta	01:34:25
DNS	114	SCHLIEPHAKE, KATRIN		BSG Gaden, Hamburg	
DNS	117	STEIN, AILEEN		None	
DNS	266	EJLEV, MARIE-LOUISE		Sparta	
DNS	37	BODA, REKA			
DNS	92	MCQUARRIE, MARIA		Milton buzzard	
DNS	101	HALL, AMELIA		Torbay AC	

Female 55-59

1.	76	WOODWARD, ZOE		Eton Manor AC	00:47:23
2.	38	WILKINS, PENNY		Sutton Runners	00:49:08
3.	69	HOCKLEY, MARIE		Bishops Stortford	00:51:41
4.	442	CHRISTENSEN, DORTHE		Sparta	00:53:33
5.	35	STOCKINGS, CLAIR		Elton Manor	00:54:40
6.	298	TIMOTHY, KAREN		Sphinx AC	00:54:43
7.	277	TIDESWELL, JULIE		Clonmel AC	00:57:06
8.	518	Kearney, Kathryn		Triathlon Coaching Wales	00:57:31
9.	400	MELODY, AILEEN		Sportsworld	00:58:22
10.	245	PEDERSEN, NINA JETTE		Nyvest	01:02:20
11.	446	ROBERTS, KAREN		Dolly Mixtures	01:04:16
12.	144	HØYER, METTE		Viking Atletik	01:08:13
13.	36	ALARA, OLA			01:08:25
14.	322	BANFIELD, SANDRA		Dolly Mixtures	01:10:52
15.	498	JANSSENS DE VAREBEKE, ISABELLE			01:12:38
16.	175	NIELSEN, METTE GILDBERG		Kalundborg if	01:18:43
DNS	80	VACHER, LOUISE		ETON MANOR	

Female 60-64

1.	59	SACKETT, KATE		Cirencester ac	00:47:55
2.	419	BRASEN, ANNETTE		Team Skoemagerkroen/Fremad Holbæk	00:51:02

Place	Bib	Name	Nat.	Club	10K
3.	123	HIRST, TRICIA		Dolly Mixtures	00:51:30
4.	379	NIELSEN, ELISABETH LINDE		Sparta	00:52:55
5.	236	SMART, ELISABETH		Forres Harriers	00:53:45
6.	316	SHINE, MAIRIN		Crusaders AC	00:59:36
7.	385	NERI DE OLIVEIRA, ANA RITA			01:01:50
8.	383	ANDERSEN, MAY		Sparta	01:03:36
9.	145	KRISTENSEN, BIRTHE			01:06:05
10.	450	GRÜNWALD, VERENA			01:08:10
11.	313	GLENNIE, HEATHER		Jog Scotland Cumbernauld	01:08:13
12.	129	ORRELLS, CAROLINE		Maldwyn Harriers	01:10:10
13.	53	JØRGENSEN, ANNETTE		Viking Atletik	01:10:12

Female 65-69

1.	319	NIELSEN, GRETHE			00:48:52
2.	133	ASVARISCH, MIRIAM		Viking Atletik	00:48:58
3.	103	BJARKOV, MARIE-LOUISE		Sparta	00:52:54
4.	251	CHRISTIANSEN, BENTE		Sparta	00:56:23
5.	247	BEARD, CATHY		TRISudbury	00:59:04
6.	535	Kramer, Joan		Sparta	01:05:51
7.	339	WENDT, GURLI		Aarhus 1900	01:07:21
8.	88	RIIS, HANNE SONNE		ØB-Atletik	01:09:31
9.	148	ZARZYCKI, LILLI		Viking Atletik	01:15:27
10.	305	HOLMES, GILLIAN		Werrington Joggers	01:17:00
11.	74	JØRGENSEN, SOLVEI HELEN			01:23:17
DNS	246	MØLLER, KARIN		Aalborg Atletik & Motion	

Female 70-74

1.	329	GAZZANI, LENA		Milton Buzzards	01:02:28
2.	262	CLARK, HANNE		Sparta	01:07:30
3.	81	JENSEN, JEANETTE ROSENDAHL		Viking Atletik	01:23:01

Female 75-79

1.	228	KJØLLER, MARGIT		viking atletik	01:35:54
DNS	261	MACHIN, VAL		Cairngorm Runners	

Number of records: 451

Team Results

Bib	Name	AG	10K
Male			
1.	De Danske Bjørne 2	01:45:33	
278	BJØRNSSEN, ANDREAS BOCK	Male u/20	00:32:43
402	ØDUM, SØREN THRANE	Male u/20	00:33:33
455	KOVSTED, JAKOB SCHØIER	Male u/20	00:39:17
2.	Team Runaar/Mikkeller	01:46:30	
293	HARTLEV, KRISTIAN LAUMANN	Male 25-29	00:39:25
381	MADSEN, KRISTIAN TOFT	Male 25-29	00:43:09
496	PALMER, MATT	Male 25-29	00:34:48
1	HARTLEV, Kasper Laumann	Male 25-29	00:32:17
3.	Sportsworld A	01:47:52	
252	CUNNINGHAM, MICHAEL	Male 40-44	00:39:24
337	CURRAN, KEVIN	Male 35-39	00:38:17
3	FLEMING, PAUL	Male 40-44	00:34:06
7	MURRAN, GARETH	Male 35-39	00:35:29
4.	Milton Buzzard Boys	01:49:57	
428	READ, STUART	Male 35-39	00:39:56
6	MACKRELL, PETER	Male 35-39	00:35:48
13	ELMORE, ROB	Male 35-39	00:34:13
5.	De Danske Bjørne 1	01:50:44	
279	KJÆR, MALTE	Male u/20	00:33:57
280	DUPONT, JOHAN	Male u/20	00:37:36
378	WEBER, LASSE FALCK	Male u/20	00:39:11
6.	Crusaders Men's A	01:53:26	
365	WALSH, JOE	Male 40-44	00:39:24
418	NUGENT, EDDIE	Male 45-49	00:42:25
451	MC DERMOTT, JOSEPH	Male 35-39	00:38:05
503	CROSS, ROBERT	Male 45-49	00:35:57
7.	Tullamore Harriers 1	01:55:16	
390	BUTLER, DARREN	Male 35-39	00:39:48
9	O'BRIEN, MICHEAL	Male 40-44	00:37:00
12	MOONEY, LEONARD	Male 35-39	00:38:28
16	CURLEY, ADRIAN	Male 45-49	00:52:13
8.	Sphinx AA	01:58:05	
219	DICK, KEVIN	Male 35-39	00:46:09
94	EL-SOUR, ALLEN	Male 45-49	00:40:05
95	EDWARDS, JACK	Male 25-29	00:38:42
96	LANGER, PAWEL	Male 45-49	00:39:18

Bib	Name	AG	10K
9. Blovstrød Løverne 01:58:30			
141	CHRISTIANSEN, JENS ARNE	Male 60-64	00:42:45
142	SAABYE, HENRIK	Male 70-74	00:52:52
158	LARSEN, HENRIK	Male 55-59	00:42:10
248	BRANDSBJERG, JONAS	Male 40-44	00:33:35
10. Sportsworld B 02:01:21			
186	MASTERSON, RONAN	Male 45-49	00:37:52
203	DOYLE, MARTIN	Male 40-44	00:41:00
304	GORDON, ANDY	Male 30-34	00:42:29
394	LOOBY, PÁDRAIG	Male 40-44	00:44:48
11. Dublin Front Runners 1 02:05:40			
112	FEEHAN, CHRISTIAAN	Male 35-39	00:39:53
259	DUNNE, MATT	Male 25-29	00:40:24
364	MCCARTHY, DERMOT	Male 40-44	00:45:23
12. Colchester Harriers 02:08:41			
44	CONWAY, ANDREW	Male 50-54	00:49:37
45	FORD, SIMON	Male 40-44	00:41:08
48	RIDLEY, COLIN	Male 55-59	00:37:56
13. Rum 02:08:50			
204	LORENTZEN, JOHNNY HEDEVIG	Male 50-54	00:44:53
369	THEODORSEN, SØREN	Male 40-44	00:43:19
441	HØYBYE, HENRIK	Male 50-54	00:45:30
443	HONORÉ, MICHEL	Male 40-44	00:40:38
14. Crusaders Men's B 02:10:59			
318	COTTLE, JAMES	Male 60-64	00:40:48
361	MALONE, EMMETT	Male 45-49	00:45:34
374	O DONNELL, TIMOTHY	Male 40-44	00:45:15
476	MATTHEWS, PHILIP	Male 30-34	00:44:56
15. Sparta Winkers 02:12:30			
159	MARIENDAL, MICHAEL	Male 55-59	00:46:12
199	LARSEN, HENRIK RENTOFT	Male 50-54	00:43:07
224	NIELSEN, PER	Male 55-59	00:43:11
24	HOLM-NIELSEN, JESPER	Male 50-54	00:46:43
16. Tullamore Harriers 2 02:13:08			
321	CRONIN, BASIL	Male 45-49	00:43:21
348	OWENS, LEONARD	Male 50-54	00:45:22
398	DONEGAN, JOHN	Male 55-59	00:44:25
17. Eton Manor AC 02:13:14			
34	STOCKINGS, PAUL	Male 55-59	00:44:58
67	HOCKEY, MARTIN	Male 50-54	00:43:54
77	ADAMS, STEVE	Male 55-59	00:55:29

Bib	Name	AG	10K
79	BENNETT, BILL	Male 60-64	00:44:22
18.	Sphinx BB	02:15:39	
169	ALLEN, BARRY	Male 45-49	00:43:36
275	PEARS, BRYAN	Male 50-54	00:47:30
99	MCINTOSH, ANDREW	Male 45-49	00:44:33
19.	Haempus Laufgruppe	02:15:42	
113	MUELLER, ROBERT	Male 55-59	00:48:46
118	GHADAMIAN, FARZAD	Male 45-49	00:43:34
139	MELIDEO, GIANNI	Male 50-54	00:43:22
20.	Dublin Front Runners 2	02:21:42	
240	DEMPSEY, ROBERT	Male 35-39	00:43:30
320	BUCKLEY, RAY	Male 45-49	00:45:19
465	MCENTEE, ALAN	Male 35-39	00:52:53
21.	Sportsworld C	02:22:56	
178	ENRIGHT, PATRICK	Male 35-39	00:53:32
197	KINSELLA, THOMAS	Male 35-39	00:47:40
198	LANIGAN, ADRIAN	Male 40-44	00:50:27
297	GILLEN, ANTHONY	Male 50-54	00:44:49
22.	Herts runners	02:27:02	
140	AYLOTT, WAYNE	Male 55-59	01:03:39
317	BURKE, DARREN	Male 45-49	00:48:37
420	MANN, STUART	Male 75-79	00:49:17
524	Williams, Steve	Male 60-64	00:49:08
23.	Sphinx CC	02:29:42	
163	WILSON, PHILIP	Male 55-59	00:49:47
295	COLBOURNE, STEVE	Male 65-69	00:49:43
61	TIMMS, MITCH	Male 60-64	00:50:12
24.	Milton Buzzard Men	02:30:54	
153	KENNEDY, PAUL	Male 50-54	00:52:35
344	LARGE, CHRIS	Male 35-39	00:54:57
373	JONES, NEIL	Male 45-49	00:43:22
25.	Dublin Front Runners 3	02:38:02	
232	VAN DER WORP, JOACHIM	Male 40-44	00:53:35
233	MCCORMACK, ALAN	Male 40-44	00:55:49
427	DOWDS, ROGER	Male 55-59	00:48:38
26.	Sphinx DD	02:40:25	
164	PEARS, CRAIG	Male 25-29	00:51:22
172	SPENCER, CRAIG	Male 40-44	00:51:25
389	SMITH, GRAEME	Male 35-39	00:57:38
27.	kurts kaade kaniner	02:58:42	



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Bib	Name	AG	10K
331	LARSEN, IB	Male 65-69	00:51:59
341	JOHANSEN, KENNETH	Male 55-59	01:07:44
371	NIELSEN, PREBEN	Male 75-79	00:58:59



Bib	Name	AG	10K
Female			
1.	Sportsworld A	02:03:42	
392	JONES, MARIA	Female 30-34	00:39:57
429	KEANE, SHONA	Female 35-39	00:39:47
478	NUGENT, KATIE	Female 30-34	00:48:00
15	GINTY, MAURA	Female 35-39	00:43:58
2.	Tipp Road Runners	02:05:58	
200	GROGAN, LINDA	Female 35-39	00:39:52
226	ROCHE, ÁINE	Female 35-39	00:44:29
11	TIDESWELL, KEALEY	Female 35-39	00:41:37
3.	Crusaders A	02:08:11	
330	HANEVY, ALMA	Female 40-44	00:42:55
508	REGAN, GRAINNE	Female 35-39	00:45:45
519	GORMAN, IRENE	Female 25-29	00:44:22
8	THORNTON, CATHERINE	Female 30-34	00:40:54
4.	Spice Girls	02:09:29	
192	LORENTZEN, SARA CBH	Female 40-44	00:42:55
368	BECKMANN, KATHARINA	Female 30-34	01:01:28
449	HANSEN, NANNA LOEVBORG	Female 25-29	00:40:17
51	FRITZE, METTE SOMMER	Female 35-39	00:46:17
5.	Milton Buzzard Girls	02:14:45	
310	ANDERSON, CORALIE	Female 45-49	00:44:47
355	MCLEISH, FIONA	Female 40-44	00:51:57
360	INCHLEY, AMY	Female 35-39	00:45:33
363	MITCHELL, RUTH	Female 25-29	00:44:25
6.	Tullamore Harriers 1	02:15:57	
171	GRENNAN, MAG	Female 50-54	00:49:22
387	MCLOUGHLIN, NITA	Female 40-44	00:46:30
506	NEWMAN, HELENA	Female 40-44	00:51:54
2	CURLEY, PAULINE	Female 50-54	00:40:05
7.	Crusaders B	02:16:55	
306	O'DOWD, FIONA	Female 30-34	00:42:58
315	SHINE, LISA	Female 35-39	00:46:46
352	FLEMING, REBECCA	Female 30-34	00:49:23
481	NI CHEARBHAILL, DEIRDRE	Female 40-44	00:47:11
8.	Sportsworld B	02:21:56	
285	MEADE, EMMA	Female 25-29	00:45:45
327	KENNEDY, ELAINE	Female 25-29	00:48:09
447	WHITE, GEMMA	Female u/20	00:48:02
9.	Blovstrød Løverne	02:26:21	

Bib	Name	AG	10K
146	REVSBECK, LINE	Female 50-54	00:52:52
249	BRANDSBJERG, CHRISTINA	Female 40-44	00:52:11
5	BROKSØ, TINE	Female 45-49	00:41:18
10. Dublin Front Runners 02:34:08			
150	CALNAN, MARIA	Female 45-49	00:57:44
256	BYRNE, REGINA	Female 40-44	00:56:03
314	BIGLEY, LYDIA	Female 40-44	00:43:40
46	LOUGHREY, TISH	Female 40-44	00:54:25
11. Spice Ladies 02:39:22			
103	BJARKOV, MARIE-LOUISE	Female 65-69	00:52:54
251	CHRISTIANSEN, BENTE	Female 65-69	00:56:23
379	NIELSEN, ELISABETH LINDE	Female 60-64	00:52:55
442	CHRISTENSEN, DORTHE	Female 55-59	00:53:33
12. Sportsworld C 02:41:38			
239	NOLAN-JONES, MARTINA	Female 40-44	00:49:56
400	MELODY, AILEEN	Female 55-59	00:58:22
482	SWEENEY, ANNE	Female 50-54	00:53:20
13. Sphinx A 02:44:23			
170	ALLEN, RACHAEL	Female 40-44	00:57:08
298	TIMOTHY, KAREN	Female 55-59	00:54:43
63	BREWIN, VICTORIA	Female 35-39	00:52:32
14. Sphinx B 03:21:23			
388	HAND, VICTORIA	Female 35-39	01:12:17
433	COOPER, HOLLY	Female 35-39	01:12:17
62	TIMMS, JACKIE	Female 50-54	00:56:49



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Canary Resident Awards

Place	Bib	Name	Nat.	AG	Island	Club	10K
Male							
1.	278	BJØRNSSEN, ANDREAS BOCK		Male u/20	Lanzarote	De Danske Bjørne	00:32:43
2.	509	HERNÁNDEZ CABRERA, JOSÉ CARLOS		Male 40-44	Lanzarote	JCHRunning	00:33:05
3.	501	NAVARRO HITTA, AITOR		Male 30-34	Lanzarote	Club La Santa	00:34:38
4.	234	WILKES, JORGE		Male u/20	Lanzarote	BAYLISS MULTISPORT	00:36:02
5.	424	EXPOSITO MUÑOZ, DAVID		Male 45-49	Lanzarote	MD TRAINING	00:37:01
6.	280	DUPONT, JOHAN		Male u/20	Lanzarote	De Danske Bjørne	00:37:36
7.	455	KOVSTED, JAKOB SCHØIER		Male u/20	Lanzarote	De Danske Bjørne	00:39:17
8.	300	GARCÍA, MIGUEL ANGEL		Male 30-34	Lanzarote		00:41:20
9.	309	RODRIGUEZ, ARGODEY		Male u/20	Lanzarote		00:41:48
10.	453	PEREZ, GERMAN		Male 30-34	Lanzarote	Lanzatletas	00:41:59
11.	214	HERNANDEZ DE LA HOZ, MANUEL		Male 50-54	Lanzarote		00:43:17
12.	375	GUARDIOLA, ORLANDO		Male 45-49	Lanzarote	C. D vallivana	00:44:38
13.	494	PANCIERA, FABIO		Male 50-54	Lanzarote		00:45:40
14.	463	MANN, MATTHIAS		Male 30-34	Lanzarote	Sparta	00:47:53





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Canary Resident Awards

Place	Bib	Name	Nat.	AG	Island	Club	10K
15.	149	WILLIAMS, RAY		Male 60-64	Lanzarote	DURSLEY RUNNING CLUB	00:51:32
16.	497	DE LEÓN QUINTERO, ALEXIS		Male 45-49	Lanzarote		00:55:10
17.	408	JESSEN, OLE		Male 60-64	Lanzarote		00:55:19
18.	179	ZACHO, ERIK		Male 65-69	Lanzarote	Kalundborg-if	00:59:44
19.	452	JENSEN, TOKE		Male 45-49	Lanzarote	Sparta	01:00:28

Female

1.	200	GROGAN, LINDA		Female 35-39	Lanzarote	Dundrum AC	00:39:52
2.	366	SÁNCHEZ MÉNDEZ, SANDRA		Female 35-39	Lanzarote	Mc2Action	00:42:37
3.	495	SCARPA, ALESSIA		Female 45-49	Lanzarote	Tridente Tinajo Triatlón	00:50:54
4.	504	RABOU, JACQUELINE		Female 50-54	Lanzarote	club triatlon Costa Tequise	00:51:14
5.	382	BRETSCHNEIDER, SUSANN		Female 50-54	Lanzarote	LANZATLETAS	00:51:58
6.	146	REVSBECK, LINE		Female 50-54	Lanzarote	BlovstrødLøverne	00:52:52
7.	464	RODRIGUEZ MARTIN, VERONICA		Female 30-34	Lanzarote		00:56:02
8.	440	MUÑOZ VALVERDE, MARIA ROCIO		Female 25-29	Lanzarote	Todo por un sueño	00:56:34
9.	245	PEDERSEN, NINA JETTE		Female 55-59	Lanzarote	Nyvest	01:02:20





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Canary Resident Awards

Place	Bib	Name	Nat.	AG	Island	Club	10K
10.	359	MAHRNE KLEIN, EVA		Female 45-49	Lanzarote		01:06:49
11.	262	CLARK, HANNE		Female 70-74	Lanzarote	Sparta	01:07:30
12.	498	JANSSENS DE VAREBEKE, ISABELLE		Female 55-59	Lanzarote		01:12:38



Gender Results

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
Male							
1.	278	BJØRNSSEN, ANDREAS BOCK		Male u/20	De Danske Bjørne	00:46:17	-
2.	1	HARTLEV, Kasper Laumann		Male 25-29	RUNAAR/Mikkeller	00:46:25	+0:08
3.	402	ØDUM, SØREN THRANE		Male u/20	DE DANSKE BJØRNE	00:47:28	+1:11
4.	184	MAY, CHARLES		Male 30-34	The Chiltern Hills Runners	00:47:38	+1:21
5.	248	BRANDSBJERG, JONAS		Male 40-44	Blovstrød løverne	00:48:09	+1:52
6.	13	ELMORE, ROB		Male 35-39	Milton Buzzards	00:48:12	+1:55
7.	356	COLLINS, SHANE		Male 30-34	Crusaders AC	00:49:02	+2:45
8.	3	FLEMING, PAUL		Male 40-44	Sportsworld	00:49:21	+3:04
9.	279	KJÆR, MALTE		Male u/20	De Danske Bjørne	00:49:34	+3:17
10.	501	NAVARRO HITA, AITOR		Male 30-34	Club La Santa	00:49:56	+3:39
11.	6	MACKRELL, PETER		Male 35-39	Milton Buzzards	00:50:16	+3:59
12.	503	CROSS, ROBERT		Male 45-49	Crusaders AC	00:50:46	+4:29
13.	496	PALMER, MATT		Male 25-29		00:50:56	+4:39
14.	7	MURRAN, GARETH		Male 35-39	Sportsworld Running Club	00:51:06	+4:49
15.	9	O'BRIEN, MICHEAL		Male 40-44	Tullamore Harriers	00:51:29	+5:12
16.	10	FORDE, GER		Male 40-44	Crusaders AC	00:52:14	+5:57
17.	185	FERGUSON, JAMES		Male 25-29	The Chiltern Hills Runners	00:52:44	+6:27
18.	337	CURRAN, KEVIN		Male 35-39	Sportsworld	00:52:57	+6:40
19.	12	MOONEY, LEONARD		Male 35-39	Tullamore Harriers	00:53:18	+7:01
20.	186	MASTERSON, RONAN		Male 45-49	Sportsworld	00:53:30	+7:13
21.	365	WALSH, JOE		Male 40-44	Crusaders AC	00:53:42	+7:25
22.	134	BLAZIER, DARREN		Male 45-49	Abergele Harriers	00:53:54	+7:37
23.	451	MC DERMOTT, JOSEPH		Male 35-39	Crusaders AC	00:54:12	+7:55
24.	424	EXPOSITO MUÑOZ, DAVID		Male 45-49	MD TRAINING	00:54:38	+8:21
25.	112	FEEHAN, CHRISTIAAN		Male 35-39	Dublin Frontrunners A.C.	00:55:00	+8:43
26.	293	HARTLEV, KRISTIAN		Male 25-29	RUNAAR/Mikkeller	00:55:04	+8:47
27.	252	CUNNINGHAM, MICHAEL		Male 40-44	Sportsworld	00:55:15	+8:58
28.	335	MURPHY, JAMES		Male 40-44	Crusaders	00:55:22	+9:05
29.	48	RIDLEY, COLIN		Male 55-59	Colchester harriers	00:55:24	+9:07
30.	470	HEALEY, CALLUM		Male 30-34	Mersey Tri	00:55:25	+9:08
31.	155	CARTER, ANDREW		Male 50-54	West Cheshire Athletic Club	00:55:30	+9:13
32.	173	HELMHOLT, HENRIK		Male 45-49	BIK	00:56:04	+9:47
33.	539	Rasmussen, Kim		Male 50-54		00:56:13	+9:56
34.	122	JONES, JONATHAN		Male 35-39		00:56:19	+10:02
35.	109	REASON, SIMON		Male 20-24	Blackpool Wyre and Fylde	00:56:23	+10:06
36.	85	CATES, PAUL		Male 55-59	Eton Manor AC	00:56:29	+10:12
37.	280	DUPONT, JOHAN		Male u/20	De Danske Bjørne	00:56:42	+10:25
38.	378	WEBER, LASSE FALCK		Male u/20	De Danske Bjørne	00:56:42	+10:25
39.	455	KOVSTED, JAKOB SCHØIER		Male u/20	De Danske Bjørne	00:56:42	+10:25
40.	390	BUTLER, DARREN		Male 35-39	Tullamore Harriers	00:56:49	+10:32
41.	180	GAEBEL, CHRISTIAN		Male 30-34	Berlin	00:56:50	+10:33
42.	96	LANGER, PAWEL		Male 45-49		00:56:51	+10:34
43.	254	WEIJZEN, JOCHEM		Male 40-44	loopgroep Aart stichter	00:57:00	+10:43

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
44.	255	CHAPMAN-BROWN, RICHARD		Male 40-44	Severn AC of Gloucester	00:57:09	+10:52
45.	45	FORD, SIMON		Male 40-44	Colchester Harriers	00:57:13	+10:56
46.	28	JENSEN, KIM		Male 50-54	Næsby Motion	00:57:31	+11:14
47.	95	EDWARDS, JACK		Male 25-29	Sphinx AC	00:57:39	+11:22
48.	191	BARNES, NIGEL		Male 50-54	Triathlon Coaching Wales	00:57:56	+11:39
49.	203	DOYLE, MARTIN		Male 40-44	Sportsworld rc	00:58:05	+11:48
50.	217	TALLON, ROBERT		Male 45-49	Bohermeen	00:58:11	+11:54
51.	94	EL-SOUR, ALLEN		Male 45-49	Sphinx AC	00:58:20	+12:03
52.	380	NIELSEN, MIKKEL BAY		Male 20-24		00:58:36	+12:19
53.	237	HELMER, PHILIP		Male 35-39	Skoemagerkroen/Fremad	00:59:01	+12:44
54.	318	COTTLE, JAMES		Male 60-64	Crusaders AC	00:59:06	+12:49
55.	26	VINSTEN, KIM		Male 45-49	Næsby Motion	00:59:23	+13:06
56.	469	AVIS, HARRY		Male 25-29		00:59:30	+13:13
57.	304	GORDON, ANDY		Male 30-34	Sportsworld	00:59:30	+13:13
58.	426	KNAGGS, PETER		Male 50-54	Sportsworld	00:59:32	+13:15
59.	428	READ, STUART		Male 35-39	Milton Buzzards	00:59:49	+13:32
60.	484	Faherty, Peadar		Male 40-44	DUBLIN FRONT RUNNERS AC	00:59:55	+13:38
61.	259	DUNNE, MATT		Male 25-29	Dublin Front Runners	00:59:55	+13:38
62.	106	ØKSNEBJERG, LARS OLE		Male 50-54	LIF Løb og Motion	01:00:00	+13:43
63.	418	NUGENT, EDDIE		Male 45-49	Crusaders AC	01:00:03	+13:46
64.	224	NIELSEN, PER		Male 55-59		01:00:11	+13:54
65.	213	MCCALL, ASHLEY		Male 30-34	Dublin Front Runners	01:00:15	+13:58
66.	121	LEACY, MARK		Male 55-59	Ardee and District	01:00:19	+14:02
67.	381	MADSEN, KRISTIAN TOFT		Male 25-29		01:00:22	+14:05
68.	105	WALTERS, MARTIN		Male 60-64		01:00:25	+14:08
69.	183	MOORE, ANDREW		Male 30-34	Civil service harriers	01:00:31	+14:14
70.	443	HONORÉ, MICHEL		Male 40-44	SPARTA	01:00:32	+14:15
71.	321	CRONIN, BASIL		Male 45-49	Tullamore Harriers	01:00:34	+14:17
72.	83	VERSCHUEREN, EDDY		Male 50-54	Ironteam Mechelen	01:00:35	+14:18
73.	22	CHRISTMAS, LEE		Male 60-64	Stroud & District AC	01:00:37	+14:20
74.	297	GILLEN, ANTHONY		Male 50-54	Sportsworld	01:00:52	+14:35
75.	139	MELIDEO, GIANNI		Male 50-54	Hämpus Laufgruppe	01:00:55	+14:38
76.	270	CRUMBLEHOLME, RUSSELL		Male 50-54	Hilly fields harriers	01:01:01	+14:44
77.	141	CHRISTIANSEN, JENS ARNE		Male 60-64	Blovstrød Løverne	01:01:03	+14:46
78.	373	JONES, NEIL		Male 45-49	MK BUZZARDS	01:01:16	+14:59
79.	369	THEODORSEN, SØREN		Male 40-44	Sparta	01:01:28	+15:11
80.	72	COX, STUART		Male 40-44	#coupleofnutters	01:01:44	+15:27
81.	82	JARMAN, DARREN		Male 40-44	Maldwyn Harriers	01:01:51	+15:34
82.	274	BEESON, PAUL		Male 50-54	Maldwyn Harriers	01:02:12	+15:55
83.	405	NIELSEN, FREDERIK		Male 35-39	Politiets Idrætsforening Århus	01:02:17	+16:00
84.	118	GHADAMIAN, FARZAD		Male 45-49	Hämpus Laufgruppe Bern	01:02:19	+16:02
85.	394	LOOBY, PÁDRAIG		Male 40-44	Sportsworld AC	01:02:25	+16:08
86.	169	ALLEN, BARRY		Male 45-49	Sphinx AC	01:02:28	+16:11
87.	31	HANSEN, JAN JUUL		Male 55-59	Næsby Motion	01:02:39	+16:22
88.	135	SPARROW, PAUL		Male 50-54	Blackpool Wyre & Fylde AC	01:02:40	+16:23
89.	374	O DONNELL, TIMOTHY		Male 40-44	Crusaders	01:02:43	+16:26

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
90.	445	MARIENLUND ANDERSEN,		Male 35-39	Sparta	01:02:43	+16:26
91.	115	STEIN, BARRY		Male 55-59	None	01:02:47	+16:30
92.	376	GLENNIE, LEWIS		Male 25-29	Airdrie Harriers	01:02:53	+16:36
93.	187	MANUEL, DAVID		Male 45-49	Maldwyn Harriers	01:02:56	+16:39
94.	194	BROCK, DAVE		Male 55-59	Orion Harriers	01:03:07	+16:50
95.	202	MCDONALD, PHILIP		Male 55-59	Laragh AC	01:03:16	+16:59
96.	104	STAFFE, ANDERS		Male 40-44	Sparta	01:03:47	+17:30
97.	67	HOCKEY, MARTIN		Male 50-54	Eton Manor	01:03:50	+17:33
98.	34	STOCKINGS, PAUL		Male 55-59	Elton Manor	01:03:57	+17:40
99.	326	GRANGER, ALAN		Male 45-49		01:04:11	+17:54
100.	364	MCCARTHY, DERMOT		Male 40-44	Dublin Frontrunners AC	01:04:18	+18:01
101.	219	DICK, KEVIN		Male 35-39	Sphinx AC	01:04:23	+18:06
102.	348	OWENS, LEONARD		Male 50-54	Tullamore Harriers	01:04:24	+18:07
103.	199	LARSEN, HENRIK RENTOFT		Male 50-54	Sparta	01:04:33	+18:16
104.	476	MATTHEWS, PHILIP		Male 30-34	Crusaders AC	01:04:48	+18:31
105.	240	DEMPSEY, ROBERT		Male 35-39	Dublin Frontrunners A.C	01:04:51	+18:34
106.	79	BENNETT, BILL		Male 60-64	ETON MANOR	01:04:52	+18:35
107.	111	GABRIELS, MARCEL		Male 60-64	dimag	01:04:57	+18:40
108.	24	HOLM-NIELSEN, JESPER		Male 50-54	Sparta	01:05:12	+18:55
109.	205	TOOMES, WILLIAM		Male 55-59		01:05:21	+19:04
110.	159	MARIENDAL, MICHAEL		Male 55-59	SPARTA	01:05:24	+19:07
111.	332	MENSINK, WOUT		Male 55-59	Running Club Aart Stigter	01:05:38	+19:21
112.	361	MALONE, EMMETT		Male 45-49	Crusaders athletic club	01:05:40	+19:23
113.	218	MORAN, MATT		Male 40-44	Bohermeen AC	01:05:52	+19:35
114.	253	BROWN, ANDREW		Male 60-64	Severn AC	01:06:01	+19:44
115.	527	Schrombgens, Wilfred		Male 50-54	Aart Stigter	01:06:25	+20:08
116.	441	HØYBYE, HENRIK		Male 50-54	Sparta	01:06:29	+20:12
117.	431	LEAHY, JOHN		Male 40-44	Kilcormac killoughey	01:06:33	+20:16
118.	119	BEESON, DANNY		Male 20-24	Maldwyn Harriers	01:06:47	+20:30
119.	320	BUCKLEY, RAY		Male 45-49	Dublin Front Runners	01:06:53	+20:36
120.	132	PARRY, NEIL		Male 50-54	Dursley	01:07:01	+20:44
121.	197	KINSELLA, THOMAS		Male 35-39	Sportsworld AC	01:07:07	+20:50
122.	21	JUREVICIUS, CHRISTOPHER		Male 60-64	stroud and district ac	01:07:13	+20:56
123.	468	LYNCH, SEAN		Male 40-44	Dublin Frontrunners	01:07:39	+21:22
124.	307	RUTTEN, LOUIIS		Male 60-64	Loopgroep Aart Stigter	01:07:40	+21:23
125.	273	BEESON, JAKE		Male u/20	Maldwyn Harriers	01:08:11	+21:54
126.	463	MANN, MATTHIAS		Male 30-34	Sparta	01:08:20	+22:03
127.	530	Baker, Andrew		Male 45-49		01:08:21	+22:04
128.	287	DOGGER, PIETER		Male 30-34	loopgroep Aart Stigter	01:08:25	+22:08
129.	113	MUELLER, ROBERT		Male 55-59	Hämpus Laufgruppe	01:08:29	+22:12
130.	317	BURKE, DARREN		Male 45-49	Herts Runners	01:08:30	+22:13
131.	189	HJORTLUND, TOM		Male 60-64	Team Hjortlund	01:08:42	+22:25
132.	532	Arndal, Allan		Male 55-59	Sparta	01:08:44	+22:27
133.	99	MCINTOSH, ANDREW		Male 45-49	Sphinx AC	01:08:53	+22:36
134.	44	CONWAY, ANDREW		Male 50-54	Colchester Harriers	01:09:10	+22:53
135.	308	TOWELL, SCOTT		Male u/20	LEIGHTON Buzzard Athletics	01:09:16	+22:59

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
136.	50	KRUPP, MEINHARD		Male 70-74	TUS Erpel	01:09:18	+23:01
137.	204	LORENTZEN, JOHNNY		Male 50-54	Sparta	01:09:21	+23:04
138.	412	MARTIN, ADRIAN		Male 55-59	Tullamore Harriers	01:09:24	+23:07
139.	61	TIMMS, MITCH		Male 60-64	Sphinx AC	01:09:51	+23:34
140.	70	TAYLOR, JAMIE		Male 30-34		01:09:58	+23:41
141.	407	FAURHOLT, MARTIN		Male 40-44	Runaar	01:10:01	+23:44
142.	311	HALLE, JACOB		Male 30-34	RUNNAR/Mikkeller	01:10:01	+23:44
143.	410	NILSÉN, ODDBJØRN		Male 50-54		01:10:01	+23:44
144.	391	DWYER, GARY		Male 35-39	Tullamore Harriers	01:10:16	+23:59
145.	473	BOYLE, SHANE		Male 45-49	Dunshaughlin	01:10:21	+24:04
146.	220	DAVIES, MICHAEL		Male 60-64	Torbay AC	01:10:39	+24:22
147.	136	DIEKOTTO, WOLFGANG		Male 65-69	TSVE 1890 Bielefeld	01:10:49	+24:32
148.	198	LANIGAN, ADRIAN		Male 40-44	Sportsworld	01:10:59	+24:42
149.	68	BATES, MARTIN		Male 60-64	Wesham	01:11:01	+24:44
150.	163	WILSON, PHILIP		Male 55-59	Sphinx AC	01:11:10	+24:53
151.	257	CAMERON, GREG		Male 50-54		01:11:17	+25:00
152.	367	SØRENSEN, SIMON		Male 30-34	Sparta	01:11:26	+25:09
153.	420	MANN, STUART		Male 75-79	Herts runners	01:11:48	+25:31
154.	435	BRUNDRETT, GAVIN		Male 45-49	North Derbyshire RC	01:11:50	+25:33
155.	147	KETELSEN, ERLING		Male 60-64	Blovstrødløverne	01:11:55	+25:38
156.	427	DOWDS, ROGER		Male 55-59	Dublin Frontrunners	01:11:59	+25:42
157.	323	HANSEN, JOHN		Male 60-64	Motionsklubben Amager	01:12:02	+25:45
158.	524	Williams, Steve		Male 60-64	Garden City Runners	01:12:38	+26:21
159.	172	SPENCER, CRAIG		Male 40-44	Sphinx AC	01:12:59	+26:42
160.	331	LARSEN, IB		Male 65-69	Aarhus 1900	01:13:02	+26:45
161.	143	KOFOD, OLE		Male 70-74	Blovstrød Løverne	01:13:03	+26:46
162.	40	CHISLETT, PETER		Male 50-54		01:13:21	+27:04
163.	312	GLENNIE, JAMES		Male 60-64	Airdrie Harriers	01:13:37	+27:20
164.	301	CULLINANE, DAVID		Male 40-44	Dublin Frontrunners A.C.	01:13:48	+27:31
165.	64	OLCZYK, MICHAEL		Male 50-54		01:13:53	+27:36
166.	344	LARGE, CHRIS		Male 35-39	Milton Buzzards	01:13:57	+27:40
167.	275	PEARS, BRYAN		Male 50-54	Sphinx Ac	01:14:26	+28:09
168.	281	BURBACH, JÖRG		Male 55-59		01:14:44	+28:27
169.	60	KILBY, ANDY		Male 60-64	Dursley running club	01:14:45	+28:28
170.	41	CULLINANE, DIARMUID		Male 55-59	Stroud & District Athletics Club	01:14:46	+28:29
171.	75	BROWN, KEITH		Male 55-59		01:14:52	+28:35
172.	238	ADMIRAAL, PIET		Male 65-69	Loopgroep Aart Stigter	01:14:58	+28:41
173.	291	OLIJSLAGER, DIEDERIK		Male 50-54		01:14:59	+28:42
174.	142	SAABYE, HENRIK		Male 70-74	Blovstrød løverne	01:15:08	+28:51
175.	421	GROOM, WILLIAM		Male 55-59		01:15:30	+29:13
176.	377	NISSSEN, PREBEN		Male 65-69	Sparta	01:15:35	+29:18
177.	164	PEARS, CRAIG		Male 25-29	Sphinx A.C.	01:16:01	+29:44
178.	181	BOULTON, GED		Male 55-59		01:16:08	+29:51
179.	232	VAN DER WOPR, JOACHIM		Male 40-44	Dublin Frontrunners	01:16:10	+29:53
180.	78	WEREY, PHILIPPE		Male 50-54		01:16:21	+30:04
181.	153	KENNEDY, PAUL		Male 50-54	Milton Buzzards	01:16:24	+30:07

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
182.	230	HERWARTS, RAYMOND		Male 45-49	Loopgroep Aart Stigter	01:16:51	+30:34
183.	71	KYDD, ANDREW		Male 50-54	Newmarket Cycling Triathlon	01:16:59	+30:42
184.	58	CRANE, DEREK		Male 50-54	Blackpool Wyre & Fylde AC	01:17:02	+30:45
185.	512	STRETCH, SAM		Male 25-29	Liverpool Running Bugs	01:17:16	+30:59
186.	149	WILLIAMS, RAY		Male 60-64	DURSLEY RUNNING CLUB	01:17:25	+31:08
187.	493	JONES, TERRY		Male 65-69	Triathlon Coaching Wales	01:17:32	+31:15
188.	110	REASON, JOHN		Male 60-64	Blackpool Wyre and Fylde	01:17:35	+31:18
189.	408	JESSEN, OLE		Male 60-64		01:17:46	+31:29
190.	486	DARVILL, ALEXANDER		Male 30-34		01:19:10	+32:53
191.	233	MCCORMACK, ALAN		Male 40-44	Dublin Front Runners	01:19:21	+33:04
192.	471	POTTER, ROB		Male 30-34		01:19:25	+33:08
193.	211	BRINKS, ERIK		Male 60-64	LIF Løb & Motion	01:19:31	+33:14
194.	295	COLBOURNE, STEVE		Male 65-69	Sphinx	01:19:58	+33:41
195.	42	YOUNG, CHRISTOPHER		Male 60-64	Stroud & District AC	01:20:41	+34:24
196.	55	WORTHINGTON, PETER		Male 50-54	Astley & Tyldesley Road Runners	01:20:45	+34:28
197.	465	MCENTEE, ALAN		Male 35-39	Dublin Front Runners A.C	01:21:19	+35:02
198.	286	SCHALTZ, Torben		Male 60-64	Sparta	01:21:24	+35:07
199.	351	OWENS, DAVID		Male u/20	Tullamore Harriers	01:21:45	+35:28
200.	479	ROMBAUT, PAUL		Male 55-59		01:22:46	+36:29
201.	371	NIELSEN, PREBEN		Male 75-79		01:22:58	+36:41
202.	182	BROCKBANK, A		Male 60-64		01:23:39	+37:22
203.	489	THOMAS, DARREN		Male 50-54	Witham	01:23:41	+37:24
204.	389	SMITH, GRAEME		Male 35-39	Sphinx	01:23:52	+37:35
205.	179	ZACHO, ERIK		Male 65-69	Kalundborg-if	01:24:06	+37:49
206.	521	Ennis, Ross		Male 40-44	Sportsworld	01:25:18	+39:01
207.	393	MASSEY, ROBERT		Male 70-74	Blackpool Wyre & Fylde AC	01:25:21	+39:04
208.	152	GROOSS, KARSTEN		Male 60-64		01:25:41	+39:24
209.	210	MATHIASSEN, ANDERS		Male 30-34	Sparta	01:26:48	+40:31
210.	452	JENSEN, TOKE		Male 45-49	Sparta	01:26:48	+40:31
211.	338	WENDT, PETER		Male 65-69	Kurts kåde kaniner	01:26:53	+40:36
212.	235	HESKAMP, JAN		Male 45-49	Team Erdinger Alkoholfrei	01:27:40	+41:23
213.	140	AYLOTT, WAYNE		Male 55-59	Herts runners	01:27:51	+41:34
214.	490	THOMAS, NIGEL		Male 50-54		01:27:53	+41:36
215.	296	CRUUSBERG, JOHN		Male 60-64	Odense Gymnastikforening	01:29:23	+43:06
216.	399	JEPSEN, ULRIK		Male 40-44	Sparta	01:30:09	+43:52
217.	32	SINGLETON, BERNARD		Male 70-74	Blackpool wyre fylde running club	01:32:17	+46:00
218.	341	JOHANSEN, KENNETH		Male 55-59	Aarhus 1900	01:36:31	+50:14
219.	288	KAMPSCHREUR, DAVE		Male 70-74	Loopgroep Aart Stigter	01:38:38	+52:21
220.	174	NIELSEN, KLAUS-JØRGEN		Male 55-59	Kalundborg if	01:39:16	+52:59
221.	207	DOHENY, BERNARD		Male 60-64	Tullamore Harriers	01:42:16	+55:59
222.	57	NORMAN, PETER		Male 80+	wrexham a c	01:53:35	+67:18
DNS	156	MC LOUGHLIN, SEAMUS		Male 60-64	Dublin Front Runners		
DNS	158	LARSEN, HENRIK		Male 55-59	Blavstød løverne		
DNS	178	ENRIGHT, PATRICK		Male 35-39	Sportsworld AC		
DNS	227	MENGER, RUUD		Male 60-64	Loopgroep Aart Stigter		
DNS	243	CAHALAN, TONY		Male 35-39			

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
DNS	276	WYNNE-JONES, Dylan		Male 45-49	Wreccsam tri club		
DNS	283	HEEL, THOMAS		Male 55-59			
DNS	343	THOMSON, DAVID		Male 25-29			
DNS	350	O'MAILLE, COLM		Male 35-39	Galway city harriers		
DNS	437	ORCHARD, KELVIN		Male 55-59			
DNS	456	HOLDT, NIELS		Male 70-74	Sparta		
DNS	488	GLUE, AARON		Male 40-44	Milton Buzzards		
DNS	502	BYRNE, KILLIAN		Male 45-49			
DNS	16	CURLEY, ADRIAN		Male 45-49	Tullamore harriers		
DNS	66	CAHALAN, EDWARD		Male 70-74	Coolquill		
DNS	77	ADAMS, STEVE		Male 55-59	Eton Manor AC		
DNS	100	INCHLEY, ANDY		Male 40-44	Milton Buzzards		

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
Female							
1.	23	GEURTSSEN, MARIJE		Female 30-34	Hardloopgroep Aart Stigter	00:53:22	-
2.	4	ORCHARD, RUBY		Female 35-39	Vegan Runners UK	00:53:51	+0:29
3.	231	BERGER DE VRIES, HELLEN		Female 40-44	Aart Stigter	00:55:35	+2:13
4.	200	GROGAN, LINDA		Female 35-39	Dundrum AC	00:55:55	+2:33
5.	429	KEANE, SHONA		Female 35-39	Sportsworld	00:56:11	+2:49
6.	2	CURLEY, PAULINE		Female 50-54	Tullamore harriers	00:56:33	+3:11
7.	392	JONES, MARIA		Female 30-34	Sportsworld	00:57:22	+4:00
8.	14	FLANAGAN, SARAH		Female 40-44	Eton Manor AC	00:57:28	+4:06
9.	449	HANSEN, NANNA LOEBVORG		Female 25-29	Sparta	00:57:35	+4:13
10.	11	TIDESWELL, KEALEY		Female 35-39	Clonmel AC	00:57:47	+4:25
11.	8	THORNTON, CATHERINE		Female 30-34	Crusaders AC	00:58:27	+5:05
12.	5	BROKSØ, TINE		Female 45-49	Blavstrød løverne	00:58:28	+5:06
13.	17	MURRAY, BARBARA		Female 45-49	Donore harriers	00:59:08	+5:46
14.	542	O'Mahony, Lizzie		Female 25-29		01:00:32	+7:10
15.	330	HANEVY, ALMA		Female 40-44	Crusaders AC	01:00:33	+7:11
16.	222	BALM, SUSANNE		Female 30-34	loopgroep Aart Stigter	01:00:53	+7:31
17.	475	WILSON, JEAN		Female 40-44	Sportsworld	01:01:07	+7:45
18.	430	ELLIOTT, BRONAGH		Female 40-44	Donore Harriers	01:01:55	+8:33
19.	519	GORMAN, IRENE		Female 25-29	Crusaders AC	01:02:13	+8:51
20.	363	MITCHELL, RUTH		Female 25-29	Leighton Buzzard athletics club	01:02:22	+9:00
21.	226	ROCHE, ÁINE		Female 35-39	Clonmel AC	01:02:32	+9:10
22.	15	GINTY, MAURA		Female 35-39	Sportsworld	01:02:49	+9:27
23.	306	O'DOWD, FIONA		Female 30-34	Crusaders AC	01:02:55	+9:33
24.	439	MAHONEY, MAURA		Female 30-34	Crusaders AC	01:03:11	+9:49
25.	360	INCHLEY, AMY		Female 35-39	Milton Buzzards	01:04:07	+10:45
26.	314	BIGLEY, LYDIA		Female 40-44	Dublin Front Runners	01:04:31	+11:09
27.	138	TASKA, MARTINA		Female 45-49	Hämpus Laufgruppe	01:04:55	+11:33
28.	212	WOLOSZYNSKA, DOROTA		Female 35-39		01:05:00	+11:38
29.	125	GUTEMANN, KARIN		Female 45-49		01:05:09	+11:47
30.	18	SINGLETON, OCTAVIA		Female 45-49	Witham Running Club	01:05:12	+11:50
31.	310	ANDERSON, CORALIE		Female 45-49	Milton Buzzards	01:05:15	+11:53
32.	51	FRITZE, METTE SOMMER		Female 35-39	Sparta	01:05:16	+11:54
33.	404	GAHAN, AUDREY		Female 40-44		01:05:19	+11:57
34.	285	MEADE, EMMA		Female 25-29	Sportsworld A.C.	01:05:23	+12:01
35.	481	NI CHEARBHAILL, DEIRDRE		Female 40-44	Crusaders AC	01:05:27	+12:05
36.	192	LORENTZEN, SARA CBH		Female 40-44	Sparta	01:05:28	+12:06
37.	508	REGAN, GRAINNE		Female 35-39	Crusaders AC	01:05:30	+12:08
38.	533	Johnston, Sally		Female 35-39		01:05:39	+12:17
39.	29	THOMSEN, SOLVEIG		Female 50-54	Næsby Motion	01:06:50	+13:28
40.	76	WOODWARD, ZOE		Female 55-59	Eton Manor AC	01:06:58	+13:36
41.	27	OUTLAW, BITTEN		Female 45-49	Næsby Motion	01:07:32	+14:10
42.	315	SHINE, LISA		Female 35-39	Crusaders AC	01:07:45	+14:23
43.	357	HACKETT, JULIA		Female 45-49	Donore Harriers	01:07:54	+14:32
44.	258	CLEMMENSEN, TINA		Female 50-54	NIMF	01:08:00	+14:38
45.	190	HJORTLUND, VIVI		Female 50-54	Team Hjortlund	01:08:07	+14:45

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
46.	352	FLEMING, REBECCA		Female 30-34	Crusaders AC	01:08:33	+15:11
47.	447	WHITE, GEMMA		Female 35-39	Sportsworld	01:08:46	+15:24
48.	294	DUNNE, OLWYN		Female 50-54	Crusaders AC	01:08:55	+15:33
49.	477	THOMSEN, HENRIETTE		Female 25-29	Sparta	01:09:17	+15:55
50.	406	RASMUSSEN, MIA		Female 30-34		01:09:28	+16:06
51.	171	GRENNAN, MAG		Female 50-54	TULLAMORE HARRIERS	01:09:31	+16:09
52.	80	VACHER, LOUISE		Female 55-59	ETON MANOR	01:09:38	+16:16
53.	133	ASVARISCH, MIRIAM		Female 65-69	Viking Atletik	01:09:52	+16:30
54.	151	MAGUIRE, SIOBHAN		Female 50-54	Dunboyne AC	01:10:20	+16:58
55.	59	SACKETT, KATE		Female 60-64	Cirencester ac	01:10:27	+17:05
56.	38	WILKINS, PENNY		Female 55-59	Sutton Runners	01:10:54	+17:32
57.	327	KENNEDY, ELAINE		Female 25-29	Sportsworld	01:11:22	+18:00
58.	459	RAASTHØJ, EMILIE		Female 25-29	Sparta	01:11:31	+18:09
59.	206	BROCKSOPP, JENNIFER		Female 35-39		01:11:40	+18:18
60.	460	HANSEN, SOFIE		Female 25-29	SPARTA	01:11:57	+18:35
61.	241	MAINWARING, LESLEY		Female 50-54	Triathlon Coaching Wales	01:12:13	+18:51
62.	319	NIELSEN, GRETHE		Female 65-69		01:12:31	+19:09
63.	239	NOLAN-JONES, MARTINA		Female 40-44	Sportsworld	01:12:42	+19:20
64.	534	Johnston, Sheila		Female 60-64		01:13:17	+19:55
65.	458	NYHOLM, MAJA		Female 25-29	Sparta	01:13:29	+20:07
66.	419	BRASEN, ANNETTE		Female 60-64	Team Skoemagerkroen/Fremad	01:13:40	+20:18
67.	249	BRANDBJERG, CHRISTINA		Female 40-44	Blovstrød Løverne	01:13:44	+20:22
68.	342	GLENNIE, MORVEN		Female 20-24	Airdrie Harriers	01:13:49	+20:27
69.	39	CHISLETT, LYNN		Female 50-54		01:13:55	+20:33
70.	54	GRANTHAM, LISA		Female 45-49	Pensby Runners	01:14:14	+20:52
71.	461	PEDERSEN, MAJA JESSICA		Female 25-29	Valbyløberne	01:14:19	+20:57
72.	269	BUUS, HELLE VIBEKE		Female 60-64	ØB-Atletik	01:14:26	+21:04
73.	379	NIELSEN, ELISABETH LINDE		Female 60-64	Sparta	01:14:56	+21:34
74.	290	HARMON, JENNIFER		Female 35-39		01:14:59	+21:37
75.	478	NUGENT, KATIE		Female 30-34	Sportsworld AC	01:15:06	+21:44
76.	103	BJARKOV, MARIE-LOUISE		Female 65-69	Sparta	01:15:11	+21:49
77.	355	MCLEISH, FIONA		Female 40-44	Milton Buzzards	01:15:16	+21:54
78.	466	STUVEN, KAREN		Female u/20		01:15:22	+22:00
79.	63	BREWIN, VICTORIA		Female 35-39	Sphinx AC	01:15:32	+22:10
80.	107	PECK, FIONA		Female 50-54	Tamar Trotters	01:15:38	+22:16
81.	91	SHOLL, THERESA		Female 50-54	Redway Runners	01:15:42	+22:20
82.	506	NEWMAN, HELENA		Female 40-44	tullamore harriers	01:15:47	+22:25
83.	69	HOCKLEY, MARIE		Female 55-59	Bishops Stortford	01:16:21	+22:59
84.	442	CHRISTENSEN, DORTHE		Female 55-59	Sparta	01:16:39	+23:17
85.	102	LYDERSEN RAGNHOF, LAILA		Female 50-54	Sparta	01:16:55	+23:33
86.	46	LOUGHREY, TISH		Female 40-44	Dublin Frontrunners	01:17:11	+23:49
87.	513	CAIRNS, SINEAD		Female 25-29	Liverpool a running Bugs	01:17:15	+23:53
88.	277	TIDESWELL, JULIE		Female 55-59	Clonmel AC	01:17:19	+23:57
89.	146	REVSBECK, LINE		Female 50-54	BlovstrødLøverne	01:17:28	+24:06
90.	482	SWEENEY, ANNE		Female 50-54	Sportsworld	01:17:41	+24:19
91.	35	STOCKINGS, CLAIR		Female 55-59	Elton Manor	01:18:26	+25:04

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
92.	268	VAN DER VOORN, HELEN		Female 40-44	Aart Stigter	01:19:18	+25:56
93.	236	SMART, ELISABETH		Female 60-64	Forres Harriers	01:19:39	+26:17
94.	168	NETTLETON, CATHERINE		Female 40-44	Steel city striders	01:19:41	+26:19
95.	177	LEBEAU, CHARLOTTE		Female 50-54		01:19:55	+26:33
96.	485	WILLIS, SOPHIE		Female 30-34		01:20:07	+26:45
97.	298	TIMOTHY, KAREN		Female 55-59	Sphinx AC	01:20:16	+26:54
98.	170	ALLEN, RACHAEL		Female 40-44	Sphinx AC	01:20:37	+27:15
99.	250	ABBOTT, LISA		Female 35-39	Sphinx Ac	01:20:37	+27:15
100.	386	NERI TEIXEIRA, VANESSA		Female 35-39		01:21:06	+27:44
101.	256	BYRNE, REGINA		Female 40-44	Dublin Front Runners	01:21:20	+27:58
102.	368	BECKMANN, KATHARINA		Female 30-34	Sparta	01:21:23	+28:01
103.	370	RISDAHL, CHRISTINA		Female 30-34	Sparta	01:21:24	+28:02
104.	52	RYAN, JOANNE		Female 40-44	BallySkenach AC	01:21:27	+28:05
105.	492	JENNETTE, MARION		Female 55-59		01:21:29	+28:07
106.	349	HEIMBS, ANETTE		Female 40-44		01:21:32	+28:10
107.	86	KREUGEL, SYLVIA		Female 40-44	Aart Stigter Running	01:22:08	+28:46
108.	526	Rogerson, Ruth		Female 40-44		01:22:28	+29:06
109.	251	CHRISTIANSEN, BENTE		Female 65-69	Sparta	01:22:46	+29:24
110.	400	MELODY, AILEEN		Female 55-59	Sportsworld	01:22:58	+29:36
111.	188	SHANAHAN, JANET		Female 50-54	Maldwyn Harriers	01:23:14	+29:52
112.	150	CALNAN, MARIA		Female 45-49	Dublin Front runners A.C.	01:23:17	+29:55
113.	438	HARTWELL, LEAH		Female 40-44	Milton Buzzards	01:23:18	+29:56
114.	128	BOERBOOM-SCHUURMANS,		Female 35-39		01:24:02	+30:40
115.	518	Kearney, Kathryn		Female 55-59	Triathlon Coaching Wales	01:24:05	+30:43
116.	62	TIMMS, JACKIE		Female 50-54	Sphinx AC	01:24:06	+30:44
117.	126	GUTEMANN, ANNETTE		Female 40-44		01:25:12	+31:50
118.	157	LONGMATE, DEBORAH		Female 45-49		01:25:18	+31:56
119.	385	NERI DE OLIVEIRA, ANA RITA		Female 60-64		01:25:23	+32:01
120.	225	KOEKOEK, ERNA		Female 50-54	Loopgroep Aart Stigter	01:25:48	+32:26
121.	221	DAVIES, SALLY		Female 65-69	Torbay AC	01:26:13	+32:51
122.	403	LALOR, JOSIE		Female 50-54	Tullamore harriers	01:26:21	+32:59
123.	401	JENSEN, ANNA		Female 25-29	Sparta	01:26:48	+33:26
124.	260	NIELSEN, MAGDA-LENE		Female 50-54	Sparta	01:26:50	+33:28
125.	531	Rasmussen, Ina		Female 55-59	Sparta	01:27:51	+34:29
126.	160	CULHAM, SARAH		Female 45-49		01:27:53	+34:31
127.	245	PEDERSEN, NINA JETTE		Female 55-59	Nyvest	01:28:18	+34:56
128.	127	NICHOLSON, DIANA		Female 55-59	Tamar Trotters	01:28:21	+34:59
129.	73	WORTHINGTON, CATH		Female 40-44	Astley and Tyldesley Road	01:28:34	+35:12
130.	137	Boulton, EMMA		Female 30-34		01:28:43	+35:21
131.	154	LINDSTRØM, ANNE MARIE		Female 50-54		01:29:31	+36:09
132.	422	GROOM, NICOLA		Female 45-49		01:29:32	+36:10
133.	93	BERRY, ALISON		Female 45-49		01:29:53	+36:31
134.	89	COENEN, SANDRA		Female 35-39		01:30:28	+37:06
135.	537	Dann, Catherine		Female 45-49		01:30:59	+37:37
136.	372	MCMAMARA, ANNE MARIE		Female 50-54	tullamore harriers	01:31:31	+38:09
137.	84	REY, NANCY		Female 50-54		01:32:27	+39:05

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
138.	383	ANDERSEN, MAY		Female 60-64	Sparta	01:32:31	+39:09
139.	446	ROBERTS, KAREN		Female 55-59	Dolly Mixtures	01:33:17	+39:55
140.	30	PAFFEN, PATRICIA		Female 40-44	Dublin Front Runners A.C.	01:33:51	+40:29
141.	329	GAZZANI, LENA		Female 70-74	Milton Buzzards	01:35:03	+41:41
142.	145	KRISTENSEN, BIRTHE		Female 60-64		01:35:11	+41:49
143.	144	HØYER, METTE		Female 55-59	Viking Atletik	01:35:11	+41:49
144.	436	BRUNDRETT, SUUSANNE		Female 45-49	North Derbyshire RC	01:36:12	+42:50
145.	36	ALARA, OLA		Female 55-59		01:36:34	+43:12
146.	336	JENSEN, PIA		Female 50-54	Aarhus 1900	01:36:45	+43:23
147.	339	WENDT, GURLI		Female 65-69	Aarhus 1900	01:36:53	+43:31
148.	129	ORRELLS, CAROLINE		Female 60-64	Maldwyn Harriers	01:37:31	+44:09
149.	289	KAMPSCHREUR, ANNIE		Female 65-69	Loopgroep Aart Stigter	01:38:38	+45:16
150.	313	GLENNIE, HEATHER		Female 60-64	Jog Scotland Cumbernauld	01:39:07	+45:45
151.	535	Kramer, Joan		Female 65-69	Sparta	01:39:23	+46:01
152.	262	CLARK, HANNE		Female 70-74	Sparta	01:39:24	+46:02
153.	209	DOHENY, LARA		Female u/20	Tri Tempo	01:40:02	+46:40
154.	516	COSTELL, JENNIFER		Female 40-44	Dublin Front Runners	01:40:30	+47:08
155.	334	BAUWENS, CHANTAL		Female 60-64		01:40:44	+47:22
156.	88	RIIS, HANNE SONNE		Female 65-69	ØB-Atletik	01:42:18	+48:56
157.	433	COOPER, HOLLY		Female 35-39	Sphinx AC	01:42:52	+49:30
158.	388	HAND, VICTORIA		Female 35-39	Sphinx AC	01:42:52	+49:30
159.	53	JØRGENSEN, ANNETTE		Female 60-64	Viking Atletik	01:42:55	+49:33
160.	208	DOHENY, CARMEL		Female u/20	Tullamore Harriers	01:42:56	+49:34
161.	487	LOEBVORG JOERGENSEN,		Female 60-64	Sparta	01:44:42	+51:20
162.	271	HILL, FAITH		Female 50-54	Dolly Mixtures	01:44:45	+51:23
163.	322	BANFIELD, SANDRA		Female 55-59	Dolly Mixtures	01:45:34	+52:12
164.	324	PRYCE, MICHELLE		Female 50-54	Dolly Mixtures	01:46:21	+52:59
165.	292	ATHERTON, CARON		Female 60-64	Dolly Mixtures	01:46:23	+53:01
166.	340	Smith, Lorraine		Female 50-54		01:48:18	+54:56
167.	148	ZARZYCKI, LILLI		Female 65-69	Viking Atletik	01:48:32	+55:10
168.	98	HOLLOWAY-MCLEAN,		Female 50-54		01:53:06	+59:44
169.	305	HOLMES, GILLIAN		Female 65-69	Werrington Joggers	01:54:14	+60:52
170.	175	NIELSEN, METTE GILDBERG		Female 55-59	Kalundborg if	01:55:51	+62:29
171.	97	MONTAGU-LEON, BURTI		Female 45-49		01:57:32	+64:10
172.	81	JENSEN, JEANETTE		Female 70-74	Viking Atletik	01:59:26	+66:04
173.	74	JØRGENSEN, SOLVEI HELEN		Female 65-69		02:04:24	+71:02
DNS	114	SCHLIEPHAKE, KATRIN		Female 50-54	BSG Gaden, Hamburg		
DNS	223	THOMAS, VANESSA		Female 50-54	Dolly Mixtures		
DNS	229	DRENTH, HERMIE		Female 50-54	Loopgroep Aart Stigter		
DNS	266	EJLEV, MARIE-LOUISE		Female 50-54	Sparta		
DNS	387	MCLOUGHLIN, NITA		Female 40-44	Tullamore Harriers		
DNS	397	GRENA, BIRGITTE		Female 50-54	Sparta		
DNS	434	GARDNER, JULIE		Female 45-49			
DNS	480	MCGRATH, MARCELLA		Female 40-44	West limerick ac		
DNS	49	TØNNESEN, MAJBRIIT		Female 50-54	Viking Atletik		



24TH - 27TH NOVEMBER 2019

Place	Bib	Name	Nat.	AG	Club	13K	Diff.
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Number of records: 421



Age Group Results

Place	Bib	Name	Nat.	Club	13K	Diff.
Male u/20						
1.	278	BJØRNSSEN, ANDREAS BOCK		De Danske Bjørne	00:46:17	-
2.	402	ØDUM, SØREN THRANE		DE DANSKE BJØRNE	00:47:28	+1:11
3.	279	KJÆR, MALTE		De Danske Bjørne	00:49:34	+3:17
4.	280	DUPONT, JOHAN		De Danske Bjørne	00:56:42	+10:25
5.	378	WEBER, LASSE FALCK		De Danske Bjørne	00:56:42	+10:25
6.	455	KOVSTED, JAKOB SCHØIER		De Danske Bjørne	00:56:42	+10:25
7.	273	BEESON, JAKE		Maldwyn Harriers	01:08:11	+21:54
8.	308	TOWELL, SCOTT		LEIGHTON Buzzard Athletics Club	01:09:16	+22:59
9.	351	OWENS, DAVID		Tullamore Harriers	01:21:45	+35:28
Male 20-24						
1.	109	REASON, SIMON		Blackpool Wyre and Fylde Athletics	00:56:23	+10:06
2.	380	NIELSEN, MIKKEL BAY			00:58:36	+12:19
3.	119	BEESON, DANNY		Maldwyn Harriers	01:06:47	+20:30
Male 25-29						
1.	1	HARTLEV, Kasper Laumann		RUNAAR/Mikkeller	00:46:25	+0:08
2.	496	PALMER, MATT			00:50:56	+4:39
3.	185	FERGUSON, JAMES		The Chiltern Hills Runners	00:52:44	+6:27
4.	293	HARTLEV, KRISTIAN LAUMANN		RUNAAR/Mikkeller	00:55:04	+8:47
5.	95	EDWARDS, JACK		Sphinx AC	00:57:39	+11:22
6.	469	AVIS, HARRY			00:59:30	+13:13
7.	259	DUNNE, MATT		Dublin Front Runners	00:59:55	+13:38
8.	381	MADSEN, KRISTIAN TOFT			01:00:22	+14:05
9.	376	GLENNIE, LEWIS		Airdrie Harriers	01:02:53	+16:36
10.	164	PEARS, CRAIG		Sphinx A.C.	01:16:01	+29:44
11.	512	STRETCH, SAM		Liverpool Running Bugs	01:17:16	+30:59
DNS	343	THOMSON, DAVID				
Male 30-34						
1.	184	MAY, CHARLES		The Chiltern Hills Runners	00:47:38	+1:21
2.	356	COLLINS, SHANE		Crusaders AC	00:49:02	+2:45
3.	501	NAVARRO HITA, AITOR		Club La Santa	00:49:56	+3:39
4.	470	HEALEY, CALLUM		Mersey Tri	00:55:25	+9:08
5.	180	GAEBEL, CHRISTIAN		Berlin	00:56:50	+10:33
6.	304	GORDON, ANDY		Sportsworld	00:59:30	+13:13
7.	213	MCCALL, ASHLEY		Dublin Front Runners	01:00:15	+13:58
8.	183	MOORE, ANDREW		Civil service harriers	01:00:31	+14:14
9.	476	MATTHEWS, PHILIP		Crusaders AC	01:04:48	+18:31
10.	463	MANN, MATTHIAS		Sparta	01:08:20	+22:03
11.	287	DOGGER, PIETER		loopgroep Aart Stigter	01:08:25	+22:08
12.	70	TAYLOR, JAMIE			01:09:58	+23:41
13.	311	HALLE, JACOB		RUNNAR/Mikkeller	01:10:01	+23:44
14.	367	SØRENSEN, SIMON		Sparta	01:11:26	+25:09

Place	Bib	Name	Nat.	Club	13K	Diff.
15.	486	DARVILL, ALEXANDER			01:19:10	+32:53
16.	471	POTTER, ROB			01:19:25	+33:08
17.	210	MATHIASSEN, ANDERS		Sparta	01:26:48	+40:31

Male 35-39

1.	13	ELMORE, ROB		Milton Buzzards	00:48:12	+1:55
2.	6	MACKRELL, PETER		Milton Buzzards	00:50:16	+3:59
3.	7	MURRAN, GARETH		Sportsworld Running Club	00:51:06	+4:49
4.	337	CURRAN, KEVIN		Sportsworld	00:52:57	+6:40
5.	12	MOONEY, LEONARD		Tullamore Harriers	00:53:18	+7:01
6.	451	MC DERMOTT, JOSEPH		Crusaaders AC	00:54:12	+7:55
7.	112	FEEHAN, CHRISTIAAN		Dublin Frontrunners A.C.	00:55:00	+8:43
8.	122	JONES, JONATHAN			00:56:19	+10:02
9.	390	BUTLER, DARREN		Tullamore Harriers	00:56:49	+10:32
10.	237	HELMER, PHILIP		Skoemagerkroen/Fremad Holbæk	00:59:01	+12:44
11.	428	READ, STUART		Milton Buzzards	00:59:49	+13:32
12.	405	NIELSEN, FREDERIK		Politiets Idrætsforening Århus	01:02:17	+16:00
13.	445	MARIENLUND ANDERSEN,		Sparta	01:02:43	+16:26
14.	219	DICK, KEVIN		Sphinx AC	01:04:23	+18:06
15.	240	DEMPSEY, ROBERT		Dublin Frontrunners A.C	01:04:51	+18:34
16.	197	KINSELLA, THOMAS		Sportsworld AC	01:07:07	+20:50
17.	391	DWYER, GARY		Tullamore Harriers	01:10:16	+23:59
18.	344	LARGE, CHRIS		Milton Buzzards	01:13:57	+27:40
19.	465	MCENTEE, ALAN		Dublin Front Runners A.C	01:21:19	+35:02
20.	389	SMITH, GRAEME		Sphinx	01:23:52	+37:35
DNS	178	ENRIGHT, PATRICK		Sportsworld AC		
DNS	243	CAHALAN, TONY				
DNS	350	O'MAILLE, COLM		Galway city harriers		

Male 40-44

1.	248	BRANDSBJERG, JONAS		Blovstrød løverne	00:48:09	+1:52
2.	3	FLEMING, PAUL		Sportsworld	00:49:21	+3:04
3.	9	O'BRIEN, MICHEAL		Tullamore Harriers	00:51:29	+5:12
4.	10	FORDE, GER		Crusaders AC	00:52:14	+5:57
5.	365	WALSH, JOE		Crusaders AC	00:53:42	+7:25
6.	252	CUNNINGHAM, MICHAEL		Sportsworld	00:55:15	+8:58
7.	335	MURPHY, JAMES		Crusaders	00:55:22	+9:05
8.	254	WEIJZEN, JOCHEM		loopgroep Aart stiger	00:57:00	+10:43
9.	255	CHAPMAN-BROWN, RICHARD		Severn AC of Gloucester	00:57:09	+10:52
10.	45	FORD, SIMON		Colchester Harriers	00:57:13	+10:56
11.	203	DOYLE, MARTIN		Sportsworld rc	00:58:05	+11:48
12.	484	Faherty, Peadar		DUBLIN FRONT RUNNERS AC	00:59:55	+13:38
13.	443	HONORÉ, MICHEL		SPARTA	01:00:32	+14:15
14.	369	THEODORSEN, SØREN		Sparta	01:01:28	+15:11
15.	72	COX, STUART		#coupleofnutters	01:01:44	+15:27
16.	82	JARMAN, DARREN		Maldwyn Harriers	01:01:51	+15:34
17.	394	LOOBY, PÁDRAIG		Sportsworld AC	01:02:25	+16:08

Place	Bib	Name	Nat.	Club	13K	Diff.
18.	374	O DONNELL, TIMOTHY		Crusaders	01:02:43	+16:26
19.	104	STAFFE, ANDERS		Sparta	01:03:47	+17:30
20.	364	MCCARTHY, DERMOT		Dublin Frontrunners AC	01:04:18	+18:01
21.	218	MORAN, MATT		Bohermeen AC	01:05:52	+19:35
22.	431	LEAHY, JOHN		Kilcormac killouhey	01:06:33	+20:16
23.	468	LYNCH, SEAN		Dublin Frontrunners	01:07:39	+21:22
24.	407	FAURHOLT, MARTIN		Runaar	01:10:01	+23:44
25.	198	LANIGAN, ADRIAN		Sportsworld	01:10:59	+24:42
26.	172	SPENCER, CRAIG		Sphinx AC	01:12:59	+26:42
27.	301	CULLINANE, DAVID		Dublin Frontrunners A.C.	01:13:48	+27:31
28.	232	VAN DER WORP, JOACHIM		Dublin Frontrunners	01:16:10	+29:53
29.	233	MCCORMACK, ALAN		Dublin Front Runners	01:19:21	+33:04
30.	521	Ennis, Ross		Sportsworld	01:25:18	+39:01
31.	399	JEPSEN, ULRİK GAMMELTOFT		Sparta	01:30:09	+43:52
DNS	488	GLUE, AARON		Milton Buzzards		
DNS	100	INCHLEY, ANDY		Milton Buzzards		

Male 45-49

1.	503	CROSS, ROBERT		Crusaders AC	00:50:46	+4:29
2.	186	MASTERSON, RONAN		Sportsworld	00:53:30	+7:13
3.	134	BLAZIER, DARREN		Abergele Harriers	00:53:54	+7:37
4.	424	EXPOSITO MUÑOZ, DAVID		MD TRAINING	00:54:38	+8:21
5.	173	HELMHOLT, HENRIK		BIK	00:56:04	+9:47
6.	96	LANGER, PAWEŁ			00:56:51	+10:34
7.	217	TALLON, ROBERT		Bohermeen	00:58:11	+11:54
8.	94	EL-SOUR, ALLEN		Sphinx AC	00:58:20	+12:03
9.	26	VINSTEN, KIM		Næsby Motion	00:59:23	+13:06
10.	418	NUGENT, EDDIE		Crusaders AC	01:00:03	+13:46
11.	321	CRONIN, BASIL		Tullamore Harriers	01:00:34	+14:17
12.	373	JONES, NEIL		MK BUZZARDS	01:01:16	+14:59
13.	118	GHADAMIAN, FARZAD		Hämpus Laufgruppe Bern	01:02:19	+16:02
14.	169	ALLEN, BARRY		Sphinx AC	01:02:28	+16:11
15.	187	MANUEL, DAVID		Maldwyn Harriers	01:02:56	+16:39
16.	326	GRANGER, ALAN			01:04:11	+17:54
17.	361	MALONE, EMMETT		Crusaders athletic club	01:05:40	+19:23
18.	320	BUCKLEY, RAY		Dublin Front Runners	01:06:53	+20:36
19.	530	Baker, Andrew			01:08:21	+22:04
20.	317	BURKE, DARREN		Herts Runners	01:08:30	+22:13
21.	99	MCINTOSH, ANDREW		Sphinx AC	01:08:53	+22:36
22.	473	BOYLE, SHANE		Dunshaughlin	01:10:21	+24:04
23.	435	BRUNDRETT, GAVIN		North Derbyshire RC	01:11:50	+25:33
24.	230	HERWARTS, RAYMOND		Loopgroep Aart Stigter	01:16:51	+30:34
25.	452	JENSEN, TOKE		Sparta	01:26:48	+40:31
26.	235	HESKAMP, JAN		Team Erdinger Alkoholfrei	01:27:40	+41:23
DNS	276	WYNNE-JONES, Dylan		Wreccsam tri club		
DNS	502	BYRNE, KILLIAN				
DNS	16	CURLEY, ADRIAN		Tullamore harriers		

Place	Bib	Name	Nat.	Club	13K	Diff.
Male 50-54						
1.	155	CARTER, ANDREW		West Cheshire Athletic Club	00:55:30	+9:13
2.	539	Rasmussen, Kim			00:56:13	+9:56
3.	28	JENSEN, KIM		Næsby Motion	00:57:31	+11:14
4.	191	BARNES, NIGEL		Triathlon Coaching Wales	00:57:56	+11:39
5.	426	KNAGGS, PETER		Sportsworld	00:59:32	+13:15
6.	106	ØKSNEBJERG, LARS OLE		LIF Løb og Motion	01:00:00	+13:43
7.	83	VERSCHUEREN, EDDY		Ironteam Mechelen	01:00:35	+14:18
8.	297	GILLEN, ANTHONY		Sportsworld	01:00:52	+14:35
9.	139	MELIDEO, GIANNI		Hämpus Laufgruppe	01:00:55	+14:38
10.	270	CRUMBLEHOLME, RUSSELL		Hilly fields harriers	01:01:01	+14:44
11.	274	BEESON, PAUL		Maldwyn Harriers	01:02:12	+15:55
12.	135	SPARROW, PAUL		Blackpool Wyre & Fylde AC	01:02:40	+16:23
13.	67	HOCKEY, MARTIN		Eton Manor	01:03:50	+17:33
14.	348	OWENS, LEONARD		Tullamore Harriers	01:04:24	+18:07
15.	199	LARSEN, HENRIK RENTOFT		Sparta	01:04:33	+18:16
16.	24	HOLM-NIELSEN, JESPER		Sparta	01:05:12	+18:55
17.	527	Schrombgens, Wilfred		Aart Stigter	01:06:25	+20:08
18.	441	HØYBYE, HENRIK		Sparta	01:06:29	+20:12
19.	132	PARRY, NEIL		Dursley	01:07:01	+20:44
20.	44	CONWAY, ANDREW		Colchester Harriers	01:09:10	+22:53
21.	204	LORENTZEN, JOHNNY HEDEVIG		Sparta	01:09:21	+23:04
22.	410	NILSÉN, ODDBJØRN			01:10:01	+23:44
23.	257	CAMERON, GREG			01:11:17	+25:00
24.	40	CHISLETT, PETER			01:13:21	+27:04
25.	64	OLCZYK, MICHAEL			01:13:53	+27:36
26.	275	PEARS, BRYAN		Sphinx Ac	01:14:26	+28:09
27.	291	OLIJSLAGER, DIEDERIK			01:14:59	+28:42
28.	78	WEREY, PHILIPPE			01:16:21	+30:04
29.	153	KENNEDY, PAUL		Milton Buzzards	01:16:24	+30:07
30.	71	KYDD, ANDREW		Newmarket Cycling Triathlon Club	01:16:59	+30:42
31.	58	CRANE, DEREK		Blackpool Wyre & Fylde AC	01:17:02	+30:45
32.	55	WORTHINGTON, PETER		Astley & Tyldesley Road Runners	01:20:45	+34:28
33.	489	THOMAS, DARREN		Witham	01:23:41	+37:24
34.	490	THOMAS, NIGEL			01:27:53	+41:36

Male 55-59

1.	48	RIDLEY, COLIN		Colchester harriers	00:55:24	+9:07
2.	85	CATES, PAUL		Eton Manor AC	00:56:29	+10:12
3.	224	NIELSEN, PER			01:00:11	+13:54
4.	121	LEACY, MARK		Ardee and District	01:00:19	+14:02
5.	31	HANSEN, JAN JUUL		Næsby Motion	01:02:39	+16:22
6.	115	STEIN, BARRY		None	01:02:47	+16:30
7.	194	BROCK, DAVE		Orion Harriers	01:03:07	+16:50
8.	202	MCDONALD, PHILIP		Laragh AC	01:03:16	+16:59
9.	34	STOCKINGS, PAUL		Elton Manor	01:03:57	+17:40

Place	Bib	Name	Nat.	Club	13K	Diff.
10.	205	TOOMES, WILLIAM			01:05:21	+19:04
11.	159	MARIENDAL, MICHAEL		SPARTA	01:05:24	+19:07
12.	332	MENSINK, WOUT		Running Club Aart Stigter	01:05:38	+19:21
13.	113	MUELLER, ROBERT		Hämpus Laufgruppe	01:08:29	+22:12
14.	532	Arndal, Allan		Sparta	01:08:44	+22:27
15.	412	MARTIN, ADRIAN		Tullamore Harriers	01:09:24	+23:07
16.	163	WILSON, PHILIP		Sphinx AC	01:11:10	+24:53
17.	427	DOWDS, ROGER		Dublin Frontrunners	01:11:59	+25:42
18.	281	BURBACH, JÖRG			01:14:44	+28:27
19.	41	CULLINANE, DIARMUID		Stroud & District Athletics Club	01:14:46	+28:29
20.	75	BROWN, KEITH			01:14:52	+28:35
21.	421	GROOM, WILLIAM			01:15:30	+29:13
22.	181	BOULTON, GED			01:16:08	+29:51
23.	479	ROMBAUT, PAUL			01:22:46	+36:29
24.	140	AYLOTT, WAYNE		Herts runners	01:27:51	+41:34
25.	341	JOHANSEN, KENNETH		Aarhus 1900	01:36:31	+50:14
26.	174	NIELSEN, KLAUS-JØRGEN		Kalundborg if	01:39:16	+52:59
DNS	158	LARSEN, HENRIK		Blovstrød Løverne		
DNS	283	HEEL, THOMAS				
DNS	437	ORCHARD, KELVIN				
DNS	77	ADAMS, STEVE		Eton Manor AC		

Male 60-64

1.	318	COTTLE, JAMES		Crusaders AC	00:59:06	+12:49
2.	105	WALTERS, MARTIN			01:00:25	+14:08
3.	22	CHRISTMAS, LEE		Stroud & District AC	01:00:37	+14:20
4.	141	CHRISTIANSEN, JENS ARNE		Blovstrød Løverne	01:01:03	+14:46
5.	79	BENNETT, BILL		ETON MANOR	01:04:52	+18:35
6.	111	GABRIELS, MARCEL		dimag	01:04:57	+18:40
7.	253	BROWN, ANDREW		Severn AC	01:06:01	+19:44
8.	21	JUREVICIUS, CHRISTOPHER		stroud and district ac	01:07:13	+20:56
9.	307	RUTTEN, LOUIIS		Loopgroep Aart Stigter	01:07:40	+21:23
10.	189	HJORTLUND, TOM		Team Hjortlund	01:08:42	+22:25
11.	61	TIMMS, MITCH		Sphinx AC	01:09:51	+23:34
12.	220	DAVIES, MICHAEL		Torbay AC	01:10:39	+24:22
13.	68	BATES, MARTIN		Wesham	01:11:01	+24:44
14.	147	KETELSEN, ERLING		Blovstrødløverne	01:11:55	+25:38
15.	323	HANSEN, JOHN		Motionsklubben Amager	01:12:02	+25:45
16.	524	Williams, Steve		Garden City Runners	01:12:38	+26:21
17.	312	GLENNIE, JAMES		Airdrie Harriers	01:13:37	+27:20
18.	60	KILBY, ANDY		Dursley running club	01:14:45	+28:28
19.	149	WILLIAMS, RAY		DURSLEY RUNNING CLUB	01:17:25	+31:08
20.	110	REASON, JOHN		Blackpool Wyre and Fylde Athletics	01:17:35	+31:18
21.	408	JESSEN, OLE			01:17:46	+31:29
22.	211	BRINKS, ERIK		LIF Løb & Motion	01:19:31	+33:14
23.	42	YOUNG, CHRISTOPHER		Stroud & District AC	01:20:41	+34:24
24.	286	SCHALTZ, Torben		Sparta	01:21:24	+35:07

Place	Bib	Name	Nat.	Club	13K	Diff.
25.	182	BROCKBANK, A			01:23:39	+37:22
26.	152	GROOSS, KARSTEN			01:25:41	+39:24
27.	296	CRUUSBERG, JOHN		Odense Gymnastikforening (OGF)	01:29:23	+43:06
28.	207	DOHENY, BERNARD		Tullamore Harriers	01:42:16	+55:59
DNS	156	MC LOUGHLIN, SEAMUS		Dublin Front Runners		
DNS	227	MENGER, RUUD		Loopgroep Aart Stigter		

Male 65-69

1.	136	DIEKOTTO, WOLFGANG		TSVE 1890 Bielefeld	01:10:49	+24:32
2.	331	LARSEN, IB		Aarhus 1900	01:13:02	+26:45
3.	238	ADMIRAAL, PIET		Loopgroep Aart Stigter	01:14:58	+28:41
4.	377	NISSSEN, PREBEN		Sparta	01:15:35	+29:18
5.	493	JONES, TERRY		Triathlon Coaching Wales	01:17:32	+31:15
6.	295	COLBOURNE, STEVE		Sphinx	01:19:58	+33:41
7.	179	ZACHO, ERIK		Kalundborg-if	01:24:06	+37:49
8.	338	WENDT, PETER		Kurts kåde kaniner	01:26:53	+40:36

Male 70-74

1.	50	KRUPP, MEINHARD		TUS Erpel	01:09:18	+23:01
2.	143	KOFOD, OLE		Blovstrød Løverne	01:13:03	+26:46
3.	142	SAABYE, HENRIK		Blovstrød Løverne	01:15:08	+28:51
4.	393	MASSEY, ROBERT		Blackpool Wyre & Fylde AC	01:25:21	+39:04
5.	32	SINGLETON, BERNARD		Blackpool wyre fylde running club	01:32:17	+46:00
6.	288	KAMPSCHREUR, DAVE		Loopgroep Aart Stigter	01:38:38	+52:21
DNS	456	HOLDT, NIELS		Sparta		
DNS	66	CAHALAN, EDWARD		Coolquill		

Male 75-79

1.	420	MANN, STUART		Herts runners	01:11:48	+25:31
2.	371	NIELSEN, PREBEN			01:22:58	+36:41

Male 80+

1.	57	NORMAN, PETER		wrexham a c	01:53:35	+67:18
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Place	Bib	Name	Nat.	Club	13K	Diff.
Female u/20						
1.	466	STUVEN, KAREN			01:15:22	+22:00
2.	209	DOHENY, LARA		Tri Tempo	01:40:02	+46:40
3.	208	DOHENY, CARMEL		Tullamore Harriers	01:42:56	+49:34
Female 20-24						
1.	342	GLENNIE, MORVEN		Airdrie Harriers	01:13:49	+20:27
Female 25-29						
1.	449	HANSEN, NANNA LOEVBORG		Sparta	00:57:35	+4:13
2.	542	O'Mahony, Lizzie			01:00:32	+7:10
3.	519	GORMAN, IRENE		Crusaders AC	01:02:13	+8:51
4.	363	MITCHELL, RUTH		Leighton Buzzard athletics club	01:02:22	+9:00
5.	285	MEADE, EMMA		Sportsworld A.C.	01:05:23	+12:01
6.	477	THOMSEN, HENRIETTE		Sparta	01:09:17	+15:55
7.	327	KENNEDY, ELAINE		Sportsworld	01:11:22	+18:00
8.	459	RAASTHØJ, EMILIE STEPHANIE		Sparta	01:11:31	+18:09
9.	460	HANSEN, SOFIE		SPARTA	01:11:57	+18:35
10.	458	NYHOLM, MAJA		Sparta	01:13:29	+20:07
11.	461	PEDERSEN, MAJA JESSICA		Valbyløberne	01:14:19	+20:57
12.	513	CAIRNS, SINEAD		Liverpool a running Bugs	01:17:15	+23:53
13.	401	JENSEN, ANNA		Sparta	01:26:48	+33:26
Female 30-34						
1.	23	GEURTSSEN, MARIJE		Hardloopgroep Aart Stigter	00:53:22	-
2.	392	JONES, MARIA		Sportsworld	00:57:22	+4:00
3.	8	THORNTON, CATHERINE		Crusaders AC	00:58:27	+5:05
4.	222	BALM, SUSANNE		loopgroep Aart Stigter	01:00:53	+7:31
5.	306	O'DOWD, FIONA		Crusaders AC	01:02:55	+9:33
6.	439	MAHONEY, MAURA		Crusaders AC	01:03:11	+9:49
7.	352	FLEMING, REBECCA		Crusaders AC	01:08:33	+15:11
8.	406	RASMUSSEN, MIA			01:09:28	+16:06
9.	478	NUGENT, KATIE		Sportsworld AC	01:15:06	+21:44
10.	485	WILLIS, SOPHIE			01:20:07	+26:45
11.	368	BECKMANN, KATHARINA		Sparta	01:21:23	+28:01
12.	370	RISDAHL, CHRISTINA		Sparta	01:21:24	+28:02
13.	137	Boulton, EMMA			01:28:43	+35:21
Female 35-39						
1.	4	ORCHARD, RUBY		Vegan Runners UK	00:53:51	+0:29
2.	200	GROGAN, LINDA		Dundrum AC	00:55:55	+2:33
3.	429	KEANE, SHONA		Sportsworld	00:56:11	+2:49
4.	11	TIDESWELL, KEALEY		Clonmel AC	00:57:47	+4:25
5.	226	ROCHE, ÁINE		Clonmel AC	01:02:32	+9:10
6.	15	GINTY, MAURA		Sportsworld	01:02:49	+9:27
7.	360	INCHLEY, AMY		Milton Buzzards	01:04:07	+10:45
8.	212	WOLOSZYNSKA, DOROTA			01:05:00	+11:38

Place	Bib	Name	Nat.	Club	13K	Diff.
9.	51	FRITZE, METTE SOMMER		Sparta	01:05:16	+11:54
10.	508	REGAN, GRAINNE		Crusaders AC	01:05:30	+12:08
11.	533	Johnston, Sally			01:05:39	+12:17
12.	315	SHINE, LISA		Crusaders AC	01:07:45	+14:23
13.	447	WHITE, GEMMA		Sportsworld	01:08:46	+15:24
14.	206	BROCKSOPP, JENNIFER			01:11:40	+18:18
15.	290	HARMON, JENNIFER			01:14:59	+21:37
16.	63	BREWIN, VICTORIA		Sphinx AC	01:15:32	+22:10
17.	250	ABBOTT, LISA		Sphinx AC	01:20:37	+27:15
18.	386	NERI TEIXEIRA, VANESSA			01:21:06	+27:44
19.	128	BOERBOOM-SCHUURMANS, EVA			01:24:02	+30:40
20.	89	COENEN, SANDRA			01:30:28	+37:06
21.	433	COOPER, HOLLY		Sphinx AC	01:42:52	+49:30
22.	388	HAND, VICTORIA		Sphinx AC	01:42:52	+49:30

Female 40-44

1.	231	BERGER DE VRIES, HELLEN		Aart Stigter	00:55:35	+2:13
2.	14	FLANAGAN, SARAH		Eton Manor AC	00:57:28	+4:06
3.	330	HANEVY, ALMA		Crusaders AC	01:00:33	+7:11
4.	475	WILSON, JEAN		Sportsworld	01:01:07	+7:45
5.	430	ELLIOTT, BRONAGH		Donore Harriers	01:01:55	+8:33
6.	314	BIGLEY, LYDIA		Dublin Front Runners	01:04:31	+11:09
7.	404	GAHAN, AUDREY			01:05:19	+11:57
8.	481	NI CHEARBHAILL, DEIRDRE		Crusaders AC	01:05:27	+12:05
9.	192	LORENTZEN, SARA CBH		Sparta	01:05:28	+12:06
10.	239	NOLAN-JONES, MARTINA		Sportsworld	01:12:42	+19:20
11.	249	BRANDBJERG, CHRISTINA		Blovstrød Løverne	01:13:44	+20:22
12.	355	MCLEISH, FIONA		Milton Buzzards	01:15:16	+21:54
13.	506	NEWMAN, HELENA		tullamore harriers	01:15:47	+22:25
14.	46	LOUGHREY, TISH		Dublin Frontrunners	01:17:11	+23:49
15.	268	VAN DER VOORN, HELEN		Aart Stigter	01:19:18	+25:56
16.	168	NETTLETON, CATHERINE		Steel city striders	01:19:41	+26:19
17.	170	ALLEN, RACHAEL		Sphinx AC	01:20:37	+27:15
18.	256	BYRNE, REGINA		Dublin Front Runners	01:21:20	+27:58
19.	52	RYAN, JOANNE		BallySkenach AC	01:21:27	+28:05
20.	349	HEIMBS, ANETTE			01:21:32	+28:10
21.	86	KREUGEL, SYLVIA		Aart Stigter Running	01:22:08	+28:46
22.	526	Rogerson, Ruth			01:22:28	+29:06
23.	438	HARTWELL, LEAH		Milton Buzzards	01:23:18	+29:56
24.	126	GUTEMANN, ANNETTE			01:25:12	+31:50
25.	73	WORTHINGTON, CATH		Astley and Tyldesley Road Runners	01:28:34	+35:12
26.	30	PAFFEN, PATRICIA		Dublin Front Runners A.C.	01:33:51	+40:29
27.	516	COSTELL, JENNIFER		Dublin Front Runners	01:40:30	+47:08
DNS	387	MCLOUGHLIN, NITA		Tullamore Harriers		
DNS	480	MCGRATH, MARCELLA		West limerick ac		

Female 45-49

Place	Bib	Name	Nat.	Club	13K	Diff.
1.	5	BROKSØ, TINE		Blovstrød Iøverne	00:58:28	+5:06
2.	17	MURRAY, BARBARA		Donore harriers	00:59:08	+5:46
3.	138	TASKA, MARTINA		Hämpus Laufgruppe	01:04:55	+11:33
4.	125	GUTEMANN, KARIN			01:05:09	+11:47
5.	18	SINGLETON, OCTAVIA		Witham Running Club	01:05:12	+11:50
6.	310	ANDERSON, CORALIE		Milton Buzzards	01:05:15	+11:53
7.	27	OUTLAW, BITTEN		Næsby Motion	01:07:32	+14:10
8.	357	HACKETT, JULIA		Donore Harriers	01:07:54	+14:32
9.	54	GRANTHAM, LISA		Pensby Runners	01:14:14	+20:52
10.	150	CALNAN, MARIA		Dublin Front runners A.C.	01:23:17	+29:55
11.	157	LONGMATE, DEBORAH			01:25:18	+31:56
12.	160	CULHAM, SARAH			01:27:53	+34:31
13.	422	GROOM, NICOLA			01:29:32	+36:10
14.	93	BERRY, ALISON			01:29:53	+36:31
15.	537	Dann, Catherine			01:30:59	+37:37
16.	436	BRUNDRETT, SUUSANNE		North Derbyshire RC	01:36:12	+42:50
17.	97	MONTAGU-LEON, BURTI			01:57:32	+64:10
DNS	434	GARDNER, JULIE				

Female 50-54

1.	2	CURLEY, PAULINE		Tullamore harriers	00:56:33	+3:11
2.	29	THOMSEN, SOLVEIG		Næsby Motion	01:06:50	+13:28
3.	258	CLEMMENSEN, TINA		NIMF	01:08:00	+14:38
4.	190	HJORTLUND, VIVI		Team Hjortlund	01:08:07	+14:45
5.	294	DUNNE, OLWYN		Crusaders AC	01:08:55	+15:33
6.	171	GRENNAN, MAG		TULLAMORE HARRIERS	01:09:31	+16:09
7.	151	MAGUIRE, SIOBHAN		Dunboyne AC	01:10:20	+16:58
8.	241	MAINWARING, LESLEY		Triathlon Coaching Wales	01:12:13	+18:51
9.	39	CHISLETT, LYNN			01:13:55	+20:33
10.	107	PECK, FIONA		Tamar Trotters	01:15:38	+22:16
11.	91	SHOLL, THERESA		Redway Runners	01:15:42	+22:20
12.	102	LYDERSEN RAGNHOF, LAILA		Sparta	01:16:55	+23:33
13.	146	REVSBECK, LINE		BlovstrødLøverne	01:17:28	+24:06
14.	482	SWEENEY, ANNE		Sportsworld	01:17:41	+24:19
15.	177	LEBEAU, CHARLOTTE			01:19:55	+26:33
16.	188	SHANAHAN, JANET		Maldwyn Harriers	01:23:14	+29:52
17.	62	TIMMS, JACKIE		Sphinx AC	01:24:06	+30:44
18.	225	KOEKOEK, ERNA		Loopgroep Aart Stigter	01:25:48	+32:26
19.	403	LALOR, JOSIE		Tullamore harriers	01:26:21	+32:59
20.	260	NIELSEN, MAGDA-LENE		Sparta	01:26:50	+33:28
21.	154	LINDSTRØM, ANNE MARIE			01:29:31	+36:09
22.	372	MCMANARA, ANNE MARIE		tullamore harriers	01:31:31	+38:09
23.	84	REY, NANCY			01:32:27	+39:05
24.	336	JENSEN, PIA		Aarhus 1900	01:36:45	+43:23
25.	271	HILL, FAITH		Dolly Mixtures	01:44:45	+51:23
26.	324	PRYCE, MICHELLE		Dolly Mixtures	01:46:21	+52:59
27.	340	Smith, Lorraine			01:48:18	+54:56

Place	Bib	Name	Nat.	Club	13K	Diff.
28.	98	HOLLOWAY-MCLEAN, LORRAINE			01:53:06	+59:44
DNS	114	SCHLIEPHAKE, KATRIN		BSG Gaden, Hamburg		
DNS	223	THOMAS, VANESSA		Dolly Mixtures		
DNS	229	DRENTHE, HERMIE		Loopgroep Aart Stigter		
DNS	266	EJLEV, MARIE-LOUISE		Sparta		
DNS	397	GRENA, BIRGITTE		Sparta		
DNS	49	TØNNESEN, MAJBRIIT		Viking Atletik		

Female 55-59

1.	76	WOODWARD, ZOE		Eton Manor AC	01:06:58	+13:36
2.	80	VACHER, LOUISE		ETON MANOR	01:09:38	+16:16
3.	38	WILKINS, PENNY		Sutton Runners	01:10:54	+17:32
4.	69	HOCKLEY, MARIE		Bishops Stortford	01:16:21	+22:59
5.	442	CHRISTENSEN, DORTHE		Sparta	01:16:39	+23:17
6.	277	TIDESWELL, JULIE		Clonmel AC	01:17:19	+23:57
7.	35	STOCKINGS, CLAIR		Elton Manor	01:18:26	+25:04
8.	298	TIMOTHY, KAREN		Sphinx AC	01:20:16	+26:54
9.	492	JENNETTE, MARION			01:21:29	+28:07
10.	400	MELODY, AILEEN		Sportsworld	01:22:58	+29:36
11.	518	Kearney, Kathryn		Triathlon Coaching Wales	01:24:05	+30:43
12.	531	Rasmussen, Ina		Sparta	01:27:51	+34:29
13.	245	PEDERSEN, NINA JETTE		Nyvest	01:28:18	+34:56
14.	127	NICHOLSON, DIANA		Tamar Trotters	01:28:21	+34:59
15.	446	ROBERTS, KAREN		Dolly Mixtures	01:33:17	+39:55
16.	144	HØYER, METTE		Viking Atletik	01:35:11	+41:49
17.	36	ALARA, OLA			01:36:34	+43:12
18.	322	BANFIELD, SANDRA		Dolly Mixtures	01:45:34	+52:12
19.	175	NIELSEN, METTE GILDBERG		Kalundborg if	01:55:51	+62:29

Female 60-64

1.	59	SACKETT, KATE		Cirencester ac	01:10:27	+17:05
2.	534	Johnston, Sheila			01:13:17	+19:55
3.	419	BRASEN, ANNETTE		Team Skoemagerkroen/Fremad	01:13:40	+20:18
4.	269	BUUS, HELLE VIBEKE		ØB-Atletik	01:14:26	+21:04
5.	379	NIELSEN, ELISABETH LINDE		Sparta	01:14:56	+21:34
6.	236	SMART, ELISABETH		Forres Harriers	01:19:39	+26:17
7.	385	NERI DE OLIVEIRA, ANA RITA			01:25:23	+32:01
8.	383	ANDERSEN, MAY		Sparta	01:32:31	+39:09
9.	145	KRISTENSEN, BIRTHE			01:35:11	+41:49
10.	129	ORRELLS, CAROLINE		Maldwyn Harriers	01:37:31	+44:09
11.	313	GLENNIE, HEATHER		Jog Scotland Cumbernauld	01:39:07	+45:45
12.	334	BAUWENS, CHANTAL			01:40:44	+47:22
13.	53	JØRGENSEN, ANNETTE		Viking Atletik	01:42:55	+49:33
14.	487	LOEBORG JOERGENSEN, HELLE		Sparta	01:44:42	+51:20
15.	292	ATHERTON, CARON		Dolly Mixtures	01:46:23	+53:01

Female 65-69

1.	133	ASVARISCH, MIRIAM		Viking Atletik	01:09:52	+16:30
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Place	Bib	Name	Nat.	Club	13K	Diff.
2.	319	NIELSEN, GRETHE			01:12:31	+19:09
3.	103	BJARKOV, MARIE-LOUISE		Sparta	01:15:11	+21:49
4.	251	CHRISTIANSEN, BENTE		Sparta	01:22:46	+29:24
5.	221	DAVIES, SALLY		Torbay AC	01:26:13	+32:51
6.	339	WENDT, GURLI		Aarhus 1900	01:36:53	+43:31
7.	289	KAMPSCHREUR, ANNIE		Loopgroep Aart Stigter	01:38:38	+45:16
8.	535	Kramer, Joan		Sparta	01:39:23	+46:01
9.	88	RIIS, HANNE SONNE		ØB-Atletik	01:42:18	+48:56
10.	148	ZARZYCKI, LILLI		Viking Atletik	01:48:32	+55:10
11.	305	HOLMES, GILLIAN		Werrington Joggers	01:54:14	+60:52
12.	74	JØRGENSEN, SOLVEI HELEN			02:04:24	+71:02

Female 70-74

1.	329	GAZZANI, LENA		Milton Buzzards	01:35:03	+41:41
2.	262	CLARK, HANNE		Sparta	01:39:24	+46:02
3.	81	JENSEN, JEANETTE ROSENDAHL		Viking Atletik	01:59:26	+66:04

Number of records: 421

Team Results

Bib	Name	AG	13K
Male			
1.	De Danske Bjørne 2	02:30:27	
278	BJØRNSSEN, ANDREAS BOCK	Male u/20	00:46:17
402	ØDUM, SØREN THRANE	Male u/20	00:47:28
455	KOVSTED, JAKOB SCHØIER	Male u/20	00:56:42
2.	Team Runaar/Mikkeller	02:32:25	
293	HARTLEV, KRISTIAN LAUMANN	Male 25-29	00:55:04
381	MADSEN, KRISTIAN TOFT	Male 25-29	01:00:22
496	PALMER, MATT	Male 25-29	00:50:56
1	HARTLEV, Kasper Laumann	Male 25-29	00:46:25
3.	Sportsworld A	02:33:24	
252	CUNNINGHAM, MICHAEL	Male 40-44	00:55:15
337	CURRAN, KEVIN	Male 35-39	00:52:57
3	FLEMING, PAUL	Male 40-44	00:49:21
7	MURRAN, GARETH	Male 35-39	00:51:06
4.	Milton Buzzard Boys	02:38:17	
428	READ, STUART	Male 35-39	00:59:49
6	MACKRELL, PETER	Male 35-39	00:50:16
13	ELMORE, ROB	Male 35-39	00:48:12
5.	Crusaders Men's A	02:38:40	
365	WALSH, JOE	Male 40-44	00:53:42
418	NUGENT, EDDIE	Male 45-49	01:00:03
451	MC DERMOTT, JOSEPH	Male 35-39	00:54:12
503	CROSS, ROBERT	Male 45-49	00:50:46
6.	Tullamore Harriers 1	02:41:36	
390	BUTLER, DARREN	Male 35-39	00:56:49
9	O'BRIEN, MICHEAL	Male 40-44	00:51:29
12	MOONEY, LEONARD	Male 35-39	00:53:18
7.	De Danske Bjørne 1	02:42:58	
279	KJÆR, MALTE	Male u/20	00:49:34
280	DUPONT, JOHAN	Male u/20	00:56:42
378	WEBER, LASSE FALCK	Male u/20	00:56:42
8.	Sportsworld B	02:51:05	
186	MASTERSON, RONAN	Male 45-49	00:53:30
203	DOYLE, MARTIN	Male 40-44	00:58:05
304	GORDON, ANDY	Male 30-34	00:59:30
394	LOOBY, PÁDRAIG	Male 40-44	01:02:25
9.	Sphinx AA	02:52:50	
219	DICK, KEVIN	Male 35-39	01:04:23

Bib	Name	AG	13K
94	EL-SOUR, ALLEN	Male 45-49	00:58:20
95	EDWARDS, JACK	Male 25-29	00:57:39
96	LANGER, PAWEL	Male 45-49	00:56:51
10. Dublin Front Runners 1 02:59:13			
112	FEEHAN, CHRISTIAAN	Male 35-39	00:55:00
259	DUNNE, MATT	Male 25-29	00:59:55
364	MCCARTHY, DERMOT	Male 40-44	01:04:18
11. Colchester Harriers 03:01:47			
44	CONWAY, ANDREW	Male 50-54	01:09:10
45	FORD, SIMON	Male 40-44	00:57:13
48	RIDLEY, COLIN	Male 55-59	00:55:24
12. Eton Manor AC 03:04:16			
34	STOCKINGS, PAUL	Male 55-59	01:03:57
67	HOCKEY, MARTIN	Male 50-54	01:03:50
79	BENNETT, BILL	Male 60-64	01:04:52
85	CATES, PAUL	Male 55-59	00:56:29
13. Blovstrød Løverne 03:04:20			
141	CHRISTIANSEN, JENS ARNE	Male 60-64	01:01:03
142	SAABYE, HENRIK	Male 70-74	01:15:08
248	BRANDSBJERG, JONAS	Male 40-44	00:48:09
14. Crusaders Men's B 03:06:37			
318	COTTLE, JAMES	Male 60-64	00:59:06
361	MALONE, EMMETT	Male 45-49	01:05:40
374	O DONNELL, TIMOTHY	Male 40-44	01:02:43
476	MATTHEWS, PHILIP	Male 30-34	01:04:48
15. Rum 03:08:29			
204	LORENTZEN, JOHNNY HEDEVIG	Male 50-54	01:09:21
369	THEODORSEN, SØREN	Male 40-44	01:01:28
441	HØYBYE, HENRIK	Male 50-54	01:06:29
443	HONORÉ, MICHEL	Male 40-44	01:00:32
16. Sparta Winkers 03:09:56			
159	MARIENDAL, MICHAEL	Male 55-59	01:05:24
199	LARSEN, HENRIK RENTOFT	Male 50-54	01:04:33
224	NIELSEN, PER	Male 55-59	01:00:11
24	HOLM-NIELSEN, JESPER	Male 50-54	01:05:12
17. Haempus Laufgruppe 03:11:43			
113	MUELLER, ROBERT	Male 55-59	01:08:29
118	GHADAMIAN, FARZAD	Male 45-49	01:02:19
139	MELIDEO, GIANNI	Male 50-54	01:00:55
18. Sportsworld C 03:18:58			
197	KINSELLA, THOMAS	Male 35-39	01:07:07

Bib	Name	AG	13K
198	LANIGAN, ADRIAN	Male 40-44	01:10:59
297	GILLEN, ANTHONY	Male 50-54	01:00:52
19. Sphinx BB 03:25:47			
169	ALLEN, BARRY	Male 45-49	01:02:28
275	PEARS, BRYAN	Male 50-54	01:14:26
99	MCINTOSH, ANDREW	Male 45-49	01:08:53
20. Milton Buzzard Men 03:31:37			
153	KENNEDY, PAUL	Male 50-54	01:16:24
344	LARGE, CHRIS	Male 35-39	01:13:57
373	JONES, NEIL	Male 45-49	01:01:16
21. Herts runners 03:32:56			
140	AYLOTT, WAYNE	Male 55-59	01:27:51
317	BURKE, DARREN	Male 45-49	01:08:30
420	MANN, STUART	Male 75-79	01:11:48
524	Williams, Steve	Male 60-64	01:12:38
22. Dublin Front Runners 2 03:33:03			
240	DEMPSEY, ROBERT	Male 35-39	01:04:51
320	BUCKLEY, RAY	Male 45-49	01:06:53
465	MCENTEE, ALAN	Male 35-39	01:21:19
23. Sphinx CC 03:40:59			
163	WILSON, PHILIP	Male 55-59	01:11:10
295	COLBOURNE, STEVE	Male 65-69	01:19:58
61	TIMMS, MITCH	Male 60-64	01:09:51
24. Dublin Front Runners 3 03:47:30			
232	VAN DER WORP, JOACHIM	Male 40-44	01:16:10
233	MCCORMACK, ALAN	Male 40-44	01:19:21
427	DOWDS, ROGER	Male 55-59	01:11:59
25. Sphinx DD 03:52:52			
164	PEARS, CRAIG	Male 25-29	01:16:01
172	SPENCER, CRAIG	Male 40-44	01:12:59
389	SMITH, GRAEME	Male 35-39	01:23:52
26. kurts kaade kaniner 04:12:31			
331	LARSEN, IB	Male 65-69	01:13:02
341	JOHANSEN, KENNETH	Male 55-59	01:36:31
371	NIELSEN, PREBEN	Male 75-79	01:22:58

Bib	Name	AG	13K
Female			
1.	Tipp Road Runners	02:56:14	
200	GROGAN, LINDA	Female 35-39	00:55:55
226	ROCHE, ÁINE	Female 35-39	01:02:32
11	TIDSWELL, KEALEY	Female 35-39	00:57:47
2.	Sportsworld A	02:56:22	
392	JONES, MARIA	Female 30-34	00:57:22
429	KEANE, SHONA	Female 35-39	00:56:11
478	NUGENT, KATIE	Female 30-34	01:15:06
15	GINTY, MAURA	Female 35-39	01:02:49
3.	Crusaders A	03:01:13	
330	HANEVY, ALMA	Female 40-44	01:00:33
508	REGAN, GRAINNE	Female 35-39	01:05:30
519	GORMAN, IRENE	Female 25-29	01:02:13
8	THORNTON, CATHERINE	Female 30-34	00:58:27
4.	Spice Girls	03:08:19	
192	LORENTZEN, SARA CBH	Female 40-44	01:05:28
368	BECKMANN, KATHARINA	Female 30-34	01:21:23
449	HANSEN, NANNA LOEVBORG	Female 25-29	00:57:35
51	FRITZE, METTE SOMMER	Female 35-39	01:05:16
5.	Milton Buzzard Girls	03:11:44	
310	ANDERSON, CORALIE	Female 45-49	01:05:15
355	MCLEISH, FIONA	Female 40-44	01:15:16
360	INCHLEY, AMY	Female 35-39	01:04:07
363	MITCHELL, RUTH	Female 25-29	01:02:22
6.	Eton Manor AC	03:14:04	
14	FLANAGAN, SARAH	Female 40-44	00:57:28
35	STOCKINGS, CLAIR	Female 55-59	01:18:26
76	WOODWARD, ZOE	Female 55-59	01:06:58
80	VACHER, LOUISE	Female 55-59	01:09:38
7.	Crusaders B	03:16:07	
306	O'DOWD, FIONA	Female 30-34	01:02:55
315	SHINE, LISA	Female 35-39	01:07:45
352	FLEMING, REBECCA	Female 30-34	01:08:33
481	NI CHEARBHAILL, DEIRDRE	Female 40-44	01:05:27
8.	Tullamore Harriers 1	03:21:51	
171	GRENNAN, MAG	Female 50-54	01:09:31
506	NEWMAN, HELENA	Female 40-44	01:15:47
2	CURLEY, PAULINE	Female 50-54	00:56:33
9.	Sportsworld B	03:25:31	

Bib	Name	AG	13K
285	MEADE, EMMA	Female 25-29	01:05:23
327	KENNEDY, ELAINE	Female 25-29	01:11:22
447	WHITE, GEMMA	Female 35-39	01:08:46
10. Blovstrød Løverne 03:29:40			
146	REVSBECK, LINE	Female 50-54	01:17:28
249	BRANDSBJERG, CHRISTINA	Female 40-44	01:13:44
5	BROKSØ, TINE	Female 45-49	00:58:28
11. Dublin Front Runners 03:43:02			
150	CALNAN, MARIA	Female 45-49	01:23:17
256	BYRNE, REGINA	Female 40-44	01:21:20
314	BIGLEY, LYDIA	Female 40-44	01:04:31
46	LOUGHREY, TISH	Female 40-44	01:17:11
12. Spice Ladies 03:46:46			
251	CHRISTIANSEN, BENTE	Female 65-69	01:22:46
379	NIELSEN, ELISABETH LINDE	Female 60-64	01:14:56
442	CHRISTENSEN, DORTHE	Female 55-59	01:16:39
103	BJARKOV, MARIE-LOUISE	Female 65-69	01:15:11
13. Sportsworld C 03:53:21			
239	NOLAN-JONES, MARTINA	Female 40-44	01:12:42
400	MELODY, AILEEN	Female 55-59	01:22:58
482	SWEENEY, ANNE	Female 50-54	01:17:41
14. Sphinx A 03:56:25			
170	ALLEN, RACHAEL	Female 40-44	01:20:37
298	TIMOTHY, KAREN	Female 55-59	01:20:16
63	BREWIN, VICTORIA	Female 35-39	01:15:32
15. Sphinx B 04:49:50			
388	HAND, VICTORIA	Female 35-39	01:42:52
433	COOPER, HOLLY	Female 35-39	01:42:52
62	TIMMS, JACKIE	Female 50-54	01:24:06

Gender Results

Place	Bib	Name	Nat.	AG	Club	5K
Male						
1.	278	BJØRNSSEN, ANDREAS BOCK		Male u/20	De Danske Bjørne	00:16:54
2.	248	BRANDSBJERG, JONAS		Male 40-44	Blovstrød Iøverne	00:17:11
3.	279	KJÆR, MALTE		Male u/20	De Danske Bjørne	00:17:25
4.	402	ØDUM, SØREN THRANE		Male u/20	DE DANSKE BJØRNE	00:17:36
5.	500	DRAJER, LEON		Male 35-39	BAYLISS MULTISPORTS	00:17:41
6.	1	HARTLEV, Kasper Laumann		Male 25-29	RUNAAR/Mikkeller	00:17:46
7.	3	FLEMING, PAUL		Male 40-44	Sportsworld	00:18:02
8.	13	ELMORE, ROB		Male 35-39	Milton Buzzards	00:18:14
9.	501	NAVARRO HITA, AITOR		Male 30-34	Club La Santa	00:18:31
10.	6	MACKRELL, PETER		Male 35-39	Milton Buzzards	00:18:41
11.	280	DUPONT, JOHAN		Male u/20	De Danske Bjørne	00:19:00
12.	12	MOONEY, LEONARD		Male 35-39	Tullamore Harriers	00:19:00
13.	496	PALMER, MATT		Male 25-29		00:19:04
14.	7	MURRAN, GARETH		Male 35-39	Sportsworld Running Club	00:19:16
15.	9	O'BRIEN, MICHEAL		Male 40-44	Tullamore Harriers	00:19:27
16.	503	CROSS, ROBERT		Male 45-49	Crusaders AC	00:19:29
17.	155	CARTER, ANDREW		Male 50-54	West Cheshire Athletic Club	00:19:37
18.	134	BLAZIER, DARREN		Male 45-49	Abergele Harriers	00:19:42
19.	473	BOYLE, SHANE		Male 45-49	Dunshaughlin	00:19:49
20.	293	HARTLEV, KRISTIAN LAUMANN		Male 25-29	RUNAAR/Mikkeller	00:19:55
21.	424	EXPOSITO MUÑOZ, DAVID		Male 45-49	MD TRAINING	00:19:58
22.	378	WEBER, LASSE FALCK		Male u/20	De Danske Bjørne	00:19:58
23.	184	MAY, CHARLES		Male 30-34	The Chiltern Hills Runners	00:20:01
24.	122	JONES, JONATHAN		Male 35-39		00:20:06
25.	186	MASTERTON, RONAN		Male 45-49	Sportsworld	00:20:08
26.	540	Stigter, Aart		Male 60-64	Loopgroep Aart Stigter	00:20:11
27.	112	FEEHAN, CHRISTIAAN		Male 35-39	Dublin Frontrunners A.C.	00:20:13
28.	337	CURRAN, KEVIN		Male 35-39	Sportsworld	00:20:16
29.	451	MC DERMOTT, JOSEPH		Male 35-39	Crusaaders AC	00:20:16
30.	365	WALSH, JOE		Male 40-44	Crusaders AC	00:20:22
31.	48	RIDLEY, COLIN		Male 55-59	Colchester harriers	00:20:24
32.	390	BUTLER, DARREN		Male 35-39	Tullamore Harriers	00:20:30
33.	455	KOVSTED, JAKOB SCHØIER		Male u/20	De Danske Bjørne	00:20:32
34.	428	READ, STUART		Male 35-39	Milton Buzzards	00:20:34
35.	380	NIELSEN, MIKKEL BAY		Male 20-24		00:20:35
36.	95	EDWARDS, JACK		Male 25-29	Sphinx AC	00:20:35
37.	180	GAEBEL, CHRISTIAN		Male 30-34	Berlin	00:20:42
38.	45	FORD, SIMON		Male 40-44	Colchester Harriers	00:20:43
39.	85	CATES, PAUL		Male 55-59	Eton Manor AC	00:20:44
40.	252	CUNNINGHAM, MICHAEL		Male 40-44	Sportsworld	00:20:44
41.	109	REASON, SIMON		Male 20-24	Blackpool Wyre and Fylde Athletics	00:20:48
42.	443	HONORÉ, MICHEL		Male 40-44	SPARTA	00:20:50
43.	297	GILLEN, ANTHONY		Male 50-54	Sportsworld	00:20:56

Place	Bib	Name	Nat.	AG	Club	5K
44.	237	HELMER, PHILIP		Male 35-39	Skoemagerkroen/Fremad Holbæk	00:21:05
45.	173	HELMHOLT, HENRIK		Male 45-49	BIK	00:21:10
46.	191	BARNES, NIGEL		Male 50-54	Triathlon Coaching Wales	00:21:16
47.	381	MADSEN, KRISTIAN TOFT		Male 25-29		00:21:25
48.	254	WEIJZEN, JOCHEM		Male 40-44	loopgroep Aart stichter	00:21:26
49.	94	EL-SOUR, ALLEN		Male 45-49	Sphinx AC	00:21:26
50.	418	NUGENT, EDDIE		Male 45-49	Crusaders AC	00:21:29
51.	121	LEACY, MARK		Male 55-59	Ardee and District	00:21:30
52.	26	VINSTEN, KIM		Male 45-49	Næsby Motion	00:21:31
53.	213	MCCALL, ASHLEY		Male 30-34	Dublin Front Runners	00:21:31
54.	259	DUNNE, MATT		Male 25-29	Dublin Front Runners	00:21:33
55.	105	WALTERS, MARTIN		Male 60-64		00:21:36
56.	185	FERGUSON, JAMES		Male 25-29	The Chiltern Hills Runners	00:21:42
57.	398	DONEGAN, JOHN		Male 55-59	Tullamore Harriers	00:21:45
58.	217	TALLON, ROBERT		Male 45-49	Bohermeen	00:21:51
59.	318	COTTLE, JAMES		Male 60-64	Crusaders AC	00:21:53
60.	83	VERSCHUEREN, EDDY		Male 50-54	Ironteam Mechelen	00:21:53
61.	82	JARMAN, DARREN		Male 40-44	Maldwyn Harriers	00:21:57
62.	118	GHADAMIAN, FARZAD		Male 45-49	Hämpus Laufgruppe Bern	00:21:58
63.	28	JENSEN, KIM		Male 50-54	Næsby Motion	00:21:59
64.	31	HANSEN, JAN JUUL		Male 55-59	Næsby Motion	00:22:05
65.	304	GORDON, ANDY		Male 30-34	Sportsworld	00:22:05
66.	106	ØKSNEBJERG, LARS OLE		Male 50-54	LIF Løb og Motion	00:22:10
67.	255	CHAPMAN-BROWN, RICHARD		Male 40-44	Severn AC of Gloucester	00:22:17
68.	543	Blancas Hernandez, Guize		Male 30-34		00:22:18
69.	141	CHRISTIANSEN, JENS ARNE		Male 60-64	Blovstrød Løverne	00:22:20
70.	72	COX, STUART		Male 40-44	#coupleofnutters	00:22:32
71.	369	THEODORSEN, SØREN		Male 40-44	Sparta	00:22:34
72.	224	NIELSEN, PER		Male 55-59		00:22:36
73.	22	CHRISTMAS, LEE		Male 60-64	Stroud & District AC	00:22:39
74.	183	MOORE, ANDREW		Male 30-34	Civil service harriers	00:22:42
75.	139	MELIDEO, GIANNI		Male 50-54	Hämpus Laufgruppe	00:22:44
76.	426	KNAGGS, PETER		Male 50-54	Sportsworld	00:22:48
77.	194	BROCK, DAVE		Male 55-59	Orion Harriers	00:22:48
78.	405	NIELSEN, FREDERIK		Male 35-39	Politiets Idrætsforening Århus	00:22:50
79.	169	ALLEN, BARRY		Male 45-49	Sphinx AC	00:22:52
80.	135	SPARROW, PAUL		Male 50-54	Blackpool Wyre & Fylde AC	00:22:57
81.	34	STOCKINGS, PAUL		Male 55-59	Elton Manor	00:22:57
82.	321	CRONIN, BASIL		Male 45-49	Tullamore Harriers	00:22:57
83.	187	MANUEL, DAVID		Male 45-49	Maldwyn Harriers	00:22:59
84.	287	DOGGER, PIETER		Male 30-34	loopgroep Aart Stichter	00:23:03
85.	240	DEMPSEY, ROBERT		Male 35-39	Dublin Frontrunners A.C	00:23:05
86.	202	MCDONALD, PHILIP		Male 55-59	Laragh AC	00:23:06
87.	373	JONES, NEIL		Male 45-49	MK BUZZARDS	00:23:13
88.	463	MANN, MATTHIAS		Male 30-34	Sparta	00:23:15
89.	348	OWENS, LEONARD		Male 50-54	Tullamore Harriers	00:23:22

Place	Bib	Name	Nat.	AG	Club	5K
90.	111	GABRIELS, MARCEL		Male 60-64	dimag	00:23:23
91.	445	MARIENLUND ANDERSEN,		Male 35-39	Sparta	00:23:28
92.	332	MENSINK, WOUT		Male 55-59	Running Club Aart Stigter	00:23:35
93.	376	GLENNIE, LEWIS		Male 25-29	Airdrie Harriers	00:23:37
94.	104	STAFFE, ANDERS		Male 40-44	Sparta	00:23:37
95.	364	MCCARTHY, DERMOT		Male 40-44	Dublin Frontrunners AC	00:23:40
96.	374	O DONNELL, TIMOTHY		Male 40-44	Crusaders	00:23:42
97.	79	BENNETT, BILL		Male 60-64	ETON MANOR	00:23:43
98.	159	MARIENDAL, MICHAEL		Male 55-59	SPARTA	00:23:52
99.	178	ENRIGHT, PATRICK		Male 35-39	Sportsworld AC	00:23:53
100.	67	HOCKEY, MARTIN		Male 50-54	Eton Manor	00:23:53
101.	204	LORENTZEN, JOHNNY HEDEVIG		Male 50-54	Sparta	00:23:54
102.	476	MATTHEWS, PHILIP		Male 30-34	Crusaders AC	00:23:55
103.	219	DICK, KEVIN		Male 35-39	Sphinx AC	00:23:57
104.	253	BROWN, ANDREW		Male 60-64	Severn AC	00:23:57
105.	199	LARSEN, HENRIK RENTOFT		Male 50-54	Sparta	00:23:57
106.	326	GRANGER, ALAN		Male 45-49		00:24:00
107.	273	BEESON, JAKE		Male u/20	Maldwyn Harriers	00:24:05
108.	115	STEIN, BARRY		Male 55-59	None	00:24:07
109.	218	MORAN, MATT		Male 40-44	Bohermeen AC	00:24:19
110.	24	HOLM-NIELSEN, JESPER		Male 50-54	Sparta	00:24:26
111.	435	BRUNDRETT, GAVIN		Male 45-49	North Derbyshire RC	00:24:28
112.	44	CONWAY, ANDREW		Male 50-54	Colchester Harriers	00:24:28
113.	361	MALONE, EMMETT		Male 45-49	Crusaders athletic club	00:24:29
114.	50	KRUPP, MEINHARD		Male 70-74	TUS Erpel	00:24:31
115.	70	TAYLOR, JAMIE		Male 30-34		00:24:38
116.	307	RUTTEN, LOUIS		Male 60-64	Loopgroep Aart Stigter	00:24:43
117.	431	LEAHY, JOHN		Male 40-44	Kilcormac killoughey	00:24:43
118.	441	HØYBYE, HENRIK		Male 50-54	Sparta	00:24:51
119.	308	TOWELL, SCOTT		Male u/20	LEIGHTON Buzzard Athletics Club	00:24:54
120.	197	KINSELLA, THOMAS		Male 35-39	Sportsworld AC	00:24:56
121.	415	RYAN, LIAM		Male 50-54	Ballyskneach	00:25:03
122.	527	Schrombgens, Wilfred		Male 50-54	Aart Stigter	00:25:05
123.	16	CURLEY, ADRIAN		Male 45-49	Tullamore harriers	00:25:10
124.	320	BUCKLEY, RAY		Male 45-49	Dublin Front Runners	00:25:13
125.	189	HJORTLUND, TOM		Male 60-64	Team Hjortlund	00:25:20
126.	317	BURKE, DARREN		Male 45-49	Herts Runners	00:25:21
127.	427	DOWDS, ROGER		Male 55-59	Dublin Frontrunners	00:25:22
128.	96	LANGER, PAWEL		Male 45-49		00:25:23
129.	132	PARRY, NEIL		Male 50-54	Dursley	00:25:26
130.	347	BANG HELMER, MADs MICHAEL		Male u/20	Fremadholbæk	00:25:27
131.	142	SAABYE, HENRIK		Male 70-74	Blovstrød løverne	00:25:29
132.	21	JUREVICIUS, CHRISTOPHER		Male 60-64	stroud and district ac	00:25:31
133.	68	BATES, MARTIN		Male 60-64	Wesham	00:25:32
134.	532	Arndal, Allan		Male 55-59	Sparta	00:25:35
135.	147	KETELSEN, ERLING		Male 60-64	Blovstrødløverne	00:25:41



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Place	Bib	Name	Nat.	AG	Club	5K
136.	136	DIEKOTTO, WOLFGANG		Male 65-69	TSVE 1890 Bielefeld	00:25:42
137.	40	CHISLETT, PETER		Male 50-54		00:25:53
138.	295	COLBOURNE, STEVE		Male 65-69	Sphinx	00:25:54
139.	143	KOFOD, OLE		Male 70-74	Blvstrød Løverne	00:25:58
140.	113	MUELLER, ROBERT		Male 55-59	Hämpus Laufgruppe	00:26:08
141.	420	MANN, STUART		Male 75-79	Herts runners	00:26:18
142.	61	TIMMS, MITCH		Male 60-64	Sphinx AC	00:26:19
143.	530	Baker, Andrew		Male 45-49		00:26:24
144.	323	HANSEN, JOHN		Male 60-64	Motionsklubben Amager	00:26:26
145.	230	HERWARTS, RAYMOND		Male 45-49	Loopgroep Aart Stigter	00:26:28
146.	344	LARGE, CHRIS		Male 35-39	Milton Buzzards	00:26:30
147.	198	LANIGAN, ADRIAN		Male 40-44	Sportsworld	00:26:39
148.	331	LARSEN, IB		Male 65-69	Aarhus 1900	00:26:43
149.	99	MCINTOSH, ANDREW		Male 45-49	Sphinx AC	00:26:55
150.	163	WILSON, PHILIP		Male 55-59	Sphinx AC	00:27:07
151.	377	NISSEN, PREBEN		Male 65-69	Sparta	00:27:08
152.	75	BROWN, KEITH		Male 55-59		00:27:10
153.	524	Williams, Steve		Male 60-64	Garden City Runners	00:27:11
154.	238	ADMIRAAL, PIET		Male 65-69	Loopgroep Aart Stigter	00:27:15
155.	465	MCENTEE, ALAN		Male 35-39	Dublin Front Runners A.C	00:27:17
156.	153	KENNEDY, PAUL		Male 50-54	Milton Buzzards	00:27:19
157.	421	GROOM, WILLIAM		Male 55-59		00:27:19
158.	205	TOOMES, WILLIAM		Male 55-59		00:27:27
159.	468	LYNCH, SEAN		Male 40-44	Dublin Frontrunners	00:27:30
160.	257	CAMERON, GREG		Male 50-54		00:27:49
161.	164	PEARS, CRAIG		Male 25-29	Sphinx A.C.	00:27:54
162.	60	KILBY, ANDY		Male 60-64	Dursley running club	00:27:58
163.	41	CULLINANE, DIARMUID		Male 55-59	Stroud & District Athletics Club	00:28:01
164.	452	JENSEN, TOKE		Male 45-49	Sparta	00:28:17
165.	119	BEESON, DANNY		Male 20-24	Maldwyn Harriers	00:28:19
166.	312	GLENNIE, JAMES		Male 60-64	Airdrie Harriers	00:28:23
167.	211	BRINKS, ERIK		Male 60-64	LIF Løb & Motion	00:28:34
168.	71	KYDD, ANDREW		Male 50-54	Newmarket Cycling Triathlon Club	00:28:40
169.	233	MCCORMACK, ALAN		Male 40-44	Dublin Front Runners	00:28:41
170.	172	SPENCER, CRAIG		Male 40-44	Sphinx AC	00:28:44
171.	493	JONES, TERRY		Male 65-69	Triathlon Coaching Wales	00:28:51
172.	55	WORTHINGTON, PETER		Male 50-54	Astley & Tyldesley Road Runners	00:28:53
173.	301	CULLINANE, DAVID		Male 40-44	Dublin Frontrunners A.C.	00:28:55
174.	275	PEARS, BRYAN		Male 50-54	Sphinx Ac	00:28:58
175.	58	CRANE, DEREK		Male 50-54	Blackpool Wyre & Fylde AC	00:29:00
176.	110	REASON, JOHN		Male 60-64	Blackpool Wyre and Fylde Athletics	00:29:07
177.	232	VAN DER WORP, JOACHIM		Male 40-44	Dublin Frontrunners	00:29:14
178.	181	BOULTON, GED		Male 55-59		00:29:21
179.	389	SMITH, GRAEME		Male 35-39	Sphinx	00:29:23
180.	408	JESSEN, OLE		Male 60-64		00:29:39
181.	367	SØRENSEN, SIMON		Male 30-34	Sparta	00:29:50



Place	Bib	Name	Nat.	AG	Club	5K
182.	350	O'MAILLE, COLM		Male 35-39	Galway city harriers	00:30:00
183.	371	NIELSEN, PREBEN		Male 75-79		00:30:07
184.	78	WEREY, PHILIPPE		Male 50-54		00:30:09
185.	152	GROOSS, KARSTEN		Male 60-64		00:30:15
186.	358	INCHLEY, RICHARD		Male 70-74	Milton Buzzards	00:30:48
187.	393	MASSEY, ROBERT		Male 70-74	Blackpool Wyre & Fylde AC	00:31:00
188.	42	YOUNG, CHRISTOPHER		Male 60-64	Stroud & District AC	00:31:01
189.	276	WYNNE-JONES, Dylan		Male 45-49	Wreccsam tri club	00:31:07
190.	156	MC LOUGHLIN, SEAMUS		Male 60-64	Dublin Front Runners	00:31:17
191.	296	CRUUSBERG, JOHN		Male 60-64	Odense Gymnastikforening (OGF)	00:31:18
192.	288	KAMPSCHREUR, DAVE		Male 70-74	Loopgroep Aart Stigter	00:31:30
193.	489	THOMAS, DARREN		Male 50-54	Witham	00:31:34
194.	149	WILLIAMS, RAY		Male 60-64	DURSLEY RUNNING CLUB	00:32:15
195.	210	MATHIASSEN, ANDERS		Male 30-34	Sparta	00:32:30
196.	343	THOMSON, DAVID		Male 25-29		00:32:48
197.	179	ZACHO, ERIK		Male 65-69	Kalundborg-if	00:32:59
198.	77	ADAMS, STEVE		Male 55-59	Eton Manor AC	00:33:14
199.	140	AYLOTT, WAYNE		Male 55-59	Herts runners	00:33:24
200.	490	THOMAS, NIGEL		Male 50-54		00:33:28
201.	457	BIRKETT, MATTHEW		Male 40-44		00:33:36
202.	244	WAGENER, HORST		Male 55-59	BSG Gaden, Hamburg	00:33:49
203.	32	SINGLETON, BERNARD		Male 70-74	Blackpool wyre fylde running club	00:34:50
204.	341	JOHANSEN, KENNETH		Male 55-59	Aarhus 1900	00:36:18
205.	131	HOGARTH, PETER		Male 70-74	unknown	00:36:19
206.	174	NIELSEN, KLAUS-JØRGEN		Male 55-59	Kalundborg if	00:36:31
207.	57	NORMAN, PETER		Male 80+	wrexham a c	00:40:09
208.	483	PETERS, DAVID		Male 70-74	Maldwyn Harriers	00:43:23
DNF	243	CAHALAN, TONY		Male 35-39		
DNF	351	OWENS, DAVID		Male u/20	Tullamore Harriers	
DNF	399	JEPSEN, ULRİK GAMMELTOFT		Male 40-44	Sparta	
DNS	158	LARSEN, HENRIK		Male 55-59	Blovstrød Iøverne	
DNS	182	BROCKBANK, A		Male 60-64		
DNS	201	LARSEN, JACOB RENTOFT		Male u/20	Sparta	
DNS	207	DOHENY, BERNARD		Male 60-64	Tullamore Harriers	
DNS	227	MENGER, RUUD		Male 60-64	Loopgroep Aart Stigter	
DNS	286	SCHALTZ, Torben		Male 60-64	Sparta	
DNS	291	OLIJSLAGER, DIEDERIK		Male 50-54		
DNS	303	FINNEY, SAM		Male 30-34		
DNS	311	HALLE, JACOB		Male 30-34	RUNNAR/Mikkeller	
DNS	391	DWYER, GARY		Male 35-39	Tullamore Harriers	
DNS	394	LOOBY, PÁDRAIG		Male 40-44	Sportsworld AC	
DNS	456	HOLDT, NIELS		Male 70-74	Sparta	
DNS	488	GLUE, AARON		Male 40-44	Milton Buzzards	
DNS	502	BYRNE, KILLIAN		Male 45-49		
DNS	505	BUCKLEY, LESLIE		Male 40-44	tullamore harriers	
DNS	521	Ennis, Ross		Male 40-44	Sportsworld	



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Place	Bib	Name	Nat.	AG	Club	5K
DNS	33	BROWN, KEITH		Male 55-59	Warrington road runners	
DNS	43	RAYNOR, ANDREW		Male 50-54	Colchester Harriers	
DNS	47	CRESSWELL, TOM		Male 30-34	Colchester Harriers	
DNS	66	CAHALAN, EDWARD		Male 70-74	Coolquill	
DNS	100	INCHLEY, ANDY		Male 40-44	Milton Buzzards	



Place	Bib	Name	Nat.	AG	Club	5K
Female						
1.	23	GEURTSSEN, MARIJE		Female 30-34	Hardloopgroep Aart Stigter	00:20:01
2.	462	NYMANN PETERSEN, IDA		Female 30-34	Sparta	00:20:08
3.	4	ORCHARD, RUBY		Female 35-39	Vegan Runners UK	00:20:15
4.	231	BERGER DE VRIES, HELLEN		Female 40-44	Aart Stigter	00:20:50
5.	14	FLANAGAN, SARAH		Female 40-44	Eton Manor AC	00:20:56
6.	11	TIDESWELL, KEALEY		Female 35-39	Clonmel AC	00:21:25
7.	200	GROGAN, LINDA		Female 35-39	Dundrum AC	00:21:28
8.	2	CURLEY, PAULINE		Female 50-54	Tullamore harriers	00:21:30
9.	515	CROWLEY, CAROLINE		Female 30-34	Crusaders AC	00:21:36
10.	449	HANSEN, NANNA LOEVBORG		Female 25-29	Sparta	00:21:38
11.	392	JONES, MARIA		Female 30-34	Sportsworld	00:21:39
12.	8	THORNTON, CATHERINE		Female 30-34	Crusaders AC	00:21:51
13.	429	KEANE, SHONA		Female 35-39	Sportsworld	00:21:55
14.	17	MURRAY, BARBARA		Female 45-49	Donore harriers	00:22:32
15.	475	WILSON, JEAN		Female 40-44	Sportsworld	00:22:36
16.	222	BALM, SUSANNE		Female 30-34	loopgroep Aart Stigter	00:22:51
17.	15	GINTY, MAURA		Female 35-39	Sportsworld	00:23:05
18.	330	HANEVY, ALMA		Female 40-44	Crusaders AC	00:23:05
19.	519	GORMAN, IRENE		Female 25-29	Crusaders AC	00:23:11
20.	363	MITCHELL, RUTH		Female 25-29	Leighton Buzzard athletics club	00:23:17
21.	430	ELLIOTT, BRONAGH		Female 40-44	Donore Harriers	00:23:29
22.	508	REGAN, GRAINNE		Female 35-39	Crusaders AC	00:23:31
23.	226	ROCHE, ÁINE		Female 35-39	Clonmel AC	00:23:32
24.	5	BROKSØ, TINE		Female 45-49	Blovstrød Iøverne	00:23:33
25.	360	INCHLEY, AMY		Female 35-39	Milton Buzzards	00:23:34
26.	138	TASKA, MARTINA		Female 45-49	Hämpus Laufgruppe	00:23:52
27.	190	HJORTLUND, VIVI		Female 50-54	Team Hjortlund	00:23:56
28.	306	O'DOWD, FIONA		Female 30-34	Crusaders AC	00:23:58
29.	310	ANDERSON, CORALIE		Female 45-49	Milton Buzzards	00:23:59
30.	125	GUTEMANN, KARIN		Female 45-49		00:24:08
31.	314	BIGLEY, LYDIA		Female 40-44	Dublin Front Runners	00:24:24
32.	258	CLEMMENSEN, TINA		Female 50-54	NIMF	00:24:32
33.	18	SINGLETON, OCTAVIA		Female 45-49	Witham Running Club	00:24:33
34.	481	NI CHEARBHAILL, DEIRDRE		Female 40-44	Crusaders AC	00:24:46
35.	409	LENEHAN, NICOLA		Female 30-34	Sportsworld	00:24:50
36.	315	SHINE, LISA		Female 35-39	Crusaders AC	00:24:57
37.	212	WOLOSZYNSKA, DOROTA		Female 35-39		00:24:59
38.	76	WOODWARD, ZOE		Female 55-59	Eton Manor AC	00:25:00
39.	346	CAVELLA HELMER, NANNA		Female u/20	fremadholbæk	00:25:02
40.	59	SACKETT, KATE		Female 60-64	Cirencester ac	00:25:03
41.	327	KENNEDY, ELAINE		Female 25-29	Sportsworld	00:25:07
42.	29	THOMSEN, SOLVEIG		Female 50-54	Næsby Motion	00:25:09
43.	51	FRITZE, METTE SOMMER		Female 35-39	Sparta	00:25:11
44.	447	WHITE, GEMMA		Female 35-39	Sportsworld	00:25:18
45.	133	ASVARISCH, MIRIAM		Female 65-69	Viking Atletik	00:25:41

Place	Bib	Name	Nat.	AG	Club	5K
46.	27	OUTLAW, BITTEN		Female 45-49	Næsby Motion	00:25:45
47.	192	LORENTZEN, SARA CBH		Female 40-44	Sparta	00:25:47
48.	352	FLEMING, REBECCA		Female 30-34	Crusaders AC	00:25:48
49.	294	DUNNE, OLWYN		Female 50-54	Crusaders AC	00:25:58
50.	80	VACHER, LOUISE		Female 55-59	ETON MANOR	00:26:08
51.	406	RASMUSSEN, MIA		Female 30-34		00:26:16
52.	319	NIELSEN, GRETHE		Female 65-69	Aarhus 1900	00:26:18
53.	171	GRENNAN, MAG		Female 50-54	TULLAMORE HARRIERS	00:26:22
54.	54	GRANTHAM, LISA		Female 45-49	Pensby Runners	00:26:23
55.	239	NOLAN-JONES, MARTINA		Female 40-44	Sportsworld	00:26:24
56.	151	MAGUIRE, SIOBHAN		Female 50-54	Dunboyne AC	00:26:28
57.	461	PEDERSEN, MAJA JESSICA		Female 25-29	Valbyløberne	00:26:30
58.	285	MEADE, EMMA		Female 25-29	Sportsworld A.C.	00:26:42
59.	477	THOMSEN, HENRIETTE		Female 25-29	Sparta	00:26:42
60.	460	HANSEN, SOFIE		Female 25-29	SPARTA	00:26:44
61.	241	MAINWARING, LESLEY		Female 50-54	Triathlon Coaching Wales	00:26:59
62.	355	MCLEISH, FIONA		Female 40-44	Milton Buzzards	00:27:05
63.	206	BROCKSOPP, JENNIFER		Female 35-39		00:27:05
64.	69	HOCKLEY, MARIE		Female 55-59	Bishops Stortford	00:27:06
65.	39	CHISLETT, LYNN		Female 50-54		00:27:12
66.	342	GLENNIE, MORVEN		Female 20-24	Airdrie Harriers	00:27:18
67.	103	BJARKOV, MARIE-LOUISE		Female 65-69	Sparta	00:27:20
68.	116	STEIN, MOLLY		Female 20-24	None	00:27:21
69.	419	BRASEN, ANNETTE		Female 60-64	Team Skoemagerkroen/Fremad	00:27:21
70.	459	RAASTHØJ, EMILIE STEPHANIE		Female 25-29	Sparta	00:27:28
71.	249	BRANDSBJERG, CHRISTINA		Female 40-44	Blovstrød Løverne	00:27:29
72.	38	WILKINS, PENNY		Female 55-59	Sutton Runners	00:27:50
73.	442	CHRISTENSEN, DORTHE		Female 55-59	Sparta	00:28:04
74.	379	NIELSEN, ELISABETH LINDE		Female 60-64	Sparta	00:28:09
75.	478	NUGENT, KATIE		Female 30-34	Sportsworld AC	00:28:12
76.	269	BUUS, HELLE VIBEKE		Female 60-64	ØB-Atletik	00:28:14
77.	414	LEBLANC, France		Female 60-64		00:28:15
78.	146	REVSBECK, LINE		Female 50-54	BlovstrødLøverne	00:28:17
79.	506	NEWMAN, HELENA		Female 40-44	tullamore harriers	00:28:23
80.	277	TIDESWELL, JULIE		Female 55-59	Clonmel AC	00:28:34
81.	91	SHOLL, THERESA		Female 50-54	Redway Runners	00:28:45
82.	525	Hagenmeyer, Andrea		Female 35-39	Herts runners	00:28:48
83.	168	NETTLETON, CATHERINE		Female 40-44	Steel city striders	00:28:58
84.	523	Jones, Yvonne		Female 55-59	Herts Runners	00:29:28
85.	538	Elsborg, Joanna		Female 55-59		00:29:30
86.	63	BREWIN, VICTORIA		Female 35-39	Sphinx AC	00:29:34
87.	236	SMART, ELISABETH		Female 60-64	Forres Harriers	00:29:42
88.	370	RISDAHL, CHRISTINA		Female 30-34	Sparta	00:29:48
89.	368	BECKMANN, KATHARINA		Female 30-34	Sparta	00:29:48
90.	46	LOUGHREY, TISH		Female 40-44	Dublin Frontrunners	00:29:53
91.	107	PECK, FIONA		Female 50-54	Tamar Trotters	00:29:58

Place	Bib	Name	Nat.	AG	Club	5K
92.	298	TIMOTHY, KAREN		Female 55-59	Sphinx AC	00:30:06
93.	458	NYHOLM, MAJA		Female 25-29	Sparta	00:30:13
94.	438	HARTWELL, LEAH		Female 40-44	Milton Buzzards	00:30:17
95.	256	BYRNE, REGINA		Female 40-44	Dublin Front Runners	00:30:29
96.	102	LYDERSEN RAGNHOF, LAILA		Female 50-54	Sparta	00:30:29
97.	225	KOEKOEK, ERNA		Female 50-54	Loopgroep Aart Stigter	00:30:34
98.	170	ALLEN, RACHAEL		Female 40-44	Sphinx AC	00:30:52
99.	177	LEBEAU, CHARLOTTE		Female 50-54		00:31:01
100.	482	SWEENEY, ANNE		Female 50-54	Sportsworld	00:31:09
101.	188	SHANAHAN, JANET		Female 50-54	Maldwyn Harriers	00:31:16
102.	349	HEIMBS, ANETTE		Female 40-44		00:31:21
103.	400	MELODY, AILEEN		Female 55-59	Sportsworld	00:31:25
104.	268	VAN DER VOORN, HELEN		Female 40-44	Aart Stigter	00:31:27
105.	86	KREUGEL, SYLVIA		Female 40-44	Aart Stigter Running	00:31:27
106.	401	JENSEN, ANNA		Female 25-29	Sparta	00:31:35
107.	251	CHRISTIANSEN, BENTE		Female 65-69	Sparta	00:31:41
108.	157	LONGMATE, DEBORAH		Female 45-49		00:31:44
109.	260	NIELSEN, MAGDA-LENE		Female 50-54	Sparta	00:31:46
110.	176	PEDERSEN, JOAN		Female 45-49	BIK	00:31:57
111.	526	Rogerson, Ruth		Female 40-44		00:32:02
112.	150	CALNAN, MARIA		Female 45-49	Dublin Front runners A.C.	00:32:03
113.	245	PEDERSEN, NINA JETTE		Female 55-59	Nyvest	00:32:07
114.	73	WORTHINGTON, CATH		Female 40-44	Astley and Tyldesley Road Runners	00:32:19
115.	35	STOCKINGS, CLAIR		Female 55-59	Elton Manor	00:32:26
116.	126	GUTEMANN, ANNETTE		Female 40-44		00:32:47
117.	518	Kearney, Kathryn		Female 55-59	Triathlon Coaching Wales	00:32:52
118.	62	TIMMS, JACKIE		Female 50-54	Sphinx AC	00:33:04
119.	128	BOERBOOM-SCHUURMANS, EVA		Female 35-39		00:33:18
120.	160	CULHAM, SARAH		Female 45-49		00:33:28
121.	302	GRAY, KIM		Female 40-44	Jog Lisburn Running Club	00:33:35
122.	454	CASHMAN, MAIREAD		Female 50-54	Crusaders AC	00:34:00
123.	372	MCNAMARA, ANNE MARIE		Female 50-54	tullamore harriers	00:34:15
124.	328	RENCKENS-KLOK, MARIANNE		Female 70-74	Loopgroep Aart Stigter	00:34:16
125.	354	O'MEARA, ANN		Female 35-39	Ballyskenach AC	00:34:20
126.	84	REY, NANCY		Female 50-54		00:34:31
127.	93	BERRY, ALISON		Female 45-49		00:34:45
128.	535	Kramer, Joan		Female 65-69	Sparta	00:35:18
129.	289	KAMPSCHREUR, ANNIE		Female 65-69	Loopgroep Aart Stigter	00:35:19
130.	383	ANDERSEN, MAY		Female 60-64	Sparta	00:35:28
131.	262	CLARK, HANNE		Female 70-74	Sparta	00:35:37
132.	329	GAZZANI, LENA		Female 70-74	Milton Buzzards	00:35:38
133.	403	LALOR, JOSIE		Female 50-54	Tullamore harriers	00:35:38
134.	30	PAFFEN, PATRICIA		Female 40-44	Dublin Front Runners A.C.	00:35:40
135.	144	HØYER, METTE		Female 55-59	Viking Atletik	00:35:41
136.	154	LINDSTRØM, ANNE MARIE		Female 50-54		00:35:42
137.	145	KRISTENSEN, BIRTHE		Female 60-64		00:35:53

Place	Bib	Name	Nat.	AG	Club	5K
138.	353	OWENS, AISHLING		Female 45-49	Tullamore Harriers	00:36:13
139.	436	BRUNDRETT, SUUSANNE		Female 45-49	North Derbyshire RC	00:36:15
140.	129	ORRELLS, CAROLINE		Female 60-64	Maldwyn Harriers	00:36:18
141.	49	TØNNESEN, MAJBRIIT		Female 50-54	Viking Atletik	00:36:21
142.	137	Boulton, EMMA		Female 30-34		00:36:36
143.	88	RIIS, HANNE SONNE		Female 65-69	ØB-Atletik	00:37:06
144.	53	JØRGENSEN, ANNETTE		Female 60-64	Viking Atletik	00:37:19
145.	422	GROOM, NICOLA		Female 45-49		00:37:25
146.	336	JENSEN, PIA		Female 50-54	Aarhus 1900	00:37:35
147.	498	JANSSENS DE VAREBEKE,		Female 55-59		00:37:39
148.	36	ALARA, OLA		Female 55-59		00:37:52
149.	446	ROBERTS, KAREN		Female 55-59	Dolly Mixtures	00:38:12
150.	193	ALLEN, JOY		Female 70-74	Herts Runners	00:38:42
151.	487	LOEBORG JOERGENSEN,		Female 60-64	Sparta	00:39:16
152.	120	FOSTER, CHLOE		Female 20-24	Maldwyn Harriers	00:39:29
153.	305	HOLMES, GILLIAN		Female 65-69	Werrington Joggers	00:41:55
154.	148	ZARZYCKI, LILLI		Female 65-69	Viking Atletik	00:42:58
155.	250	ABBOTT, LISA		Female 35-39	Sphinx Ac	00:43:04
156.	388	HAND, VICTORIA		Female 35-39	Sphinx AC	00:43:05
157.	433	COOPER, HOLLY		Female 35-39	Sphinx AC	00:43:05
158.	491	PETERS, JILL		Female 70-74	Maldwyn Harriers	00:43:24
159.	423	BEESON, MICHELLE		Female 50-54	Maldwyn harriers	00:43:39
160.	74	JØRGENSEN, SOLVEI HELEN		Female 65-69		00:43:54
161.	175	NIELSEN, METTE GILDBERG		Female 55-59	Kalundborg if	00:44:58
162.	81	JENSEN, JEANETTE ROSENDAHL		Female 70-74	Viking Atletik	00:45:00
163.	97	MONTAGU-LEON, BURTI		Female 45-49		00:45:29
164.	340	Smith, Lorraine		Female 50-54		00:46:15
165.	98	HOLLOWAY-MCLEAN, LORRAINE		Female 50-54		00:46:16
166.	413	RYAN, THERESE		Female 60-64	Ballyskneach	00:49:45
DNF	397	GRENA, BIRGITTE		Female 50-54	Sparta	
DNS	114	SCHLIEPHAKE, KATRIN		Female 50-54	BSG Gaden, Hamburg	
DNS	195	MCCOY, LOUISE		Female 35-39		
DNS	229	DRENT, HERMIE		Female 50-54	Loopgroep Aart Stigter	
DNS	246	MØLLER, KARIN		Female 65-69	Aalborg Atletik & Motion	
DNS	266	EJLEV, MARIE-LOUISE		Female 50-54	Sparta	
DNS	290	HARMON, JENNIFER		Female 35-39		
DNS	339	WENDT, GURLI		Female 65-69	Aarhus 1900	
DNS	385	NERI DE OLIVEIRA, ANA RITA		Female 60-64		
DNS	386	NERI TEIXEIRA, VANESSA		Female 35-39		
DNS	387	MCLOUGHLIN, NITA		Female 40-44	Tullamore Harriers	
DNS	516	COSTELL, JENNIFER		Female 40-44	Dublin Front Runners	
DNS	25	OMAN, DEIRDRE		Female 45-49	Tullamore Harriers	
DNS	37	BODA, REKA		Female 50-54		

Number of records: 412

Age Group Results

Place	Bib	Name	Nat.	Club	5K
Male u/20					
1.	278	BJØRNSSEN, ANDREAS BOCK		De Danske Bjørne	00:16:54
2.	279	KJÆR, MALTE		De Danske Bjørne	00:17:25
3.	402	ØDUM, SØREN THRANE		DE DANSKE BJØRNE	00:17:36
4.	280	DUPONT, JOHAN		De Danske Bjørne	00:19:00
5.	378	WEBER, LASSE FALCK		De Danske Bjørne	00:19:58
6.	455	KOVSTED, JAKOB SCHØIER		De Danske Bjørne	00:20:32
7.	273	BEESON, JAKE		Maldwyn Harriers	00:24:05
8.	308	TOWELL, SCOTT		LEIGHTON Buzzard Athletics Club	00:24:54
9.	347	BANG HELMER, MADs MICHAEL		Fremadholbæk	00:25:27
DNF	351	OWENS, DAVID		Tullamore Harriers	
DNS	201	LARSEN, JACOB RENTOFT		Sparta	
Male 20-24					
1.	380	NIELSEN, MIKKEL BAY			00:20:35
2.	109	REASON, SIMON		Blackpool Wyre and Fylde Athletics Club	00:20:48
3.	119	BEESON, DANNY		Maldwyn Harriers	00:28:19
Male 25-29					
1.	1	HARTLEV, Kasper Laumann		RUNAAR/Mikkeller	00:17:46
2.	496	PALMER, MATT			00:19:04
3.	293	HARTLEV, KRISTIAN LAUMANN		RUNAAR/Mikkeller	00:19:55
4.	95	EDWARDS, JACK		Sphinx AC	00:20:35
5.	381	MADSEN, KRISTIAN TOFT			00:21:25
6.	259	DUNNE, MATT		Dublin Front Runners	00:21:33
7.	185	FERGUSON, JAMES		The Chiltern Hills Runners	00:21:42
8.	376	GLENNIE, LEWIS		Airdrie Harriers	00:23:37
9.	164	PEARS, CRAIG		Sphinx A.C.	00:27:54
10.	343	THOMSON, DAVID			00:32:48
Male 30-34					
1.	501	NAVARRO HITA, AITOR		Club La Santa	00:18:31
2.	184	MAY, CHARLES		The Chiltern Hills Runners	00:20:01
3.	180	GAEBEL, CHRISTIAN		Berlin	00:20:42
4.	213	MCCALL, ASHLEY		Dublin Front Runners	00:21:31
5.	304	GORDON, ANDY		Sportsworld	00:22:05
6.	543	Blancas Hernandez, Guize			00:22:18
7.	183	MOORE, ANDREW		Civil service harriers	00:22:42
8.	287	DOGGER, PIETER		loopgroep Aart Stigter	00:23:03
9.	463	MANN, MATTHIAS		Sparta	00:23:15
10.	476	MATTHEWS, PHILIP		Crusaders AC	00:23:55
11.	70	TAYLOR, JAMIE			00:24:38
12.	367	SØRENSEN, SIMON		Sparta	00:29:50
13.	210	MATHIASSEN, ANDERS		Sparta	00:32:30
DNS	303	FINNEY, SAM			

Place	Bib	Name	Nat.	Club	5K
DNS	311	HALLE, JACOB		RUNNAR/Mikkeller	
DNS	47	CRESSWELL, TOM		Colchester Harriers	

Male 35-39

1.	500	DRAJER, LEON		BAYLISS MULTISPORTS	00:17:41
2.	13	ELMORE, ROB		Milton Buzzards	00:18:14
3.	6	MACKRELL, PETER		Milton Buzzards	00:18:41
4.	12	MOONEY, LEONARD		Tullamore Harriers	00:19:00
5.	7	MURRAN, GARETH		Sportsworld Running Club	00:19:16
6.	122	JONES, JONATHAN			00:20:06
7.	112	FEEHAN, CHRISTIAAN		Dublin Frontrunners A.C.	00:20:13
8.	337	CURRAN, KEVIN		Sportsworld	00:20:16
9.	451	MC DERMOTT, JOSEPH		Crusaaders AC	00:20:16
10.	390	BUTLER, DARREN		Tullamore Harriers	00:20:30
11.	428	READ, STUART		Milton Buzzards	00:20:34
12.	237	HELMER, PHILIP		Skoemagerkroen/Fremad Holbæk	00:21:05
13.	405	NIELSEN, FREDERIK		Politiets Idrætsforening Århus	00:22:50
14.	240	DEMPSEY, ROBERT		Dublin Frontrunners A.C	00:23:05
15.	445	MARIENLUND ANDERSEN, SOEREN		Sparta	00:23:28
16.	178	ENRIGHT, PATRICK		Sportsworld AC	00:23:53
17.	219	DICK, KEVIN		Sphinx AC	00:23:57
18.	197	KINSELLA, THOMAS		Sportsworld AC	00:24:56
19.	344	LARGE, CHRIS		Milton Buzzards	00:26:30
20.	465	MCENTEE, ALAN		Dublin Front Runners A.C	00:27:17
21.	389	SMITH, GRAEME		Sphinx	00:29:23
22.	350	O'MAILLE, COLM		Galway city harriers	00:30:00
DNF	243	CAHALAN, TONY			
DNS	391	DWYER, GARY		Tullamore Harriers	

Male 40-44

1.	248	BRANDSBJERG, JONAS		Blovstrød løverne	00:17:11
2.	3	FLEMING, PAUL		Sportsworld	00:18:02
3.	9	O'BRIEN, MICHEAL		Tullamore Harriers	00:19:27
4.	365	WALSH, JOE		Crusaders AC	00:20:22
5.	45	FORD, SIMON		Colchester Harriers	00:20:43
6.	252	CUNNINGHAM, MICHAEL		Sportsworld	00:20:44
7.	443	HONORÉ, MICHEL		SPARTA	00:20:50
8.	254	WEIJZEN, JOCHEM		loopgroep Aart stichter	00:21:26
9.	82	JARMAN, DARREN		Maldwyn Harriers	00:21:57
10.	255	CHAPMAN-BROWN, RICHARD		Severn AC of Gloucester	00:22:17
11.	72	COX, STUART		#coupleofnutters	00:22:32
12.	369	THEODORSEN, SØREN		Sparta	00:22:34
13.	104	STAFFE, ANDERS		Sparta	00:23:37
14.	364	MCCARTHY, DERMOT		Dublin Frontrunners AC	00:23:40
15.	374	O DONNELL, TIMOTHY		Crusaders	00:23:42
16.	218	MORAN, MATT		Bohermeen AC	00:24:19
17.	431	LEAHY, JOHN		Kilcormac killoughey	00:24:43

Place	Bib	Name	Nat.	Club	5K
18.	198	LANIGAN, ADRIAN		Sportsworld	00:26:39
19.	468	LYNCH, SEAN		Dublin Frontrunners	00:27:30
20.	233	MCCORMACK, ALAN		Dublin Front Runners	00:28:41
21.	172	SPENCER, CRAIG		Sphinx AC	00:28:44
22.	301	CULLINANE, DAVID		Dublin Frontrunners A.C.	00:28:55
23.	232	VAN DER WORP, JOACHIM		Dublin Frontrunners	00:29:14
24.	457	BIRKETT, MATTHEW			00:33:36
DNF	399	JEPSEN, ULRIK GAMMELTOFT		Sparta	
DNS	394	LOOBY, PÁDRAIG		Sportsworld AC	
DNS	488	GLUE, AARON		Milton Buzzards	
DNS	505	BUCKLEY, LESLIE		tullamore harriers	
DNS	521	Ennis, Ross		Sportsworld	
DNS	100	INCHLEY, ANDY		Milton Buzzards	

Male 45-49

1.	503	CROSS, ROBERT		Crusaders AC	00:19:29
2.	134	BLAZIER, DARREN		Abergele Harriers	00:19:42
3.	473	BOYLE, SHANE		Dunshaughlin	00:19:49
4.	424	EXPOSITO MUÑOZ, DAVID		MD TRAINING	00:19:58
5.	186	MASTERSON, RONAN		Sportsworld	00:20:08
6.	173	HELMHOLT, HENRIK		BIK	00:21:10
7.	94	EL-SOUR, ALLEN		Sphinx AC	00:21:26
8.	418	NUGENT, EDDIE		Crusaders AC	00:21:29
9.	26	VINSTEN, KIM		Næsby Motion	00:21:31
10.	217	TALLON, ROBERT		Bohermeen	00:21:51
11.	118	GHADAMIAN, FARZAD		Hämpus Laufgruppe Bern	00:21:58
12.	169	ALLEN, BARRY		Sphinx AC	00:22:52
13.	321	CRONIN, BASIL		Tullamore Harriers	00:22:57
14.	187	MANUEL, DAVID		Maldwyn Harriers	00:22:59
15.	373	JONES, NEIL		MK BUZZARDS	00:23:13
16.	326	GRANGER, ALAN			00:24:00
17.	435	BRUNDRETT, GAVIN		North Derbyshire RC	00:24:28
18.	361	MALONE, EMMETT		Crusaders athletic club	00:24:29
19.	16	CURLEY, ADRIAN		Tullamore harriers	00:25:10
20.	320	BUCKLEY, RAY		Dublin Front Runners	00:25:13
21.	317	BURKE, DARREN		Herts Runners	00:25:21
22.	96	LANGER, PAWEL			00:25:23
23.	530	Baker, Andrew			00:26:24
24.	230	HERWARTS, RAYMOND		Loopgroep Aart Stigter	00:26:28
25.	99	MCINTOSH, ANDREW		Sphinx AC	00:26:55
26.	452	JENSEN, TOKE		Sparta	00:28:17
27.	276	WYNNE-JONES, Dylan		Wreccsam tri club	00:31:07
DNS	502	BYRNE, KILLIAN			

Male 50-54

1.	155	CARTER, ANDREW		West Cheshire Athletic Club	00:19:37
2.	297	GILLEN, ANTHONY		Sportsworld	00:20:56

Place	Bib	Name	Nat.	Club	5K
3.	191	BARNES, NIGEL		Triathlon Coaching Wales	00:21:16
4.	83	VERSCHUEREN, EDDY		Ironteam Mechelen	00:21:53
5.	28	JENSEN, KIM		Næsby Motion	00:21:59
6.	106	ØKSNEBJERG, LARS OLE		LIF Løb og Motion	00:22:10
7.	139	MELIDEO, GIANNI		Hämpus Laufgruppe	00:22:44
8.	426	KNAGGS, PETER		Sportsworld	00:22:48
9.	135	SPARROW, PAUL		Blackpool Wyre & Fylde AC	00:22:57
10.	348	OWENS, LEONARD		Tullamore Harriers	00:23:22
11.	67	HOCKEY, MARTIN		Eton Manor	00:23:53
12.	204	LORENTZEN, JOHNNY HEDEVIG		Sparta	00:23:54
13.	199	LARSEN, HENRIK RENTOFT		Sparta	00:23:57
14.	24	HOLM-NIELSEN, JESPER		Sparta	00:24:26
15.	44	CONWAY, ANDREW		Colchester Harriers	00:24:28
16.	441	HØYBYE, HENRIK		Sparta	00:24:51
17.	415	RYAN, LIAM		Ballyskeach	00:25:03
18.	527	Schrombgens, Wilfred		Aart Stigter	00:25:05
19.	132	PARRY, NEIL		Dursley	00:25:26
20.	40	CHISLETT, PETER			00:25:53
21.	153	KENNEDY, PAUL		Milton Buzzards	00:27:19
22.	257	CAMERON, GREG			00:27:49
23.	71	KYDD, ANDREW		Newmarket Cycling Triathlon Club	00:28:40
24.	55	WORTHINGTON, PETER		Astley & Tyldesley Road Runners	00:28:53
25.	275	PEARS, BRYAN		Sphinx Ac	00:28:58
26.	58	CRANE, DEREK		Blackpool Wyre & Fylde AC	00:29:00
27.	78	WEREY, PHILIPPE			00:30:09
28.	489	THOMAS, DARREN		Witham	00:31:34
29.	490	THOMAS, NIGEL			00:33:28
DNS	291	OLIJSLAGER, DIEDERIK			
DNS	43	RAYNOR, ANDREW		Colchester Harriers	

Male 55-59

1.	48	RIDLEY, COLIN		Colchester harriers	00:20:24
2.	85	CATES, PAUL		Eton Manor AC	00:20:44
3.	121	LEACY, MARK		Ardee and District	00:21:30
4.	398	DONEGAN, JOHN		Tullamore Harriers	00:21:45
5.	31	HANSEN, JAN JUUL		Næsby Motion	00:22:05
6.	224	NIELSEN, PER			00:22:36
7.	194	BROCK, DAVE		Orion Harriers	00:22:48
8.	34	STOCKINGS, PAUL		Elton Manor	00:22:57
9.	202	MCDONALD, PHILIP		Laragh AC	00:23:06
10.	332	MENSINK, WOUT		Running Club Aart Stigter	00:23:35
11.	159	MARIENDAL, MICHAEL		SPARTA	00:23:52
12.	115	STEIN, BARRY		None	00:24:07
13.	427	DOWDS, ROGER		Dublin Frontrunners	00:25:22
14.	532	Arndal, Allan		Sparta	00:25:35
15.	113	MUELLER, ROBERT		Hämpus Laufgruppe	00:26:08
16.	163	WILSON, PHILIP		Sphinx AC	00:27:07

Place	Bib	Name	Nat.	Club	5K
17.	75	BROWN, KEITH			00:27:10
18.	421	GROOM, WILLIAM			00:27:19
19.	205	TOOMES, WILLIAM			00:27:27
20.	41	CULLINANE, DIARMUID		Stroud & District Athletics Club	00:28:01
21.	181	BOULTON, GED			00:29:21
22.	77	ADAMS, STEVE		Eton Manor AC	00:33:14
23.	140	AYLOTT, WAYNE		Herts runners	00:33:24
24.	244	WAGENER, HORST		BSG Gaden, Hamburg	00:33:49
25.	341	JOHANSEN, KENNETH		Aarhus 1900	00:36:18
26.	174	NIELSEN, KLAUS-JØRGEN		Kalundborg if	00:36:31
DNS	158	LARSEN, HENRIK		Bløvstrød løverne	
DNS	33	BROWN, KEITH		Warrington road runners	

Male 60-64

1.	540	Stigter, Aart		Loopgroep Aart Stigter	00:20:11
2.	105	WALTERS, MARTIN			00:21:36
3.	318	COTTLE, JAMES		Crusaders AC	00:21:53
4.	141	CHRISTIANSEN, JENS ARNE		Bløvstrød Løverne	00:22:20
5.	22	CHRISTMAS, LEE		Stroud & District AC	00:22:39
6.	111	GABRIELS, MARCEL		dimag	00:23:23
7.	79	BENNETT, BILL		ETON MANOR	00:23:43
8.	253	BROWN, ANDREW		Severn AC	00:23:57
9.	307	RUTTEN, LOUIS		Loopgroep Aart Stigter	00:24:43
10.	189	HJORTLUND, TOM		Team Hjortlund	00:25:20
11.	21	JUREVICIUS, CHRISTOPHER		stroud and district ac	00:25:31
12.	68	BATES, MARTIN		Wesham	00:25:32
13.	147	KETELSEN, ERLING		Bløvstrødløverne	00:25:41
14.	61	TIMMS, MITCH		Sphinx AC	00:26:19
15.	323	HANSEN, JOHN		Motionsklubben Amager	00:26:26
16.	524	Williams, Steve		Garden City Runners	00:27:11
17.	60	KILBY, ANDY		Dursley running club	00:27:58
18.	312	GLENNIE, JAMES		Airdrie Harriers	00:28:23
19.	211	BRINKS, ERIK		LIF Løb & Motion	00:28:34
20.	110	REASON, JOHN		Blackpool Wyre and Fylde Athletics Club	00:29:07
21.	408	JESSEN, OLE			00:29:39
22.	152	GROOSS, KARSTEN			00:30:15
23.	42	YOUNG, CHRISTOPHER		Stroud & District AC	00:31:01
24.	156	MC LOUGHLIN, SEAMUS		Dublin Front Runners	00:31:17
25.	296	CRUUSBERG, JOHN		Odense Gymnastikforening (OGF)	00:31:18
26.	149	WILLIAMS, RAY		DURSLEY RUNNING CLUB	00:32:15
DNS	182	BROCKBANK, A			
DNS	207	DOHENY, BERNARD		Tullamore Harriers	
DNS	227	MENGER, RUUD		Loopgroep Aart Stigter	
DNS	286	SCHALTZ, Torben		Sparta	

Male 65-69

1.	136	DIEKOTTO, WOLFGANG		TSVE 1890 Bielefeld	00:25:42
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Place	Bib	Name	Nat.	Club	5K
2.	295	COLBOURNE, STEVE		Sphinx	00:25:54
3.	331	LARSEN, IB		Aarhus 1900	00:26:43
4.	377	NISSEN, PREBEN		Sparta	00:27:08
5.	238	ADMIRAAL, PIET		Loopgroep Aart Stigter	00:27:15
6.	493	JONES, TERRY		Triathlon Coaching Wales	00:28:51
7.	179	ZACHO, ERIK		Kalundborg-if	00:32:59

Male 70-74

1.	50	KRUPP, MEINHARD		TUS Erpel	00:24:31
2.	142	SAABYE, HENRIK		Blavstrød løverne	00:25:29
3.	143	KOFOD, OLE		Blavstrød Løverne	00:25:58
4.	358	INCHLEY, RICHARD		Milton Buzzards	00:30:48
5.	393	MASSEY, ROBERT		Blackpool Wyre & Fylde AC	00:31:00
6.	288	KAMPSCHREUR, DAVE		Loopgroep Aart Stigter	00:31:30
7.	32	SINGLETON, BERNARD		Blackpool wyre fylde running club	00:34:50
8.	131	HOGARTH, PETER		unknown	00:36:19
9.	483	PETERS, DAVID		Maldwyn Harriers	00:43:23
DNS	456	HOLDT, NIELS		Sparta	
DNS	66	CAHALAN, EDWARD		Coolquill	

Male 75-79

1.	420	MANN, STUART		Herts runners	00:26:18
2.	371	NIELSEN, PREBEN			00:30:07

Male 80+

1.	57	NORMAN, PETER		wrexham a c	00:40:09
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Place	Bib	Name	Nat.	Club	5K
Female u/20					
1.	346	CAVELLA HELMER, NANNA		fremadholbæk	00:25:02
Female 20-24					
1.	342	GLENNIE, MORVEN		Airdrie Harriers	00:27:18
2.	116	STEIN, MOLLY		None	00:27:21
3.	120	FOSTER, CHLOE		Maldwyn Harriers	00:39:29
Female 25-29					
1.	449	HANSEN, NANNA LOEVBORG		Sparta	00:21:38
2.	519	GORMAN, IRENE		Crusaders AC	00:23:11
3.	363	MITCHELL, RUTH		Leighton Buzzard athletics club	00:23:17
4.	327	KENNEDY, ELAINE		Sportsworld	00:25:07
5.	461	PEDERSEN, MAJA JESSICA		Valbylørberne	00:26:30
6.	285	MEADE, EMMA		Sportsworld A.C.	00:26:42
7.	477	THOMSEN, HENRIETTE		Sparta	00:26:42
8.	460	HANSEN, SOFIE		SPARTA	00:26:44
9.	459	RAASTHØJ, EMILIE STEPHANIE		Sparta	00:27:28
10.	458	NYHOLM, MAJA		Sparta	00:30:13
11.	401	JENSEN, ANNA		Sparta	00:31:35
Female 30-34					
1.	23	GEURTSSEN, MARIJE		Hardloopgroep Aart Stigter	00:20:01
2.	462	NYMANN PETERSEN, IDA		Sparta	00:20:08
3.	515	CROWLEY, CAROLINE		Crusaders AC	00:21:36
4.	392	JONES, MARIA		Sportsworld	00:21:39
5.	8	THORNTON, CATHERINE		Crusaders AC	00:21:51
6.	222	BALM, SUSANNE		loopgroep Aart Stigter	00:22:51
7.	306	O'DOWD, FIONA		Crusaders AC	00:23:58
8.	409	LENEHAN, NICOLA		Sportsworld	00:24:50
9.	352	FLEMING, REBECCA		Crusaders AC	00:25:48
10.	406	RASMUSSEN, MIA			00:26:16
11.	478	NUGENT, KATIE		Sportsworld AC	00:28:12
12.	370	RISDAHL, CHRISTINA		Sparta	00:29:48
13.	368	BECKMANN, KATHARINA		Sparta	00:29:48
14.	137	Boulton, EMMA			00:36:36
Female 35-39					
1.	4	ORCHARD, RUBY		Vegan Runners UK	00:20:15
2.	11	TIDESWELL, KEALEY		Clonmel AC	00:21:25
3.	200	GROGAN, LINDA		Dundrum AC	00:21:28
4.	429	KEANE, SHONA		Sportsworld	00:21:55
5.	15	GINTY, MAURA		Sportsworld	00:23:05
6.	508	REGAN, GRAINNE		Crusaders AC	00:23:31
7.	226	ROCHE, ÁINE		Clonmel AC	00:23:32
8.	360	INCHLEY, AMY		Milton Buzzards	00:23:34
9.	315	SHINE, LISA		Crusaders AC	00:24:57

Place	Bib	Name	Nat.	Club	5K
10.	212	WOLOSZYNSKA, DOROTA			00:24:59
11.	51	FRITZE, METTE SOMMER		Sparta	00:25:11
12.	447	WHITE, GEMMA		Sportsworld	00:25:18
13.	206	BROCKSOPP, JENNIFER			00:27:05
14.	525	Hagenmeyer, Andrea		Herts runners	00:28:48
15.	63	BREWIN, VICTORIA		Sphinx AC	00:29:34
16.	128	BOERBOOM-SCHUURMANS, EVA			00:33:18
17.	354	O'MEARA, ANN		Ballyskenach AC	00:34:20
18.	250	ABBOTT, LISA		Sphinx Ac	00:43:04
19.	388	HAND, VICTORIA		Sphinx AC	00:43:05
20.	433	COOPER, HOLLY		Sphinx AC	00:43:05
DNS	195	MCCOY, LOUISE			
DNS	290	HARMON, JENNIFER			
DNS	386	NERI TEIXEIRA, VANESSA			

Female 40-44

1.	231	BERGER DE VRIES, HELLEN		Aart Stigter	00:20:50
2.	14	FLANAGAN, SARAH		Eton Manor AC	00:20:56
3.	475	WILSON, JEAN		Sportsworld	00:22:36
4.	330	HANEVY, ALMA		Crusaders AC	00:23:05
5.	430	ELLIOTT, BRONAGH		Donore Harriers	00:23:29
6.	314	BIGLEY, LYDIA		Dublin Front Runners	00:24:24
7.	481	NI CHEARBHAILL, DEIRDRE		Crusaders AC	00:24:46
8.	192	LORENTZEN, SARA CBH		Sparta	00:25:47
9.	239	NOLAN-JONES, MARTINA		Sportsworld	00:26:24
10.	355	MCLEISH, FIONA		Milton Buzzards	00:27:05
11.	249	BRANDSBJERG, CHRISTINA		Bløvsrød Løverne	00:27:29
12.	506	NEWMAN, HELENA		tullamore harriers	00:28:23
13.	168	NETTLETON, CATHERINE		Steel city striders	00:28:58
14.	46	LOUGHREY, TISH		Dublin Frontrunners	00:29:53
15.	438	HARTWELL, LEAH		Milton Buzzards	00:30:17
16.	256	BYRNE, REGINA		Dublin Front Runners	00:30:29
17.	170	ALLEN, RACHAEL		Sphinx AC	00:30:52
18.	349	HEIMBS, ANETTE			00:31:21
19.	268	VAN DER VOORN, HELEN		Aart Stigter	00:31:27
20.	86	KREUGEL, SYLVIA		Aart Stigter Running	00:31:27
21.	526	Rogerson, Ruth			00:32:02
22.	73	WORTHINGTON, CATH		Astley and Tyldesley Road Runners	00:32:19
23.	126	GUTEMANN, ANNETTE			00:32:47
24.	302	GRAY, KIM		Jog Lisburn Running Club	00:33:35
25.	30	PAFFEN, PATRICIA		Dublin Front Runners A.C.	00:35:40
DNS	387	MCLOUGHLIN, NITA		Tullamore Harriers	
DNS	516	COSTELL, JENNIFER		Dublin Front Runners	

Female 45-49

1.	17	MURRAY, BARBARA		Donore harriers	00:22:32
2.	5	BROKSØ, TINE		Bløvsrød løverne	00:23:33

Place	Bib	Name	Nat.	Club	5K
3.	138	TASKA, MARTINA		Hämpus Laufgruppe	00:23:52
4.	310	ANDERSON, CORALIE		Milton Buzzards	00:23:59
5.	125	GUTEMANN, KARIN			00:24:08
6.	18	SINGLETON, OCTAVIA		Witham Running Club	00:24:33
7.	27	OUTLAW, BITTEN		Næsby Motion	00:25:45
8.	54	GRANTHAM, LISA		Pensby Runners	00:26:23
9.	157	LONGMATE, DEBORAH			00:31:44
10.	176	PEDERSEN, JOAN		BIK	00:31:57
11.	150	CALNAN, MARIA		Dublin Front runners A.C.	00:32:03
12.	160	CULHAM, SARAH			00:33:28
13.	93	BERRY, ALISON			00:34:45
14.	353	OWENS, AISHLING		Tullamore Harriers	00:36:13
15.	436	BRUNDRETT, SUUSANNE		North Derbyshire RC	00:36:15
16.	422	GROOM, NICOLA			00:37:25
17.	97	MONTAGU-LEON, BURTI			00:45:29
DNS	25	OMAN, DEIRDRE		Tullamore Harriers	

Female 50-54

1.	2	CURLEY, PAULINE		Tullamore harriers	00:21:30
2.	190	HJORTLUND, VIVI		Team Hjortlund	00:23:56
3.	258	CLEMMENSEN, TINA		NIMF	00:24:32
4.	29	THOMSEN, SOLVEIG		Næsby Motion	00:25:09
5.	294	DUNNE, OLWYN		Crusaders AC	00:25:58
6.	171	GRENNAN, MAG		TULLAMORE HARRIERS	00:26:22
7.	151	MAGUIRE, SIOBHAN		Dunboyne AC	00:26:28
8.	241	MAINWARING, LESLEY		Triathlon Coaching Wales	00:26:59
9.	39	CHISLETT, LYNN			00:27:12
10.	146	REVSBECK, LINE		BlovstrødLøverne	00:28:17
11.	91	SHOLL, THERESA		Redway Runners	00:28:45
12.	107	PECK, FIONA		Tamar Trotters	00:29:58
13.	102	LYDERSEN RAGNHOF, LAILA		Sparta	00:30:29
14.	225	KOEKOEK, ERNA		Loopgroep Aart Stigter	00:30:34
15.	177	LEBEAU, CHARLOTTE			00:31:01
16.	482	SWEENEY, ANNE		Sportsworld	00:31:09
17.	188	SHANAHAN, JANET		Maldwyn Harriers	00:31:16
18.	260	NIELSEN, MAGDA-LENE		Sparta	00:31:46
19.	62	TIMMS, JACKIE		Sphinx AC	00:33:04
20.	454	CASHMAN, MAIREAD		Crusaders AC	00:34:00
21.	372	MCNAMARA, ANNE MARIE		tullamore harriers	00:34:15
22.	84	REY, NANCY			00:34:31
23.	403	LALOR, JOSIE		Tullamore harriers	00:35:38
24.	154	LINDSTRØM, ANNE MARIE			00:35:42
25.	49	TØNNESEN, MAJBRIIT		Viking Atletik	00:36:21
26.	336	JENSEN, PIA		Aarhus 1900	00:37:35
27.	423	BEESON, MICHELLE		Maldwyn harriers	00:43:39
28.	340	Smith, Lorraine			00:46:15
29.	98	HOLLOWAY-MCLEAN, LORRAINE			00:46:16

Place	Bib	Name	Nat.	Club	5K
DNF	397	GRENA, BIRGITTE		Sparta	
DNS	114	SCHLIEPHAKE, KATRIN		BSG Gaden, Hamburg	
DNS	229	DRENT, HERMIE		Loopgroep Aart Stigter	
DNS	266	EJLEV, MARIE-LOUISE		Sparta	
DNS	37	BODA, REKA			

Female 55-59

1.	76	WOODWARD, ZOE		Eton Manor AC	00:25:00
2.	80	VACHER, LOUISE		ETON MANOR	00:26:08
3.	69	HOCKLEY, MARIE		Bishops Stortford	00:27:06
4.	38	WILKINS, PENNY		Sutton Runners	00:27:50
5.	442	CHRISTENSEN, DORTHE		Sparta	00:28:04
6.	277	TIDESWELL, JULIE		Clonmel AC	00:28:34
7.	523	Jones, Yvonne		Herts Runners	00:29:28
8.	538	Elsborg, Joanna			00:29:30
9.	298	TIMOTHY, KAREN		Sphinx AC	00:30:06
10.	400	MELODY, AILEEN		Sportsworld	00:31:25
11.	245	PEDERSEN, NINA JETTE		Nyvest	00:32:07
12.	35	STOCKINGS, CLAIR		Elton Manor	00:32:26
13.	518	Kearney, Kathryn		Triathlon Coaching Wales	00:32:52
14.	144	HØYER, METTE		Viking Atletik	00:35:41
15.	498	JANSENS DE VAREBEKE, ISABELLE			00:37:39
16.	36	ALARA, OLA			00:37:52
17.	446	ROBERTS, KAREN		Dolly Mixtures	00:38:12
18.	175	NIELSEN, METTE GILDBERG		Kalundborg if	00:44:58

Female 60-64

1.	59	SACKETT, KATE		Cirencester ac	00:25:03
2.	419	BRASEN, ANNETTE		Team Skoemagerkroen/Fremad Holbæk	00:27:21
3.	379	NIELSEN, ELISABETH LINDE		Sparta	00:28:09
4.	269	BUUS, HELLE VIBEKE		ØB-Atletik	00:28:14
5.	414	LEBLANC, France			00:28:15
6.	236	SMART, ELISABETH		Forres Harriers	00:29:42
7.	383	ANDERSEN, MAY		Sparta	00:35:28
8.	145	KRISTENSEN, BIRTHE			00:35:53
9.	129	ORRELLS, CAROLINE		Maldwyn Harriers	00:36:18
10.	53	JØRGENSEN, ANNETTE		Viking Atletik	00:37:19
11.	487	LOEBORG JOERGENSEN, HELLE		Sparta	00:39:16
12.	413	RYAN, THERESE		Ballyskneach	00:49:45
DNS	385	NERI DE OLIVEIRA, ANA RITA			

Female 65-69

1.	133	ASVARISCH, MIRIAM		Viking Atletik	00:25:41
2.	319	NIELSEN, GRETHE		Aarhus 1900	00:26:18
3.	103	BJARKOV, MARIE-LOUISE		Sparta	00:27:20
4.	251	CHRISTIANSEN, BENTE		Sparta	00:31:41
5.	535	Kramer, Joan		Sparta	00:35:18
6.	289	KAMPSCHREUR, ANNIE		Loopgroep Aart Stigter	00:35:19

Place	Bib	Name	Nat.	Club	5K
7.	88	RIIS, HANNE SONNE		ØB-Atletik	00:37:06
8.	305	HOLMES, GILLIAN		Werrington Joggers	00:41:55
9.	148	ZARZYCKI, LILLI		Viking Atletik	00:42:58
10.	74	JØRGENSEN, SOLVEI HELEN			00:43:54
DNS	246	MØLLER, KARIN		Aalborg Atletik & Motion	
DNS	339	WENDT, GURLI		Aarhus 1900	

Female 70-74

1.	328	RENCKENS-KLOK, MARIANNE		Loopgroep Aart Stigter	00:34:16
2.	262	CLARK, HANNE		Sparta	00:35:37
3.	329	GAZZANI, LENA		Milton Buzzards	00:35:38
4.	193	ALLEN, JOY		Herts Runners	00:38:42
5.	491	PETERS, JILL		Maldwyn Harriers	00:43:24
6.	81	JENSEN, JEANETTE ROSENDAHL		Viking Atletik	00:45:00

Number of records: 412

Team Results

Bib	Name	AG	5K
Male			
1.	De Danske Bjørne 2	00:55:02	
278	BJØRNSSEN, ANDREAS BOCK	Male u/20	00:16:54
402	ØDUM, SØREN THRANE	Male u/20	00:17:36
455	KOVSTED, JAKOB SCHØIER	Male u/20	00:20:32
2.	De Danske Bjørne 1	00:56:23	
279	KJÆR, MALTE	Male u/20	00:17:25
280	DUPONT, JOHAN	Male u/20	00:19:00
378	WEBER, LASSE FALCK	Male u/20	00:19:58
3.	Team Runaar/Mikkeller	00:56:45	
293	HARTLEV, KRISTIAN LAUMANN	Male 25-29	00:19:55
381	MADSEN, KRISTIAN TOFT	Male 25-29	00:21:25
496	PALMER, MATT	Male 25-29	00:19:04
1	HARTLEV, Kasper Laumann	Male 25-29	00:17:46
4.	Milton Buzzard Boys	00:57:29	
428	READ, STUART	Male 35-39	00:20:34
6	MACKRELL, PETER	Male 35-39	00:18:41
13	ELMORE, ROB	Male 35-39	00:18:14
5.	Sportsworld A	00:57:34	
252	CUNNINGHAM, MICHAEL	Male 40-44	00:20:44
337	CURRAN, KEVIN	Male 35-39	00:20:16
3	FLEMING, PAUL	Male 40-44	00:18:02
7	MURRAN, GARETH	Male 35-39	00:19:16
6.	Tullamore Harriers 1	00:58:57	
390	BUTLER, DARREN	Male 35-39	00:20:30
9	O'BRIEN, MICHEAL	Male 40-44	00:19:27
12	MOONEY, LEONARD	Male 35-39	00:19:00
16	CURLEY, ADRIAN	Male 45-49	00:25:10
7.	Crusaders Men's A	01:00:07	
365	WALSH, JOE	Male 40-44	00:20:22
418	NUGENT, EDDIE	Male 45-49	00:21:29
451	MC DERMOTT, JOSEPH	Male 35-39	00:20:16
503	CROSS, ROBERT	Male 45-49	00:19:29
8.	Blovstrød Løverne	01:05:00	
141	CHRISTIANSEN, JENS ARNE	Male 60-64	00:22:20
142	SAABYE, HENRIK	Male 70-74	00:25:29
248	BRANDSBJERG, JONAS	Male 40-44	00:17:11
9.	Dublin Front Runners 1	01:05:26	
112	FEEHAN, CHRISTIAAN	Male 35-39	00:20:13

Bib	Name	AG	5K
259	DUNNE, MATT	Male 25-29	00:21:33
364	MCCARTHY, DERMOT	Male 40-44	00:23:40
10.	Colchester Harriers	01:05:35	
44	CONWAY, ANDREW	Male 50-54	00:24:28
45	FORD, SIMON	Male 40-44	00:20:43
48	RIDLEY, COLIN	Male 55-59	00:20:24
11.	Sphinx AA	01:05:58	
219	DICK, KEVIN	Male 35-39	00:23:57
94	EL-SOUR, ALLEN	Male 45-49	00:21:26
95	EDWARDS, JACK	Male 25-29	00:20:35
96	LANGER, PAWEL	Male 45-49	00:25:23
12.	Rum	01:07:18	
204	LORENTZEN, JOHNNY HEDEVIG	Male 50-54	00:23:54
369	THEODORSEN, SØREN	Male 40-44	00:22:34
441	HØYBYE, HENRIK	Male 50-54	00:24:51
443	HONORÉ, MICHEL	Male 40-44	00:20:50
13.	Tullamore Harriers 2	01:08:04	
321	CRONIN, BASIL	Male 45-49	00:22:57
348	OWENS, LEONARD	Male 50-54	00:23:22
398	DONEGAN, JOHN	Male 55-59	00:21:45
14.	Crusaders Men's B	01:09:30	
318	COTTLE, JAMES	Male 60-64	00:21:53
361	MALONE, EMMETT	Male 45-49	00:24:29
374	O DONNELL, TIMOTHY	Male 40-44	00:23:42
476	MATTHEWS, PHILIP	Male 30-34	00:23:55
15.	Sportsworld C	01:09:45	
178	ENRIGHT, PATRICK	Male 35-39	00:23:53
197	KINSELLA, THOMAS	Male 35-39	00:24:56
198	LANIGAN, ADRIAN	Male 40-44	00:26:39
297	GILLEN, ANTHONY	Male 50-54	00:20:56
16.	Sparta Winkers	01:10:25	
159	MARIENDAL, MICHAEL	Male 55-59	00:23:52
199	LARSEN, HENRIK RENTOFT	Male 50-54	00:23:57
224	NIELSEN, PER	Male 55-59	00:22:36
24	HOLM-NIELSEN, JESPER	Male 50-54	00:24:26
17.	Eton Manor AC	01:10:33	
34	STOCKINGS, PAUL	Male 55-59	00:22:57
67	HOCKEY, MARTIN	Male 50-54	00:23:53
77	ADAMS, STEVE	Male 55-59	00:33:14
79	BENNETT, BILL	Male 60-64	00:23:43

Bib	Name	AG	5K
18.	Haempus Laufgruppe	01:10:50	
113	MUELLER, ROBERT	Male 55-59	00:26:08
118	GHADAMIAN, FARZAD	Male 45-49	00:21:58
139	MELIDEO, GIANNI	Male 50-54	00:22:44
19.	Dublin Front Runners 2	01:15:35	
240	DEMPSEY, ROBERT	Male 35-39	00:23:05
320	BUCKLEY, RAY	Male 45-49	00:25:13
465	MCENTEE, ALAN	Male 35-39	00:27:17
20.	Milton Buzzard Men	01:17:02	
153	KENNEDY, PAUL	Male 50-54	00:27:19
344	LARGE, CHRIS	Male 35-39	00:26:30
373	JONES, NEIL	Male 45-49	00:23:13
21.	Sphinx BB	01:18:45	
169	ALLEN, BARRY	Male 45-49	00:22:52
275	PEARS, BRYAN	Male 50-54	00:28:58
99	MCINTOSH, ANDREW	Male 45-49	00:26:55
22.	Herts runners	01:18:50	
140	AYLOTT, WAYNE	Male 55-59	00:33:24
317	BURKE, DARREN	Male 45-49	00:25:21
420	MANN, STUART	Male 75-79	00:26:18
524	Williams, Steve	Male 60-64	00:27:11
23.	Sphinx CC	01:19:20	
163	WILSON, PHILIP	Male 55-59	00:27:07
295	COLBOURNE, STEVE	Male 65-69	00:25:54
61	TIMMS, MITCH	Male 60-64	00:26:19
24.	Dublin Front Runners 3	01:23:17	
156	MC LOUGHLIN, SEAMUS	Male 60-64	00:31:17
232	VAN DER WORP, JOACHIM	Male 40-44	00:29:14
233	MCCORMACK, ALAN	Male 40-44	00:28:41
427	DOWDS, ROGER	Male 55-59	00:25:22
25.	Sphinx DD	01:26:01	
164	PEARS, CRAIG	Male 25-29	00:27:54
172	SPENCER, CRAIG	Male 40-44	00:28:44
389	SMITH, GRAEME	Male 35-39	00:29:23
26.	kurts kaade kaniner	01:33:08	
331	LARSEN, IB	Male 65-69	00:26:43
341	JOHANSEN, KENNETH	Male 55-59	00:36:18
371	NIELSEN, PREBEN	Male 75-79	00:30:07

Bib	Name	AG	5K
Female			
1.	Tipp Road Runners	01:06:25	
200	GROGAN, LINDA	Female 35-39	00:21:28
226	ROCHE, ÁINE	Female 35-39	00:23:32
11	TIDSWELL, KEALEY	Female 35-39	00:21:25
2.	Sportsworld A	01:06:39	
392	JONES, MARIA	Female 30-34	00:21:39
429	KEANE, SHONA	Female 35-39	00:21:55
478	NUGENT, KATIE	Female 30-34	00:28:12
15	GINTY, MAURA	Female 35-39	00:23:05
3.	Crusaders A	01:08:07	
330	HANEVY, ALMA	Female 40-44	00:23:05
508	REGAN, GRAINNE	Female 35-39	00:23:31
519	GORMAN, IRENE	Female 25-29	00:23:11
8	THORNTON, CATHERINE	Female 30-34	00:21:51
4.	Milton Buzzard Girls	01:10:50	
310	ANDERSON, CORALIE	Female 45-49	00:23:59
355	MCLEISH, FIONA	Female 40-44	00:27:05
360	INCHLEY, AMY	Female 35-39	00:23:34
363	MITCHELL, RUTH	Female 25-29	00:23:17
5.	Eton Manor AC	01:12:04	
14	FLANAGAN, SARAH	Female 40-44	00:20:56
35	STOCKINGS, CLAIR	Female 55-59	00:32:26
76	WOODWARD, ZOE	Female 55-59	00:25:00
80	VACHER, LOUISE	Female 55-59	00:26:08
6.	Spice Girls	01:12:36	
192	LORENTZEN, SARA CBH	Female 40-44	00:25:47
368	BECKMANN, KATHARINA	Female 30-34	00:29:48
449	HANSEN, NANNA LOEVBORG	Female 25-29	00:21:38
51	FRITZE, METTE SOMMER	Female 35-39	00:25:11
7.	Crusaders B	01:13:41	
306	O'DOWD, FIONA	Female 30-34	00:23:58
315	SHINE, LISA	Female 35-39	00:24:57
352	FLEMING, REBECCA	Female 30-34	00:25:48
481	NI CHEARBHAILL, DEIRDRE	Female 40-44	00:24:46
8.	Tullamore Harriers 1	01:16:15	
171	GRENNAN, MAG	Female 50-54	00:26:22
506	NEWMAN, HELENA	Female 40-44	00:28:23
2	CURLEY, PAULINE	Female 50-54	00:21:30
9.	Sportsworld B	01:17:07	

Bib	Name	AG	5K
285	MEADE, EMMA	Female 25-29	00:26:42
327	KENNEDY, ELAINE	Female 25-29	00:25:07
447	WHITE, GEMMA	Female 35-39	00:25:18
10. Blvstrød Løverne 01:19:19			
146	REVSBECK, LINE	Female 50-54	00:28:17
249	BRANDSBJERG, CHRISTINA	Female 40-44	00:27:29
5	BROKSØ, TINE	Female 45-49	00:23:33
11. Spice Ladies 01:23:33			
251	CHRISTIANSEN, BENTE	Female 65-69	00:31:41
379	NIELSEN, ELISABETH LINDE	Female 60-64	00:28:09
442	CHRISTENSEN, DORTHE	Female 55-59	00:28:04
103	BJARKOV, MARIE-LOUISE	Female 65-69	00:27:20
12. Dublin Front Runners 01:24:46			
150	CALNAN, MARIA	Female 45-49	00:32:03
256	BYRNE, REGINA	Female 40-44	00:30:29
314	BIGLEY, LYDIA	Female 40-44	00:24:24
46	LOUGHREY, TISH	Female 40-44	00:29:53
13. Sportsworld C 01:28:58			
239	NOLAN-JONES, MARTINA	Female 40-44	00:26:24
400	MELODY, AILEEN	Female 55-59	00:31:25
482	SWEENEY, ANNE	Female 50-54	00:31:09
14. Sphinx A 01:30:32			
170	ALLEN, RACHAEL	Female 40-44	00:30:52
298	TIMOTHY, KAREN	Female 55-59	00:30:06
63	BREWIN, VICTORIA	Female 35-39	00:29:34
15. Sphinx B 01:59:14			
388	HAND, VICTORIA	Female 35-39	00:43:05
433	COOPER, HOLLY	Female 35-39	00:43:05
62	TIMMS, JACKIE	Female 50-54	00:33:04

Gender Results

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
Male							
1.	1	HARTLEV, Kasper Laumann		Male 25-29	RUNAAR/Mikkeller	01:09:15	-
2.	184	MAY, CHARLES		Male 30-34	The Chiltern Hills Runners	01:11:20	+2:05
3.	13	ELMORE, ROB		Male 35-39	Milton Buzzards	01:11:33	+2:18
4.	248	BRANDSBJERG, JONAS		Male 40-44	Blovstrød løverne	01:12:29	+3:14
5.	3	FLEMING, PAUL		Male 40-44	Sportsworld	01:14:01	+4:46
6.	7	MURRAN, GARETH		Male 35-39	Sportsworld Running Club	01:14:16	+5:01
7.	6	MACKRELL, PETER		Male 35-39	Milton Buzzards	01:14:30	+5:15
8.	501	NAVARRO HITA, AITOR		Male 30-34	Club La Santa	01:14:59	+5:44
9.	503	CROSS, ROBERT		Male 45-49	Crusaders AC	01:15:31	+6:16
10.	496	PALMER, MATT		Male 25-29		01:16:25	+7:10
11.	9	O'BRIEN, MICHEAL		Male 40-44	Tullamore Harriers	01:18:07	+8:52
12.	267	REIDY, PAUL		Male 25-29	Crusaders AC	01:18:32	+9:17
13.	134	BLAZIER, DARREN		Male 45-49	Abergele Harriers	01:19:56	+10:41
14.	337	CURRAN, KEVIN		Male 35-39	Sportsworld	01:20:35	+11:20
15.	424	EXPOSITO MUÑOZ, DAVID		Male 45-49	MD TRAINING	01:21:04	+11:49
16.	451	MC DERMOTT, JOSEPH		Male 35-39	Crusaaders AC	01:21:15	+12:00
17.	12	MOONEY, LEONARD		Male 35-39	Tullamore Harriers	01:21:42	+12:27
18.	378	WEBER, LASSE FALCK		Male u/20	De Danske Bjørne	01:22:35	+13:20
19.	203	DOYLE, MARTIN		Male 40-44	Sportsworld rc	01:22:48	+13:33
20.	474	CAMPBELL, BRUCE		Male 45-49	Sportsworld	01:23:00	+13:45
21.	185	FERGUSON, JAMES		Male 25-29	The Chiltern Hills Runners	01:23:01	+13:46
22.	180	GAEBEL, CHRISTIAN		Male 30-34	Berlin	01:23:04	+13:49
23.	48	RIDLEY, COLIN		Male 55-59	Colchester harriers	01:23:29	+14:14
24.	109	REASON, SIMON		Male 20-24	Blackpool Wyre and Fylde	01:23:42	+14:27
25.	173	HELMHOLT, HENRIK		Male 45-49	BIK	01:23:45	+14:30
26.	293	HARTLEV, KRISTIAN LAUMANN		Male 25-29	RUNAAR/Mikkeller	01:23:53	+14:38
27.	365	WALSH, JOE		Male 40-44	Crusaders AC	01:24:13	+14:58
28.	186	MASTERSON, RONAN		Male 45-49	Sportsworld	01:24:36	+15:21
29.	252	CUNNINGHAM, MICHAEL		Male 40-44	Sportsworld	01:24:58	+15:43
30.	112	FEEHAN, CHRISTIAAN		Male 35-39	Dublin Frontrunners A.C.	01:25:06	+15:51
31.	539	Rasmussen, Kim		Male 50-54		01:25:08	+15:53
32.	191	BARNES, NIGEL		Male 50-54	Triathlon Coaching Wales	01:25:09	+15:54
33.	85	CATES, PAUL		Male 55-59	Eton Manor AC	01:25:24	+16:09
34.	122	JONES, JONATHAN		Male 35-39		01:25:29	+16:14
35.	254	WEIJZEN, JOCHEM		Male 40-44	loopgroep Aart stiger	01:25:39	+16:24
36.	541	Fankhauser, Beat		Male 35-39		01:26:07	+16:52
37.	529	Branigan, Dominick		Male 35-39	Crusaders AC	01:27:16	+18:01
38.	381	MADSEN, KRISTIAN TOFT		Male 25-29		01:27:58	+18:43
39.	45	FORD, SIMON		Male 40-44	Colchester Harriers	01:28:01	+18:46
40.	83	VERSCHUEREN, EDDY		Male 50-54	Ironteam Mechelen	01:28:13	+18:58
41.	217	TALLON, ROBERT		Male 45-49	Bohermeen	01:28:17	+19:02
42.	28	JENSEN, KIM		Male 50-54	Næsby Motion	01:28:27	+19:12
43.	390	BUTLER, DARREN		Male 35-39	Tullamore Harriers	01:28:49	+19:34

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
44.	297	GILLEN, ANTHONY		Male 50-54	Sportsworld	01:29:02	+19:47
45.	94	EL-SOUR, ALLEN		Male 45-49	Sphinx AC	01:29:09	+19:54
46.	255	CHAPMAN-BROWN, RICHARD		Male 40-44	Severn AC of Gloucester	01:29:11	+19:56
47.	224	NIELSEN, PER		Male 55-59		01:29:17	+20:02
48.	380	NIELSEN, MIKKEL BAY		Male 20-24		01:29:24	+20:09
49.	426	KNAGGS, PETER		Male 50-54	Sportsworld	01:29:32	+20:17
50.	321	CRONIN, BASIL		Male 45-49	Tullamore Harriers	01:29:45	+20:30
51.	213	MCCALL, ASHLEY		Male 30-34	Dublin Front Runners	01:29:45	+20:30
52.	158	LARSEN, HENRIK		Male 55-59	Blovstrød løverne	01:29:48	+20:33
53.	141	CHRISTIANSEN, JENS ARNE		Male 60-64	Blovstrød Løverne	01:30:09	+20:54
54.	417	MEYERS, CHRISTOPH		Male 35-39		01:30:16	+21:01
55.	418	NUGENT, EDDIE		Male 45-49	Crusaders AC	01:30:17	+21:02
56.	121	LEACY, MARK		Male 55-59	Ardee and District	01:30:22	+21:07
57.	443	HONORÉ, MICHEL		Male 40-44	SPARTA	01:30:42	+21:27
58.	499	PRICE, BENJAMIN		Male 40-44	Triathlon coaching wales	01:30:50	+21:35
59.	106	ØKSNEBJERG, LARS OLE		Male 50-54	LIF Løb og Motion	01:30:56	+21:41
60.	199	LARSEN, HENRIK RENTOFT		Male 50-54	Sparta	01:30:59	+21:44
61.	304	GORDON, ANDY		Male 30-34	Sportsworld	01:31:11	+21:56
62.	237	HELMER, PHILIP		Male 35-39	Skoemagerkroen/Fremad	01:31:13	+21:58
63.	405	NIELSEN, FREDERIK		Male 35-39	Politiets Idrætsforening Århus	01:31:13	+21:58
64.	139	MELIDEO, GIANNI		Male 50-54	Hämpus Laufgruppe	01:31:14	+21:59
65.	72	COX, STUART		Male 40-44	#coupleofnutters	01:31:40	+22:25
66.	82	JARMAN, DARREN		Male 40-44	Maldwyn Harriers	01:32:07	+22:52
67.	31	HANSEN, JAN JUUL		Male 55-59	Næsby Motion	01:32:11	+22:56
68.	155	CARTER, ANDREW		Male 50-54	West Cheshire Athletic Club	01:32:16	+23:01
69.	96	LANGER, PAWEL		Male 45-49		01:32:23	+23:08
70.	445	MARIENLUND ANDERSEN,		Male 35-39	Sparta	01:32:24	+23:09
71.	105	WALTERS, MARTIN		Male 60-64		01:32:56	+23:41
72.	428	READ, STUART		Male 35-39	Milton Buzzards	01:33:09	+23:54
73.	394	LOOBY, PÁDRAIG		Male 40-44	Sportsworld AC	01:33:10	+23:55
74.	183	MOORE, ANDREW		Male 30-34	Civil service harriers	01:33:15	+24:00
75.	373	JONES, NEIL		Male 45-49	MK BUZZARDS	01:33:33	+24:18
76.	187	MANUEL, DAVID		Male 45-49	Maldwyn Harriers	01:33:52	+24:37
77.	369	THEODORSEN, SØREN		Male 40-44	Sparta	01:33:55	+24:40
78.	26	VINSTEN, KIM		Male 45-49	Næsby Motion	01:34:07	+24:52
79.	274	BEESON, PAUL		Male 50-54	Maldwyn Harriers	01:34:09	+24:54
80.	416	POGGENPOHL, GERRIT		Male 35-39	MC 34	01:34:13	+24:58
81.	528	Smyth, Michael		Male 45-49	Crusaders AC	01:34:21	+25:06
82.	376	GLENNIE, LEWIS		Male 25-29	Airdrie Harriers	01:34:27	+25:12
83.	22	CHRISTMAS, LEE		Male 60-64	Stroud & District AC	01:34:42	+25:27
84.	259	DUNNE, MATT		Male 25-29	Dublin Front Runners	01:34:45	+25:30
85.	348	OWENS, LEONARD		Male 50-54	Tullamore Harriers	01:34:53	+25:38
86.	65	VIS, GER		Male 55-59		01:34:56	+25:41
87.	115	STEIN, BARRY		Male 55-59	None	01:35:05	+25:50
88.	79	BENNETT, BILL		Male 60-64	ETON MANOR	01:35:11	+25:56
89.	135	SPARROW, PAUL		Male 50-54	Blackpool Wyre & Fylde AC	01:35:19	+26:04

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
90.	194	BROCK, DAVE		Male 55-59	Orion Harriers	01:36:04	+26:49
91.	240	DEMPSEY, ROBERT		Male 35-39	Dublin Frontrunners A.C	01:36:13	+26:58
92.	332	MENSINK, WOUT		Male 55-59	Running Club Aart Stigter	01:36:16	+27:01
93.	219	DICK, KEVIN		Male 35-39	Sphinx AC	01:36:36	+27:21
94.	169	ALLEN, BARRY		Male 45-49	Sphinx AC	01:36:36	+27:21
95.	24	HOLM-NIELSEN, JESPER		Male 50-54	Sparta	01:36:45	+27:30
96.	118	GHADAMIAN, FARZAD		Male 45-49	Hämpus Laufgruppe Bern	01:36:55	+27:40
97.	374	O DONNELL, TIMOTHY		Male 40-44	Crusaders	01:37:41	+28:26
98.	104	STAFFE, ANDERS		Male 40-44	Sparta	01:37:45	+28:30
99.	265	FLETCHER, GLYN		Male 55-59	Maldwyn Harriers	01:38:12	+28:57
100.	507	DURKAN, BRYAN		Male 40-44	Dublin Front Runners AC	01:38:22	+29:07
101.	111	GABRIELS, MARCEL		Male 60-64	dimag	01:38:25	+29:10
102.	476	MATTHEWS, PHILIP		Male 30-34	Crusaders AC	01:39:02	+29:47
103.	202	MCDONALD, PHILIP		Male 55-59	Laragh AC	01:39:14	+29:59
104.	95	EDWARDS, JACK		Male 25-29	Sphinx AC	01:39:38	+30:23
105.	326	GRANGER, ALAN		Male 45-49		01:39:58	+30:43
106.	527	Schrombgens, Wilfred		Male 50-54	Aart Stigter	01:40:18	+31:03
107.	34	STOCKINGS, PAUL		Male 55-59	Elton Manor	01:40:23	+31:08
108.	218	MORAN, MATT		Male 40-44	Bohermeen AC	01:40:52	+31:37
109.	132	PARRY, NEIL		Male 50-54	Dursley	01:40:58	+31:43
110.	320	BUCKLEY, RAY		Male 45-49	Dublin Front Runners	01:41:04	+31:49
111.	361	MALONE, EMMETT		Male 45-49	Crusaders athletic club	01:41:21	+32:06
112.	67	HOCKEY, MARTIN		Male 50-54	Eton Manor	01:41:29	+32:14
113.	364	MCCARTHY, DERMOT		Male 40-44	Dublin Frontrunners AC	01:41:33	+32:18
114.	50	KRUPP, MEINHARD		Male 70-74	TUS Erpel	01:41:43	+32:28
115.	375	GUARDIOLA, ORLANDO		Male 45-49	C. D vallivana	01:41:56	+32:41
116.	435	BRUNDRETT, GAVIN		Male 45-49	North Derbyshire RC	01:42:03	+32:48
117.	189	HJORTLUND, TOM		Male 60-64	Team Hjortlund	01:42:12	+32:57
118.	317	BURKE, DARREN		Male 45-49	Herts Runners	01:42:38	+33:23
119.	113	MUELLER, ROBERT		Male 55-59	Hämpus Laufgruppe	01:43:06	+33:51
120.	275	PEARS, BRYAN		Male 50-54	Sphinx Ac	01:43:08	+33:53
121.	16	CURLEY, ADRIAN		Male 45-49	Tullamore harriers	01:43:11	+33:56
122.	159	MARIENDAL, MICHAEL		Male 55-59	SPARTA	01:43:22	+34:07
123.	307	RUTTEN, LOUIIS		Male 60-64	Loopgroep Aart Stigter	01:43:36	+34:21
124.	205	TOOMES, WILLIAM		Male 55-59		01:43:56	+34:41
125.	473	BOYLE, SHANE		Male 45-49	Dunshaughlin	01:43:56	+34:41
126.	367	SØRENSEN, SIMON		Male 30-34	Sparta	01:44:13	+34:58
127.	136	DIEKOTTO, WOLFGANG		Male 65-69	TSVE 1890 Bielefeld	01:44:17	+35:02
128.	468	LYNCH, SEAN		Male 40-44	Dublin Frontrunners	01:44:39	+35:24
129.	197	KINSELLA, THOMAS		Male 35-39	Sportsworld AC	01:45:04	+35:49
130.	407	FAURHOLT, MARTIN		Male 40-44	Runaar	01:45:17	+36:02
131.	311	HALLE, JACOB		Male 30-34	RUNNAR/Mikkeller	01:45:17	+36:02
132.	99	MCINTOSH, ANDREW		Male 45-49	Sphinx AC	01:45:22	+36:07
133.	391	DWYER, GARY		Male 35-39	Tullamore Harriers	01:45:28	+36:13
134.	427	DOWDS, ROGER		Male 55-59	Dublin Frontrunners	01:45:33	+36:18
135.	410	NILSÉN, ODDBJØRN		Male 50-54		01:45:47	+36:32

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
136.	420	MANN, STUART		Male 75-79	Herts runners	01:45:54	+36:39
137.	432	TAGG, DANIEL		Male 40-44		01:46:15	+37:00
138.	441	HØYBYE, HENRIK		Male 50-54	Sparta	01:46:20	+37:05
139.	431	LEAHY, JOHN		Male 40-44	Kilcormac killoughey	01:46:32	+37:17
140.	295	COLBOURNE, STEVE		Male 65-69	Sphinx	01:47:10	+37:55
141.	61	TIMMS, MITCH		Male 60-64	Sphinx AC	01:47:11	+37:56
142.	70	TAYLOR, JAMIE		Male 30-34		01:48:17	+39:02
143.	257	CAMERON, GREG		Male 50-54		01:48:34	+39:19
144.	163	WILSON, PHILIP		Male 55-59	Sphinx AC	01:48:49	+39:34
145.	40	CHISLETT, PETER		Male 50-54		01:48:52	+39:37
146.	287	DOGGER, PIETER		Male 30-34	loopgroep Aart Stigter	01:49:09	+39:54
147.	68	BATES, MARTIN		Male 60-64	Wesham	01:49:25	+40:10
148.	331	LARSEN, IB		Male 65-69	Aarhus 1900	01:49:40	+40:25
149.	323	HANSEN, JOHN		Male 60-64	Motionsklubben Amager	01:50:06	+40:51
150.	312	GLENNIE, JAMES		Male 60-64	Airdrie Harriers	01:50:15	+41:00
151.	164	PEARS, CRAIG		Male 25-29	Sphinx A.C.	01:50:26	+41:11
152.	64	OLCZYK, MICHAEL		Male 50-54		01:50:30	+41:15
153.	344	LARGE, CHRIS		Male 35-39	Milton Buzzards	01:50:34	+41:19
154.	421	GROOM, WILLIAM		Male 55-59		01:51:09	+41:54
155.	60	KILBY, ANDY		Male 60-64	Dursley running club	01:51:31	+42:16
156.	299	REYES, ERIC		Male 45-49	Dublin Frontrunners	01:51:44	+42:29
157.	281	BURBACH, JÖRG		Male 55-59		01:51:47	+42:32
158.	147	KETELSEN, ERLING		Male 60-64	Blovströdløverne	01:51:59	+42:44
159.	75	BROWN, KEITH		Male 55-59		01:52:12	+42:57
160.	198	LANIGAN, ADRIAN		Male 40-44	Sportsworld	01:52:16	+43:01
161.	524	Williams, Steve		Male 60-64	Garden City Runners	01:52:18	+43:03
162.	301	CULLINANE, DAVID		Male 40-44	Dublin Frontrunners A.C.	01:52:21	+43:06
163.	143	KOFOD, OLE		Male 70-74	Blovstrød Løverne	01:52:25	+43:10
164.	325	MOEBIUS, THORSTEN		Male 55-59		01:52:32	+43:17
165.	172	SPENCER, CRAIG		Male 40-44	Sphinx AC	01:52:44	+43:29
166.	232	VAN DER WERP, JOACHIM		Male 40-44	Dublin Frontrunners	01:54:16	+45:01
167.	532	Arndal, Allan		Male 55-59	Sparta	01:54:21	+45:06
168.	308	TOWELL, SCOTT		Male u/20	LEIGHTON Buzzard Athletics	01:54:35	+45:20
169.	318	COTTLE, JAMES		Male 60-64	Crusaders AC	01:54:51	+45:36
170.	153	KENNEDY, PAUL		Male 50-54	Milton Buzzards	01:54:53	+45:38
171.	230	HERWARTS, RAYMOND		Male 45-49	Loopgroep Aart Stigter	01:55:34	+46:19
172.	333	BARRETT, JASON		Male 50-54	Hillingdon triathletes	01:56:18	+47:03
173.	41	CULLINANE, DIARMUID		Male 55-59	Stroud & District Athletics Club	01:56:25	+47:10
174.	465	MCENTEE, ALAN		Male 35-39	Dublin Front Runners A.C	01:57:00	+47:45
175.	211	BRINKS, ERIK		Male 60-64	LIF Løb & Motion	01:57:31	+48:16
176.	238	ADMIRAAL, PIET		Male 65-69	Loopgroep Aart Stigter	01:57:41	+48:26
177.	493	JONES, TERRY		Male 65-69	Triathlon Coaching Wales	01:58:48	+49:33
178.	408	JESSEN, OLE		Male 60-64		01:59:02	+49:47
179.	181	BOULTON, GED		Male 55-59		01:59:06	+49:51
180.	110	REASON, JOHN		Male 60-64	Blackpool Wyre and Fylde	02:00:26	+51:11
181.	530	Baker, Andrew		Male 45-49		02:01:51	+52:36

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
182.	78	WEREY, PHILIPPE		Male 50-54		02:01:56	+52:41
183.	350	O'MAILLE, COLM		Male 35-39	Galway city harriers	02:02:15	+53:00
184.	42	YOUNG, CHRISTOPHER		Male 60-64	Stroud & District AC	02:03:15	+54:00
185.	456	HOLDT, NIELS		Male 70-74	Sparta	02:03:39	+54:24
186.	142	SAABYE, HENRIK		Male 70-74	Blovstrød løverne	02:04:30	+55:15
187.	490	THOMAS, NIGEL		Male 50-54		02:05:46	+56:31
188.	58	CRANE, DEREK		Male 50-54	Blackpool Wyre & Fylde AC	02:07:45	+58:30
189.	489	THOMAS, DARREN		Male 50-54	Witham	02:08:19	+59:04
190.	179	ZACHO, ERIK		Male 65-69	Kalundborg-if	02:08:50	+59:35
191.	71	KYDD, ANDREW		Male 50-54	Newmarket Cycling Triathlon	02:09:12	+59:57
192.	55	WORTHINGTON, PETER		Male 50-54	Astley & Tyldesley Road	02:09:20	+60:05
193.	389	SMITH, GRAEME		Male 35-39	Sphinx	02:09:27	+60:12
194.	393	MASSEY, ROBERT		Male 70-74	Blackpool Wyre & Fylde AC	02:10:20	+61:05
195.	156	MC LOUGHLIN, SEAMUS		Male 60-64	Dublin Front Runners	02:10:42	+61:27
196.	371	NIELSEN, PREBEN		Male 75-79		02:10:56	+61:41
197.	377	NISSSEN, PREBEN		Male 65-69	Sparta	02:12:21	+63:06
198.	296	CRUUSBERG, JOHN		Male 60-64	Odense Gymnastikforening	02:13:57	+64:42
199.	210	MATHIASSEN, ANDERS		Male 30-34	Sparta	02:15:08	+65:53
200.	216	STUIVENBERG, COR		Male 70-74		02:16:21	+67:06
201.	233	MCCORMACK, ALAN		Male 40-44	Dublin Front Runners	02:16:33	+67:18
202.	140	AYLOTT, WAYNE		Male 55-59	Herts runners	02:20:22	+71:07
203.	32	SINGLETON, BERNARD		Male 70-74	Blackpool wyre fylde running	02:20:45	+71:30
204.	152	GROOSS, KARSTEN		Male 60-64		02:20:56	+71:41
205.	338	WENDT, PETER		Male 65-69	Kurts kåde kaniner	02:22:19	+73:04
206.	174	NIELSEN, KLAUS-JØRGEN		Male 55-59	Kalundborg if	02:25:52	+76:37
207.	149	WILLIAMS, RAY		Male 60-64	DURSLEY RUNNING CLUB	02:26:36	+77:21
208.	341	JOHANSEN, KENNETH		Male 55-59	Aarhus 1900	02:30:23	+81:08
209.	130	ORRELLS, STEVE		Male 65-69	Maldwyn Harriers	02:35:10	+85:55
210.	57	NORMAN, PETER		Male 80+	wrexham a c	03:21:49	+132:34
DSQ	227	MENGER, RUUD		Male 60-64	Loopgroep Aart Stigter	01:24:31	
DNF	280	DUPONT, JOHAN		Male u/20	De Danske Bjørne		
DNS	10	FORDE, GER		Male 40-44	Crusaders AC		
DNS	33	BROWN, KEITH		Male 55-59	Warrington road runners		
DNS	43	RAYNOR, ANDREW		Male 50-54	Colchester Harriers		
DNS	44	CONWAY, ANDREW		Male 50-54	Colchester Harriers		
DNS	47	CRESSWELL, TOM		Male 30-34	Colchester Harriers		
DNS	66	CAHALAN, EDWARD		Male 70-74	Coolquill		
DNS	77	ADAMS, STEVE		Male 55-59	Eton Manor AC		
DNS	100	INCHLEY, ANDY		Male 40-44	Milton Buzzards		
DNS	178	ENRIGHT, PATRICK		Male 35-39	Sportsworld AC		
DNS	182	BROCKBANK, A		Male 60-64			
DNS	243	CAHALAN, TONY		Male 35-39			
DNS	253	BROWN, ANDREW		Male 60-64	Severn AC		
DNS	276	WYNNE-JONES, Dylan		Male 45-49	Wreccsam tri club		
DNS	278	BJØRNSSEN, ANDREAS BOCK		Male u/20	De Danske Bjørne		
DNS	279	KJÆR, MALTE		Male u/20	De Danske Bjørne		

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
DNS	284	HAWKSLEY, GARY		Male 45-49	West end runners		
DNS	286	SCHALTZ, Torben		Male 60-64	Sparta		
DNS	291	OLIJSLAGER, DIEDERIK		Male 50-54			
DNS	303	FINNEY, SAM		Male 30-34			
DNS	399	JEPSEN, ULRIK GAMMELTOFT		Male 40-44	Sparta		
DNS	402	ØDUM, SØREN THRANE		Male u/20	DE DANSKE BJØRNE		
DNS	455	KOVSTED, JAKOB SCHØIER		Male u/20	De Danske Bjørne		
DNS	463	MANN, MATTHIAS		Male 30-34	Sparta		
DNS	488	GLUE, AARON		Male 40-44	Milton Buzzards		
DNS	502	BYRNE, KILLIAN		Male 45-49			
DNS	505	BUCKLEY, LESLIE		Male 40-44	tullamore harriers		
DNS	521	Ennis, Ross		Male 40-44	Sportsworld		

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
Female							
1.	23	GEURTSSEN, MARIJE		Female 30-34	Hardloopgroep Aart Stigter	01:19:30	-
2.	4	ORCHARD, RUBY		Female 35-39	Vegan Runners UK	01:20:38	+1:08
3.	231	BERGER DE VRIES, HELLEN		Female 40-44	Aart Stigter	01:22:31	+3:01
4.	429	KEANE, SHONA		Female 35-39	Sportsworld	01:23:14	+3:44
5.	472	JORDAN, ADRIENNE		Female 40-44	Crusaders	01:25:03	+5:33
6.	2	CURLEY, PAULINE		Female 50-54	Tullamore harriers	01:25:17	+5:47
7.	11	TIDESWELL, KEALEY		Female 35-39	Clonmel AC	01:25:32	+6:02
8.	8	THORNTON, CATHERINE		Female 30-34	Crusaders AC	01:25:41	+6:11
9.	14	FLANAGAN, SARAH		Female 40-44	Eton Manor AC	01:26:01	+6:31
10.	200	GROGAN, LINDA		Female 35-39	Dundrum AC	01:26:22	+6:52
11.	517	MCELROY, ILONA		Female 35-39	Crusaders	01:26:39	+7:09
12.	5	BROKSØ, TINE		Female 45-49	Blovstrød Iøverne	01:27:10	+7:40
13.	449	HANSEN, NANNA LOEBORG		Female 25-29	Sparta	01:27:57	+8:27
14.	392	JONES, MARIA		Female 30-34	Sportsworld	01:28:55	+9:25
15.	222	BALM, SUSANNE		Female 30-34	loopgroep Aart Stigter	01:30:11	+10:41
16.	17	MURRAY, BARBARA		Female 45-49	Donore harriers	01:30:46	+11:16
17.	138	TASKA, MARTINA		Female 45-49	Hämpus Laufgruppe	01:31:13	+11:43
18.	515	CROWLEY, CAROLINE		Female 30-34	Crusaders AC	01:31:57	+12:27
19.	519	GORMAN, IRENE		Female 25-29	Crusaders AC	01:32:35	+13:05
20.	15	GINTY, MAURA		Female 35-39	Sportsworld	01:33:19	+13:49
21.	226	ROCHE, ÁINE		Female 35-39	Clonmel AC	01:33:29	+13:59
22.	363	MITCHELL, RUTH		Female 25-29	Leighton Buzzard athletics club	01:33:46	+14:16
23.	508	REGAN, GRAINNE		Female 35-39	Crusaders AC	01:34:15	+14:45
24.	330	HANEVY, ALMA		Female 40-44	Crusaders AC	01:35:25	+15:55
25.	360	INCHLEY, AMY		Female 35-39	Milton Buzzards	01:35:52	+16:22
26.	125	GUTEMANN, KARIN		Female 45-49		01:37:33	+18:03
27.	314	BIGLEY, LYDIA		Female 40-44	Dublin Front Runners	01:38:04	+18:34
28.	165	HAUGEN, ANNE-GRETE		Female 65-69	Viljar IL	01:38:26	+18:56
29.	310	ANDERSON, CORALIE		Female 45-49	Milton Buzzards	01:38:29	+18:59
30.	212	WOLOSZYNSKA, DOROTA		Female 35-39		01:38:45	+19:15
31.	481	NI CHEARBHAILL, DEIRDRE		Female 40-44	Crusaders AC	01:39:07	+19:37
32.	27	OUTLAW, BITTEN		Female 45-49	Næsby Motion	01:39:20	+19:50
33.	306	O'DOWD, FIONA		Female 30-34	Crusaders AC	01:39:33	+20:03
34.	29	THOMSEN, SOLVEIG		Female 50-54	Næsby Motion	01:40:27	+20:57
35.	258	CLEMMENSEN, TINA		Female 50-54	NIMF	01:40:38	+21:08
36.	192	LORENTZEN, SARA CBH		Female 40-44	Sparta	01:41:03	+21:33
37.	526	Rogerson, Ruth		Female 40-44		01:41:07	+21:37
38.	387	MCLOUGHLIN, NITA		Female 40-44	Tullamore Harriers	01:41:25	+21:55
39.	285	MEADE, EMMA		Female 25-29	Sportsworld A.C.	01:41:41	+22:11
40.	352	FLEMING, REBECCA		Female 30-34	Crusaders AC	01:42:09	+22:39
41.	294	DUNNE, OLWYN		Female 50-54	Crusaders AC	01:42:32	+23:02
42.	315	SHINE, LISA		Female 35-39	Crusaders AC	01:42:38	+23:08
43.	447	WHITE, GEMMA		Female 35-39	Sportsworld	01:42:43	+23:13
44.	76	WOODWARD, ZOE		Female 55-59	Eton Manor AC	01:42:59	+23:29
45.	18	SINGLETON, OCTAVIA		Female 45-49	Witham Running Club	01:43:43	+24:13

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
46.	151	MAGUIRE, SIOBHAN		Female 50-54	Dunboyne AC	01:43:57	+24:27
47.	206	BROCKSOPP, JENNIFER		Female 35-39		01:43:59	+24:29
48.	239	NOLAN-JONES, MARTINA		Female 40-44	Sportsworld	01:44:03	+24:33
49.	59	SACKETT, KATE		Female 60-64	Cirencester ac	01:44:57	+25:27
50.	406	RASMUSSEN, MIA		Female 30-34		01:45:04	+25:34
51.	514	KENNY, EMER		Female 35-39	Crusaders AC	01:45:36	+26:06
52.	357	HACKETT, JULIA		Female 45-49	Donore Harriers	01:45:44	+26:14
53.	171	GRENNAN, MAG		Female 50-54	TULLAMORE HARRIERS	01:46:32	+27:02
54.	290	HARMON, JENNIFER		Female 35-39		01:46:49	+27:19
55.	477	THOMSEN, HENRIETTE		Female 25-29	Sparta	01:47:01	+27:31
56.	80	VACHER, LOUISE		Female 55-59	ETON MANOR	01:47:08	+27:38
57.	38	WILKINS, PENNY		Female 55-59	Sutton Runners	01:47:19	+27:49
58.	133	ASVARISCH, MIRIAM		Female 65-69	Viking Atletik	01:47:49	+28:19
59.	241	MAINWARING, LESLEY		Female 50-54	Triathlon Coaching Wales	01:48:05	+28:35
60.	327	KENNEDY, ELAINE		Female 25-29	Sportsworld	01:48:25	+28:55
61.	342	GLENNIE, MORVEN		Female 20-24	Airdrie Harriers	01:48:28	+28:58
62.	69	HOCKLEY, MARIE		Female 55-59	Bishops Stortford	01:49:32	+30:02
63.	448	ANDERSEN, THERESA		Female 35-39	Hechmann Running	01:49:35	+30:05
64.	461	PEDERSEN, MAJA JESSICA		Female 25-29	Valbyløberne	01:50:17	+30:47
65.	319	NIELSEN, GRETHE		Female 65-69	Aarhus 1900	01:50:32	+31:02
66.	51	FRITZE, METTE SOMMER		Female 35-39	Sparta	01:50:43	+31:13
67.	39	CHISLETT, LYNN		Female 50-54		01:50:48	+31:18
68.	379	NIELSEN, ELISABETH LINDE		Female 60-64	Sparta	01:51:00	+31:30
69.	54	GRANTHAM, LISA		Female 45-49	Pensby Runners	01:51:13	+31:43
70.	355	MCLEISH, FIONA		Female 40-44	Milton Buzzards	01:51:23	+31:53
71.	460	HANSEN, SOFIE		Female 25-29	SPARTA	01:51:41	+32:11
72.	419	BRASEN, ANNETTE		Female 60-64	Team	01:51:48	+32:18
73.	229	DRENTHE, HERMIE		Female 50-54	Loopgroep Aart Stigter	01:52:20	+32:50
74.	108	RALPH, HELEN		Female 55-59	Tamar Trotters	01:53:06	+33:36
75.	91	SHOLL, THERESA		Female 50-54	Redway Runners	01:54:29	+34:59
76.	345	EGE, BENTE		Female 50-54	Sparta	01:55:07	+35:37
77.	107	PECK, FIONA		Female 50-54	Tamar Trotters	01:55:44	+36:14
78.	268	VAN DER VOORN, HELEN		Female 40-44	Aart Stigter	01:56:15	+36:45
79.	168	NETTLETON, CATHERINE		Female 40-44	Steel city striders	01:56:17	+36:47
80.	442	CHRISTENSEN, DORTHE		Female 55-59	Sparta	01:56:27	+36:57
81.	123	HIRST, TRICIA		Female 60-64	Dolly Mixtures	01:56:35	+37:05
82.	506	NEWMAN, HELENA		Female 40-44	tullamore harriers	01:56:59	+37:29
83.	63	BREWING, VICTORIA		Female 35-39	Sphinx AC	01:57:21	+37:51
84.	177	LEBEAU, CHARLOTTE		Female 50-54		01:58:09	+38:39
85.	215	VAN DEN BERG -		Female 40-44		01:58:55	+39:25
86.	256	BYRNE, REGINA		Female 40-44	Dublin Front Runners	01:59:23	+39:53
87.	282	OLIVER, JULES		Female 45-49	West End Runners	01:59:29	+39:59
88.	482	SWEENEY, ANNE		Female 50-54	Sportsworld	01:59:50	+40:20
89.	277	TIDESWELL, JULIE		Female 55-59	Clonmel AC	02:00:20	+40:50
90.	458	NYHOLM, MAJA		Female 25-29	Sparta	02:00:32	+41:02
91.	236	SMART, ELISABETH		Female 60-64	Forres Harriers	02:00:43	+41:13

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
92.	298	TIMOTHY, KAREN		Female 55-59	Sphinx AC	02:01:04	+41:34
93.	102	LYDERSEN RAGNHOF, LAILA		Female 50-54	Sparta	02:01:26	+41:56
94.	146	REVSBECK, LINE		Female 50-54	BlovstrødLøverne	02:01:48	+42:18
95.	46	LOUGHREY, TISH		Female 40-44	Dublin Frontrunners	02:01:51	+42:21
96.	368	BECKMANN, KATHARINA		Female 30-34	Sparta	02:03:39	+44:09
97.	370	RISDAHL, CHRISTINA		Female 30-34	Sparta	02:03:40	+44:10
98.	128	BOERBOOM-SCHUURMANS,		Female 35-39		02:04:45	+45:15
99.	401	JENSEN, ANNA		Female 25-29	Sparta	02:04:59	+45:29
100.	349	HEIMBS, ANETTE		Female 40-44		02:05:58	+46:28
101.	170	ALLEN, RACHAEL		Female 40-44	Sphinx AC	02:06:25	+46:55
102.	188	SHANAHAN, JANET		Female 50-54	Maldwyn Harriers	02:07:09	+47:39
103.	492	JENNETTE, MARION		Female 55-59		02:07:21	+47:51
104.	518	Kearney, Kathryn		Female 55-59	Triathlon Coaching Wales	02:07:34	+48:04
105.	93	BERRY, ALISON		Female 45-49		02:07:38	+48:08
106.	245	PEDERSEN, NINA JETTE		Female 55-59	Nyvest	02:09:03	+49:33
107.	62	TIMMS, JACKIE		Female 50-54	Sphinx AC	02:09:10	+49:40
108.	400	MELODY, AILEEN		Female 55-59	Sportsworld	02:10:16	+50:46
109.	403	LALOR, JOSIE		Female 50-54	Tullamore harriers	02:10:25	+50:55
110.	225	KOEKOEK, ERNA		Female 50-54	Loopgroep Aart Stigter	02:10:51	+51:21
111.	86	KREUGEL, SYLVIA		Female 40-44	Aart Stigter Running	02:10:51	+51:21
112.	89	COENEN, SANDRA		Female 35-39		02:10:54	+51:24
113.	87	AANS, HARRIET		Female 50-54	Aart Stigter Running	02:10:55	+51:25
114.	251	CHRISTIANSEN, BENTE		Female 65-69	Sparta	02:11:08	+51:38
115.	260	NIELSEN, MAGDA-LENE		Female 50-54	Sparta	02:11:09	+51:39
116.	73	WORTHINGTON, CATH		Female 40-44	Astley and Tyldesley Road	02:12:23	+52:53
117.	126	GUTEMANN, ANNETTE		Female 40-44		02:12:25	+52:55
118.	154	LINDSTRØM, ANNE MARIE		Female 50-54		02:13:57	+54:27
119.	372	MCNAMARA, ANNE MARIE		Female 50-54	tullamore harriers	02:14:26	+54:56
120.	49	TØNNESEN, MAJBRIIT		Female 50-54	Viking Atletik	02:14:26	+54:56
121.	84	REY, NANCY		Female 50-54		02:19:17	+59:47
122.	531	Rasmussen, Ina		Female 55-59	Sparta	02:20:03	+60:33
123.	137	Boulton, EMMA		Female 30-34		02:22:53	+63:23
124.	36	ALARA, OLA		Female 55-59		02:23:24	+63:54
125.	339	WENDT, GURLI		Female 65-69	Aarhus 1900	02:23:57	+64:27
126.	433	COOPER, HOLLY		Female 35-39	Sphinx AC	02:25:02	+65:32
127.	436	BRUNDRETT, Susanne		Female 45-49	North Derbyshire RC	02:26:21	+66:51
128.	157	LONGMATE, DEBORAH		Female 45-49		02:26:21	+66:51
129.	422	GROOM, NICOLA		Female 45-49		02:27:49	+68:19
130.	446	ROBERTS, KAREN		Female 55-59	Dolly Mixtures	02:27:49	+68:19
131.	88	RIIS, HANNE SONNE		Female 65-69	ØB-Atletik	02:28:15	+68:45
132.	30	PAFFEN, PATRICIA		Female 40-44	Dublin Front Runners A.C.	02:29:54	+70:24
133.	336	JENSEN, PIA		Female 50-54	Aarhus 1900	02:30:28	+70:58
134.	383	ANDERSEN, MAY		Female 60-64	Sparta	02:33:12	+73:42
135.	535	Kramer, Joan		Female 65-69	Sparta	02:33:12	+73:42
136.	129	ORRELLS, CAROLINE		Female 60-64	Maldwyn Harriers	02:35:10	+75:40
137.	98	HOLLOWAY-MCLEAN,		Female 50-54		02:49:50	+90:20

Place	Bib	Name	Nat.	AG	Club	21K	Diff.
138.	74	JØRGENSEN, SOLVEI HELEN		Female 65-69		02:54:14	+94:44
139.	175	NIELSEN, METTE GILDBERG		Female 55-59	Kalundborg if	02:59:43	+100:13
140.	305	HOLMES, GILLIAN		Female 65-69	Werrington Joggers	03:00:49	+101:19
141.	97	MONTAGU-LEON, BURTI		Female 45-49		03:06:46	+107:16
DNF	262	CLARK, HANNE		Female 70-74	Sparta	02:33:12	
DNF	329	GAZZANI, LENA		Female 70-74	Milton Buzzards		
DNS	35	STOCKINGS, CLAIR		Female 55-59	Elton Manor		
DNS	37	BODA, REKA		Female 50-54			
DNS	103	BJARKOV, MARIE-LOUISE		Female 65-69	Sparta		
DNS	114	SCHLIEPHAKE, KATRIN		Female 50-54	BSG Gaden, Hamburg		
DNS	150	CALNAN, MARIA		Female 45-49	Dublin Front runners A.C.		
DNS	190	HJORTLUND, VIVI		Female 50-54	Team Hjortlund		
DNS	249	BRANDSBJERG, CHRISTINA		Female 40-44	Blovstrød Løverne		
DNS	250	ABBOTT, LISA		Female 35-39	Sphinx Ac		
DNS	266	EJLEV, MARIE-LOUISE		Female 50-54	Sparta		
DNS	313	GLENNIE, HEATHER		Female 60-64	Jog Scotland Cumbernauld		
DNS	388	HAND, VICTORIA		Female 35-39	Sphinx AC		
DNS	397	GRENA, BIRGITTE		Female 50-54	Sparta		
DNS	459	RAASTHØJ, EMILIE		Female 25-29	Sparta		
DNS	478	NUGENT, KATIE		Female 30-34	Sportsworld AC		
DNS	510	JEGERG, RIKKE MONEFELDT		Female 50-54	Sparta		

Number of records: 397

Age Group Results

Place	Bib	Name	Nat.	Club	21K	Diff.
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Male u/20

1.	378	WEBER, LASSE FALCK		De Danske Bjørne	01:22:35	+13:20
2.	308	TOWELL, SCOTT		LEIGHTON Buzzard Athletics Club	01:54:35	+45:20
DNF	280	DUPONT, JOHAN		De Danske Bjørne		
DNS	278	BJØRNSSEN, ANDREAS BOCK		De Danske Bjørne		
DNS	279	KJÆR, MALTE		De Danske Bjørne		
DNS	402	ØDUM, SØREN THRANE		DE DANSKE BJØRNE		
DNS	455	KOVSTED, JAKOB SCHØIER		De Danske Bjørne		

Male 20-24

1.	109	REASON, SIMON		Blackpool Wyre and Fylde Athletics	01:23:42	+14:27
2.	380	NIELSEN, MIKKEL BAY			01:29:24	+20:09

Male 25-29

1.	1	HARTLEV, Kasper Laumann		RUNAAR/Mikkeller	01:09:15	-
2.	496	PALMER, MATT			01:16:25	+7:10
3.	267	REIDY, PAUL		Crusaders AC	01:18:32	+9:17
4.	185	FERGUSON, JAMES		The Chiltern Hills Runners	01:23:01	+13:46
5.	293	HARTLEV, KRISTIAN LAUMANN		RUNAAR/Mikkeller	01:23:53	+14:38
6.	381	MADSEN, KRISTIAN TOFT			01:27:58	+18:43
7.	376	GLENNIE, LEWIS		Airdrie Harriers	01:34:27	+25:12
8.	259	DUNNE, MATT		Dublin Front Runners	01:34:45	+25:30
9.	95	EDWARDS, JACK		Sphinx AC	01:39:38	+30:23
10.	164	PEARS, CRAIG		Sphinx A.C.	01:50:26	+41:11

Male 30-34

1.	184	MAY, CHARLES		The Chiltern Hills Runners	01:11:20	+2:05
2.	501	NAVARRO HITA, AITOR		Club La Santa	01:14:59	+5:44
3.	180	GAEBEL, CHRISTIAN		Berlin	01:23:04	+13:49
4.	213	MCCALL, ASHLEY		Dublin Front Runners	01:29:45	+20:30
5.	304	GORDON, ANDY		Sportsworld	01:31:11	+21:56
6.	183	MOORE, ANDREW		Civil service harriers	01:33:15	+24:00
7.	476	MATTHEWS, PHILIP		Crusaders AC	01:39:02	+29:47
8.	367	SØRENSEN, SIMON		Sparta	01:44:13	+34:58
9.	311	HALLE, JACOB		RUNNAR/Mikkeller	01:45:17	+36:02
10.	70	TAYLOR, JAMIE			01:48:17	+39:02
11.	287	DOGGER, PIETER		loopgroep Aart Stigter	01:49:09	+39:54
12.	210	MATHIASSEN, ANDERS		Sparta	02:15:08	+65:53
DNS	47	CRESSWELL, TOM		Colchester Harriers		
DNS	303	FINNEY, SAM				
DNS	463	MANN, MATTHIAS		Sparta		

Male 35-39

1.	13	ELMORE, ROB		Milton Buzzards	01:11:33	+2:18
2.	7	MURRAN, GARETH		Sportsworld Running Club	01:14:16	+5:01
3.	6	MACKRELL, PETER		Milton Buzzards	01:14:30	+5:15

Place	Bib	Name	Nat.	Club	21K	Diff.
4.	337	CURRAN, KEVIN		Sportsworld	01:20:35	+11:20
5.	451	MC DERMOTT, JOSEPH		Crusaaders AC	01:21:15	+12:00
6.	12	MOONEY, LEONARD		Tullamore Harriers	01:21:42	+12:27
7.	112	FEEHAN, CHRISTIAAN		Dublin Frontrunners A.C.	01:25:06	+15:51
8.	122	JONES, JONATHAN			01:25:29	+16:14
9.	541	Fankhauser, Beat			01:26:07	+16:52
10.	529	Branigan, Dominick		Crusaders AC	01:27:16	+18:01
11.	390	BUTLER, DARREN		Tullamore Harriers	01:28:49	+19:34
12.	417	MEYERS, CHRISTOPH			01:30:16	+21:01
13.	237	HELMER, PHILIP		Skoemagerkroen/Fremad Holbæk	01:31:13	+21:58
14.	405	NIELSEN, FREDERIK		Politiets Idrætsforening Århus	01:31:13	+21:58
15.	445	MARIENLUND ANDERSEN, SOEREN		Sparta	01:32:24	+23:09
16.	428	READ, STUART		Milton Buzzards	01:33:09	+23:54
17.	416	POGGENPOHL, GERRIT		MC 34	01:34:13	+24:58
18.	240	DEMPSEY, ROBERT		Dublin Frontrunners A.C	01:36:13	+26:58
19.	219	DICK, KEVIN		Sphinx AC	01:36:36	+27:21
20.	197	KINSELLA, THOMAS		Sportsworld AC	01:45:04	+35:49
21.	391	DWYER, GARY		Tullamore Harriers	01:45:28	+36:13
22.	344	LARGE, CHRIS		Milton Buzzards	01:50:34	+41:19
23.	465	MCENTEE, ALAN		Dublin Front Runners A.C	01:57:00	+47:45
24.	350	O'MAILLE, COLM		Galway city harriers	02:02:15	+53:00
25.	389	SMITH, GRAEME		Sphinx	02:09:27	+60:12
DNS	178	ENRIGHT, PATRICK		Sportsworld AC		
DNS	243	CAHALAN, TONY				

Male 40-44

1.	248	BRANDSBJERG, JONAS		Blovstrød løverne	01:12:29	+3:14
2.	3	FLEMING, PAUL		Sportsworld	01:14:01	+4:46
3.	9	O'BRIEN, MICHEAL		Tullamore Harriers	01:18:07	+8:52
4.	203	DOYLE, MARTIN		Sportsworld rc	01:22:48	+13:33
5.	365	WALSH, JOE		Crusaders AC	01:24:13	+14:58
6.	252	CUNNINGHAM, MICHAEL		Sportsworld	01:24:58	+15:43
7.	254	WEIJZEN, JOCHEM		loopgroep Aart stichter	01:25:39	+16:24
8.	45	FORD, SIMON		Colchester Harriers	01:28:01	+18:46
9.	255	CHAPMAN-BROWN, RICHARD		Severn AC of Gloucester	01:29:11	+19:56
10.	443	HONORÉ, MICHEL		SPARTA	01:30:42	+21:27
11.	499	PRICE, BENJAMIN		Triathlon coaching wales	01:30:50	+21:35
12.	72	COX, STUART		#coupleofnutters	01:31:40	+22:25
13.	82	JARMAN, DARREN		Maldwyn Harriers	01:32:07	+22:52
14.	394	LOOBY, PÁDRAIG		Sportsworld AC	01:33:10	+23:55
15.	369	THEODORSEN, SØREN		Sparta	01:33:55	+24:40
16.	374	O DONNELL, TIMOTHY		Crusaders	01:37:41	+28:26
17.	104	STAFFE, ANDERS		Sparta	01:37:45	+28:30
18.	507	DURKAN, BRYAN		Dublin Front Runners AC	01:38:22	+29:07
19.	218	MORAN, MATT		Bohermeen AC	01:40:52	+31:37
20.	364	MCCARTHY, DERMOT		Dublin Frontrunners AC	01:41:33	+32:18
21.	468	LYNCH, SEAN		Dublin Frontrunners	01:44:39	+35:24

Place	Bib	Name	Nat.	Club	21K	Diff.
22.	407	FAURHOLT, MARTIN		Runaar	01:45:17	+36:02
23.	432	TAGG, DANIEL			01:46:15	+37:00
24.	431	LEAHY, JOHN		Kilcormac killoughey	01:46:32	+37:17
25.	198	LANIGAN, ADRIAN		Sportsworld	01:52:16	+43:01
26.	301	CULLINANE, DAVID		Dublin Frontrunners A.C.	01:52:21	+43:06
27.	172	SPENCER, CRAIG		Sphinx AC	01:52:44	+43:29
28.	232	VAN DER WOPP, JOACHIM		Dublin Frontrunners	01:54:16	+45:01
29.	233	MCCORMACK, ALAN		Dublin Front Runners	02:16:33	+67:18
DNS	10	FORDE, GER		Crusaders AC		
DNS	100	INCHLEY, ANDY		Milton Buzzards		
DNS	399	JEPSEN, ULRIK GAMMELTOFT		Sparta		
DNS	488	GLUE, AARON		Milton Buzzards		
DNS	505	BUCKLEY, LESLIE		tullamore harriers		
DNS	521	Ennis, Ross		Sportsworld		

Male 45-49

1.	503	CROSS, ROBERT		Crusaders AC	01:15:31	+6:16
2.	134	BLAZIER, DARREN		Abergele Harriers	01:19:56	+10:41
3.	424	EXPOSITO MUÑOZ, DAVID		MD TRAINING	01:21:04	+11:49
4.	474	CAMPBELL, BRUCE		Sportsworld	01:23:00	+13:45
5.	173	HELMHOLT, HENRIK		BIK	01:23:45	+14:30
6.	186	MASTERSON, RONAN		Sportsworld	01:24:36	+15:21
7.	217	TALLON, ROBERT		Bohermeen	01:28:17	+19:02
8.	94	EL-SOUR, ALLEN		Sphinx AC	01:29:09	+19:54
9.	321	CRONIN, BASIL		Tullamore Harriers	01:29:45	+20:30
10.	418	NUGENT, EDDIE		Crusaders AC	01:30:17	+21:02
11.	96	LANGER, PAWEL			01:32:23	+23:08
12.	373	JONES, NEIL		MK BUZZARDS	01:33:33	+24:18
13.	187	MANUEL, DAVID		Maldwyn Harriers	01:33:52	+24:37
14.	26	VINSTEN, KIM		Næsby Motion	01:34:07	+24:52
15.	528	Smyth, Michael		Crusaders AC	01:34:21	+25:06
16.	169	ALLEN, BARRY		Sphinx AC	01:36:36	+27:21
17.	118	GHADAMIAN, FARZAD		Hämpus Laufgruppe Bern	01:36:55	+27:40
18.	326	GRANGER, ALAN			01:39:58	+30:43
19.	320	BUCKLEY, RAY		Dublin Front Runners	01:41:04	+31:49
20.	361	MALONE, EMMETT		Crusaders athletic club	01:41:21	+32:06
21.	375	GUARDIOLA, ORLANDO		C. D vallivana	01:41:56	+32:41
22.	435	BRUNDRETT, GAVIN		North Derbyshire RC	01:42:03	+32:48
23.	317	BURKE, DARREN		Herts Runners	01:42:38	+33:23
24.	16	CURLEY, ADRIAN		Tullamore harriers	01:43:11	+33:56
25.	473	BOYLE, SHANE		Dunshaughlin	01:43:56	+34:41
26.	99	MCINTOSH, ANDREW		Sphinx AC	01:45:22	+36:07
27.	299	REYES, ERIC		Dublin Frontrunners	01:51:44	+42:29
28.	230	HERWARTS, RAYMOND		Loopgroep Aart Stigter	01:55:34	+46:19
29.	530	Baker, Andrew			02:01:51	+52:36
DNS	276	WYNNE-JONES, Dylan		Wreccsam tri club		
DNS	284	HAWKSLEY, GARY		West end runners		

Place	Bib	Name	Nat.	Club	21K	Diff.
DNS	502	BYRNE, KILLIAN				

Male 50-54

1.	539	Rasmussen, Kim			01:25:08	+15:53
2.	191	BARNES, NIGEL		Triathlon Coaching Wales	01:25:09	+15:54
3.	83	VERSCHUEREN, EDDY		Ironteam Mechelen	01:28:13	+18:58
4.	28	JENSEN, KIM		Næsby Motion	01:28:27	+19:12
5.	297	GILLEN, ANTHONY		Sportsworld	01:29:02	+19:47
6.	426	KNAGGS, PETER		Sportsworld	01:29:32	+20:17
7.	106	ØKSNEBJERG, LARS OLE		LIF Løb og Motion	01:30:56	+21:41
8.	199	LARSEN, HENRIK RENTOFT		Sparta	01:30:59	+21:44
9.	139	MELIDEO, GIANNI		Hämpus Laufgruppe	01:31:14	+21:59
10.	155	CARTER, ANDREW		West Cheshire Athletic Club	01:32:16	+23:01
11.	274	BEESON, PAUL		Maldwyn Harriers	01:34:09	+24:54
12.	348	OWENS, LEONARD		Tullamore Harriers	01:34:53	+25:38
13.	135	SPARROW, PAUL		Blackpool Wyre & Fylde AC	01:35:19	+26:04
14.	24	HOLM-NIELSEN, JESPER		Sparta	01:36:45	+27:30
15.	527	Schrombgens, Wilfred		Aart Stigter	01:40:18	+31:03
16.	132	PARRY, NEIL		Dursley	01:40:58	+31:43
17.	67	HOCKEY, MARTIN		Eton Manor	01:41:29	+32:14
18.	275	PEARS, BRYAN		Sphinx Ac	01:43:08	+33:53
19.	410	NILSÉN, ODDBJØRN			01:45:47	+36:32
20.	441	HØYBYE, HENRIK		Sparta	01:46:20	+37:05
21.	257	CAMERON, GREG			01:48:34	+39:19
22.	40	CHISLETT, PETER			01:48:52	+39:37
23.	64	OLCZYK, MICHAEL			01:50:30	+41:15
24.	153	KENNEDY, PAUL		Milton Buzzards	01:54:53	+45:38
25.	333	BARRETT, JASON		Hillingdon triathletes	01:56:18	+47:03
26.	78	WEREY, PHILIPPE			02:01:56	+52:41
27.	490	THOMAS, NIGEL			02:05:46	+56:31
28.	58	CRANE, DEREK		Blackpool Wyre & Fylde AC	02:07:45	+58:30
29.	489	THOMAS, DARREN		Witham	02:08:19	+59:04
30.	71	KYDD, ANDREW		Newmarket Cycling Triathlon Club	02:09:12	+59:57
31.	55	WORTHINGTON, PETER		Astley & Tyldesley Road Runners	02:09:20	+60:05
DNS	43	RAYNOR, ANDREW		Colchester Harriers		
DNS	44	CONWAY, ANDREW		Colchester Harriers		
DNS	291	OLIJSLAGER, DIEDERIK				

Male 55-59

1.	48	RIDLEY, COLIN		Colchester harriers	01:23:29	+14:14
2.	85	CATES, PAUL		Eton Manor AC	01:25:24	+16:09
3.	224	NIELSEN, PER			01:29:17	+20:02
4.	158	LARSEN, HENRIK		Blovstrød løverne	01:29:48	+20:33
5.	121	LEACY, MARK		Ardee and District	01:30:22	+21:07
6.	31	HANSEN, JAN JUUL		Næsby Motion	01:32:11	+22:56
7.	65	VIS, GER			01:34:56	+25:41
8.	115	STEIN, BARRY		None	01:35:05	+25:50

Place	Bib	Name	Nat.	Club	21K	Diff.
9.	194	BROCK, DAVE		Orion Harriers	01:36:04	+26:49
10.	332	MENSINK, WOUT		Running Club Aart Stigter	01:36:16	+27:01
11.	265	FLETCHER, GLYN		Maldwyn Harriers	01:38:12	+28:57
12.	202	MCDONALD, PHILIP		Laragh AC	01:39:14	+29:59
13.	34	STOCKINGS, PAUL		Elton Manor	01:40:23	+31:08
14.	113	MUELLER, ROBERT		Hämpus Laufgruppe	01:43:06	+33:51
15.	159	MARIENDAL, MICHAEL		SPARTA	01:43:22	+34:07
16.	205	TOOMES, WILLIAM			01:43:56	+34:41
17.	427	DOWDS, ROGER		Dublin Frontrunners	01:45:33	+36:18
18.	163	WILSON, PHILIP		Sphinx AC	01:48:49	+39:34
19.	421	GROOM, WILLIAM			01:51:09	+41:54
20.	281	BURBACH, JÖRG			01:51:47	+42:32
21.	75	BROWN, KEITH			01:52:12	+42:57
22.	325	MOEBIUS, THORSTEN			01:52:32	+43:17
23.	532	Arndal, Allan		Sparta	01:54:21	+45:06
24.	41	CULLINANE, DIARMUID		Stroud & District Athletics Club	01:56:25	+47:10
25.	181	BOULTON, GED			01:59:06	+49:51
26.	140	AYLOTT, WAYNE		Herts runners	02:20:22	+71:07
27.	174	NIELSEN, KLAUS-JØRGEN		Kalundborg if	02:25:52	+76:37
28.	341	JOHANSEN, KENNETH		Aarhus 1900	02:30:23	+81:08
DNS	33	BROWN, KEITH		Warrington road runners		
DNS	77	ADAMS, STEVE		Eton Manor AC		

Male 60-64

1.	141	CHRISTIANSEN, JENS ARNE		Blavstrød Løverne	01:30:09	+20:54
2.	105	WALTERS, MARTIN			01:32:56	+23:41
3.	22	CHRISTMAS, LEE		Stroud & District AC	01:34:42	+25:27
4.	79	BENNETT, BILL		ETON MANOR	01:35:11	+25:56
5.	111	GABRIELS, MARCEL		dimag	01:38:25	+29:10
6.	189	HJORTLUND, TOM		Team Hjortlund	01:42:12	+32:57
7.	307	RUTTEN, LOUIIS		Loopgroep Aart Stigter	01:43:36	+34:21
8.	61	TIMMS, MITCH		Sphinx AC	01:47:11	+37:56
9.	68	BATES, MARTIN		Wesham	01:49:25	+40:10
10.	323	HANSEN, JOHN		Motionsklubben Amager	01:50:06	+40:51
11.	312	GLENNIE, JAMES		Airdrie Harriers	01:50:15	+41:00
12.	60	KILBY, ANDY		Dursley running club	01:51:31	+42:16
13.	147	KETELSEN, ERLING		Blavströdløverne	01:51:59	+42:44
14.	524	Williams, Steve		Garden City Runners	01:52:18	+43:03
15.	318	COTTLE, JAMES		Crusaders AC	01:54:51	+45:36
16.	211	BRINKS, ERIK		LIF Løb & Motion	01:57:31	+48:16
17.	408	JESSEN, OLE			01:59:02	+49:47
18.	110	REASON, JOHN		Blackpool Wyre and Fylde Athletics	02:00:26	+51:11
19.	42	YOUNG, CHRISTOPHER		Stroud & District AC	02:03:15	+54:00
20.	156	MC LOUGHLIN, SEAMUS		Dublin Front Runners	02:10:42	+61:27
21.	296	CRUUSBERG, JOHN		Odense Gymnastikforening (OGF)	02:13:57	+64:42
22.	152	GROOSS, KARSTEN			02:20:56	+71:41
23.	149	WILLIAMS, RAY		DURSLEY RUNNING CLUB	02:26:36	+77:21

Place	Bib	Name	Nat.	Club	21K	Diff.
DSQ	227	MENGER, RUUD		Loopgroep Aart Stigter	01:24:31	
DNS	182	BROCKBANK, A				
DNS	253	BROWN, ANDREW		Severn AC		
DNS	286	SCHALTZ, Torben		Sparta		

Male 65-69

1.	136	DIEKOTTO, WOLFGANG		TSVE 1890 Bielefeld	01:44:17	+35:02
2.	295	COLBOURNE, STEVE		Sphinx	01:47:10	+37:55
3.	331	LARSEN, IB		Aarhus 1900	01:49:40	+40:25
4.	238	ADMIRAAL, PIET		Loopgroep Aart Stigter	01:57:41	+48:26
5.	493	JONES, TERRY		Triathlon Coaching Wales	01:58:48	+49:33
6.	179	ZACHO, ERIK		Kalundborg-if	02:08:50	+59:35
7.	377	NISSSEN, PREBEN		Sparta	02:12:21	+63:06
8.	338	WENDT, PETER		Kurts kåde kaniner	02:22:19	+73:04
9.	130	ORRELLS, STEVE		Maldwyn Harriers	02:35:10	+85:55

Male 70-74

1.	50	KRUPP, MEINHARD		TUS Erpel	01:41:43	+32:28
2.	143	KOFOD, OLE		Blovstrød Løverne	01:52:25	+43:10
3.	456	HOLDT, NIELS		Sparta	02:03:39	+54:24
4.	142	SAABYE, HENRIK		Blovstrød løverne	02:04:30	+55:15
5.	393	MASSEY, ROBERT		Blackpool Wyre & Fylde AC	02:10:20	+61:05
6.	216	STUIVENBERG, COR			02:16:21	+67:06
7.	32	SINGLETON, BERNARD		Blackpool wyre fylde running club	02:20:45	+71:30
DNS	66	CAHALAN, EDWARD		Coolquill		

Male 75-79

1.	420	MANN, STUART		Herts runners	01:45:54	+36:39
2.	371	NIELSEN, PREBEN			02:10:56	+61:41

Male 80+

1.	57	NORMAN, PETER		wrexham a c	03:21:49	+132:34
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Place	Bib	Name	Nat.	Club	21K	Diff.
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Female 20-24

1.	342	GLENNIE, MORVEN		Airdrie Harriers	01:48:28	+28:58
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Female 25-29

1.	449	HANSEN, NANNA LOEVBOG		Sparta	01:27:57	+8:27
2.	519	GORMAN, IRENE		Crusaders AC	01:32:35	+13:05
3.	363	MITCHELL, RUTH		Leighton Buzzard athletics club	01:33:46	+14:16
4.	285	MEADE, EMMA		Sportsworld A.C.	01:41:41	+22:11
5.	477	THOMSEN, HENRIETTE		Sparta	01:47:01	+27:31
6.	327	KENNEDY, ELAINE		Sportsworld	01:48:25	+28:55
7.	461	PEDERSEN, MAJA JESSICA		Valbyløberne	01:50:17	+30:47
8.	460	HANSEN, SOFIE		SPARTA	01:51:41	+32:11
9.	458	NYHOLM, MAJA		Sparta	02:00:32	+41:02
10.	401	JENSEN, ANNA		Sparta	02:04:59	+45:29
DNS	459	RAASTHØJ, EMILIE STEPHANIE		Sparta		

Female 30-34

1.	23	GEURTSSEN, MARIJE		Hardloopgroep Aart Stigter	01:19:30	-
2.	8	THORNTON, CATHERINE		Crusaders AC	01:25:41	+6:11
3.	392	JONES, MARIA		Sportsworld	01:28:55	+9:25
4.	222	BALM, SUSANNE		loopgroep Aart Stigter	01:30:11	+10:41
5.	515	CROWLEY, CAROLINE		Crusaders AC	01:31:57	+12:27
6.	306	O'DOWD, FIONA		Crusaders AC	01:39:33	+20:03
7.	352	FLEMING, REBECCA		Crusaders AC	01:42:09	+22:39
8.	406	RASMUSSEN, MIA			01:45:04	+25:34
9.	368	BECKMANN, KATHARINA		Sparta	02:03:39	+44:09
10.	370	RISDAHL, CHRISTINA		Sparta	02:03:40	+44:10
11.	137	Boulton, EMMA			02:22:53	+63:23
DNS	478	NUGENT, KATIE		Sportsworld AC		

Female 35-39

1.	4	ORCHARD, RUBY		Vegan Runners UK	01:20:38	+1:08
2.	429	KEANE, SHONA		Sportsworld	01:23:14	+3:44
3.	11	TIDESWELL, KEALEY		Clonmel AC	01:25:32	+6:02
4.	200	GROGAN, LINDA		Dundrum AC	01:26:22	+6:52
5.	517	MCELROY, ILONA		Crusaders	01:26:39	+7:09
6.	15	GINTY, MAURA		Sportsworld	01:33:19	+13:49
7.	226	ROCHE, ÁINE		Clonmel AC	01:33:29	+13:59
8.	508	REGAN, GRAINNE		Crusaders AC	01:34:15	+14:45
9.	360	INCHLEY, AMY		Milton Buzzards	01:35:52	+16:22
10.	212	WOLOSZYNSKA, DOROTA			01:38:45	+19:15
11.	315	SHINE, LISA		Crusaders AC	01:42:38	+23:08
12.	447	WHITE, GEMMA		Sportsworld	01:42:43	+23:13
13.	206	BROCKSOPP, JENNIFER			01:43:59	+24:29
14.	514	KENNY, EMER		Crusaders AC	01:45:36	+26:06
15.	290	HARMON, JENNIFER			01:46:49	+27:19
16.	448	ANDERSEN, THERESA		Hechmann Running	01:49:35	+30:05

Place	Bib	Name	Nat.	Club	21K	Diff.
17.	51	FRITZE, METTE SOMMER		Sparta	01:50:43	+31:13
18.	63	BREWING, VICTORIA		Sphinx AC	01:57:21	+37:51
19.	128	BOERBOOM-SCHUURMANS, EVA			02:04:45	+45:15
20.	89	COENEN, SANDRA			02:10:54	+51:24
21.	433	COOPER, HOLLY		Sphinx AC	02:25:02	+65:32
DNS	250	ABBOTT, LISA		Sphinx AC		
DNS	388	HAND, VICTORIA		Sphinx AC		

Female 40-44

1.	231	BERGER DE VRIES, HELLEN		Aart Stigter	01:22:31	+3:01
2.	472	JORDAN, ADRIENNE		Crusaders	01:25:03	+5:33
3.	14	FLANAGAN, SARAH		Eton Manor AC	01:26:01	+6:31
4.	330	HANEVY, ALMA		Crusaders AC	01:35:25	+15:55
5.	314	BIGLEY, LYDIA		Dublin Front Runners	01:38:04	+18:34
6.	481	NI CHEARBHAILL, DEIRDRE		Crusaders AC	01:39:07	+19:37
7.	192	LORENTZEN, SARA CBH		Sparta	01:41:03	+21:33
8.	526	Rogerson, Ruth			01:41:07	+21:37
9.	387	MCLOUGHLIN, NITA		Tullamore Harriers	01:41:25	+21:55
10.	239	NOLAN-JONES, MARTINA		Sportsworld	01:44:03	+24:33
11.	355	MCLEISH, FIONA		Milton Buzzards	01:51:23	+31:53
12.	268	VAN DER VOORN, HELEN		Aart Stigter	01:56:15	+36:45
13.	168	NETTLETON, CATHERINE		Steel city striders	01:56:17	+36:47
14.	506	NEWMAN, HELENA		tullamore harriers	01:56:59	+37:29
15.	215	VAN DEN BERG - STUIVENBERG,			01:58:55	+39:25
16.	256	BYRNE, REGINA		Dublin Front Runners	01:59:23	+39:53
17.	46	LOUGHREY, TISH		Dublin Frontrunners	02:01:51	+42:21
18.	349	HEIMBS, ANETTE			02:05:58	+46:28
19.	170	ALLEN, RACHAEL		Sphinx AC	02:06:25	+46:55
20.	86	KREUGEL, SYLVIA		Aart Stigter Running	02:10:51	+51:21
21.	73	WORTHINGTON, CATH		Astley and Tyldesley Road Runners	02:12:23	+52:53
22.	126	GUTEMANN, ANNETTE			02:12:25	+52:55
23.	30	PAFFEN, PATRICIA		Dublin Front Runners A.C.	02:29:54	+70:24
DNS	249	BRANDSBJERG, CHRISTINA		Bløvstrød Løverne		

Female 45-49

1.	5	BROKSØ, TINE		Bløvstrød løverne	01:27:10	+7:40
2.	17	MURRAY, BARBARA		Donore harriers	01:30:46	+11:16
3.	138	TASKA, MARTINA		Hämpus Laufgruppe	01:31:13	+11:43
4.	125	GUTEMANN, KARIN			01:37:33	+18:03
5.	310	ANDERSON, CORALIE		Milton Buzzards	01:38:29	+18:59
6.	27	OUTLAW, BITTEN		Næsby Motion	01:39:20	+19:50
7.	18	SINGLETON, OCTAVIA		Witham Running Club	01:43:43	+24:13
8.	357	HACKETT, JULIA		Donore Harriers	01:45:44	+26:14
9.	54	GRANTHAM, LISA		Pensby Runners	01:51:13	+31:43
10.	282	OLIVER, JULES		West End Runners	01:59:29	+39:59
11.	93	BERRY, ALISON			02:07:38	+48:08
12.	157	LONGMATE, DEBORAH			02:26:21	+66:51

Place	Bib	Name	Nat.	Club	21K	Diff.
13.	436	BRUNDRETT, Susanne		North Derbyshire RC	02:26:21	+66:51
14.	422	GROOM, NICOLA			02:27:49	+68:19
15.	97	MONTAGU-LEON, BURTI			03:06:46	+107:16
DNS	150	CALNAN, MARIA		Dublin Front runners A.C.		

Female 50-54

1.	2	CURLEY, PAULINE		Tullamore harriers	01:25:17	+5:47
2.	29	THOMSEN, SOLVEIG		Næsby Motion	01:40:27	+20:57
3.	258	CLEMMENSEN, TINA		NIMF	01:40:38	+21:08
4.	294	DUNNE, OLWYN		Crusaders AC	01:42:32	+23:02
5.	151	MAGUIRE, SIOBHAN		Dunboyne AC	01:43:57	+24:27
6.	171	GRENNAN, MAG		TULLAMORE HARRIERS	01:46:32	+27:02
7.	241	MAINWARING, LESLEY		Triathlon Coaching Wales	01:48:05	+28:35
8.	39	CHISLETT, LYNN			01:50:48	+31:18
9.	229	DRENTH, HERMIE		Loopgroep Aart Stigter	01:52:20	+32:50
10.	91	SHOLL, THERESA		Redway Runners	01:54:29	+34:59
11.	345	EGE, BENTE		Sparta	01:55:07	+35:37
12.	107	PECK, FIONA		Tamar Trotters	01:55:44	+36:14
13.	177	LEBEAU, CHARLOTTE			01:58:09	+38:39
14.	482	SWEENEY, ANNE		Sportsworld	01:59:50	+40:20
15.	102	LYDERSEN RAGNHOF, LAILA		Sparta	02:01:26	+41:56
16.	146	REVSBECK, LINE		BlavstrødLøverne	02:01:48	+42:18
17.	188	SHANAHAN, JANET		Maldwyn Harriers	02:07:09	+47:39
18.	62	TIMMS, JACKIE		Sphinx AC	02:09:10	+49:40
19.	403	LALOR, JOSIE		Tullamore harriers	02:10:25	+50:55
20.	225	KOEKOEK, ERNA		Loopgroep Aart Stigter	02:10:51	+51:21
21.	87	AANS, HARRIET		Aart Stigter Running	02:10:55	+51:25
22.	260	NIELSEN, MAGDA-LENE		Sparta	02:11:09	+51:39
23.	154	LINDSTRØM, ANNE MARIE			02:13:57	+54:27
24.	372	MCNAMARA, ANNE MARIE		tullamore harriers	02:14:26	+54:56
25.	49	TØNNESEN, MAJBRIIT		Viking Atletik	02:14:26	+54:56
26.	84	REY, NANCY			02:19:17	+59:47
27.	336	JENSEN, PIA		Aarhus 1900	02:30:28	+70:58
28.	98	HOLLOWAY-MCLEAN, LORRAINE			02:49:50	+90:20
DNS	37	BODA, REKA				
DNS	114	SCHLIEPHAKE, KATRIN		BSG Gaden, Hamburg		
DNS	190	HJORTLUND, VIVI		Team Hjortlund		
DNS	266	EJLEV, MARIE-LOUISE		Sparta		
DNS	397	GRENA, BIRGITTE		Sparta		
DNS	510	JEGERG, RIKKE MONEFELDT		Sparta		

Female 55-59

1.	76	WOODWARD, ZOE		Eton Manor AC	01:42:59	+23:29
2.	80	VACHER, LOUISE		ETON MANOR	01:47:08	+27:38
3.	38	WILKINS, PENNY		Sutton Runners	01:47:19	+27:49
4.	69	HOCKLEY, MARIE		Bishops Stortford	01:49:32	+30:02
5.	108	RALPH, HELEN		Tamar Trotters	01:53:06	+33:36

Place	Bib	Name	Nat.	Club	21K	Diff.
6.	442	CHRISTENSEN, DORTHE		Sparta	01:56:27	+36:57
7.	277	TIDSWELL, JULIE		Clonmel AC	02:00:20	+40:50
8.	298	TIMOTHY, KAREN		Sphinx AC	02:01:04	+41:34
9.	492	JENNETTE, MARION			02:07:21	+47:51
10.	518	Kearney, Kathryn		Triathlon Coaching Wales	02:07:34	+48:04
11.	245	PEDERSEN, NINA JETTE		Nyvest	02:09:03	+49:33
12.	400	MELODY, AILEEN		Sportsworld	02:10:16	+50:46
13.	531	Rasmussen, Ina		Sparta	02:20:03	+60:33
14.	36	ALARA, OLA			02:23:24	+63:54
15.	446	ROBERTS, KAREN		Dolly Mixtures	02:27:49	+68:19
16.	175	NIELSEN, METTE GILDBERG		Kalundborg if	02:59:43	+100:13
DNS	35	STOCKINGS, CLAIR		Elton Manor		

Female 60-64

1.	59	SACKETT, KATE		Cirencester ac	01:44:57	+25:27
2.	379	NIELSEN, ELISABETH LINDE		Sparta	01:51:00	+31:30
3.	419	BRASEN, ANNETTE		Team Skoemagerkroen/Fremad	01:51:48	+32:18
4.	123	HIRST, TRICIA		Dolly Mixtures	01:56:35	+37:05
5.	236	SMART, ELISABETH		Forres Harriers	02:00:43	+41:13
6.	383	ANDERSEN, MAY		Sparta	02:33:12	+73:42
7.	129	ORRELLS, CAROLINE		Maldwyn Harriers	02:35:10	+75:40
DNS	313	GLENNIE, HEATHER		Jog Scotland Cumbernauld		

Female 65-69

1.	165	HAUGEN, ANNE-GRETE		Viljar IL	01:38:26	+18:56
2.	133	ASVARISCH, MIRIAM		Viking Atletik	01:47:49	+28:19
3.	319	NIELSEN, GRETHE		Aarhus 1900	01:50:32	+31:02
4.	251	CHRISTIANSEN, BENTE		Sparta	02:11:08	+51:38
5.	339	WENDT, GURLI		Aarhus 1900	02:23:57	+64:27
6.	88	RIIS, HANNE SONNE		ØB-Atletik	02:28:15	+68:45
7.	535	Kramer, Joan		Sparta	02:33:12	+73:42
8.	74	JØRGENSEN, SOLVEI HELEN			02:54:14	+94:44
9.	305	HOLMES, GILLIAN		Werrington Joggers	03:00:49	+101:19
DNS	103	BJARKOV, MARIE-LOUISE		Sparta		

Female 70-74

DNF	262	CLARK, HANNE		Sparta	02:33:12	
DNF	329	GAZZANI, LENA		Milton Buzzards		

Number of records: 397

Team Results

Bib	Name	AG	21K
Male			
1.	Sportsworld A	03:48:52	
3	FLEMING, PAUL	Male 40-44	01:14:01
7	MURRAN, GARETH	Male 35-39	01:14:16
252	CUNNINGHAM, MICHAEL	Male 40-44	01:24:58
337	CURRAN, KEVIN	Male 35-39	01:20:35
2.	Team Runaar/Mikkeller	03:49:33	
1	HARTLEV, Kasper Laumann	Male 25-29	01:09:15
293	HARTLEV, KRISTIAN LAUMANN	Male 25-29	01:23:53
381	MADSEN, KRISTIAN TOFT	Male 25-29	01:27:58
496	PALMER, MATT	Male 25-29	01:16:25
3.	Milton Buzzard Boys	03:59:12	
6	MACKRELL, PETER	Male 35-39	01:14:30
13	ELMORE, ROB	Male 35-39	01:11:33
428	READ, STUART	Male 35-39	01:33:09
4.	Crusaders Men's A	04:00:59	
365	WALSH, JOE	Male 40-44	01:24:13
418	NUGENT, EDDIE	Male 45-49	01:30:17
451	MC DERMOTT, JOSEPH	Male 35-39	01:21:15
503	CROSS, ROBERT	Male 45-49	01:15:31
5.	Tullamore Harriers 1	04:08:38	
9	O'BRIEN, MICHEAL	Male 40-44	01:18:07
12	MOONEY, LEONARD	Male 35-39	01:21:42
16	CURLEY, ADRIAN	Male 45-49	01:43:11
390	BUTLER, DARREN	Male 35-39	01:28:49
6.	Blovstrød Løverne	04:12:26	
141	CHRISTIANSEN, JENS ARNE	Male 60-64	01:30:09
158	LARSEN, HENRIK	Male 55-59	01:29:48
248	BRANDSBJERG, JONAS	Male 40-44	01:12:29
142	SAABYE, HENRIK	Male 70-74	02:04:30
7.	Sportsworld B	04:18:35	
186	MASTERSON, RONAN	Male 45-49	01:24:36
203	DOYLE, MARTIN	Male 40-44	01:22:48
304	GORDON, ANDY	Male 30-34	01:31:11
394	LOOBY, PÁDRAIG	Male 40-44	01:33:10
8.	Sparta Winkers	04:37:01	
24	HOLM-NIELSEN, JESPER	Male 50-54	01:36:45
159	MARIENDAL, MICHAEL	Male 55-59	01:43:22
199	LARSEN, HENRIK RENTOFT	Male 50-54	01:30:59

Bib	Name	AG	21K
224	NIELSEN, PER	Male 55-59	01:29:17
9.	Sphinx AA	04:38:08	
94	EL-SOUR, ALLEN	Male 45-49	01:29:09
95	EDWARDS, JACK	Male 25-29	01:39:38
96	LANGER, PAWEL	Male 45-49	01:32:23
219	DICK, KEVIN	Male 35-39	01:36:36
10.	Eton Manor AC	04:40:58	
34	STOCKINGS, PAUL	Male 55-59	01:40:23
67	HOCKEY, MARTIN	Male 50-54	01:41:29
79	BENNETT, BILL	Male 60-64	01:35:11
85	CATES, PAUL	Male 55-59	01:25:24
11.	Dublin Front Runners 1	04:41:24	
112	FEEHAN, CHRISTIAAN	Male 35-39	01:25:06
259	DUNNE, MATT	Male 25-29	01:34:45
364	MCCARTHY, DERMOT	Male 40-44	01:41:33
12.	Rum	04:50:57	
369	THEODORSEN, SØREN	Male 40-44	01:33:55
441	HØYBYE, HENRIK	Male 50-54	01:46:20
443	HONORÉ, MICHEL	Male 40-44	01:30:42
13.	Haempus Laufgruppe	04:51:15	
113	MUELLER, ROBERT	Male 55-59	01:43:06
118	GHADAMIAN, FARZAD	Male 45-49	01:36:55
139	MELIDEO, GIANNI	Male 50-54	01:31:14
14.	Crusaders Men's B	04:58:04	
318	COTTLE, JAMES	Male 60-64	01:54:51
361	MALONE, EMMETT	Male 45-49	01:41:21
374	O DONNELL, TIMOTHY	Male 40-44	01:37:41
476	MATTHEWS, PHILIP	Male 30-34	01:39:02
15.	Sphinx BB	05:05:06	
99	MCINTOSH, ANDREW	Male 45-49	01:45:22
169	ALLEN, BARRY	Male 45-49	01:36:36
275	PEARS, BRYAN	Male 50-54	01:43:08
16.	Sportsworld C	05:06:22	
197	KINSELLA, THOMAS	Male 35-39	01:45:04
198	LANIGAN, ADRIAN	Male 40-44	01:52:16
297	GILLEN, ANTHONY	Male 50-54	01:29:02
17.	Dublin Front Runners 2	05:14:17	
240	DEMPSEY, ROBERT	Male 35-39	01:36:13
320	BUCKLEY, RAY	Male 45-49	01:41:04
465	MCENTEE, ALAN	Male 35-39	01:57:00

Bib	Name	AG	21K
18.	Milton Buzzard Men	05:19:00	
153	KENNEDY, PAUL	Male 50-54	01:54:53
344	LARGE, CHRIS	Male 35-39	01:50:34
373	JONES, NEIL	Male 45-49	01:33:33
19.	Herts Runners	05:20:50	
317	BURKE, DARREN	Male 45-49	01:42:38
420	MANN, STUART	Male 75-79	01:45:54
524	Williams, Steve	Male 60-64	01:52:18
140	AYLOTT, WAYNE	Male 55-59	02:20:22
20.	Sphinx CC	05:23:10	
61	TIMMS, MITCH	Male 60-64	01:47:11
163	WILSON, PHILIP	Male 55-59	01:48:49
295	COLBOURNE, STEVE	Male 65-69	01:47:10
21.	Dublin Front Runners 3	05:50:31	
232	VAN DER WORP, JOACHIM	Male 40-44	01:54:16
427	DOWDS, ROGER	Male 55-59	01:45:33
156	MC LOUGHLIN, SEAMUS	Male 60-64	02:10:42
233	MCCORMACK, ALAN	Male 40-44	02:16:33
22.	Sphinx DD	05:52:37	
164	PEARS, CRAIG	Male 25-29	01:50:26
172	SPENCER, CRAIG	Male 40-44	01:52:44
389	SMITH, GRAEME	Male 35-39	02:09:27
23.	kurts kaade kaniner	06:30:59	
331	LARSEN, IB	Male 65-69	01:49:40
371	NIELSEN, PREBEN	Male 75-79	02:10:56
341	JOHANSEN, KENNETH	Male 55-59	02:30:23

Bib	Name	AG	21K
Female			
1.	Tipp Road Runners	04:25:23	
11	TIDESWELL, KEALEY	Female 35-39	01:25:32
200	GROGAN, LINDA	Female 35-39	01:26:22
226	ROCHE, ÁINE	Female 35-39	01:33:29
2.	Sportsworld A	04:25:28	
15	GINTY, MAURA	Female 35-39	01:33:19
392	JONES, MARIA	Female 30-34	01:28:55
429	KEANE, SHONA	Female 35-39	01:23:14
3.	Crusaders A	04:32:31	
8	THORNTON, CATHERINE	Female 30-34	01:25:41
330	HANEVY, ALMA	Female 40-44	01:35:25
508	REGAN, GRAINNE	Female 35-39	01:34:15
519	GORMAN, IRENE	Female 25-29	01:32:35
4.	Milton Buzzard Girls	04:48:07	
310	ANDERSON, CORALIE	Female 45-49	01:38:29
355	MCLEISH, FIONA	Female 40-44	01:51:23
360	INCHLEY, AMY	Female 35-39	01:35:52
363	MITCHELL, RUTH	Female 25-29	01:33:46
5.	Tullamore Harriers 1	04:53:14	
2	CURLEY, PAULINE	Female 50-54	01:25:17
171	GRENNAN, MAG	Female 50-54	01:46:32
387	MCLOUGHLIN, NITA	Female 40-44	01:41:25
506	NEWMAN, HELENA	Female 40-44	01:56:59
6.	Eton Manor AC	04:56:08	
14	FLANAGAN, SARAH	Female 40-44	01:26:01
76	WOODWARD, ZOE	Female 55-59	01:42:59
80	VACHER, LOUISE	Female 55-59	01:47:08
7.	Spice Girls	04:59:43	
51	FRITZE, METTE SOMMER	Female 35-39	01:50:43
192	LORENTZEN, SARA CBH	Female 40-44	01:41:03
449	HANSEN, NANNA LOEVBOG	Female 25-29	01:27:57
368	BECKMANN, KATHARINA	Female 30-34	02:03:39
8.	Crusaders B	05:00:49	
306	O'DOWD, FIONA	Female 30-34	01:39:33
315	SHINE, LISA	Female 35-39	01:42:38
352	FLEMING, REBECCA	Female 30-34	01:42:09
481	NI CHEARBHAILL, DEIRDRE	Female 40-44	01:39:07
9.	Sportsworld B	05:12:49	
285	MEADE, EMMA	Female 25-29	01:41:41

Bib	Name	AG	21K
327	KENNEDY, ELAINE	Female 25-29	01:48:25
447	WHITE, GEMMA	Female 35-39	01:42:43
10. Dublin Front Runners 05:39:18			
314	BIGLEY, LYDIA	Female 40-44	01:38:04
256	BYRNE, REGINA	Female 40-44	01:59:23
46	LOUGHREY, TISH	Female 40-44	02:01:51
11. Sportsworld C 05:54:09			
239	NOLAN-JONES, MARTINA	Female 40-44	01:44:03
482	SWEENEY, ANNE	Female 50-54	01:59:50
400	MELODY, AILEEN	Female 55-59	02:10:16
12. Spice Ladies 05:58:35			
379	NIELSEN, ELISABETH LINDE	Female 60-64	01:51:00
442	CHRISTENSEN, DORTHE	Female 55-59	01:56:27
251	CHRISTIANSEN, BENTE	Female 65-69	02:11:08
13. Sphinx A 06:04:50			
63	BREWIN, VICTORIA	Female 35-39	01:57:21
298	TIMOTHY, KAREN	Female 55-59	02:01:04
170	ALLEN, RACHAEL	Female 40-44	02:06:25

Gender Results

Plac	Bib	Name	Nat	AG	Club	10K	13K	5K	21K	Total
Male										
1.	1	HARTLEV, Kasper		Male 25-29	RUNAAR/Mikkeller	32:17	46:25	17:46	1:09:15	2:45:41
2.	248	BRANDSBJERG,		Male 40-44	Blovstrød løverne	33:35	48:09	17:11	1:12:29	2:51:23
3.	13	ELMORE, ROB		Male 35-39	Milton Buzzards	34:13	48:12	18:14	1:11:33	2:52:11
4.	184	MAY, CHARLES		Male 30-34	The Chiltern Hills	33:52	47:38	20:01	1:11:20	2:52:49
5.	3	FLEMING, PAUL		Male 40-44	Sportsworld	34:06	49:21	18:02	1:14:01	2:55:28
6.	501	NAVARRO HITA,		Male 30-34	Club La Santa	34:38	49:56	18:31	1:14:59	2:58:02
7.	6	MACKRELL, PETER		Male 35-39	Milton Buzzards	35:48	50:16	18:41	1:14:30	2:59:14
8.	7	MURRAN, GARETH		Male 35-39	Sportsworld Running	35:29	51:06	19:16	1:14:16	3:00:07
9.	496	PALMER, MATT		Male 25-29		34:48	50:56	19:04	1:16:25	3:01:11
10.	503	CROSS, ROBERT		Male 45-49	Crusaders AC	35:57	50:46	19:29	1:15:31	3:01:41
11.	9	O'BRIEN, MICHEAL		Male 40-44	Tullamore Harriers	37:00	51:29	19:27	1:18:07	3:06:02
12.	337	CURRAN, KEVIN		Male 35-39	Sportsworld	38:17	52:57	20:16	1:20:35	3:12:03
13.	134	BLAZIER, DARREN		Male 45-49	Abergele Harriers	38:35	53:54	19:42	1:19:56	3:12:06
14.	12	MOONEY, LEONARD		Male 35-39	Tullamore Harriers	38:28	53:18	19:00	1:21:42	3:12:27
15.	424	EXPOSITO MUÑOZ,		Male 45-49	MD TRAINING	37:01	54:38	19:58	1:21:04	3:12:39
16.	451	MC DERMOTT,		Male 35-39	Crusaaders AC	38:05	54:12	20:16	1:21:15	3:13:46
17.	185	FERGUSON, JAMES		Male 25-29	The Chiltern Hills	36:59	52:44	21:42	1:23:01	3:14:26
18.	186	MASTERSON,		Male 45-49	Sportsworld	37:52	53:30	20:08	1:24:36	3:16:05
19.	48	RIDLEY, COLIN		Male 55-59	Colchester harriers	37:56	55:24	20:24	1:23:29	3:17:12
20.	365	WALSH, JOE		Male 40-44	Crusaders AC	39:24	53:42	20:22	1:24:13	3:17:39
21.	293	HARTLEV, KRISTIAN		Male 25-29	RUNAAR/Mikkeller	39:25	55:04	19:55	1:23:53	3:18:16
22.	378	WEBER, LASSE		Male u/20	De Danske Bjørne	39:11	56:42	19:58	1:22:35	3:18:24
23.	112	FEEHAN,		Male 35-39	Dublin Frontrunners	39:53	55:00	20:13	1:25:06	3:20:10
24.	252	CUNNINGHAM,		Male 40-44	Sportsworld	39:24	55:15	20:44	1:24:58	3:20:21
25.	109	REASON, SIMON		Male 20-24	Blackpool Wyre and	39:46	56:23	20:48	1:23:42	3:20:37
26.	173	HELMHOLT, HENRIK		Male 45-49	BIK	40:14	56:04	21:10	1:23:45	3:21:11
27.	122	JONES, JONATHAN		Male 35-39		39:34	56:19	20:06	1:25:29	3:21:27
28.	180	GAEBEL,		Male 30-34	Berlin	41:06	56:50	20:42	1:23:04	3:21:40
29.	85	CATES, PAUL		Male 55-59	Eton Manor AC	40:04	56:29	20:44	1:25:24	3:22:39
30.	254	WEIJZEN, JOCHEM		Male 40-44	loopgroep Aart stiger	40:42	57:00	21:26	1:25:39	3:24:46
31.	191	BARNES, NIGEL		Male 50-54	Triathlon Coaching	40:33	57:56	21:16	1:25:09	3:24:52
32.	390	BUTLER, DARREN		Male 35-39	Tullamore Harriers	39:48	56:49	20:30	1:28:49	3:25:54
33.	155	CARTER, ANDREW		Male 50-54	West Cheshire Athletic	38:49	55:30	19:37	1:32:16	3:26:10
34.	45	FORD, SIMON		Male 40-44	Colchester Harriers	41:08	57:13	20:43	1:28:01	3:27:03
35.	217	TALLON, ROBERT		Male 45-49	Bohermeen	40:38	58:11	21:51	1:28:17	3:28:56
36.	94	EL-SOUR, ALLEN		Male 45-49	Sphinx AC	40:05	58:20	21:26	1:29:09	3:28:59
37.	28	JENSEN, KIM		Male 50-54	Næsby Motion	41:10	57:31	21:59	1:28:27	3:29:07
38.	380	NIELSEN, MIKKEL		Male 20-24		42:10	58:36	20:35	1:29:24	3:30:43
39.	121	LEACY, MARK		Male 55-59	Ardee and District	39:51	1:00:19	21:30	1:30:22	3:32:01
40.	83	VERSCHUEREN,		Male 50-54	Ironteam Mechelen	41:22	1:00:35	21:53	1:28:13	3:32:01
41.	443	HONORÉ, MICHEL		Male 40-44	SPARTA	40:38	1:00:32	20:50	1:30:42	3:32:41
42.	381	MADSEN, KRISTIAN		Male 25-29		43:09	1:00:22	21:25	1:27:58	3:32:52
43.	237	HELMER, PHILIP		Male 35-39	Skoemagerkroen/Frem	41:57	59:01	21:05	1:31:13	3:33:15

Plac	BibName	Nat	AG	Club	10K	13K	5K	21K	Total
44.	428 READ, STUART		Male 35-39	Milton Buzzards	39:56	59:49	20:34	1:33:09	3:33:26
45.	96 LANGER, PAWEL		Male 45-49		39:18	56:51	25:23	1:32:23	3:33:53
46.	418 NUGENT, EDDIE		Male 45-49	Crusaders AC	42:25	1:00:03	21:29	1:30:17	3:34:12
47.	426 KNAGGS, PETER		Male 50-54	Sportsworld	42:28	59:32	22:48	1:29:32	3:34:18
48.	224 NIELSEN, PER		Male 55-59		43:11	1:00:11	22:36	1:29:17	3:35:13
49.	297 GILLEN, ANTHONY		Male 50-54	Sportsworld	44:49	1:00:52	20:56	1:29:02	3:35:37
50.	106 ØKSNEBJERG,		Male 50-54	LIF Løb og Motion	42:47	1:00:00	22:10	1:30:56	3:35:51
51.	141 CHRISTIANSEN,		Male 60-64	Blovstrød Løverne	42:45	1:01:03	22:20	1:30:09	3:36:17
52.	95 EDWARDS, JACK		Male 25-29	Sphinx AC	38:42	57:39	20:35	1:39:38	3:36:33
53.	259 DUNNE, MATT		Male 25-29	Dublin Front Runners	40:24	59:55	21:33	1:34:45	3:36:35
54.	321 CRONIN, BASIL		Male 45-49	Tullamore Harriers	43:21	1:00:34	22:57	1:29:45	3:36:35
55.	26 VINSTEN, KIM		Male 45-49	Næsby Motion	41:49	59:23	21:31	1:34:07	3:36:48
56.	105 WALTERS, MARTIN		Male 60-64		42:42	1:00:25	21:36	1:32:56	3:37:38
57.	139 MELIDEO, GIANNI		Male 50-54	Hämpus Laufgruppe	43:22	1:00:55	22:44	1:31:14	3:38:14
58.	72 COX, STUART		Male 40-44	#coupleofnutters	43:50	1:01:44	22:32	1:31:40	3:39:44
59.	405 NIELSEN, FREDERIK		Male 35-39	Politiets Idrætsforening	44:06	1:02:17	22:50	1:31:13	3:40:26
60.	82 JARMAN, DARREN		Male 40-44	Maldwyn Harriers	45:08	1:01:51	21:57	1:32:07	3:41:01
61.	22 CHRISTMAS, LEE		Male 60-64	Stroud & District AC	43:12	1:00:37	22:39	1:34:42	3:41:08
62.	369 THEODORSEN,		Male 40-44	Sparta	43:19	1:01:28	22:34	1:33:55	3:41:14
63.	31 HANSEN, JAN JUUL		Male 55-59	Næsby Motion	44:25	1:02:39	22:05	1:32:11	3:41:18
64.	373 JONES, NEIL		Male 45-49	MK BUZZARDS	43:22	1:01:16	23:13	1:33:33	3:41:21
65.	183 MOORE, ANDREW		Male 30-34	Civil service harriers	45:03	1:00:31	22:42	1:33:15	3:41:29
66.	445 MARIENLUND		Male 35-39	Sparta	43:05	1:02:43	23:28	1:32:24	3:41:37
67.	199 LARSEN, HENRIK		Male 50-54	Sparta	43:07	1:04:33	23:57	1:30:59	3:42:35
68.	187 MANUEL, DAVID		Male 45-49	Maldwyn Harriers	44:00	1:02:56	22:59	1:33:52	3:43:46
69.	118 GHADAMIAN,		Male 45-49	Hämpus Laufgruppe	43:34	1:02:19	21:58	1:36:55	3:44:44
70.	135 SPARROW, PAUL		Male 50-54	Blackpool Wyre &	43:51	1:02:40	22:57	1:35:19	3:44:45
71.	376 GLENNIE, LEWIS		Male 25-29	Airdrie Harriers	43:56	1:02:53	23:37	1:34:27	3:44:52
72.	169 ALLEN, BARRY		Male 45-49	Sphinx AC	43:36	1:02:28	22:52	1:36:36	3:45:31
73.	194 BROCK, DAVE		Male 55-59	Orion Harriers	43:53	1:03:07	22:48	1:36:04	3:45:51
74.	240 DEMPSEY, ROBERT		Male 35-39	Dublin Frontrunners	43:30	1:04:51	23:05	1:36:13	3:47:37
75.	348 OWENS, LEONARD		Male 50-54	Tullamore Harriers	45:22	1:04:24	23:22	1:34:53	3:48:00
76.	79 BENNETT, BILL		Male 60-64	ETON MANOR	44:22	1:04:52	23:43	1:35:11	3:48:06
77.	115 STEIN, BARRY		Male 55-59	None	46:12	1:02:47	24:07	1:35:05	3:48:10
78.	332 MENSINK, WOUT		Male 55-59	Running Club Aart	43:23	1:05:38	23:35	1:36:16	3:48:51
79.	374 O DONNELL,		Male 40-44	Crusaders	45:15	1:02:43	23:42	1:37:41	3:49:18
80.	104 STAFFE, ANDERS		Male 40-44	Sparta	44:53	1:03:47	23:37	1:37:45	3:50:00
81.	202 MCDONALD, PHILIP		Male 55-59	Laragh AC	44:34	1:03:16	23:06	1:39:14	3:50:09
82.	219 DICK, KEVIN		Male 35-39	Sphinx AC	46:09	1:04:23	23:57	1:36:36	3:51:02
83.	111 GABRIELS, MARCEL		Male 60-64	dimag	44:53	1:04:57	23:23	1:38:25	3:51:36
84.	34 STOCKINGS, PAUL		Male 55-59	Elton Manor	44:58	1:03:57	22:57	1:40:23	3:52:12
85.	476 MATTHEWS, PHILIP		Male 30-34	Crusaders AC	44:56	1:04:48	23:55	1:39:02	3:52:40
86.	24 HOLM-NIELSEN,		Male 50-54	Sparta	46:43	1:05:12	24:26	1:36:45	3:53:04
87.	67 HOCKEY, MARTIN		Male 50-54	Eton Manor	43:54	1:03:50	23:53	1:41:29	3:53:05
88.	326 GRANGER, ALAN		Male 45-49		45:46	1:04:11	24:00	1:39:58	3:53:55
89.	364 MCCARTHY,		Male 40-44	Dublin Frontrunners	45:23	1:04:18	23:40	1:41:33	3:54:53

Plac	Bib	Name	Nat	AG	Club	10K	13K	5K	21K	Total
90.	318	COTTLE, JAMES		Male 60-64	Crusaders AC	40:48	59:06	21:53	1:54:51	3:56:36
91.	218	MORAN, MATT		Male 40-44	Bohermeen AC	45:48	1:05:52	24:19	1:40:52	3:56:50
92.	361	MALONE, EMMETT		Male 45-49	Crusaders athletic club	45:34	1:05:40	24:29	1:41:21	3:57:03
93.	132	PARRY, NEIL		Male 50-54	Dursley	44:10	1:07:01	25:26	1:40:58	3:57:34
94.	320	BUCKLEY, RAY		Male 45-49	Dublin Front Runners	45:19	1:06:53	25:13	1:41:04	3:58:27
95.	159	MARIENDAL,		Male 55-59	SPARTA	46:12	1:05:24	23:52	1:43:22	3:58:48
96.	527	Schrombgens, Wilfred		Male 50-54	Aart Stigter	47:25	1:06:25	25:05	1:40:18	3:59:12
97.	473	BOYLE, SHANE		Male 45-49	Dunshaughlin	48:36	1:10:21	19:49	1:43:56	4:02:40
98.	307	RUTTEN, LOUIIS		Male 60-64	Loopgroep Aart Stigter	46:45	1:07:40	24:43	1:43:36	4:02:42
99.	50	KRUPP, MEINHARD		Male 70-74	TUS Erpel	47:20	1:09:18	24:31	1:41:43	4:02:50
100.	441	HØYBYE, HENRIK		Male 50-54	Sparta	45:30	1:06:29	24:51	1:46:20	4:03:09
101.	431	LEAHY, JOHN		Male 40-44	Kilcormac killoughey	46:05	1:06:33	24:43	1:46:32	4:03:51
102.	197	KINSELLA, THOMAS		Male 35-39	Sportsworld AC	47:40	1:07:07	24:56	1:45:04	4:04:46
103.	317	BURKE, DARREN		Male 45-49	Herts Runners	48:37	1:08:30	25:21	1:42:38	4:05:03
104.	205	TOOMES, WILLIAM		Male 55-59		48:46	1:05:21	27:27	1:43:56	4:05:29
105.	99	MCINTOSH,		Male 45-49	Sphinx AC	44:33	1:08:53	26:55	1:45:22	4:05:41
106.	189	HJORTLUND, TOM		Male 60-64	Team Hjortlund	49:44	1:08:42	25:20	1:42:12	4:05:58
107.	113	MUELLER, ROBERT		Male 55-59	Hämpus Laufgruppe	48:46	1:08:29	26:08	1:43:06	4:06:28
108.	435	BRUNDRETT, GAVIN		Male 45-49	North Derbyshire RC	49:10	1:11:50	24:28	1:42:03	4:07:29
109.	287	DOGGER, PIETER		Male 30-34	loopgroep Aart Stigter	47:51	1:08:25	23:03	1:49:09	4:08:26
110.	427	DOWDS, ROGER		Male 55-59	Dublin Frontrunners	48:38	1:11:59	25:22	1:45:33	4:11:31
111.	136	DIEKOTTO,		Male 65-69	TSVE 1890 Bielefeld	50:48	1:10:49	25:42	1:44:17	4:11:35
112.	420	MANN, STUART		Male 75-79	Herts runners	49:17	1:11:48	26:18	1:45:54	4:13:16
113.	367	SØRENSEN, SIMON		Male 30-34	Sparta	47:58	1:11:26	29:50	1:44:13	4:13:26
114.	61	TIMMS, MITCH		Male 60-64	Sphinx AC	50:12	1:09:51	26:19	1:47:11	4:13:31
115.	70	TAYLOR, JAMIE		Male 30-34		51:01	1:09:58	24:38	1:48:17	4:13:52
116.	275	PEARS, BRYAN		Male 50-54	Sphinx Ac	47:30	1:14:26	28:58	1:43:08	4:14:01
117.	468	LYNCH, SEAN		Male 40-44	Dublin Frontrunners	54:50	1:07:39	27:30	1:44:39	4:14:36
118.	68	BATES, MARTIN		Male 60-64	Wesham	50:22	1:11:01	25:32	1:49:25	4:16:18
119.	163	WILSON, PHILIP		Male 55-59	Sphinx AC	49:47	1:11:10	27:07	1:48:49	4:16:52
120.	532	Arndal, Allan		Male 55-59	Sparta	48:39	1:08:44	25:35	1:54:21	4:17:18
121.	308	TOWELL, SCOTT		Male u/20	LEIGHTON Buzzard	49:10	1:09:16	24:54	1:54:35	4:17:54
122.	40	CHISLETT, PETER		Male 50-54		50:30	1:13:21	25:53	1:48:52	4:18:35
123.	147	KETELSEN, ERLING		Male 60-64	Blovströdløverne	49:24	1:11:55	25:41	1:51:59	4:18:57
124.	198	LANIGAN, ADRIAN		Male 40-44	Sportsworld	50:27	1:10:59	26:39	1:52:16	4:20:19
125.	323	HANSEN, JOHN		Male 60-64	Motionsklubben	51:55	1:12:02	26:26	1:50:06	4:20:27
126.	143	KOFOD, OLE		Male 70-74	Blovstrød Løverne	49:33	1:13:03	25:58	1:52:25	4:20:58
127.	312	GLENNIE, JAMES		Male 60-64	Airdrie Harriers	48:48	1:13:37	28:23	1:50:15	4:21:02
128.	524	Williams, Steve		Male 60-64	Garden City Runners	49:08	1:12:38	27:11	1:52:18	4:21:13
129.	331	LARSEN, IB		Male 65-69	Aarhus 1900	51:59	1:13:02	26:43	1:49:40	4:21:22
130.	295	COLBOURNE,		Male 65-69	Sphinx	49:43	1:19:58	25:54	1:47:10	4:22:44
131.	530	Baker, Andrew		Male 45-49		47:20	1:08:21	26:24	2:01:51	4:23:55
132.	301	CULLINANE, DAVID		Male 40-44	Dublin Frontrunners	48:54	1:13:48	28:55	1:52:21	4:23:58
133.	75	BROWN, KEITH		Male 55-59		50:04	1:14:52	27:10	1:52:12	4:24:16
134.	257	CAMERON, GREG		Male 50-54		56:57	1:11:17	27:49	1:48:34	4:24:36
135.	164	PEARS, CRAIG		Male 25-29	Sphinx A.C.	51:22	1:16:01	27:54	1:50:26	4:25:41

Plac	Bib	Name	Nat	AG	Club	10K	13K	5K	21K	Total
136.	172	SPENCER, CRAIG		Male 40-44	Sphinx AC	51:25	1:12:59	28:44	1:52:44	4:25:50
137.	344	LARGE, CHRIS		Male 35-39	Milton Buzzards	54:57	1:13:57	26:30	1:50:34	4:25:57
138.	60	KILBY, ANDY		Male 60-64	Dursley running club	52:07	1:14:45	27:58	1:51:31	4:26:21
139.	421	GROOM, WILLIAM		Male 55-59		54:35	1:15:30	27:19	1:51:09	4:28:32
140.	153	KENNEDY, PAUL		Male 50-54	Milton Buzzards	52:35	1:16:24	27:19	1:54:53	4:31:09
141.	232	VAN DER WERP,		Male 40-44	Dublin Frontrunners	53:35	1:16:10	29:14	1:54:16	4:33:13
142.	41	CULLINANE,		Male 55-59	Stroud & District	54:32	1:14:46	28:01	1:56:25	4:33:42
143.	238	ADMIRAAL, PIET		Male 65-69	Loopgroep Aart Stigter	54:28	1:14:58	27:15	1:57:41	4:34:21
144.	230	HERWARTS,		Male 45-49	Loopgroep Aart Stigter	56:31	1:16:51	26:28	1:55:34	4:35:24
145.	142	SAABYE, HENRIK		Male 70-74	Blovstrød løverne	52:52	1:15:08	25:29	2:04:30	4:37:58
146.	465	MCENTEE, ALAN		Male 35-39	Dublin Front Runners	52:53	1:21:19	27:17	1:57:00	4:38:28
147.	181	BOULTON, GED		Male 55-59		54:56	1:16:08	29:21	1:59:06	4:39:29
148.	493	JONES, TERRY		Male 65-69	Triathlon Coaching	55:07	1:17:32	28:51	1:58:48	4:40:16
149.	211	BRINKS, ERIK		Male 60-64	LIF Løb & Motion	55:05	1:19:31	28:34	1:57:31	4:40:40
150.	408	JESSEN, OLE		Male 60-64		55:19	1:17:46	29:39	1:59:02	4:41:44
151.	110	REASON, JOHN		Male 60-64	Blackpool Wyre and	55:34	1:17:35	29:07	2:00:26	4:42:41
152.	78	WEREY, PHILIPPE		Male 50-54		54:36	1:16:21	30:09	2:01:56	4:43:01
153.	58	CRANE, DEREK		Male 50-54	Blackpool Wyre &	53:49	1:17:02	29:00	2:07:45	4:47:34
154.	71	KYDD, ANDREW		Male 50-54	Newmarket Cycling	53:53	1:16:59	28:40	2:09:12	4:48:43
155.	377	NISSEN, PREBEN		Male 65-69	Sparta	55:15	1:15:35	27:08	2:12:21	4:50:18
156.	42	YOUNG,		Male 60-64	Stroud & District AC	57:59	1:20:41	31:01	2:03:15	4:52:55
157.	55	WORTHINGTON,		Male 50-54	Astley & Tyldesley	56:49	1:20:45	28:53	2:09:20	4:55:45
158.	389	SMITH, GRAEME		Male 35-39	Sphinx	57:38	1:23:52	29:23	2:09:27	5:00:18
159.	233	MCCORMACK, ALAN		Male 40-44	Dublin Front Runners	55:49	1:19:21	28:41	2:16:33	5:00:23
160.	489	THOMAS, DARREN		Male 50-54	Witham	58:17	1:23:41	31:34	2:08:19	5:01:50
161.	371	NIELSEN, PREBEN		Male 75-79		58:59	1:22:58	30:07	2:10:56	5:02:59
162.	179	ZACHO, ERIK		Male 65-69	Kalundborg-if	59:44	1:24:06	32:59	2:08:50	5:05:37
163.	393	MASSEY, ROBERT		Male 70-74	Blackpool Wyre &	59:51	1:25:21	31:00	2:10:20	5:06:30
164.	149	WILLIAMS, RAY		Male 60-64	DURSLEY RUNNING	51:32	1:17:25	32:15	2:26:36	5:07:47
165.	490	THOMAS, NIGEL		Male 50-54		1:02:23	1:27:53	33:28	2:05:46	5:09:29
166.	210	MATHIASSEN,		Male 30-34	Sparta	1:00:17	1:26:48	32:30	2:15:08	5:14:41
167.	296	CRUUSBERG, JOHN		Male 60-64	Odense	1:00:47	1:29:23	31:18	2:13:57	5:15:24
168.	152	GROOSS, KARSTEN		Male 60-64		59:21	1:25:41	30:15	2:20:56	5:16:12
169.	140	AYLOTT, WAYNE		Male 55-59	Herts runners	1:03:39	1:27:51	33:24	2:20:22	5:25:14
170.	32	SINGLETON,		Male 70-74	Blackpool wyre fylde	1:05:54	1:32:17	34:50	2:20:45	5:33:45
171.	174	NIELSEN,		Male 55-59	Kalundborg if	1:08:40	1:39:16	36:31	2:25:52	5:50:18
172.	341	JOHANSEN,		Male 55-59	Aarhus 1900	1:07:44	1:36:31	36:18	2:30:23	5:50:55
173.	57	NORMAN, PETER		Male 80+	wrexham a c	1:19:52	1:53:35	40:09	3:21:49	7:15:24

Plac	Bib	Name	Nat	AG	Club	10K	13K	5K	21K	Total
Female										
1.	23	GEURTSSEN, MARIJE		Female 30-34	Hardloopgroep Aart	37:14	53:22	20:01	1:19:30	3:10:06
2.	4	ORCHARD, RUBY		Female 35-39	Vegan Runners UK	37:48	53:51	20:15	1:20:38	3:12:31
3.	231	BERGER DE VRIES,		Female 40-44	Aart Stigter	39:05	55:35	20:50	1:22:31	3:18:00
4.	429	KEANE, SHONA		Female 35-39	Sportsworld	39:47	56:11	21:55	1:23:14	3:21:05
5.	2	CURLEY, PAULINE		Female 50-54	Tullamore harriers	40:05	56:33	21:30	1:25:17	3:23:24
6.	200	GROGAN, LINDA		Female 35-39	Dundrum AC	39:52	55:55	21:28	1:26:22	3:23:35
7.	14	FLANAGAN, SARAH		Female 40-44	Eton Manor AC	40:33	57:28	20:56	1:26:01	3:24:57
8.	11	TIDESWELL,		Female 35-39	Clonmel AC	41:37	57:47	21:25	1:25:32	3:26:20
9.	8	THORNTON,		Female 30-34	Crusaders AC	40:54	58:27	21:51	1:25:41	3:26:52
10.	449	HANSEN, NANNA		Female 25-29	Sparta	40:17	57:35	21:38	1:27:57	3:27:25
11.	392	JONES, MARIA		Female 30-34	Sportsworld	39:57	57:22	21:39	1:28:55	3:27:52
12.	5	BROKSØ, TINE		Female 45-49	Blovstrød løverne	41:18	58:28	23:33	1:27:10	3:30:28
13.	17	MURRAY, BARBARA		Female 45-49	Donore harriers	41:21	59:08	22:32	1:30:46	3:33:46
14.	222	BALM, SUSANNE		Female 30-34	loopgroep Aart Stigter	44:41	1:00:53	22:51	1:30:11	3:38:35
15.	330	HANEVY, ALMA		Female 40-44	Crusaders AC	42:55	1:00:33	23:05	1:35:25	3:41:57
16.	519	GORMAN, IRENE		Female 25-29	Crusaders AC	44:22	1:02:13	23:11	1:32:35	3:42:20
17.	15	GINTY, MAURA		Female 35-39	Sportsworld	43:58	1:02:49	23:05	1:33:19	3:43:09
18.	363	MITCHELL, RUTH		Female 25-29	Leighton Buzzard	44:25	1:02:22	23:17	1:33:46	3:43:49
19.	226	ROCHE, ÁINE		Female 35-39	Clonmel AC	44:29	1:02:32	23:32	1:33:29	3:44:01
20.	138	TASKA, MARTINA		Female 45-49	Hämpus Laufgruppe	44:03	1:04:55	23:52	1:31:13	3:44:01
21.	508	REGAN, GRAINNE		Female 35-39	Crusaders AC	45:45	1:05:30	23:31	1:34:15	3:48:59
22.	360	INCHLEY, AMY		Female 35-39	Milton Buzzards	45:33	1:04:07	23:34	1:35:52	3:49:04
23.	306	O'DOWD, FIONA		Female 30-34	Crusaders AC	42:58	1:02:55	23:58	1:39:33	3:49:24
24.	314	BIGLEY, LYDIA		Female 40-44	Dublin Front Runners	43:40	1:04:31	24:24	1:38:04	3:50:38
25.	310	ANDERSON,		Female 45-49	Milton Buzzards	44:47	1:05:15	23:59	1:38:29	3:52:28
26.	125	GUTEMANN, KARIN		Female 45-49		46:18	1:05:09	24:08	1:37:33	3:53:06
27.	192	LORENTZEN, SARA		Female 40-44	Sparta	42:55	1:05:28	25:47	1:41:03	3:55:11
28.	212	WOLOSZYNSKA,		Female 35-39		46:35	1:05:00	24:59	1:38:45	3:55:17
29.	481	NI CHEARBHAILL,		Female 40-44	Crusaders AC	47:11	1:05:27	24:46	1:39:07	3:56:30
30.	18	SINGLETON,		Female 45-49	Witham Running Club	45:17	1:05:12	24:33	1:43:43	3:58:44
31.	27	OUTLAW, BITTEN		Female 45-49	Næsby Motion	46:37	1:07:32	25:45	1:39:20	3:59:12
32.	285	MEADE, EMMA		Female 25-29	Sportsworld A.C.	45:45	1:05:23	26:42	1:41:41	3:59:30
33.	29	THOMSEN,		Female 50-54	Næsby Motion	47:28	1:06:50	25:09	1:40:27	3:59:52
34.	258	CLEMMENSEN, TINA		Female 50-54	NIMF	47:33	1:08:00	24:32	1:40:38	4:00:42
35.	315	SHINE, LISA		Female 35-39	Crusaders AC	46:46	1:07:45	24:57	1:42:38	4:02:04
36.	76	WOODWARD, ZOE		Female 55-59	Eton Manor AC	47:23	1:06:58	25:00	1:42:59	4:02:18
37.	447	WHITE, GEMMA		Female 35-39	Sportsworld	48:02	1:08:46	25:18	1:42:43	4:04:46
38.	352	FLEMING, REBECCA		Female 30-34	Crusaders AC	49:23	1:08:33	25:48	1:42:09	4:05:52
39.	51	FRITZE, METTE		Female 35-39	Sparta	46:17	1:05:16	25:11	1:50:43	4:07:26
40.	59	SACKETT, KATE		Female 60-64	Cirencester ac	47:55	1:10:27	25:03	1:44:57	4:08:21
41.	151	MAGUIRE, SIOBHAN		Female 50-54	Dunboyne AC	48:34	1:10:20	26:28	1:43:57	4:09:18
42.	406	RASMUSSEN, MIA		Female 30-34		49:11	1:09:28	26:16	1:45:04	4:09:57
43.	171	GRENNAN, MAG		Female 50-54	TULLAMORE	49:22	1:09:31	26:22	1:46:32	4:11:46
44.	133	ASVARISCH, MIRIAM		Female 65-69	Viking Atletik	48:58	1:09:52	25:41	1:47:49	4:12:19
45.	206	BROCKSOPP,		Female 35-39		49:51	1:11:40	27:05	1:43:59	4:12:34

Plac	Bib	Name	Nat	AG	Club	10K	13K	5K	21K	Total	
46.	239	NOLAN-JONES,			Female 40-44	Sportsworld	49:56	1:12:42	26:24	1:44:03	4:13:02
47.	327	KENNEDY, ELAINE			Female 25-29	Sportsworld	48:09	1:11:22	25:07	1:48:25	4:13:02
48.	477	THOMSEN,			Female 25-29	Sparta	51:28	1:09:17	26:42	1:47:01	4:14:26
49.	38	WILKINS, PENNY			Female 55-59	Sutton Runners	49:08	1:10:54	27:50	1:47:19	4:15:09
50.	319	NIELSEN, GRETHE			Female 65-69	Aarhus 1900	48:52	1:12:31	26:18	1:50:32	4:18:12
51.	241	MAINWARING,			Female 50-54	Triathlon Coaching	52:20	1:12:13	26:59	1:48:05	4:19:35
52.	460	HANSEN, SOFIE			Female 25-29	SPARTA	49:46	1:11:57	26:44	1:51:41	4:20:06
53.	342	GLENNIE, MORVEN			Female 20-24	Airdrie Harriers	51:42	1:13:49	27:18	1:48:28	4:21:16
54.	54	GRANTHAM, LISA			Female 45-49	Pensby Runners	50:27	1:14:14	26:23	1:51:13	4:22:16
55.	39	CHISLETT, LYNN			Female 50-54		50:29	1:13:55	27:12	1:50:48	4:22:23
56.	419	BRASEN, ANNETTE			Female 60-64	Team	51:02	1:13:40	27:21	1:51:48	4:23:49
57.	69	HOCKLEY, MARIE			Female 55-59	Bishops Stortford	51:41	1:16:21	27:06	1:49:32	4:24:38
58.	355	MCLEISH, FIONA			Female 40-44	Milton Buzzards	51:57	1:15:16	27:05	1:51:23	4:25:40
59.	461	PEDERSEN, MAJA			Female 25-29	Valbyløberne	55:07	1:14:19	26:30	1:50:17	4:26:12
60.	379	NIELSEN,			Female 60-64	Sparta	52:55	1:14:56	28:09	1:51:00	4:26:59
61.	526	Rogerson, Ruth			Female 40-44		53:30	1:22:28	32:02	1:41:07	4:29:06
62.	506	NEWMAN, HELENA			Female 40-44	tullamore harriers	51:54	1:15:47	28:23	1:56:59	4:33:02
63.	91	SHOLL, THERESA			Female 50-54	Redway Runners	55:24	1:15:42	28:45	1:54:29	4:34:19
64.	107	PECK, FIONA			Female 50-54	Tamar Trotters	53:01	1:15:38	29:58	1:55:44	4:34:19
65.	442	CHRISTENSEN,			Female 55-59	Sparta	53:33	1:16:39	28:04	1:56:27	4:34:41
66.	63	BREWIN, VICTORIA			Female 35-39	Sphinx AC	52:32	1:15:32	29:34	1:57:21	4:34:58
67.	458	NYHOLM, MAJA			Female 25-29	Sparta	52:34	1:13:29	30:13	2:00:32	4:36:47
68.	168	NETTLETON,			Female 40-44	Steel city striders	53:04	1:19:41	28:58	1:56:17	4:37:58
69.	146	REVSBECK, LINE			Female 50-54	BlovstrødLøverne	52:52	1:17:28	28:17	2:01:48	4:40:23
70.	482	SWEENEY, ANNE			Female 50-54	Sportsworld	53:20	1:17:41	31:09	1:59:50	4:41:59
71.	46	LOUGHREY, TISH			Female 40-44	Dublin Frontrunners	54:25	1:17:11	29:53	2:01:51	4:43:18
72.	277	TIDESWELL, JULIE			Female 55-59	Clonmel AC	57:06	1:17:19	28:34	2:00:20	4:43:19
73.	236	SMART, ELISABETH			Female 60-64	Forres Harriers	53:45	1:19:39	29:42	2:00:43	4:43:47
74.	177	LEBEAU,			Female 50-54		55:42	1:19:55	31:01	1:58:09	4:44:46
75.	268	VAN DER VOORN,			Female 40-44	Aart Stigter	58:31	1:19:18	31:27	1:56:15	4:45:29
76.	102	LYDERSEN			Female 50-54	Sparta	57:16	1:16:55	30:29	2:01:26	4:46:05
77.	298	TIMOTHY, KAREN			Female 55-59	Sphinx AC	54:43	1:20:16	30:06	2:01:04	4:46:08
78.	256	BYRNE, REGINA			Female 40-44	Dublin Front Runners	56:03	1:21:20	30:29	1:59:23	4:47:14
79.	170	ALLEN, RACHAEL			Female 40-44	Sphinx AC	57:08	1:20:37	30:52	2:06:25	4:55:01
80.	349	HEIMBS, ANETTE			Female 40-44		57:17	1:21:32	31:21	2:05:58	4:56:07
81.	370	RISDAHL,			Female 30-34	Sparta	1:01:27	1:21:24	29:48	2:03:40	4:56:17
82.	368	BECKMANN,			Female 30-34	Sparta	1:01:28	1:21:23	29:48	2:03:39	4:56:17
83.	188	SHANAHAN, JANET			Female 50-54	Maldwyn Harriers	57:40	1:23:14	31:16	2:07:09	4:59:18
84.	128	BOERBOOM-SCHUU			Female 35-39		58:57	1:24:02	33:18	2:04:45	5:01:01
85.	401	JENSEN, ANNA			Female 25-29	Sparta	57:47	1:26:48	31:35	2:04:59	5:01:06
86.	251	CHRISTIANSEN,			Female 65-69	Sparta	56:23	1:22:46	31:41	2:11:08	5:01:56
87.	518	Kearney, Kathryn			Female 55-59	Triathlon Coaching	57:31	1:24:05	32:52	2:07:34	5:02:01
88.	400	MELODY, AILEEN			Female 55-59	Sportsworld	58:22	1:22:58	31:25	2:10:16	5:02:59
89.	86	KREUGEL, SYLVIA			Female 40-44	Aart Stigter Running	58:42	1:22:08	31:27	2:10:51	5:03:07
90.	62	TIMMS, JACKIE			Female 50-54	Sphinx AC	56:49	1:24:06	33:04	2:09:10	5:03:08
91.	225	KOEKOEK, ERNA			Female 50-54	Loopgroep Aart Stigter	59:14	1:25:48	30:34	2:10:51	5:06:26

Plac	BibName	Nat	AG	Club	10K	13K	5K	21K	Total
92.	126 GUTEMANN,		Female 40-44		59:18	1:25:12	32:47	2:12:25	5:09:41
93.	260 NIELSEN,		Female 50-54	Sparta	1:00:28	1:26:50	31:46	2:11:09	5:10:12
94.	245 PEDERSEN, NINA		Female 55-59	Nyvest	1:02:20	1:28:18	32:07	2:09:03	5:11:46
95.	93 BERRY, ALISON		Female 45-49		1:00:37	1:29:53	34:45	2:07:38	5:12:51
96.	73 WORTHINGTON,		Female 40-44	Astley and Tyldesley	1:01:16	1:28:34	32:19	2:12:23	5:14:30
97.	403 LALOR, JOSIE		Female 50-54	Tullamore harriers	1:03:08	1:26:21	35:38	2:10:25	5:15:31
98.	372 MCNAMARA, ANNE		Female 50-54	tullamore harriers	58:38	1:31:31	34:15	2:14:26	5:18:49
99.	154 LINDSTRØM, ANNE		Female 50-54		1:02:29	1:29:31	35:42	2:13:57	5:21:38
100.	157 LONGMATE,		Female 45-49		1:00:46	1:25:18	31:44	2:26:21	5:24:07
101.	84 REY, NANCY		Female 50-54		1:02:47	1:32:27	34:31	2:19:17	5:29:01
102.	422 GROOM, NICOLA		Female 45-49		56:42	1:29:32	37:25	2:27:49	5:31:26
103.	137 Boulton, EMMA		Female 30-34		1:03:41	1:28:43	36:36	2:22:53	5:31:51
104.	446 ROBERTS, KAREN		Female 55-59	Dolly Mixtures	1:04:16	1:33:17	38:12	2:27:49	5:43:32
105.	383 ANDERSEN, MAY		Female 60-64	Sparta	1:03:36	1:32:31	35:28	2:33:12	5:44:45
106.	30 PAFFEN, PATRICIA		Female 40-44	Dublin Front Runners	1:06:19	1:33:51	35:40	2:29:54	5:45:43
107.	36 ALARA, OLA		Female 55-59		1:08:25	1:36:34	37:52	2:23:24	5:46:14
108.	436 BRUNDRETT,		Female 45-49	North Derbyshire RC	1:08:41	1:36:12	36:15	2:26:21	5:47:27
109.	336 JENSEN, PIA		Female 50-54	Aarhus 1900	1:08:30	1:36:45	37:35	2:30:28	5:53:16
110.	535 Kramer, Joan		Female 65-69	Sparta	1:05:51	1:39:23	35:18	2:33:12	5:53:42
111.	262 CLARK, HANNE		Female 70-74	Sparta	1:07:30	1:39:24	35:37	2:33:12	5:55:41
112.	88 RIIS, HANNE SONNE		Female 65-69	ØB-Athletik	1:09:31	1:42:18	37:06	2:28:15	5:57:08
113.	129 ORRELLS,		Female 60-64	Maldwyn Harriers	1:10:10	1:37:31	36:18	2:35:10	5:59:08
114.	433 COOPER, HOLLY		Female 35-39	Sphinx AC	1:12:17	1:42:52	43:05	2:25:02	6:03:14
115.	98 HOLLOWAY-MCLEA		Female 50-54		1:19:26	1:53:06	46:16	2:49:50	6:48:36
116.	305 HOLMES, GILLIAN		Female 65-69	Werrington Joggers	1:17:00	1:54:14	41:55	3:00:49	6:53:57
117.	175 NIELSEN, METTE		Female 55-59	Kalundborg if	1:18:43	1:55:51	44:58	2:59:43	6:59:13
118.	74 JØRGENSEN,		Female 65-69		1:23:17	2:04:24	43:54	2:54:14	7:05:48
119.	97 MONTAGU-LEON,		Female 45-49		1:27:44	1:57:32	45:29	3:06:46	7:17:29

Number of records: 292

Age Group Results

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
Male u/20									
1.	378	WEBER, LASSE FALCK		De Danske Bjørne	39:11	56:42	19:58	1:22:35	3:18:24
2.	308	TOWELL, SCOTT		LEIGHTON Buzzard	49:10	1:09:16	24:54	1:54:35	4:17:54
Male 20-24									
1.	109	REASON, SIMON		Blackpool Wyre and Fylde	39:46	56:23	20:48	1:23:42	3:20:37
2.	380	NIELSEN, MIKKEL BAY			42:10	58:36	20:35	1:29:24	3:30:43
Male 25-29									
1.	1	HARTLEV, Kasper		RUNAAR/Mikkeller	32:17	46:25	17:46	1:09:15	2:45:41
2.	496	PALMER, MATT			34:48	50:56	19:04	1:16:25	3:01:11
3.	185	FERGUSON, JAMES		The Chiltern Hills Runners	36:59	52:44	21:42	1:23:01	3:14:26
4.	293	HARTLEV, KRISTIAN		RUNAAR/Mikkeller	39:25	55:04	19:55	1:23:53	3:18:16
5.	381	MADSEN, KRISTIAN			43:09	1:00:22	21:25	1:27:58	3:32:52
6.	95	EDWARDS, JACK		Sphinx AC	38:42	57:39	20:35	1:39:38	3:36:33
7.	259	DUNNE, MATT		Dublin Front Runners	40:24	59:55	21:33	1:34:45	3:36:35
8.	376	GLENNIE, LEWIS		Airdrie Harriers	43:56	1:02:53	23:37	1:34:27	3:44:52
9.	164	PEARS, CRAIG		Sphinx A.C.	51:22	1:16:01	27:54	1:50:26	4:25:41
Male 30-34									
1.	184	MAY, CHARLES		The Chiltern Hills Runners	33:52	47:38	20:01	1:11:20	2:52:49
2.	501	NAVARRO HITA, AITOR		Club La Santa	34:38	49:56	18:31	1:14:59	2:58:02
3.	180	GAEBEL, CHRISTIAN		Berlin	41:06	56:50	20:42	1:23:04	3:21:40
4.	183	MOORE, ANDREW		Civil service harriers	45:03	1:00:31	22:42	1:33:15	3:41:29
5.	476	MATTHEWS, PHILIP		Crusaders AC	44:56	1:04:48	23:55	1:39:02	3:52:40
6.	287	DOGGER, PIETER		loopgroep Aart Stigter	47:51	1:08:25	23:03	1:49:09	4:08:26
7.	367	SØRENSEN, SIMON		Sparta	47:58	1:11:26	29:50	1:44:13	4:13:26
8.	70	TAYLOR, JAMIE			51:01	1:09:58	24:38	1:48:17	4:13:52
9.	210	MATHIASSEN, ANDERS		Sparta	1:00:17	1:26:48	32:30	2:15:08	5:14:41
Male 35-39									
1.	13	ELMORE, ROB		Milton Buzzards	34:13	48:12	18:14	1:11:33	2:52:11
2.	6	MACKRELL, PETER		Milton Buzzards	35:48	50:16	18:41	1:14:30	2:59:14
3.	7	MURRAN, GARETH		Sportsworld Running Club	35:29	51:06	19:16	1:14:16	3:00:07
4.	337	CURRAN, KEVIN		Sportsworld	38:17	52:57	20:16	1:20:35	3:12:03
5.	12	MOONEY, LEONARD		Tullamore Harriers	38:28	53:18	19:00	1:21:42	3:12:27
6.	451	MC DERMOTT, JOSEPH		Crusaaders AC	38:05	54:12	20:16	1:21:15	3:13:46
7.	112	FEEHAN, CHRISTIAAN		Dublin Fronrunners A.C.	39:53	55:00	20:13	1:25:06	3:20:10
8.	122	JONES, JONATHAN			39:34	56:19	20:06	1:25:29	3:21:27
9.	390	BUTLER, DARREN		Tullamore Harriers	39:48	56:49	20:30	1:28:49	3:25:54
10.	237	HELMER, PHILIP		Skoemagerkroen/Fremad	41:57	59:01	21:05	1:31:13	3:33:15
11.	428	READ, STUART		Milton Buzzards	39:56	59:49	20:34	1:33:09	3:33:26
12.	405	NIELSEN, FREDERIK		Politiets Idrætsforening	44:06	1:02:17	22:50	1:31:13	3:40:26
13.	445	MARIENLUND		Sparta	43:05	1:02:43	23:28	1:32:24	3:41:37
14.	240	DEMPSEY, ROBERT		Dublin Fronrunners A.C	43:30	1:04:51	23:05	1:36:13	3:47:37
15.	219	DICK, KEVIN		Sphinx AC	46:09	1:04:23	23:57	1:36:36	3:51:02

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
16.	197	KINSELLA, THOMAS		Sportsworld AC	47:40	1:07:07	24:56	1:45:04	4:04:46
17.	344	LARGE, CHRIS		Milton Buzzards	54:57	1:13:57	26:30	1:50:34	4:25:57
18.	465	MCENTEE, ALAN		Dublin Front Runners A.C	52:53	1:21:19	27:17	1:57:00	4:38:28
19.	389	SMITH, GRAEME		Sphinx	57:38	1:23:52	29:23	2:09:27	5:00:18

Male 40-44

1.	248	BRANDSBJERG, JONAS		Blavstrød løverne	33:35	48:09	17:11	1:12:29	2:51:23
2.	3	FLEMING, PAUL		Sportsworld	34:06	49:21	18:02	1:14:01	2:55:28
3.	9	O'BRIEN, MICHEAL		Tullamore Harriers	37:00	51:29	19:27	1:18:07	3:06:02
4.	365	WALSH, JOE		Crusaders AC	39:24	53:42	20:22	1:24:13	3:17:39
5.	252	CUNNINGHAM, MICHAEL		Sportsworld	39:24	55:15	20:44	1:24:58	3:20:21
6.	254	WEIJZEN, JOCHEM		loopgroep Aart stiger	40:42	57:00	21:26	1:25:39	3:24:46
7.	45	FORD, SIMON		Colchester Harriers	41:08	57:13	20:43	1:28:01	3:27:03
8.	443	HONORÉ, MICHEL		SPARTA	40:38	1:00:32	20:50	1:30:42	3:32:41
9.	72	COX, STUART		#coupleofnutters	43:50	1:01:44	22:32	1:31:40	3:39:44
10.	82	JARMAN, DARREN		Maldwyn Harriers	45:08	1:01:51	21:57	1:32:07	3:41:01
11.	369	THEODORSEN, SØREN		Sparta	43:19	1:01:28	22:34	1:33:55	3:41:14
12.	374	O DONNELL, TIMOTHY		Crusaders	45:15	1:02:43	23:42	1:37:41	3:49:18
13.	104	STAFFE, ANDERS		Sparta	44:53	1:03:47	23:37	1:37:45	3:50:00
14.	364	MCCARTHY, DERMOT		Dublin Frontrunners AC	45:23	1:04:18	23:40	1:41:33	3:54:53
15.	218	MORAN, MATT		Bohermeen AC	45:48	1:05:52	24:19	1:40:52	3:56:50
16.	431	LEAHY, JOHN		Kilcormac killoughey	46:05	1:06:33	24:43	1:46:32	4:03:51
17.	468	LYNCH, SEAN		Dublin Frontrunners	54:50	1:07:39	27:30	1:44:39	4:14:36
18.	198	LANIGAN, ADRIAN		Sportsworld	50:27	1:10:59	26:39	1:52:16	4:20:19
19.	301	CULLINANE, DAVID		Dublin Frontrunners A.C.	48:54	1:13:48	28:55	1:52:21	4:23:58
20.	172	SPENCER, CRAIG		Sphinx AC	51:25	1:12:59	28:44	1:52:44	4:25:50
21.	232	VAN DER WOP,		Dublin Frontrunners	53:35	1:16:10	29:14	1:54:16	4:33:13
22.	233	MCCORMACK, ALAN		Dublin Front Runners	55:49	1:19:21	28:41	2:16:33	5:00:23

Male 45-49

1.	503	CROSS, ROBERT		Crusaders AC	35:57	50:46	19:29	1:15:31	3:01:41
2.	134	BLAZIER, DARREN		Abergele Harriers	38:35	53:54	19:42	1:19:56	3:12:06
3.	424	EXPOSITO MUÑOZ,		MD TRAINING	37:01	54:38	19:58	1:21:04	3:12:39
4.	186	MASTERSON, RONAN		Sportsworld	37:52	53:30	20:08	1:24:36	3:16:05
5.	173	HELMHOLT, HENRIK		BIK	40:14	56:04	21:10	1:23:45	3:21:11
6.	217	TALLON, ROBERT		Bohermeen	40:38	58:11	21:51	1:28:17	3:28:56
7.	94	EL-SOUR, ALLEN		Sphinx AC	40:05	58:20	21:26	1:29:09	3:28:59
8.	96	LANGER, PAWEL			39:18	56:51	25:23	1:32:23	3:33:53
9.	418	NUGENT, EDDIE		Crusaders AC	42:25	1:00:03	21:29	1:30:17	3:34:12
10.	321	CRONIN, BASIL		Tullamore Harriers	43:21	1:00:34	22:57	1:29:45	3:36:35
11.	26	VINSTEN, KIM		Næsby Motion	41:49	59:23	21:31	1:34:07	3:36:48
12.	373	JONES, NEIL		MK BUZZARDS	43:22	1:01:16	23:13	1:33:33	3:41:21
13.	187	MANUEL, DAVID		Maldwyn Harriers	44:00	1:02:56	22:59	1:33:52	3:43:46
14.	118	GHADAMIAN, FARZAD		Hämpus Laufgruppe Bern	43:34	1:02:19	21:58	1:36:55	3:44:44
15.	169	ALLEN, BARRY		Sphinx AC	43:36	1:02:28	22:52	1:36:36	3:45:31
16.	326	GRANGER, ALAN			45:46	1:04:11	24:00	1:39:58	3:53:55
17.	361	MALONE, EMMETT		Crusaders athletic club	45:34	1:05:40	24:29	1:41:21	3:57:03

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
18.	320	BUCKLEY, RAY		Dublin Front Runners	45:19	1:06:53	25:13	1:41:04	3:58:27
19.	473	BOYLE, SHANE		Dunshaughlin	48:36	1:10:21	19:49	1:43:56	4:02:40
20.	317	BURKE, DARREN		Herts Runners	48:37	1:08:30	25:21	1:42:38	4:05:03
21.	99	MCINTOSH, ANDREW		Sphinx AC	44:33	1:08:53	26:55	1:45:22	4:05:41
22.	435	BRUNDRETT, GAVIN		North Derbyshire RC	49:10	1:11:50	24:28	1:42:03	4:07:29
23.	530	Baker, Andrew			47:20	1:08:21	26:24	2:01:51	4:23:55
24.	230	HERWARTS, RAYMOND		Loopgroep Aart Stigter	56:31	1:16:51	26:28	1:55:34	4:35:24

Male 50-54

1.	191	BARNES, NIGEL		Triathlon Coaching Wales	40:33	57:56	21:16	1:25:09	3:24:52
2.	155	CARTER, ANDREW		West Cheshire Athletic Club	38:49	55:30	19:37	1:32:16	3:26:10
3.	28	JENSEN, KIM		Næsby Motion	41:10	57:31	21:59	1:28:27	3:29:07
4.	83	VERSCHUEREN, EDDY		Irnteam Mechelen	41:22	1:00:35	21:53	1:28:13	3:32:01
5.	426	KNAGGS, PETER		Sportsworld	42:28	59:32	22:48	1:29:32	3:34:18
6.	297	GILLEN, ANTHONY		Sportsworld	44:49	1:00:52	20:56	1:29:02	3:35:37
7.	106	ØKSNEBJERG, LARS		LIF Løb og Motion	42:47	1:00:00	22:10	1:30:56	3:35:51
8.	139	MELIDEO, GIANNI		Hämpus Laufgruppe	43:22	1:00:55	22:44	1:31:14	3:38:14
9.	199	LARSEN, HENRIK		Sparta	43:07	1:04:33	23:57	1:30:59	3:42:35
10.	135	SPARROW, PAUL		Blackpool Wyre & Fylde AC	43:51	1:02:40	22:57	1:35:19	3:44:45
11.	348	OWENS, LEONARD		Tullamore Harriers	45:22	1:04:24	23:22	1:34:53	3:48:00
12.	24	HOLM-NIELSEN, JESPER		Sparta	46:43	1:05:12	24:26	1:36:45	3:53:04
13.	67	HOCKEY, MARTIN		Eton Manor	43:54	1:03:50	23:53	1:41:29	3:53:05
14.	132	PARRY, NEIL		Dursley	44:10	1:07:01	25:26	1:40:58	3:57:34
15.	527	Schrombgens, Wilfred		Aart Stigter	47:25	1:06:25	25:05	1:40:18	3:59:12
16.	441	HØYBYE, HENRIK		Sparta	45:30	1:06:29	24:51	1:46:20	4:03:09
17.	275	PEARS, BRYAN		Sphinx Ac	47:30	1:14:26	28:58	1:43:08	4:14:01
18.	40	CHISLETT, PETER			50:30	1:13:21	25:53	1:48:52	4:18:35
19.	257	CAMERON, GREG			56:57	1:11:17	27:49	1:48:34	4:24:36
20.	153	KENNEDY, PAUL		Milton Buzzards	52:35	1:16:24	27:19	1:54:53	4:31:09
21.	78	WEREY, PHILIPPE			54:36	1:16:21	30:09	2:01:56	4:43:01
22.	58	CRANE, DEREK		Blackpool Wyre & Fylde AC	53:49	1:17:02	29:00	2:07:45	4:47:34
23.	71	KYDD, ANDREW		Newmarket Cycling Triathlon	53:53	1:16:59	28:40	2:09:12	4:48:43
24.	55	WORTHINGTON, PETER		Astley & Tyldesley Road	56:49	1:20:45	28:53	2:09:20	4:55:45
25.	489	THOMAS, DARREN		Witham	58:17	1:23:41	31:34	2:08:19	5:01:50
26.	490	THOMAS, NIGEL			1:02:23	1:27:53	33:28	2:05:46	5:09:29

Male 55-59

1.	48	RIDLEY, COLIN		Colchester harriers	37:56	55:24	20:24	1:23:29	3:17:12
2.	85	CATES, PAUL		Eton Manor AC	40:04	56:29	20:44	1:25:24	3:22:39
3.	121	LEACY, MARK		Ardee and District	39:51	1:00:19	21:30	1:30:22	3:32:01
4.	224	NIELSEN, PER			43:11	1:00:11	22:36	1:29:17	3:35:13
5.	31	HANSEN, JAN JUUL		Næsby Motion	44:25	1:02:39	22:05	1:32:11	3:41:18
6.	194	BROCK, DAVE		Orion Harriers	43:53	1:03:07	22:48	1:36:04	3:45:51
7.	115	STEIN, BARRY		None	46:12	1:02:47	24:07	1:35:05	3:48:10
8.	332	MENSINK, WOUT		Running Club Aart Stigter	43:23	1:05:38	23:35	1:36:16	3:48:51
9.	202	MCDONALD, PHILIP		Laragh AC	44:34	1:03:16	23:06	1:39:14	3:50:09
10.	34	STOCKINGS, PAUL		Elton Manor	44:58	1:03:57	22:57	1:40:23	3:52:12

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
11.	159	MARIENDAL, MICHAEL		SPARTA	46:12	1:05:24	23:52	1:43:22	3:58:48
12.	205	TOOMES, WILLIAM			48:46	1:05:21	27:27	1:43:56	4:05:29
13.	113	MUELLER, ROBERT		Hämpus Laufgruppe	48:46	1:08:29	26:08	1:43:06	4:06:28
14.	427	DOWDS, ROGER		Dublin Fronrunners	48:38	1:11:59	25:22	1:45:33	4:11:31
15.	163	WILSON, PHILIP		Sphinx AC	49:47	1:11:10	27:07	1:48:49	4:16:52
16.	532	Arndal, Allan		Sparta	48:39	1:08:44	25:35	1:54:21	4:17:18
17.	75	BROWN, KEITH			50:04	1:14:52	27:10	1:52:12	4:24:16
18.	421	GROOM, WILLIAM			54:35	1:15:30	27:19	1:51:09	4:28:32
19.	41	CULLINANE, DIARMUID		Stroud & District Athletics	54:32	1:14:46	28:01	1:56:25	4:33:42
20.	181	BOULTON, GED			54:56	1:16:08	29:21	1:59:06	4:39:29
21.	140	AYLOTT, WAYNE		Herts runners	1:03:39	1:27:51	33:24	2:20:22	5:25:14
22.	174	NIELSEN,		Kalundborg if	1:08:40	1:39:16	36:31	2:25:52	5:50:18
23.	341	JOHANSEN, KENNETH		Aarhus 1900	1:07:44	1:36:31	36:18	2:30:23	5:50:55

Male 60-64

1.	141	CHRISTIANSEN, JENS		Blovstrød Løverne	42:45	1:01:03	22:20	1:30:09	3:36:17
2.	105	WALTERS, MARTIN			42:42	1:00:25	21:36	1:32:56	3:37:38
3.	22	CHRISTMAS, LEE		Stroud & District AC	43:12	1:00:37	22:39	1:34:42	3:41:08
4.	79	BENNETT, BILL		ETON MANOR	44:22	1:04:52	23:43	1:35:11	3:48:06
5.	111	GABRIELS, MARCEL		dimag	44:53	1:04:57	23:23	1:38:25	3:51:36
6.	318	COTTLE, JAMES		Crusaders AC	40:48	59:06	21:53	1:54:51	3:56:36
7.	307	RUTTEN, LOUIS		Loopgroep Aart Stigter	46:45	1:07:40	24:43	1:43:36	4:02:42
8.	189	HJORTLUND, TOM		Team Hjortlund	49:44	1:08:42	25:20	1:42:12	4:05:58
9.	61	TIMMS, MITCH		Sphinx AC	50:12	1:09:51	26:19	1:47:11	4:13:31
10.	68	BATES, MARTIN		Wesham	50:22	1:11:01	25:32	1:49:25	4:16:18
11.	147	KETELSEN, ERLING		Blovstrødløverne	49:24	1:11:55	25:41	1:51:59	4:18:57
12.	323	HANSEN, JOHN		Motionsklubben Amager	51:55	1:12:02	26:26	1:50:06	4:20:27
13.	312	GLENNIE, JAMES		Airdrie Harriers	48:48	1:13:37	28:23	1:50:15	4:21:02
14.	524	Williams, Steve		Garden City Runners	49:08	1:12:38	27:11	1:52:18	4:21:13
15.	60	KILBY, ANDY		Dursley running club	52:07	1:14:45	27:58	1:51:31	4:26:21
16.	211	BRINKS, ERIK		LIF Løb & Motion	55:05	1:19:31	28:34	1:57:31	4:40:40
17.	408	JESSEN, OLE			55:19	1:17:46	29:39	1:59:02	4:41:44
18.	110	REASON, JOHN		Blackpool Wyre and Fylde	55:34	1:17:35	29:07	2:00:26	4:42:41
19.	42	YOUNG, CHRISTOPHER		Stroud & District AC	57:59	1:20:41	31:01	2:03:15	4:52:55
20.	149	WILLIAMS, RAY		DURSLEY RUNNING CLUB	51:32	1:17:25	32:15	2:26:36	5:07:47
21.	296	CRUUSBERG, JOHN		Odense Gymnastikforening	1:00:47	1:29:23	31:18	2:13:57	5:15:24
22.	152	GROOSS, KARSTEN			59:21	1:25:41	30:15	2:20:56	5:16:12

Male 65-69

1.	136	DIEKOTTO, WOLFGANG		TSVE 1890 Bielefeld	50:48	1:10:49	25:42	1:44:17	4:11:35
2.	331	LARSEN, IB		Aarhus 1900	51:59	1:13:02	26:43	1:49:40	4:21:22
3.	295	COLBOURNE, STEVE		Sphinx	49:43	1:19:58	25:54	1:47:10	4:22:44
4.	238	ADMIRAAL, PIET		Loopgroep Aart Stigter	54:28	1:14:58	27:15	1:57:41	4:34:21
5.	493	JONES, TERRY		Triathlon Coaching Wales	55:07	1:17:32	28:51	1:58:48	4:40:16
6.	377	NISSEN, PREBEN		Sparta	55:15	1:15:35	27:08	2:12:21	4:50:18
7.	179	ZACHO, ERIK		Kalundborg-if	59:44	1:24:06	32:59	2:08:50	5:05:37



24TH - 27TH NOVEMBER 2019

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
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Male 70-74

1.	50	KRUPP, MEINHARD		TUS Erpel	47:20	1:09:18	24:31	1:41:43	4:02:50
2.	143	KOFOD, OLE		Blovstrød Løverne	49:33	1:13:03	25:58	1:52:25	4:20:58
3.	142	SAABYE, HENRIK		Blovstrød løverne	52:52	1:15:08	25:29	2:04:30	4:37:58
4.	393	MASSEY, ROBERT		Blackpool Wyre & Fylde AC	59:51	1:25:21	31:00	2:10:20	5:06:30
5.	32	SINGLETON, BERNARD		Blackpool wyre fylde running	1:05:54	1:32:17	34:50	2:20:45	5:33:45

Male 75-79

1.	420	MANN, STUART		Herts runners	49:17	1:11:48	26:18	1:45:54	4:13:16
2.	371	NIELSEN, PREBEN			58:59	1:22:58	30:07	2:10:56	5:02:59

Male 80+

1.	57	NORMAN, PETER		wrexham a c	1:19:52	1:53:35	40:09	3:21:49	7:15:24
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Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
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Female 20-24

1.	342	GLENNIE, MORVEN		Airdrie Harriers	51:42	1:13:49	27:18	1:48:28	4:21:16
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Female 25-29

1.	449	HANSEN, NANNA		Sparta	40:17	57:35	21:38	1:27:57	3:27:25
2.	519	GORMAN, IRENE		Crusaders AC	44:22	1:02:13	23:11	1:32:35	3:42:20
3.	363	MITCHELL, RUTH		Leighton Buzzard athletics	44:25	1:02:22	23:17	1:33:46	3:43:49
4.	285	MEADE, EMMA		Sportsworld A.C.	45:45	1:05:23	26:42	1:41:41	3:59:30
5.	327	KENNEDY, ELAINE		Sportsworld	48:09	1:11:22	25:07	1:48:25	4:13:02
6.	477	THOMSEN, HENRIETTE		Sparta	51:28	1:09:17	26:42	1:47:01	4:14:26
7.	460	HANSEN, SOFIE		SPARTA	49:46	1:11:57	26:44	1:51:41	4:20:06
8.	461	PEDERSEN, MAJA		Valbylørerne	55:07	1:14:19	26:30	1:50:17	4:26:12
9.	458	NYHOLM, MAJA		Sparta	52:34	1:13:29	30:13	2:00:32	4:36:47
10.	401	JENSEN, ANNA		Sparta	57:47	1:26:48	31:35	2:04:59	5:01:06

Female 30-34

1.	23	GEURTSSEN, MARIJE		Hardloopgroep Aart Stigter	37:14	53:22	20:01	1:19:30	3:10:06
2.	8	THORNTON, CATHERINE		Crusaders AC	40:54	58:27	21:51	1:25:41	3:26:52
3.	392	JONES, MARIA		Sportsworld	39:57	57:22	21:39	1:28:55	3:27:52
4.	222	BALM, SUSANNE		loopgroep Aart Stigter	44:41	1:00:53	22:51	1:30:11	3:38:35
5.	306	O'DOWD, FIONA		Crusaders AC	42:58	1:02:55	23:58	1:39:33	3:49:24
6.	352	FLEMING, REBECCA		Crusaders AC	49:23	1:08:33	25:48	1:42:09	4:05:52
7.	406	RASMUSSEN, MIA			49:11	1:09:28	26:16	1:45:04	4:09:57
8.	370	RISDAHL, CHRISTINA		Sparta	1:01:27	1:21:24	29:48	2:03:40	4:56:17
9.	368	BECKMANN, KATHARINA		Sparta	1:01:28	1:21:23	29:48	2:03:39	4:56:17
10.	137	Boulton, EMMA			1:03:41	1:28:43	36:36	2:22:53	5:31:51

Female 35-39

1.	4	ORCHARD, RUBY		Vegan Runners UK	37:48	53:51	20:15	1:20:38	3:12:31
2.	429	KEANE, SHONA		Sportsworld	39:47	56:11	21:55	1:23:14	3:21:05
3.	200	GROGAN, LINDA		Dundrum AC	39:52	55:55	21:28	1:26:22	3:23:35
4.	11	TIDESWELL, KEALEY		Clonmel AC	41:37	57:47	21:25	1:25:32	3:26:20
5.	15	GINTY, MAURA		Sportsworld	43:58	1:02:49	23:05	1:33:19	3:43:09
6.	226	ROCHE, ÁINE		Clonmel AC	44:29	1:02:32	23:32	1:33:29	3:44:01
7.	508	REGAN, GRAINNE		Crusaders AC	45:45	1:05:30	23:31	1:34:15	3:48:59
8.	360	INCHLEY, AMY		Milton Buzzards	45:33	1:04:07	23:34	1:35:52	3:49:04
9.	212	WOLOSZYNSKA,			46:35	1:05:00	24:59	1:38:45	3:55:17
10.	315	SHINE, LISA		Crusaders AC	46:46	1:07:45	24:57	1:42:38	4:02:04
11.	447	WHITE, GEMMA		Sportsworld	48:02	1:08:46	25:18	1:42:43	4:04:46
12.	51	FRITZE, METTE SOMMER		Sparta	46:17	1:05:16	25:11	1:50:43	4:07:26
13.	206	BROCKSOPP, JENNIFER			49:51	1:11:40	27:05	1:43:59	4:12:34
14.	63	BREWIN, VICTORIA		Sphinx AC	52:32	1:15:32	29:34	1:57:21	4:34:58
15.	128	BOERBOOM-SCHUURMA			58:57	1:24:02	33:18	2:04:45	5:01:01
16.	433	COOPER, HOLLY		Sphinx AC	1:12:17	1:42:52	43:05	2:25:02	6:03:14

Female 40-44

1.	231	BERGER DE VRIES,		Aart Stigter	39:05	55:35	20:50	1:22:31	3:18:00
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Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
2.	14	FLANAGAN, SARAH		Eton Manor AC	40:33	57:28	20:56	1:26:01	3:24:57
3.	330	HANEVY, ALMA		Crusaders AC	42:55	1:00:33	23:05	1:35:25	3:41:57
4.	314	BIGLEY, LYDIA		Dublin Front Runners	43:40	1:04:31	24:24	1:38:04	3:50:38
5.	192	LORENTZEN, SARA CBH		Sparta	42:55	1:05:28	25:47	1:41:03	3:55:11
6.	481	NI CHEARBHAILL,		Crusaders AC	47:11	1:05:27	24:46	1:39:07	3:56:30
7.	239	NOLAN-JONES, MARTINA		Sportsworld	49:56	1:12:42	26:24	1:44:03	4:13:02
8.	355	MCLEISH, FIONA		Milton Buzzards	51:57	1:15:16	27:05	1:51:23	4:25:40
9.	526	Rogerson, Ruth			53:30	1:22:28	32:02	1:41:07	4:29:06
10.	506	NEWMAN, HELENA		tullamore harriers	51:54	1:15:47	28:23	1:56:59	4:33:02
11.	168	NETTLETON,		Steel city striders	53:04	1:19:41	28:58	1:56:17	4:37:58
12.	46	LOUGHREY, TISH		Dublin Frontrunners	54:25	1:17:11	29:53	2:01:51	4:43:18
13.	268	VAN DER VOORN,		Aart Stigter	58:31	1:19:18	31:27	1:56:15	4:45:29
14.	256	BYRNE, REGINA		Dublin Front Runners	56:03	1:21:20	30:29	1:59:23	4:47:14
15.	170	ALLEN, RACHAEL		Sphinx AC	57:08	1:20:37	30:52	2:06:25	4:55:01
16.	349	HEIMBS, ANETTE			57:17	1:21:32	31:21	2:05:58	4:56:07
17.	86	KREUGEL, SYLVIA		Aart Stigter Running	58:42	1:22:08	31:27	2:10:51	5:03:07
18.	126	GUTEMANN, ANNETTE			59:18	1:25:12	32:47	2:12:25	5:09:41
19.	73	WORTHINGTON, CATH		Astley and Tyldesley Road	1:01:16	1:28:34	32:19	2:12:23	5:14:30
20.	30	PAFFEN, PATRICIA		Dublin Front Runners A.C.	1:06:19	1:33:51	35:40	2:29:54	5:45:43

Female 45-49

1.	5	BROKSØ, TINE		Blvstrød løverne	41:18	58:28	23:33	1:27:10	3:30:28
2.	17	MURRAY, BARBARA		Donore harriers	41:21	59:08	22:32	1:30:46	3:33:46
3.	138	TASKA, MARTINA		Hämpus Laufgruppe	44:03	1:04:55	23:52	1:31:13	3:44:01
4.	310	ANDERSON, CORALIE		Milton Buzzards	44:47	1:05:15	23:59	1:38:29	3:52:28
5.	125	GUTEMANN, KARIN			46:18	1:05:09	24:08	1:37:33	3:53:06
6.	18	SINGLETON, OCTAVIA		Witham Running Club	45:17	1:05:12	24:33	1:43:43	3:58:44
7.	27	OUTLAW, BITTEN		Næsby Motion	46:37	1:07:32	25:45	1:39:20	3:59:12
8.	54	GRANTHAM, LISA		Pensby Runners	50:27	1:14:14	26:23	1:51:13	4:22:16
9.	93	BERRY, ALISON			1:00:37	1:29:53	34:45	2:07:38	5:12:51
10.	157	LONGMATE, DEBORAH			1:00:46	1:25:18	31:44	2:26:21	5:24:07
11.	422	GROOM, NICOLA			56:42	1:29:32	37:25	2:27:49	5:31:26
12.	436	BRUNDRETT, Susanne		North Derbyshire RC	1:08:41	1:36:12	36:15	2:26:21	5:47:27
13.	97	MONTAGU-LEON, BURTI			1:27:44	1:57:32	45:29	3:06:46	7:17:29

Female 50-54

1.	2	CURLEY, PAULINE		Tullamore harriers	40:05	56:33	21:30	1:25:17	3:23:24
2.	29	THOMSEN, SOLVEIG		Næsby Motion	47:28	1:06:50	25:09	1:40:27	3:59:52
3.	258	CLEMMENSEN, TINA		NIMF	47:33	1:08:00	24:32	1:40:38	4:00:42
4.	151	MAGUIRE, SIOBHAN		Dunboyne AC	48:34	1:10:20	26:28	1:43:57	4:09:18
5.	171	GRENNAN, MAG		TULLAMORE HARRIERS	49:22	1:09:31	26:22	1:46:32	4:11:46
6.	241	MAINWARING, LESLEY		Triathlon Coaching Wales	52:20	1:12:13	26:59	1:48:05	4:19:35
7.	39	CHISLETT, LYNN			50:29	1:13:55	27:12	1:50:48	4:22:23
8.	91	SHOLL, THERESA		Redway Runners	55:24	1:15:42	28:45	1:54:29	4:34:19
9.	107	PECK, FIONA		Tamar Trotters	53:01	1:15:38	29:58	1:55:44	4:34:19
10.	146	REVSBECK, LINE		BlvstrødLøverne	52:52	1:17:28	28:17	2:01:48	4:40:23
11.	482	SWEENEY, ANNE		Sportsworld	53:20	1:17:41	31:09	1:59:50	4:41:59

Place	Bib	Name	Nat.	Club	10K	13K	5K	21K	Total
12.	177	LEBEAU, CHARLOTTE			55:42	1:19:55	31:01	1:58:09	4:44:46
13.	102	LYDERSEN RAGNHOF,		Sparta	57:16	1:16:55	30:29	2:01:26	4:46:05
14.	188	SHANAHAN, JANET		Maldwyn Harriers	57:40	1:23:14	31:16	2:07:09	4:59:18
15.	62	TIMMS, JACKIE		Sphinx AC	56:49	1:24:06	33:04	2:09:10	5:03:08
16.	225	KOEKOEK, ERNA		Loopgroep Aart Stigter	59:14	1:25:48	30:34	2:10:51	5:06:26
17.	260	NIELSEN, MAGDA-LENE		Sparta	1:00:28	1:26:50	31:46	2:11:09	5:10:12
18.	403	LALOR, JOSIE		Tullamore harriers	1:03:08	1:26:21	35:38	2:10:25	5:15:31
19.	372	MCNAMARA, ANNE		tullamore harriers	58:38	1:31:31	34:15	2:14:26	5:18:49
20.	154	LINDSTRØM, ANNE			1:02:29	1:29:31	35:42	2:13:57	5:21:38
21.	84	REY, NANCY			1:02:47	1:32:27	34:31	2:19:17	5:29:01
22.	336	JENSEN, PIA		Aarhus 1900	1:08:30	1:36:45	37:35	2:30:28	5:53:16
23.	98	HOLLOWAY-MCLEAN,			1:19:26	1:53:06	46:16	2:49:50	6:48:36

Female 55-59

1.	76	WOODWARD, ZOE		Eton Manor AC	47:23	1:06:58	25:00	1:42:59	4:02:18
2.	38	WILKINS, PENNY		Sutton Runners	49:08	1:10:54	27:50	1:47:19	4:15:09
3.	69	HOCKLEY, MARIE		Bishops Stortford	51:41	1:16:21	27:06	1:49:32	4:24:38
4.	442	CHRISTENSEN, DORTHE		Sparta	53:33	1:16:39	28:04	1:56:27	4:34:41
5.	277	TIDESWELL, JULIE		Clonmel AC	57:06	1:17:19	28:34	2:00:20	4:43:19
6.	298	TIMOTHY, KAREN		Sphinx AC	54:43	1:20:16	30:06	2:01:04	4:46:08
7.	518	Kearney, Kathryn		Triathlon Coaching Wales	57:31	1:24:05	32:52	2:07:34	5:02:01
8.	400	MELODY, AILEEN		Sportsworld	58:22	1:22:58	31:25	2:10:16	5:02:59
9.	245	PEDERSEN, NINA JETTE		Nyvest	1:02:20	1:28:18	32:07	2:09:03	5:11:46
10.	446	ROBERTS, KAREN		Dolly Mixtures	1:04:16	1:33:17	38:12	2:27:49	5:43:32
11.	36	ALARA, OLA			1:08:25	1:36:34	37:52	2:23:24	5:46:14
12.	175	NIELSEN, METTE		Kalundborg if	1:18:43	1:55:51	44:58	2:59:43	6:59:13

Female 60-64

1.	59	SACKETT, KATE		Cirencester ac	47:55	1:10:27	25:03	1:44:57	4:08:21
2.	419	BRASEN, ANNETTE		Team	51:02	1:13:40	27:21	1:51:48	4:23:49
3.	379	NIELSEN, ELISABETH		Sparta	52:55	1:14:56	28:09	1:51:00	4:26:59
4.	236	SMART, ELISABETH		Forres Harriers	53:45	1:19:39	29:42	2:00:43	4:43:47
5.	383	ANDERSEN, MAY		Sparta	1:03:36	1:32:31	35:28	2:33:12	5:44:45
6.	129	ORRELLS, CAROLINE		Maldwyn Harriers	1:10:10	1:37:31	36:18	2:35:10	5:59:08

Female 65-69

1.	133	ASVARISCH, MIRIAM		Viking Atletik	48:58	1:09:52	25:41	1:47:49	4:12:19
2.	319	NIELSEN, GRETHE		Aarhus 1900	48:52	1:12:31	26:18	1:50:32	4:18:12
3.	251	CHRISTIANSEN, BENTE		Sparta	56:23	1:22:46	31:41	2:11:08	5:01:56
4.	535	Kramer, Joan		Sparta	1:05:51	1:39:23	35:18	2:33:12	5:53:42
5.	88	RIIS, HANNE SONNE		ØB-Atletik	1:09:31	1:42:18	37:06	2:28:15	5:57:08
6.	305	HOLMES, GILLIAN		Werrington Joggers	1:17:00	1:54:14	41:55	3:00:49	6:53:57
7.	74	JØRGENSEN, SOLVEI			1:23:17	2:04:24	43:54	2:54:14	7:05:48

Female 70-74

1.	262	CLARK, HANNE		Sparta	1:07:30	1:39:24	35:37	2:33:12	5:55:41
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Number of records: 292

Team Results

Bib	Name	10K	13K	5K	21K	Total Time	AG
Male							
1.	Team Runaar/Mikkeller	9:05:08,00					
1	HARTLEV, Kasper Laumann	32:17	46:25	17:46	1:09:15	2:45:41	Male 25-29
496	PALMER, MATT	34:48	50:56	19:04	1:16:25	3:01:11	Male 25-29
293	HARTLEV, KRISTIAN LAUMANN	39:25	55:04	19:55	1:23:53	3:18:16	Male 25-29
381	MADSEN, KRISTIAN TOFT	43:09	1:00:22	21:25	1:27:58	3:32:52	Male 25-29
2.	Sportsworld A	9:07:38,00					
3	FLEMING, PAUL	34:06	49:21	18:02	1:14:01	2:55:28	Male 40-44
7	MURRAN, GARETH	35:29	51:06	19:16	1:14:16	3:00:07	Male 35-39
337	CURRAN, KEVIN	38:17	52:57	20:16	1:20:35	3:12:03	Male 35-39
252	CUNNINGHAM, MICHAEL	39:24	55:15	20:44	1:24:58	3:20:21	Male 40-44
3.	Milton Buzzard Boys	9:24:51,00					
13	ELMORE, ROB	34:13	48:12	18:14	1:11:33	2:52:11	Male 35-39
6	MACKRELL, PETER	35:48	50:16	18:41	1:14:30	2:59:14	Male 35-39
428	READ, STUART	39:56	59:49	20:34	1:33:09	3:33:26	Male 35-39
4.	Crusaders Men's A	9:33:06,00					
503	CROSS, ROBERT	35:57	50:46	19:29	1:15:31	3:01:41	Male 45-49
451	MC DERMOTT, JOSEPH	38:05	54:12	20:16	1:21:15	3:13:46	Male 35-39
365	WALSH, JOE	39:24	53:42	20:22	1:24:13	3:17:39	Male 40-44
418	NUGENT, EDDIE	42:25	1:00:03	21:29	1:30:17	3:34:12	Male 45-49
5.	Tullamore Harriers 1	9:44:23,00					
9	O'BRIEN, MICHEAL	37:00	51:29	19:27	1:18:07	3:06:02	Male 40-44
12	MOONEY, LEONARD	38:28	53:18	19:00	1:21:42	3:12:27	Male 35-39
390	BUTLER, DARREN	39:48	56:49	20:30	1:28:49	3:25:54	Male 35-39
6.	Sphinx AA	10:39:25,00					
94	EL-SOUR, ALLEN	40:05	58:20	21:26	1:29:09	3:28:59	Male 45-49
96	LANGER, PAWEL	39:18	56:51	25:23	1:32:23	3:33:53	Male 45-49
95	EDWARDS, JACK	38:42	57:39	20:35	1:39:38	3:36:33	Male 25-29
219	DICK, KEVIN	46:09	1:04:23	23:57	1:36:36	3:51:02	Male 35-39
7.	Dublin Front Runners 1	10:51:38,00					
112	FEEHAN, CHRISTIAAN	39:53	55:00	20:13	1:25:06	3:20:10	Male 35-39
259	DUNNE, MATT	40:24	59:55	21:33	1:34:45	3:36:35	Male 25-29
364	MCCARTHY, DERMOT	45:23	1:04:18	23:40	1:41:33	3:54:53	Male 40-44
8.	Eton Manor AC	11:02:57,00					
85	CATES, PAUL	40:04	56:29	20:44	1:25:24	3:22:39	Male 55-59
79	BENNETT, BILL	44:22	1:04:52	23:43	1:35:11	3:48:06	Male 60-64
34	STOCKINGS, PAUL	44:58	1:03:57	22:57	1:40:23	3:52:12	Male 55-59
67	HOCKEY, MARTIN	43:54	1:03:50	23:53	1:41:29	3:53:05	Male 50-54

Bib	Name	10K	13K	5K	21K	Total Time	AG
9. Blovstrød Løverne 11:05:38,00							
248	BRANDSBJERG, JONAS	33:35	48:09	17:11	1:12:29	2:51:23	Male 40-44
141	CHRISTIANSEN, JENS ARNE	42:45	1:01:03	22:20	1:30:09	3:36:17	Male 60-64
142	SAABYE, HENRIK	52:52	1:15:08	25:29	2:04:30	4:37:58	Male 70-74
10. Sparta Winkers 11:10:52,00							
224	NIELSEN, PER	43:11	1:00:11	22:36	1:29:17	3:35:13	Male 55-59
199	LARSEN, HENRIK RENTOFT	43:07	1:04:33	23:57	1:30:59	3:42:35	Male 50-54
24	HOLM-NIELSEN, JESPER	46:43	1:05:12	24:26	1:36:45	3:53:04	Male 50-54
159	MARIENDAL, MICHAEL	46:12	1:05:24	23:52	1:43:22	3:58:48	Male 55-59
11. Rum 11:17:04,00							
443	HONORÉ, MICHEL	40:38	1:00:32	20:50	1:30:42	3:32:41	Male 40-44
369	THEODORSEN, SØREN	43:19	1:01:28	22:34	1:33:55	3:41:14	Male 40-44
441	HØYBYE, HENRIK	45:30	1:06:29	24:51	1:46:20	4:03:09	Male 50-54
12. Haempus Laufgruppe 11:29:26,00							
139	MELIDEO, GIANNI	43:22	1:00:55	22:44	1:31:14	3:38:14	Male 50-54
118	GHADAMIAN, FARZAD	43:34	1:02:19	21:58	1:36:55	3:44:44	Male 45-49
113	MUELLER, ROBERT	48:46	1:08:29	26:08	1:43:06	4:06:28	Male 55-59
13. Crusaders Men's B 11:38:34,00							
374	O DONNELL, TIMOTHY	45:15	1:02:43	23:42	1:37:41	3:49:18	Male 40-44
476	MATTHEWS, PHILIP	44:56	1:04:48	23:55	1:39:02	3:52:40	Male 30-34
318	COTTLE, JAMES	40:48	59:06	21:53	1:54:51	3:56:36	Male 60-64
361	MALONE, EMMETT	45:34	1:05:40	24:29	1:41:21	3:57:03	Male 45-49
14. Sportsworld C 12:00:42,00							
297	GILLEN, ANTHONY	44:49	1:00:52	20:56	1:29:02	3:35:37	Male 50-54
197	KINSELLA, THOMAS	47:40	1:07:07	24:56	1:45:04	4:04:46	Male 35-39
198	LANIGAN, ADRIAN	50:27	1:10:59	26:39	1:52:16	4:20:19	Male 40-44
15. Sphinx BB 12:05:13,00							
169	ALLEN, BARRY	43:36	1:02:28	22:52	1:36:36	3:45:31	Male 45-49
99	MCINTOSH, ANDREW	44:33	1:08:53	26:55	1:45:22	4:05:41	Male 45-49
275	PEARS, BRYAN	47:30	1:14:26	28:58	1:43:08	4:14:01	Male 50-54
16. Dublin Front Runners 2 12:24:32,00							
240	DEMPSEY, ROBERT	43:30	1:04:51	23:05	1:36:13	3:47:37	Male 35-39
320	BUCKLEY, RAY	45:19	1:06:53	25:13	1:41:04	3:58:27	Male 45-49
465	MCENTEE, ALAN	52:53	1:21:19	27:17	1:57:00	4:38:28	Male 35-39
17. Milton Buzzard Men 12:38:27,00							
373	JONES, NEIL	43:22	1:01:16	23:13	1:33:33	3:41:21	Male 45-49
344	LARGE, CHRIS	54:57	1:13:57	26:30	1:50:34	4:25:57	Male 35-39
153	KENNEDY, PAUL	52:35	1:16:24	27:19	1:54:53	4:31:09	Male 50-54
18. Herts Runners 12:39:32,00							
317	BURKE, DARREN	48:37	1:08:30	25:21	1:42:38	4:05:03	Male 45-49



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Bib	Name	10K	13K	5K	21K	Total Time	AG
420	MANN, STUART	49:17	1:11:48	26:18	1:45:54	4:13:16	Male 75-79
524	Williams, Steve	49:08	1:12:38	27:11	1:52:18	4:21:13	Male 60-64
140	AYLOTT, WAYNE	1:03:39	1:27:51	33:24	2:20:22	5:25:14	Male 55-59
19. Sphinx CC		12:53:07,00					
61	TIMMS, MITCH	50:12	1:09:51	26:19	1:47:11	4:13:31	Male 60-64
163	WILSON, PHILIP	49:47	1:11:10	27:07	1:48:49	4:16:52	Male 55-59
295	COLBOURNE, STEVE	49:43	1:19:58	25:54	1:47:10	4:22:44	Male 65-69
20. Dublin Front Runners 3		13:45:07,00					
427	DOWDS, ROGER	48:38	1:11:59	25:22	1:45:33	4:11:31	Male 55-59
232	VAN DER WOP, JOACHIM	53:35	1:16:10	29:14	1:54:16	4:33:13	Male 40-44
233	MCCORMACK, ALAN	55:49	1:19:21	28:41	2:16:33	5:00:23	Male 40-44
21. Sphinx DD		13:51:49,00					
164	PEARS, CRAIG	51:22	1:16:01	27:54	1:50:26	4:25:41	Male 25-29
172	SPENCER, CRAIG	51:25	1:12:59	28:44	1:52:44	4:25:50	Male 40-44
389	SMITH, GRAEME	57:38	1:23:52	29:23	2:09:27	5:00:18	Male 35-39
22. kurts kaade kaniner		15:15:16,00					
331	LARSEN, IB	51:59	1:13:02	26:43	1:49:40	4:21:22	Male 65-69
371	NIELSEN, PREBEN	58:59	1:22:58	30:07	2:10:56	5:02:59	Male 75-79
341	JOHANSEN, KENNETH	1:07:44	1:36:31	36:18	2:30:23	5:50:55	Male 55-59



Bib	Name	10K	13K	5K	21K	Total Time	AG
Female							
1.	Sportsworld A	10:32:06,00					
429	KEANE, SHONA	39:47	56:11	21:55	1:23:14	3:21:05	Female 35-39
392	JONES, MARIA	39:57	57:22	21:39	1:28:55	3:27:52	Female 30-34
15	GINTY, MAURA	43:58	1:02:49	23:05	1:33:19	3:43:09	Female 35-39
2.	Tipp Road Runners	10:33:56,00					
200	GROGAN, LINDA	39:52	55:55	21:28	1:26:22	3:23:35	Female 35-39
11	TIDESWELL, KEALEY	41:37	57:47	21:25	1:25:32	3:26:20	Female 35-39
226	ROCHE, ÁINE	44:29	1:02:32	23:32	1:33:29	3:44:01	Female 35-39
3.	Crusaders A	10:51:09,00					
8	THORNTON, CATHERINE	40:54	58:27	21:51	1:25:41	3:26:52	Female 30-34
330	HANEVY, ALMA	42:55	1:00:33	23:05	1:35:25	3:41:57	Female 40-44
519	GORMAN, IRENE	44:22	1:02:13	23:11	1:32:35	3:42:20	Female 25-29
508	REGAN, GRAINNE	45:45	1:05:30	23:31	1:34:15	3:48:59	Female 35-39
4.	Milton Buzzard Girls	11:25:21,00					
363	MITCHELL, RUTH	44:25	1:02:22	23:17	1:33:46	3:43:49	Female 25-29
360	INCHLEY, AMY	45:33	1:04:07	23:34	1:35:52	3:49:04	Female 35-39
310	ANDERSON, CORALIE	44:47	1:05:15	23:59	1:38:29	3:52:28	Female 45-49
355	MCLEISH, FIONA	51:57	1:15:16	27:05	1:51:23	4:25:40	Female 40-44
5.	Spice Girls	11:30:02,00					
449	HANSEN, NANNA LOEBORG	40:17	57:35	21:38	1:27:57	3:27:25	Female 25-29
192	LORENTZEN, SARA CBH	42:55	1:05:28	25:47	1:41:03	3:55:11	Female 40-44
51	FRITZE, METTE SOMMER	46:17	1:05:16	25:11	1:50:43	4:07:26	Female 35-39
368	BECKMANN, KATHARINA	1:01:28	1:21:23	29:48	2:03:39	4:56:17	Female 30-34
6.	Crusaders B	11:47:58,00					
306	O'DOWD, FIONA	42:58	1:02:55	23:58	1:39:33	3:49:24	Female 30-34
481	NI CHEARBHAILL, DEIRDRE	47:11	1:05:27	24:46	1:39:07	3:56:30	Female 40-44
315	SHINE, LISA	46:46	1:07:45	24:57	1:42:38	4:02:04	Female 35-39
352	FLEMING, REBECCA	49:23	1:08:33	25:48	1:42:09	4:05:52	Female 30-34
7.	Tullamore Harriers 1	12:08:12,00					
2	CURLEY, PAULINE	40:05	56:33	21:30	1:25:17	3:23:24	Female 50-54
171	GRENNAN, MAG	49:22	1:09:31	26:22	1:46:32	4:11:46	Female 50-54
506	NEWMAN, HELENA	51:54	1:15:47	28:23	1:56:59	4:33:02	Female 40-44
8.	Sportsworld B	12:17:18,00					
285	MEADE, EMMA	45:45	1:05:23	26:42	1:41:41	3:59:30	Female 25-29
447	WHITE, GEMMA	48:02	1:08:46	25:18	1:42:43	4:04:46	Female 35-39
327	KENNEDY, ELAINE	48:09	1:11:22	25:07	1:48:25	4:13:02	Female 25-29
9.	Dublin Front Runners	13:21:10,00					
314	BIGLEY, LYDIA	43:40	1:04:31	24:24	1:38:04	3:50:38	Female 40-44
46	LOUGHREY, TISH	54:25	1:17:11	29:53	2:01:51	4:43:18	Female 40-44



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Bib	Name	10K	13K	5K	21K	Total Time	AG
256	BYRNE, REGINA	56:03	1:21:20	30:29	1:59:23	4:47:14	Female 40-44
10. Sportsworld C		13:58:00,00					
239	NOLAN-JONES, MARTINA	49:56	1:12:42	26:24	1:44:03	4:13:02	Female 40-44
482	SWEENEY, ANNE	53:20	1:17:41	31:09	1:59:50	4:41:59	Female 50-54
400	MELODY, AILEEN	58:22	1:22:58	31:25	2:10:16	5:02:59	Female 55-59
11. Spice Ladies		14:03:36,00					
379	NIELSEN, ELISABETH LINDE	52:55	1:14:56	28:09	1:51:00	4:26:59	Female 60-64
442	CHRISTENSEN, DORTHE	53:33	1:16:39	28:04	1:56:27	4:34:41	Female 55-59
251	CHRISTIANSEN, BENTE	56:23	1:22:46	31:41	2:11:08	5:01:56	Female 65-69
12. Sphinx A		14:16:07,00					
63	BREWIN, VICTORIA	52:32	1:15:32	29:34	1:57:21	4:34:58	Female 35-39
298	TIMOTHY, KAREN	54:43	1:20:16	30:06	2:01:04	4:46:08	Female 55-59
170	ALLEN, RACHAEL	57:08	1:20:37	30:52	2:06:25	4:55:01	Female 40-44

