

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos | Bib | Name                           | Nat. | Age Group    | Club                         | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time           | Diff   |
|-----|-----|--------------------------------|------|--------------|------------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|----------------|--------|
| 1.  | 32  | Barnaby, Gregory               |      | MALE 30-34   | 707 Team Minini              | 18:34 | 1:14 min/100m | 2:44 | 57:38   | 39.3 km/h | 1:30 | 31:15 | 3:13 min/km | <b>1:51:41</b> | --     |
| 2.  | 92  | Comhair, Dieter                |      | MALE 25-29   | SP&O                         | 21:08 | 1:24 min/100m | 2:43 | 57:12   | 39.6 km/h | 1:28 | 33:06 | 3:24 min/km | <b>1:55:37</b> | +3:56  |
| 3.  | 50  | van Vlerken, Per               |      | MALE 35-39   | LC Dübener Heide             | 19:53 | 1:19 min/100m | 2:36 | 58:06   | 39.0 km/h | 1:16 | 34:22 | 3:32 min/km | <b>1:56:13</b> | +4:32  |
| 4.  | 27  | Ward Muñoz, Nicholas           |      | MALE 40-44   | Tridente Tinajo              | 21:15 | 1:24 min/100m | 2:54 | 57:10   | 39.6 km/h | 1:37 | 33:46 | 3:28 min/km | <b>1:56:42</b> | +5:01  |
| 5.  | 287 | Visti Graae, Kristoffer        |      | MALE 25-29   | KTK86                        | 20:18 | 1:21 min/100m | 3:11 | 56:02   | 40.4 km/h | 1:42 | 35:43 | 3:40 min/km | <b>1:56:56</b> | +5:15  |
| 6.  | 181 | Standidge, Chris               |      | MALE 40-44   | Total Tri Training           | 19:35 | 1:18 min/100m | 2:53 | 59:15   | 38.2 km/h | 1:33 | 33:49 | 3:29 min/km | <b>1:57:05</b> | +5:24  |
| 7.  | 183 | Espuna Larramona, Miguel       |      | MALE 18-24   |                              | 18:14 | 1:12 min/100m | 3:08 | 1:01:48 | 36.6 km/h | 1:15 | 32:41 | 3:22 min/km | <b>1:57:06</b> | +5:25  |
| 8.  | 52  | Hobson, Oscar                  |      | MALE 18-24   | Montpellier Triathlon        | 18:55 | 1:15 min/100m | 2:33 | 1:00:53 | 37.2 km/h | 1:19 | 34:10 | 3:31 min/km | <b>1:57:50</b> | +6:09  |
| 9.  | 24  | Lecuona Gil-Roldan, Raúl       |      | MALE 35-39   | CLUB NATACIÓN REALES         | 19:25 | 1:17 min/100m | 3:07 | 1:01:01 | 37.1 km/h | 1:33 | 33:42 | 3:28 min/km | <b>1:58:48</b> | +7:07  |
| 10. | 278 | Diez Rodríguez, Julen          |      | MALE 25-29   | TRIATHLON GALDAKAO           | 21:41 | 1:26 min/100m | 2:52 | 59:08   | 38.3 km/h | 1:39 | 33:33 | 3:27 min/km | <b>1:58:53</b> | +7:12  |
| 11. | 48  | Mattner, Christoph             |      | MALE 30-34   | Triathlon Potsdam e.V.       | 20:58 | 1:23 min/100m | 2:45 | 1:02:09 | 36.4 km/h | 1:21 | 32:39 | 3:21 min/km | <b>1:59:52</b> | +8:11  |
| 12. | 324 | Van Craenenbroeck, Filip       |      | MALE 30-34   | Trinity                      | 20:32 | 1:22 min/100m | 2:42 | 1:01:06 | 37.1 km/h | 1:17 | 34:28 | 3:33 min/km | <b>2:00:05</b> | +8:24  |
| 13. | 47  | Lecomte, Tom                   |      | MALE 25-29   | Club La Santa                | 20:09 | 1:20 min/100m | 2:55 | 58:03   | 39.0 km/h | 1:26 | 39:44 | 4:05 min/km | <b>2:02:17</b> | +10:36 |
| 14. | 53  | Hobson, Oliver                 |      | MALE 18-24   | Triathlon Toulouse Metropole | 20:09 | 1:20 min/100m | 2:51 | 1:03:32 | 35.6 km/h | 1:37 | 34:21 | 3:32 min/km | <b>2:02:30</b> | +10:49 |
| 15. | 255 | Colino Calomarde, Joan         |      | MALE 18-24   | ANB TRIATHLON TEAM           | 19:56 | 1:19 min/100m | 2:50 | 1:06:20 | 34.1 km/h | 1:24 | 32:01 | 3:18 min/km | <b>2:02:31</b> | +10:50 |
| 16. | 29  | Castro Niedo, Pavel            |      | MALE 40-44   | CLUB NATACIÓN REALES         | 20:00 | 1:19 min/100m | 2:44 | 1:02:03 | 36.5 km/h | 1:21 | 36:30 | 3:45 min/km | <b>2:02:38</b> | +10:57 |
| 17. | 25  | Díaz González, Aitor           |      | MALE 25-29   | CN METROPOLE                 | 20:03 | 1:20 min/100m | 3:06 | 1:02:55 | 36.0 km/h | 1:12 | 36:04 | 3:43 min/km | <b>2:03:20</b> | +11:39 |
| 18. | 333 | Ward, Tom                      |      | MALE 45-49   | Passion Fit                  | 20:50 | 1:23 min/100m | 3:12 | 1:01:54 | 36.6 km/h | 1:58 | 35:26 | 3:39 min/km | <b>2:03:20</b> | +11:39 |
| 19. | 150 | Rossetti, Davide               |      | MALE 30-34   | Lykos Triathlon Team         | 22:14 | 1:28 min/100m | 2:58 | 1:02:49 | 36.1 km/h | 1:49 | 33:32 | 3:27 min/km | <b>2:03:22</b> | +11:41 |
| 20. | 149 | Hoogervorst, Jisk              |      | MALE 25-29   | AC Triathlon                 | 22:59 | 1:31 min/100m | 3:27 | 1:01:02 | 37.1 km/h | 1:35 | 34:31 | 3:33 min/km | <b>2:03:34</b> | +11:53 |
| 21. | 59  | Perez Sala, Sara               |      | FEMALE 30-34 | Cidade de Lugo fluvial       | 19:08 | 1:16 min/100m | 2:46 | 1:03:32 | 35.6 km/h | 1:27 | 36:45 | 3:47 min/km | <b>2:03:38</b> | +11:57 |
| 22. | 26  | Vera de León, César            |      | MALE 18-24   | CN METROPOLE                 | 20:38 | 1:22 min/100m | 2:41 | 1:03:55 | 35.4 km/h | 1:29 | 35:11 | 3:37 min/km | <b>2:03:54</b> | +12:13 |
| 23. | 141 | Hernandez Cano, Luis           |      | MALE 35-39   | REACTIVITE FISIOTERAPIA      | 24:02 | 1:36 min/100m | 3:11 | 59:48   | 37.9 km/h | 1:49 | 35:06 | 3:37 min/km | <b>2:03:56</b> | +12:15 |
| 24. | 298 | Ferrer Tejera, Jacob           |      | MALE 35-39   | Tridente                     | 23:53 | 1:35 min/100m | 3:10 | 1:01:09 | 37.0 km/h | 1:27 | 34:24 | 3:32 min/km | <b>2:04:03</b> | +12:22 |
| 25. | 112 | Müller, Urs                    |      | MALE 35-39   | Team Koach                   | 23:06 | 1:32 min/100m | 3:01 | 1:00:29 | 37.5 km/h | 1:51 | 35:44 | 3:41 min/km | <b>2:04:11</b> | +12:30 |
| 26. | 49  | Lainez Jiménez, Adrián         |      | MALE 30-34   | Z5 X-treme                   | 22:30 | 1:29 min/100m | 3:19 | 1:02:09 | 36.4 km/h | 1:20 | 34:56 | 3:36 min/km | <b>2:04:14</b> | +12:33 |
| 27. | 241 | Strandmark, Bo                 |      | MALE 30-34   | TeamAllOut                   | 23:44 | 1:34 min/100m | 3:01 | 1:00:21 | 37.5 km/h | 1:40 | 35:34 | 3:40 min/km | <b>2:04:20</b> | +12:39 |
| 28. | 182 | Perez de Luis, Jairo           |      | MALE 35-39   | Tridente                     | 24:10 | 1:36 min/100m | 3:08 | 1:01:56 | 36.6 km/h | 1:33 | 34:06 | 3:30 min/km | <b>2:04:53</b> | +13:12 |
| 29. | 33  | Delgado Rodriguez, Orlando     |      | MALE 45-49   | REACTIVITE FISIOTERAPIA      | 20:41 | 1:22 min/100m | 2:47 | 1:04:44 | 35.0 km/h | 1:27 | 35:35 | 3:40 min/km | <b>2:05:14</b> | +13:33 |
| 30. | 54  | Wilkes, Jorge                  |      | MALE 18-24   | Bayliss Multisport           | 19:16 | 1:17 min/100m | 3:15 | 1:04:15 | 35.3 km/h | 1:31 | 37:22 | 3:51 min/km | <b>2:05:39</b> | +13:58 |
| 31. | 31  | Figueroa Hernández, José       |      | MALE 40-44   | TRIATOR                      | 21:29 | 1:25 min/100m | 3:04 | 1:04:45 | 35.0 km/h | 1:23 | 35:06 | 3:37 min/km | <b>2:05:47</b> | +14:06 |
| 32. | 30  | Hernández García, José Manuel  |      | MALE 35-39   | Club Natación Reales         | 23:01 | 1:32 min/100m | 3:00 | 1:02:08 | 36.5 km/h | 1:25 | 36:13 | 3:44 min/km | <b>2:05:47</b> | +14:06 |
| 33. | 6   | Priarone, Giorgia              |      | FEMALE 30-34 | 707 Team Minini              | 21:33 | 1:26 min/100m | 2:47 | 1:05:30 | 34.6 km/h | 1:22 | 34:36 | 3:34 min/km | <b>2:05:48</b> | +14:07 |
| 34. | 327 | Martínez Baz, Damian           |      | MALE 35-39   | Tripentas Terras de Lugo     | 21:30 | 1:25 min/100m | 3:23 | 1:03:22 | 35.7 km/h | 1:37 | 36:32 | 3:45 min/km | <b>2:06:24</b> | +14:43 |
| 35. | 57  | Bernardi, Marta                |      | FEMALE 30-34 |                              | 22:06 | 1:28 min/100m | 3:05 | 1:05:29 | 34.6 km/h | 1:33 | 34:19 | 3:32 min/km | <b>2:06:32</b> | +14:51 |
| 36. | 267 | Kerkouri, Nessim               |      | MALE 25-29   | Fast Guebwiller              | 24:06 | 1:36 min/100m | 3:17 | 1:04:19 | 35.2 km/h | 2:05 | 32:57 | 3:23 min/km | <b>2:06:44</b> | +15:03 |
| 37. | 132 | Quevedo Galindo, Marco Antonio |      | MALE 25-29   | CLUB NATACIÓN                | 23:16 | 1:33 min/100m | 3:27 | 1:01:26 | 36.9 km/h | 1:50 | 36:47 | 3:47 min/km | <b>2:06:46</b> | +15:05 |
| 38. | 179 | Alemán Hernández, Gabriel      |      | MALE 30-34   |                              | 23:00 | 1:31 min/100m | 3:10 | 1:04:45 | 35.0 km/h | 1:23 | 34:29 | 3:33 min/km | <b>2:06:47</b> | +15:06 |
| 39. | 315 | Nielsen, Carl                  |      | MALE 25-29   | Team AllOut                  | 22:30 | 1:29 min/100m | 3:23 | 1:02:34 | 36.2 km/h | 1:44 | 37:47 | 3:53 min/km | <b>2:07:58</b> | +16:17 |
| 40. | 213 | Duque Toribio, Miguel Angel    |      | MALE 40-44   | C.D. MD TRIATLON             | 20:43 | 1:22 min/100m | 3:04 | 1:05:43 | 34.5 km/h | 1:29 | 37:25 | 3:51 min/km | <b>2:08:24</b> | +16:43 |
| 41. | 39  | Signorelli Pacheco, Luis       |      | MALE 18-24   | CD MD TRIATLON               | 21:38 | 1:26 min/100m | 3:03 | 1:06:41 | 34.0 km/h | 1:26 | 35:36 | 3:40 min/km | <b>2:08:24</b> | +16:43 |
| 42. | 37  | Díaz Gutierrez, Ivan           |      | MALE 40-44   | reactivite fisioterapia      | 22:44 | 1:30 min/100m | 3:14 | 1:05:41 | 34.5 km/h | 1:38 | 35:27 | 3:39 min/km | <b>2:08:44</b> | +17:03 |
| 43. | 157 | Moya, Cristian                 |      | MALE 30-34   | Napa Troops                  | 22:28 | 1:29 min/100m | 3:06 | 1:04:27 | 35.1 km/h | 1:46 | 37:12 | 3:50 min/km | <b>2:08:59</b> | +17:18 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos | Bib | Name                           | Nat. | Age Group    | Club                    | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time    | Diff   |
|-----|-----|--------------------------------|------|--------------|-------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|---------|--------|
| 44. | 4   | Dant, Lydia                    |      | FEMALE 30-34 | Passion Fit             | 23:22 | 1:33 min/100m | 3:02 | 1:03:34 | 35.6 km/h | 1:40 | 37:30 | 3:51 min/km | 2:09:08 | +17:27 |
| 45. | 166 | Hermelo Gómez, Sergio          |      | MALE 25-29   | Triatlón Rias Baixas    | 23:01 | 1:32 min/100m | 3:14 | 1:07:31 | 33.5 km/h | 1:51 | 33:58 | 3:30 min/km | 2:09:35 | +17:54 |
| 46. | 264 | González Herмосilla, Víctor    |      | MALE 25-29   | X3M                     | 23:38 | 1:34 min/100m | 2:55 | 1:04:39 | 35.0 km/h | 1:34 | 36:57 | 3:48 min/km | 2:09:43 | +18:02 |
| 47. | 407 | de Boer, Marlene               |      | FEMALE 30-34 | Team Sirius Europe      | 23:01 | 1:32 min/100m | 3:44 | 1:04:46 | 35.0 km/h | 1:49 | 36:50 | 3:47 min/km | 2:10:10 | +18:29 |
| 48. | 251 | Braun, Luca                    |      | MALE 25-29   | Bike GC South Triathlon | 21:02 | 1:24 min/100m | 3:02 | 1:03:57 | 35.4 km/h | 1:30 | 40:39 | 4:11 min/km | 2:10:10 | +18:29 |
| 49. | 214 | Perdomo Morales, Jose Daniel   |      | MALE 25-29   | CD MD Triatlon          | 22:56 | 1:31 min/100m | 3:08 | 1:05:04 | 34.8 km/h | 1:28 | 38:13 | 3:56 min/km | 2:10:49 | +19:08 |
| 50. | 351 | Arnold, Manuel                 |      | MALE 18-24   | Team Koach              | 19:28 | 1:17 min/100m | 2:58 | 1:08:13 | 33.2 km/h | 1:59 | 38:14 | 3:56 min/km | 2:10:52 | +19:11 |
| 51. | 450 | Diederiks, Diede               |      | FEMALE 30-34 | REACTIVITE FISIOTERAPIA | 23:21 | 1:33 min/100m | 3:31 | 1:06:17 | 34.2 km/h | 1:18 | 37:00 | 3:48 min/km | 2:11:27 | +19:46 |
| 52. | 169 | Cevik, Selim                   |      | MALE 40-44   | Guemmelei               | 24:23 | 1:37 min/100m | 3:41 | 1:03:20 | 35.8 km/h | 1:49 | 38:43 | 3:59 min/km | 2:11:56 | +20:15 |
| 53. | 284 | Dorta Avila, Adrian            |      | MALE 30-34   | CD BIKE GC SOUTH        | 24:35 | 1:38 min/100m | 3:20 | 1:06:04 | 34.3 km/h | 1:36 | 36:48 | 3:47 min/km | 2:12:23 | +20:42 |
| 54. | 171 | Geisler, Dan                   |      | MALE 35-39   | @club_coaction          | 25:57 | 1:43 min/100m | 3:30 | 1:05:50 | 34.4 km/h | 1:55 | 35:15 | 3:37 min/km | 2:12:27 | +20:46 |
| 55. | 358 | Perez, Jacobo                  |      | MALE 40-44   | AGUERE TRIATLON         | 23:27 | 1:33 min/100m | 3:19 | 1:08:15 | 33.2 km/h | 1:54 | 36:02 | 3:42 min/km | 2:12:57 | +21:16 |
| 56. | 1   | Lorenzo Pérez, Zaira           |      | FEMALE 25-29 | CLUB NATACIÓN REALES    | 21:59 | 1:27 min/100m | 3:19 | 1:07:47 | 33.4 km/h | 1:30 | 38:27 | 3:57 min/km | 2:13:02 | +21:21 |
| 57. | 138 | De La Coba Vazquez, José Juan  |      | MALE 25-29   |                         | 23:47 | 1:35 min/100m | 4:44 | 1:06:08 | 34.2 km/h | 2:55 | 35:40 | 3:40 min/km | 2:13:14 | +21:33 |
| 58. | 335 | Witt, Jonas                    |      | MALE 30-34   | FC St. Pauli Triathlon  | 21:42 | 1:26 min/100m | 3:29 | 1:07:54 | 33.3 km/h | 2:08 | 38:06 | 3:55 min/km | 2:13:19 | +21:38 |
| 59. | 36  | Santos Rajado, Avelino         |      | MALE 50-54   | Metropole               | 24:09 | 1:36 min/100m | 3:27 | 1:08:00 | 33.3 km/h | 1:26 | 36:32 | 3:46 min/km | 2:13:34 | +21:53 |
| 60. | 297 | Dorronsoro Camacho, Javier     |      | MALE 18-24   | Focus Sport Team        | 22:23 | 1:29 min/100m | 2:53 | 1:08:41 | 33.0 km/h | 1:26 | 38:20 | 3:57 min/km | 2:13:43 | +22:02 |
| 61. | 242 | Rodríguez Martín, Eduardo      |      | MALE 40-44   | El Perenquen            | 24:39 | 1:38 min/100m | 3:18 | 1:05:58 | 34.3 km/h | 2:10 | 38:19 | 3:57 min/km | 2:14:24 | +22:43 |
| 62. | 40  | Perdomo Cabrera, Antonio Alexy |      | MALE 45-49   | CLUB TRIDENTE TRIATLÓN  | 24:35 | 1:38 min/100m | 3:33 | 1:09:49 | 32.4 km/h | 1:30 | 35:04 | 3:36 min/km | 2:14:31 | +22:50 |
| 63. | 424 | Birrell, Anna                  |      | FEMALE 18-24 |                         | 22:49 | 1:31 min/100m | 3:13 | 1:06:04 | 34.3 km/h | 1:40 | 40:46 | 4:12 min/km | 2:14:32 | +22:51 |
| 64. | 290 | Simon, David Josef             |      | MALE 30-34   | RSC Untermosel          | 26:32 | 1:46 min/100m | 4:38 | 1:04:57 | 34.9 km/h | 1:57 | 37:00 | 3:48 min/km | 2:15:04 | +23:23 |
| 65. | 240 | Sigrist, Jürg                  |      | MALE 40-44   | Team Koach              | 24:32 | 1:38 min/100m | 4:22 | 1:05:06 | 34.8 km/h | 1:45 | 39:29 | 4:04 min/km | 2:15:14 | +23:33 |
| 66. | 143 | Ornia Vieites, Adrian          |      | MALE 35-39   | REACTIVITE FISIOTERAPIA | 24:37 | 1:38 min/100m | 3:31 | 1:05:29 | 34.6 km/h | 1:41 | 40:17 | 4:09 min/km | 2:15:35 | +23:54 |
| 67. | 65  | Hernández Zapata, Mariano      |      | MALE 40-44   | Paliba                  | 23:05 | 1:32 min/100m | 3:11 | 1:09:56 | 32.4 km/h | 1:42 | 37:43 | 3:53 min/km | 2:15:37 | +23:56 |
| 68. | 43  | Castellano Ramírez, Lucas      |      | MALE 18-24   | Club Natación Metropole | 22:47 | 1:31 min/100m | 3:14 | 1:08:55 | 32.9 km/h | 1:29 | 39:57 | 4:07 min/km | 2:16:22 | +24:41 |
| 69. | 34  | Perez Gonzalez, Jose Ramon     |      | MALE 35-39   | C.D. MD TRIATLON        | 23:05 | 1:32 min/100m | 3:30 | 1:08:22 | 33.1 km/h | 1:30 | 40:09 | 4:08 min/km | 2:16:36 | +24:55 |
| 70. | 377 | Bermudez de Castro Angulo,     |      | FEMALE 30-34 | Anb Bodegas la Bastida  | 23:20 | 1:33 min/100m | 3:09 | 1:10:34 | 32.1 km/h | 1:35 | 38:11 | 3:56 min/km | 2:16:49 | +25:08 |
| 71. | 74  | Gonzalez Concepcion, José      |      | MALE 40-44   | CD Paliba               | 25:21 | 1:41 min/100m | 3:22 | 1:07:39 | 33.5 km/h | 1:40 | 38:51 | 4:00 min/km | 2:16:53 | +25:12 |
| 72. | 432 | van Deventer, Michelle         |      | FEMALE 40-44 | Team Passion Fit        | 26:22 | 1:45 min/100m | 4:32 | 1:05:30 | 34.6 km/h | 1:48 | 39:02 | 4:01 min/km | 2:17:14 | +25:33 |
| 73. | 111 | Barrenstein, Demian            |      | MALE 40-44   | team sore legs          | 22:40 | 1:30 min/100m | 3:45 | 1:07:16 | 33.7 km/h | 2:13 | 41:35 | 4:17 min/km | 2:17:29 | +25:48 |
| 74. | 249 | Escher, Philipp                |      | MALE 35-39   | SRL Triathlon Koblenz   | 24:44 | 1:38 min/100m | 3:30 | 1:07:28 | 33.6 km/h | 1:54 | 40:03 | 4:07 min/km | 2:17:39 | +25:58 |
| 75. | 110 | Exposito Muñoz, David          |      | MALE 50-54   | CD MD TRIATLON          | 27:28 | 1:49 min/100m | 4:01 | 1:06:41 | 34.0 km/h | 2:01 | 37:36 | 3:52 min/km | 2:17:47 | +26:06 |
| 76. | 238 | Gutiérrez González, Moisés     |      | MALE 45-49   | C.D.Tegala              | 26:20 | 1:45 min/100m | 3:58 | 1:05:47 | 34.4 km/h | 1:48 | 40:09 | 4:08 min/km | 2:18:02 | +26:21 |
| 77. | 281 | Delgado Rodríguez, Leandro     |      | MALE 40-44   | tricanartio             | 24:26 | 1:37 min/100m | 3:41 | 1:07:48 | 33.4 km/h | 1:40 | 40:30 | 4:10 min/km | 2:18:05 | +26:24 |
| 78. | 309 | Ossorio Cruz, Borja            |      | MALE 30-34   | Tridente Tinajo         | 22:54 | 1:31 min/100m | 3:03 | 1:10:27 | 32.1 km/h | 1:25 | 40:28 | 4:10 min/km | 2:18:17 | +26:36 |
| 79. | 260 | Santana Sarmiento, Miguel      |      | MALE 35-39   | Trican-Artio            | 20:53 | 1:23 min/100m | 3:38 | 1:11:16 | 31.8 km/h | 1:47 | 40:53 | 4:12 min/km | 2:18:27 | +26:46 |
| 80. | 191 | Suárez Guillen, Carlos J.      |      | MALE 30-34   | C.D. TRISUREST          | 24:58 | 1:39 min/100m | 3:55 | 1:11:13 | 31.8 km/h | 1:46 | 36:44 | 3:47 min/km | 2:18:36 | +26:55 |
| 81. | 243 | Hunt, Tom                      |      | MALE 30-34   | Total Tri Training      | 26:57 | 1:47 min/100m | 5:18 | 1:06:13 | 34.2 km/h | 3:20 | 36:55 | 3:48 min/km | 2:18:43 | +27:02 |
| 82. | 302 | Ortiz Santana, Aurelio         |      | MALE 50-54   | Beattraining            | 22:33 | 1:30 min/100m | 3:36 | 1:13:02 | 31.0 km/h | 1:45 | 38:28 | 3:57 min/km | 2:19:24 | +27:43 |
| 83. | 108 | Navarro Farias, Santiago       |      | MALE 40-44   | 3COMSQUAD               | 23:12 | 1:32 min/100m | 3:37 | 1:11:16 | 31.8 km/h | 1:39 | 40:23 | 4:09 min/km | 2:20:07 | +28:26 |
| 84. | 192 | Barro Pacheco, Arturo Javier   |      | MALE 35-39   | Club Deportivo Tridan   | 23:01 | 1:32 min/100m | 3:59 | 1:13:13 | 30.9 km/h | 1:57 | 38:03 | 3:55 min/km | 2:20:13 | +28:32 |
| 85. | 425 | Hughes, Carys Mai              |      | FEMALE 30-34 | Heathwood Tri           | 26:16 | 1:45 min/100m | 3:41 | 1:11:01 | 31.9 km/h | 1:38 | 37:46 | 3:53 min/km | 2:20:22 | +28:41 |
| 86. | 42  | Exposito Afonso, Javier        |      | MALE 45-49   | REACTIVITE FISIOTERAPIA | 24:43 | 1:38 min/100m | 3:13 | 1:12:05 | 31.4 km/h | 1:47 | 38:45 | 3:59 min/km | 2:20:33 | +28:52 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                           | Nat. | Age Group    | Club                       | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time           | Diff   |
|------|-----|--------------------------------|------|--------------|----------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|----------------|--------|
| 87.  | 193 | Dwehus, Andre                  |      | MALE 50-54   |                            | 25:33 | 1:42 min/100m | 5:14 | 1:09:28 | 32.6 km/h | 1:47 | 38:33 | 3:58 min/km | <b>2:20:35</b> | +28:54 |
| 88.  | 215 | Arrocha Morales, Airam         |      | MALE 35-39   | C.d.md triatlón            | 25:20 | 1:41 min/100m | 3:48 | 1:08:20 | 33.1 km/h | 5:18 | 37:49 | 3:53 min/km | <b>2:20:35</b> | +28:54 |
| 89.  | 325 | Caraballo Robayna, Francisco   |      | MALE 30-34   |                            | 25:59 | 1:43 min/100m | 4:46 | 1:09:29 | 32.6 km/h | 2:21 | 38:14 | 3:56 min/km | <b>2:20:49</b> | +29:08 |
| 90.  | 58  | Walter, Verena                 |      | FEMALE 40-44 | MCM-Marathon-Club-Menden   | 23:38 | 1:34 min/100m | 3:34 | 1:09:43 | 32.5 km/h | 1:47 | 42:12 | 4:21 min/km | <b>2:20:54</b> | +29:13 |
| 91.  | 355 | Delgado Suárez, Agoney         |      | MALE 18-24   | Ocean Triatlón             | 23:04 | 1:32 min/100m | 3:46 | 1:16:47 | 29.5 km/h | 1:35 | 35:52 | 3:41 min/km | <b>2:21:04</b> | +29:23 |
| 92.  | 231 | Hemmeloff, Brian               |      | MALE 45-49   | RingeTRI                   | 23:49 | 1:35 min/100m | 4:11 | 1:10:03 | 32.3 km/h | 1:37 | 41:32 | 4:16 min/km | <b>2:21:12</b> | +29:31 |
| 93.  | 5   | Curran, Kate                   |      | FEMALE 25-29 | Cambridge Harriers         | 20:53 | 1:23 min/100m | 2:37 | 1:21:49 | 27.7 km/h | 1:30 | 34:30 | 3:33 min/km | <b>2:21:19</b> | +29:38 |
| 94.  | 427 | Leadbeater, Rebecca            |      | FEMALE 25-29 | Just do Tri                | 22:24 | 1:29 min/100m | 2:55 | 1:11:21 | 31.7 km/h | 1:54 | 43:02 | 4:26 min/km | <b>2:21:36</b> | +29:55 |
| 95.  | 220 | Vizcaino Sicilia, José Vicente |      | MALE 30-34   | CD MD TRIATLON             | 30:52 | 2:03 min/100m | 4:12 | 1:05:56 | 34.3 km/h | 2:21 | 38:41 | 3:59 min/km | <b>2:22:02</b> | +30:21 |
| 96.  | 277 | Gonzalez Melian, Jonay         |      | MALE 30-34   | Trican Artiok              | 27:34 | 1:50 min/100m | 4:40 | 1:08:19 | 33.2 km/h | 2:03 | 39:31 | 4:04 min/km | <b>2:22:07</b> | +30:26 |
| 97.  | 266 | Melian Rodriguez, Nestor       |      | MALE 35-39   | club triatlón perenquen    | 27:28 | 1:49 min/100m | 3:55 | 1:11:06 | 31.9 km/h | 1:38 | 38:04 | 3:55 min/km | <b>2:22:11</b> | +30:30 |
| 98.  | 257 | Olivares, Nicolas              |      | MALE 45-49   | KTK86                      | 25:01 | 1:40 min/100m | 4:59 | 1:10:58 | 31.9 km/h | 1:49 | 39:35 | 4:04 min/km | <b>2:22:22</b> | +30:41 |
| 99.  | 316 | Mesa Morales, Aaron            |      | MALE 40-44   | CLUB NATACION              | 28:56 | 1:55 min/100m | 4:20 | 1:09:16 | 32.7 km/h | 2:11 | 37:48 | 3:53 min/km | <b>2:22:31</b> | +30:50 |
| 100. | 253 | Suozzi, Marco                  |      | MALE 45-49   | Team Gümmelei              | 26:37 | 1:46 min/100m | 4:28 | 1:08:26 | 33.1 km/h | 1:33 | 42:08 | 4:20 min/km | <b>2:23:12</b> | +31:31 |
| 101. | 38  | Guerra Luis, Daniel            |      | MALE 25-29   | CN Metropole               | 21:47 | 1:27 min/100m | 3:07 | 1:18:11 | 29.0 km/h | 1:25 | 39:20 | 4:03 min/km | <b>2:23:50</b> | +32:09 |
| 102. | 227 | Richardson, Mark               |      | MALE 55-59   | Farnham Tri                | 23:55 | 1:35 min/100m | 4:48 | 1:09:06 | 32.8 km/h | 2:06 | 44:19 | 4:34 min/km | <b>2:24:14</b> | +32:33 |
| 103. | 345 | Gutierrez Galván, Iriome       |      | MALE 35-39   | Anthus Triatlón            | 23:15 | 1:32 min/100m | 3:43 | 1:16:23 | 29.6 km/h | 1:56 | 39:02 | 4:01 min/km | <b>2:24:19</b> | +32:38 |
| 104. | 68  | Rodríguez Martin, Ivan Luis    |      | MALE 45-49   | CALIMA                     | 24:20 | 1:37 min/100m | 4:06 | 1:08:49 | 32.9 km/h | 2:06 | 45:18 | 4:40 min/km | <b>2:24:39</b> | +32:58 |
| 105. | 2   | Hernández Hernández, Dácil     |      | FEMALE 45-49 | CLUB NATACIÓN REALES       | 24:16 | 1:37 min/100m | 3:40 | 1:14:45 | 30.3 km/h | 1:51 | 40:11 | 4:08 min/km | <b>2:24:43</b> | +33:02 |
| 106. | 56  | Baumann, Melanie               |      | FEMALE 40-44 |                            | 29:42 | 1:58 min/100m | 4:01 | 1:09:07 | 32.8 km/h | 2:04 | 39:53 | 4:06 min/km | <b>2:24:47</b> | +33:06 |
| 107. | 125 | Sanchez Reyes, Adrian Jose     |      | MALE 30-34   | ZERO WATTIOS               | 27:59 | 1:51 min/100m | 3:57 | 1:10:56 | 31.9 km/h | 1:43 | 40:21 | 4:09 min/km | <b>2:24:56</b> | +33:15 |
| 108. | 352 | Hobson, Richard                |      | MALE 55-59   | TriLiving                  | 23:07 | 1:32 min/100m | 3:28 | 1:10:17 | 32.2 km/h | 1:37 | 46:35 | 4:48 min/km | <b>2:25:04</b> | +33:23 |
| 109. | 124 | Smith, Andrew                  |      | MALE 50-54   | CLUB NATACION              | 24:34 | 1:38 min/100m | 3:49 | 1:11:22 | 31.7 km/h | 1:57 | 43:28 | 4:28 min/km | <b>2:25:10</b> | +33:29 |
| 110. | 189 | Gotsens Alvarez, Jordi         |      | MALE 45-49   | TRIATOR                    | 22:45 | 1:30 min/100m | 4:09 | 1:16:03 | 29.8 km/h | 2:03 | 40:15 | 4:08 min/km | <b>2:25:15</b> | +33:34 |
| 111. | 280 | Vega González, Samuel          |      | MALE 35-39   | Trisurest                  | 30:16 | 2:01 min/100m | 4:29 | 1:09:21 | 32.7 km/h | 2:54 | 38:44 | 3:59 min/km | <b>2:25:44</b> | +34:03 |
| 112. | 362 | Guerrero, Facundo              |      | MALE 30-34   | Gorillas and Butterflies   | 26:55 | 1:47 min/100m | 3:46 | 1:11:52 | 31.5 km/h | 2:10 | 41:03 | 4:13 min/km | <b>2:25:46</b> | +34:05 |
| 113. | 229 | Jullian, Raphael               |      | MALE 18-24   | Rodez Triathlon 12         | 25:58 | 1:43 min/100m | 3:26 | 1:09:45 | 32.5 km/h | 2:25 | 44:15 | 4:33 min/km | <b>2:25:49</b> | +34:08 |
| 114. | 41  | Rodríguez Domínguez, Adonay    |      | MALE 35-39   | CN Metropole               | 25:15 | 1:40 min/100m | 2:57 | 1:22:49 | 27.3 km/h | 1:24 | 33:28 | 3:27 min/km | <b>2:25:53</b> | +34:12 |
| 115. | 392 | Brouwers, Marieke              |      | FEMALE 30-34 | Nederlandse Triathlon Bond | 30:55 | 2:03 min/100m | 4:07 | 1:10:23 | 32.2 km/h | 2:18 | 38:37 | 3:58 min/km | <b>2:26:20</b> | +34:39 |
| 116. | 318 | Caraballo Bravo, Carmelo       |      | MALE 30-34   | C.D.TRIDENTE TINAJO        | 26:23 | 1:45 min/100m | 3:29 | 1:16:33 | 29.6 km/h | 1:49 | 38:16 | 3:56 min/km | <b>2:26:30</b> | +34:49 |
| 117. | 401 | Evans-Hill, Jenny              |      | FEMALE 40-44 | COLT                       | 25:13 | 1:40 min/100m | 3:56 | 1:13:25 | 30.8 km/h | 2:13 | 42:04 | 4:20 min/km | <b>2:26:51</b> | +35:10 |
| 118. | 305 | Zucchet, Matthias              |      | MALE 30-34   | RSC Untermosel             | 25:07 | 1:40 min/100m | 4:36 | 1:13:39 | 30.7 km/h | 2:51 | 40:40 | 4:11 min/km | <b>2:26:53</b> | +35:12 |
| 119. | 359 | Rivero Rodríguez, Jonay        |      | MALE 35-39   | TRIATOR                    | 30:02 | 2:00 min/100m | 3:26 | 1:14:33 | 30.4 km/h | 1:32 | 37:30 | 3:51 min/km | <b>2:27:03</b> | +35:22 |
| 120. | 203 | Mesa Hernández, Eduardo S.     |      | MALE 40-44   | @venaentrenar              | 24:05 | 1:36 min/100m | 3:48 | 1:11:34 | 31.6 km/h | 2:20 | 45:31 | 4:41 min/km | <b>2:27:18</b> | +35:37 |
| 121. | 248 | Artiles Campelo, Luis Alberto  |      | MALE 45-49   | Club Natación Metropole    | 24:52 | 1:39 min/100m | 4:14 | 1:15:06 | 30.2 km/h | 2:09 | 41:06 | 4:14 min/km | <b>2:27:27</b> | +35:46 |
| 122. | 222 | Wild, Chris                    |      | MALE 50-54   | COLT                       | 26:37 | 1:46 min/100m | 4:01 | 1:10:50 | 32.0 km/h | 2:01 | 44:02 | 4:32 min/km | <b>2:27:31</b> | +35:50 |
| 123. | 151 | Matos Santos, Rafael           |      | MALE 30-34   |                            | 26:34 | 1:46 min/100m | 3:26 | 1:13:24 | 30.9 km/h | 1:39 | 42:39 | 4:23 min/km | <b>2:27:42</b> | +36:01 |
| 124. | 66  | Cobos Boza, Julio              |      | MALE 35-39   | Nonadamos                  | 28:28 | 1:53 min/100m | 4:18 | 1:11:00 | 31.9 km/h | 2:47 | 41:11 | 4:14 min/km | <b>2:27:44</b> | +36:03 |
| 125. | 67  | Leal Cruz, Fernando            |      | MALE 40-44   | Paliba                     | 27:33 | 1:50 min/100m | 3:49 | 1:16:14 | 29.7 km/h | 2:05 | 38:04 | 3:55 min/km | <b>2:27:45</b> | +36:04 |
| 126. | 208 | Alonso Ibáñez, Miguel          |      | MALE 30-34   | Todoporunsueño             | 29:52 | 1:59 min/100m | 5:26 | 1:10:47 | 32.0 km/h | 1:53 | 39:59 | 4:07 min/km | <b>2:27:57</b> | +36:16 |
| 127. | 464 | Haak, Hella                    |      | FEMALE 18-24 | Gorillas and Butterflies   | 26:54 | 1:47 min/100m | 3:52 | 1:15:54 | 29.8 km/h | 1:47 | 39:33 | 4:04 min/km | <b>2:28:00</b> | +36:19 |
| 128. | 282 | Aleman, Angel                  |      | MALE 30-34   | Trican Artiok              | 29:40 | 1:58 min/100m | 4:15 | 1:15:09 | 30.1 km/h | 1:50 | 37:23 | 3:51 min/km | <b>2:28:17</b> | +36:36 |
| 129. | 446 | Ryde, Francesca                |      | FEMALE 18-24 | Leighton Buzzard Triathlon | 22:56 | 1:31 min/100m | 3:14 | 1:18:25 | 28.9 km/h | 1:28 | 42:19 | 4:21 min/km | <b>2:28:22</b> | +36:41 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                            | Nat. | Age Group    | Club                        | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time    | Diff   |
|------|-----|---------------------------------|------|--------------|-----------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|---------|--------|
| 130. | 9   | Pérez Castellano, Eva           |      | FEMALE 35-39 | Club Natación Metropole     | 29:34 | 1:58 min/100m | 3:24 | 1:13:38 | 30.7 km/h | 1:28 | 40:25 | 4:09 min/km | 2:28:29 | +36:48 |
| 131. | 258 | Benítez Benítez, Fausto Gil     |      | MALE 45-49   | Calima                      | 24:39 | 1:38 min/100m | 3:47 | 1:15:29 | 30.0 km/h | 1:49 | 43:01 | 4:26 min/km | 2:28:45 | +37:04 |
| 132. | 123 | Villar Manso, Gonzalo           |      | MALE 18-24   |                             | 30:24 | 2:01 min/100m | 4:24 | 1:12:06 | 31.4 km/h | 2:29 | 39:23 | 4:03 min/km | 2:28:46 | +37:05 |
| 133. | 228 | Almarcha, Javier                |      | MALE 40-44   | Club La Santa               | 26:52 | 1:47 min/100m | 4:17 | 1:15:22 | 30.0 km/h | 2:13 | 40:11 | 4:08 min/km | 2:28:55 | +37:14 |
| 134. | 45  | Altuna, Alejandro               |      | MALE 60-64   | Antxintxika Triatloi Taldea | 22:50 | 1:31 min/100m | 4:14 | 1:16:53 | 29.5 km/h | 2:15 | 43:01 | 4:26 min/km | 2:29:13 | +37:32 |
| 135. | 7   | Uroz De La Iglesia, Marta Luna  |      | FEMALE 25-29 | CN METROPOLE                | 24:50 | 1:39 min/100m | 3:21 | 1:18:41 | 28.8 km/h | 1:57 | 40:27 | 4:10 min/km | 2:29:16 | +37:35 |
| 136. | 115 | Lafosse, Nicolas                |      | MALE 40-44   |                             | 33:40 | 2:14 min/100m | 5:59 | 1:08:21 | 33.1 km/h | 2:54 | 38:45 | 3:59 min/km | 2:29:39 | +37:58 |
| 137. | 233 | Strasser, Christian             |      | MALE 50-54   | Team Koach                  | 27:54 | 1:51 min/100m | 5:50 | 1:10:51 | 32.0 km/h | 2:51 | 42:19 | 4:21 min/km | 2:29:45 | +38:04 |
| 138. | 3   | Pérez Almeida, Lucía            |      | FEMALE 25-29 | CLUB NATACIÓ                | 25:03 | 1:40 min/100m | 3:16 | 1:19:03 | 28.6 km/h | 1:30 | 40:54 | 4:12 min/km | 2:29:46 | +38:05 |
| 139. | 409 | Steinberg, Steffi               |      | FEMALE 40-44 | Team Steinberg Coaching     | 26:12 | 1:44 min/100m | 3:53 | 1:13:29 | 30.8 km/h | 2:10 | 44:06 | 4:32 min/km | 2:29:50 | +38:09 |
| 140. | 188 | de Kanter, Jens                 |      | MALE 45-49   | ZVL                         | 28:13 | 1:52 min/100m | 4:21 | 1:16:55 | 29.4 km/h | 2:49 | 37:38 | 3:52 min/km | 2:29:56 | +38:15 |
| 141. | 72  | Alvarado Virla, Gustavo         |      | MALE 35-39   |                             | 30:39 | 2:02 min/100m | 4:54 | 1:08:19 | 33.2 km/h | 1:56 | 44:23 | 4:34 min/km | 2:30:11 | +38:30 |
| 142. | 175 | Kobel, Roger                    |      | MALE 50-54   | Team Koach                  | 26:51 | 1:47 min/100m | 3:48 | 1:13:45 | 30.7 km/h | 3:14 | 42:37 | 4:23 min/km | 2:30:15 | +38:34 |
| 143. | 159 | Gonzalez Fajardo, Sergio        |      | MALE 25-29   |                             | 29:16 | 1:57 min/100m | 4:47 | 1:16:54 | 29.4 km/h | 1:53 | 37:38 | 3:52 min/km | 2:30:28 | +38:47 |
| 144. | 142 | García Santamaría, Nahuel       |      | MALE 25-29   |                             | 25:37 | 1:42 min/100m | 5:34 | 1:16:55 | 29.4 km/h | 2:01 | 40:36 | 4:11 min/km | 2:30:43 | +39:02 |
| 145. | 265 | Calero, Roberto                 |      | MALE 40-44   | Triyaiza                    | 26:50 | 1:47 min/100m | 5:15 | 1:16:54 | 29.4 km/h | 2:17 | 39:32 | 4:04 min/km | 2:30:48 | +39:07 |
| 146. | 245 | Callero Brito, Rubén            |      | MALE 35-39   | C.D. MD TRIATLÓN            | 31:05 | 2:04 min/100m | 4:45 | 1:12:39 | 31.2 km/h | 1:38 | 41:00 | 4:13 min/km | 2:31:07 | +39:26 |
| 147. | 173 | Ramez, Valentin                 |      | MALE 25-29   |                             | 26:25 | 1:45 min/100m | 4:33 | 1:19:23 | 28.5 km/h | 3:14 | 37:51 | 3:54 min/km | 2:31:26 | +39:45 |
| 148. | 187 | Vega Garcia, Jorge              |      | MALE 35-39   |                             | 27:43 | 1:50 min/100m | 5:12 | 1:14:45 | 30.3 km/h | 2:11 | 41:44 | 4:18 min/km | 2:31:35 | +39:54 |
| 149. | 349 | Bethencourt Velázquez, Iván     |      | MALE 45-49   | Club Calima                 | 27:31 | 1:50 min/100m | 4:20 | 1:15:11 | 30.1 km/h | 1:54 | 42:42 | 4:24 min/km | 2:31:38 | +39:57 |
| 150. | 104 | Caraballo Rodriguez, Juan Jesús |      | MALE 25-29   | C.D NONADAMOS               | 26:57 | 1:47 min/100m | 4:26 | 1:15:41 | 29.9 km/h | 1:36 | 42:58 | 4:25 min/km | 2:31:38 | +39:57 |
| 151. | 216 | Hernández Ramírez, Moises       |      | MALE 50-54   | Perenquen                   | 28:45 | 1:54 min/100m | 4:09 | 1:14:31 | 30.4 km/h | 2:42 | 41:35 | 4:17 min/km | 2:31:42 | +40:01 |
| 152. | 105 | Gailliaert, Steven              |      | MALE 55-59   | TBT Triatlon Brugge Triteam | 24:45 | 1:38 min/100m | 5:56 | 1:15:20 | 30.1 km/h | 2:00 | 43:44 | 4:30 min/km | 2:31:45 | +40:04 |
| 153. | 168 | Overman, Jon                    |      | MALE 40-44   | Enduro Tri Club             | 26:12 | 1:44 min/100m | 5:28 | 1:15:21 | 30.1 km/h | 2:33 | 42:42 | 4:24 min/km | 2:32:16 | +40:35 |
| 154. | 103 | Trapero Perera, Carlos David    |      | MALE 40-44   | TXTM                        | 26:41 | 1:46 min/100m | 5:07 | 1:13:02 | 31.0 km/h | 1:48 | 45:46 | 4:43 min/km | 2:32:24 | +40:43 |
| 155. | 11  | Sendin Diego, Ana Belen         |      | FEMALE 40-44 | C.D.Mareaviva               | 29:39 | 1:58 min/100m | 4:02 | 1:14:36 | 30.4 km/h | 1:57 | 42:34 | 4:23 min/km | 2:32:48 | +41:07 |
| 156. | 84  | Martín Booi, Pedro              |      | MALE 40-44   | C.D Paliba                  | 27:20 | 1:49 min/100m | 3:59 | 1:17:05 | 29.4 km/h | 1:47 | 42:55 | 4:25 min/km | 2:33:06 | +41:25 |
| 157. | 198 | Fernández Febles, Gerardo       |      | MALE 50-54   | Club Ciclista Tegala        | 27:29 | 1:49 min/100m | 4:14 | 1:15:24 | 30.0 km/h | 2:02 | 44:05 | 4:32 min/km | 2:33:14 | +41:33 |
| 158. | 354 | Morales Guerra, Jonás           |      | MALE 35-39   | 3COM SQUAD                  | 29:45 | 1:58 min/100m | 5:38 | 1:13:22 | 30.9 km/h | 3:32 | 41:18 | 4:15 min/km | 2:33:35 | +41:54 |
| 159. | 306 | Hernandez Rodriguez, Alvaro     |      | MALE 40-44   | PALIBA ( ISLA DE LA PALMA   | 28:36 | 1:54 min/100m | 5:03 | 1:16:19 | 29.7 km/h | 2:05 | 41:43 | 4:18 min/km | 2:33:46 | +42:05 |
| 160. | 117 | Delgado Cabrera, Sadday         |      | MALE 30-34   |                             | 26:31 | 1:46 min/100m | 5:00 | 1:19:58 | 28.3 km/h | 2:09 | 40:22 | 4:09 min/km | 2:34:00 | +42:19 |
| 161. | 202 | Eling, Jan                      |      | MALE 30-34   | SRL Triathlon Koblenz       | 28:51 | 1:55 min/100m | 4:19 | 1:16:15 | 29.7 km/h | 1:51 | 42:48 | 4:24 min/km | 2:34:04 | +42:23 |
| 162. | 8   | Socas Hernandez, Laura          |      | FEMALE 30-34 | club natación metropole     | 22:39 | 1:30 min/100m | 3:17 | 1:22:59 | 27.3 km/h | 1:54 | 43:32 | 4:29 min/km | 2:34:21 | +42:40 |
| 163. | 156 | Frances Melian, Ricardo         |      | MALE 45-49   | Napa Troops                 | 28:19 | 1:53 min/100m | 5:33 | 1:17:43 | 29.1 km/h | 3:07 | 39:43 | 4:05 min/km | 2:34:25 | +42:44 |
| 164. | 167 | Lippens, Bruno                  |      | MALE 45-49   | Triathlon club de Genève    | 25:32 | 1:42 min/100m | 5:05 | 1:15:17 | 30.1 km/h | 2:03 | 46:35 | 4:48 min/km | 2:34:32 | +42:51 |
| 165. | 69  | Barreto Martin, Leonardo Javier |      | MALE 30-34   | C.D. PALIBA                 | 31:18 | 2:05 min/100m | 4:20 | 1:11:21 | 31.7 km/h | 2:06 | 45:34 | 4:41 min/km | 2:34:39 | +42:58 |
| 166. | 148 | Muir, David                     |      | MALE 60-64   | TriYaiza                    | 26:45 | 1:46 min/100m | 4:42 | 1:13:40 | 30.7 km/h | 2:04 | 47:34 | 4:54 min/km | 2:34:45 | +43:04 |
| 167. | 62  | Wolter, Henning                 |      | MALE 35-39   | SRL Triathlon Koblenz       | 25:53 | 1:43 min/100m | 4:39 | 1:14:42 | 30.3 km/h | 2:49 | 46:57 | 4:50 min/km | 2:35:00 | +43:19 |
| 168. | 10  | Hernandez Hernandez, Esther     |      | FEMALE 35-39 | CN REALES                   | 26:52 | 1:47 min/100m | 3:14 | 1:17:41 | 29.1 km/h | 1:58 | 45:29 | 4:41 min/km | 2:35:14 | +43:33 |
| 169. | 200 | Talty, Conor                    |      | MALE 30-34   | Pro Coaching                | 33:15 | 2:12 min/100m | 5:18 | 1:13:06 | 31.0 km/h | 3:22 | 40:18 | 4:09 min/km | 2:35:19 | +43:38 |
| 170. | 178 | Frappart, Fabien                |      | MALE 45-49   | Torcy Triathlon             | 26:53 | 1:47 min/100m | 3:56 | 1:20:54 | 28.0 km/h | 2:13 | 41:39 | 4:17 min/km | 2:35:35 | +43:54 |
| 171. | 415 | Vymetalova, Petra               |      | FEMALE 35-39 | REACTIVITE FISIOTERAPIA     | 32:03 | 2:08 min/100m | 4:30 | 1:13:45 | 30.7 km/h | 2:02 | 43:18 | 4:27 min/km | 2:35:38 | +43:57 |
| 172. | 289 | Curbelo Barrios, David Junio    |      | MALE 40-44   | TRIDENTE TINAJO             | 27:31 | 1:50 min/100m | 4:34 | 1:16:56 | 29.4 km/h | 2:23 | 44:30 | 4:35 min/km | 2:35:54 | +44:13 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                             | Nat. | Age Group    | Club                           | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time           | Diff   |
|------|-----|----------------------------------|------|--------------|--------------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|----------------|--------|
| 173. | 219 | Schrömgés, Manfred               |      | MALE 55-59   | Sri Triathlon Koblenz          | 25:46 | 1:43 min/100m | 4:35 | 1:18:36 | 28.8 km/h | 2:10 | 44:48 | 4:37 min/km | <b>2:35:55</b> | +44:14 |
| 174. | 326 | Gordillo Cabrera, Jose Manuel    |      | MALE 35-39   | CLUB DEPORTIVO MAREA           | 24:08 | 1:36 min/100m | 5:04 | 1:21:50 | 27.7 km/h | 3:01 | 41:55 | 4:19 min/km | <b>2:35:58</b> | +44:17 |
| 175. | 440 | Razzi, Elisa                     |      | FEMALE 40-44 | Raschiani tri Pavese           | 23:33 | 1:34 min/100m | 3:43 | 1:23:24 | 27.1 km/h | 1:33 | 43:46 | 4:30 min/km | <b>2:35:59</b> | +44:18 |
| 176. | 314 | Nielsen, Nicolaj                 |      | MALE 40-44   |                                | 30:12 | 2:00 min/100m | 5:27 | 1:14:42 | 30.3 km/h | 3:31 | 42:15 | 4:21 min/km | <b>2:36:07</b> | +44:26 |
| 177. | 120 | Martin Robles, Jonay             |      | MALE 35-39   | club triatlón soria9           | 27:45 | 1:50 min/100m | 4:17 | 1:17:32 | 29.2 km/h | 1:58 | 44:51 | 4:37 min/km | <b>2:36:23</b> | +44:42 |
| 178. | 102 | Santana Averó, Senem Salvador    |      | MALE 25-29   |                                | 26:33 | 1:46 min/100m | 5:40 | 1:17:45 | 29.1 km/h | 2:06 | 44:24 | 4:34 min/km | <b>2:36:28</b> | +44:47 |
| 179. | 294 | Angel Sanxchez, Cristobal        |      | MALE 45-49   | Tridente Triatlón              | 28:16 | 1:53 min/100m | 4:43 | 1:15:20 | 30.1 km/h | 3:33 | 44:38 | 4:36 min/km | <b>2:36:30</b> | +44:49 |
| 180. | 76  | Ramos Perez, Jose Tomas          |      | MALE 50-54   | Paliba                         | 27:33 | 1:50 min/100m | 3:55 | 1:18:47 | 28.7 km/h | 2:05 | 44:12 | 4:33 min/km | <b>2:36:32</b> | +44:51 |
| 181. | 337 | Etcheverry Suárez, Christian     |      | MALE 45-49   | Perenquen                      | 31:03 | 2:04 min/100m | 5:10 | 1:15:41 | 29.9 km/h | 2:10 | 42:32 | 4:23 min/km | <b>2:36:36</b> | +44:55 |
| 182. | 230 | Bønløkke, Lars                   |      | MALE 55-59   | Ringe TRI                      | 29:19 | 1:57 min/100m | 6:29 | 1:16:19 | 29.7 km/h | 2:14 | 42:33 | 4:23 min/km | <b>2:36:54</b> | +45:13 |
| 183. | 353 | Hernández Sánchez, Javier        |      | MALE 35-39   | Aguere Triatlón                | 24:43 | 1:38 min/100m | 4:17 | 1:23:49 | 27.0 km/h | 2:27 | 41:58 | 4:19 min/km | <b>2:37:14</b> | +45:33 |
| 184. | 177 | Gonzalez Rodriguez, Santiago     |      | MALE 45-49   | TxTm                           | 27:17 | 1:49 min/100m | 4:41 | 1:14:57 | 30.2 km/h | 2:50 | 47:42 | 4:55 min/km | <b>2:37:27</b> | +45:46 |
| 185. | 96  | Gomez Gómez, Daniel              |      | MALE 40-44   | Club natación metropole        | 18:58 | 1:15 min/100m | 4:41 | 1:18:39 | 28.8 km/h | 3:04 | 52:27 | 5:24 min/km | <b>2:37:49</b> | +46:08 |
| 186. | 190 | Crumeni, Stefano                 |      | MALE 45-49   | costa teguise                  | 26:32 | 1:46 min/100m | 5:19 | 1:19:18 | 28.6 km/h | 2:12 | 44:42 | 4:36 min/km | <b>2:38:03</b> | +46:22 |
| 187. | 417 | Kling, Meike                     |      | FEMALE 25-29 | FC St. Pauli Triathlon         | 27:38 | 1:50 min/100m | 3:50 | 1:20:50 | 28.0 km/h | 2:03 | 43:52 | 4:31 min/km | <b>2:38:13</b> | +46:32 |
| 188. | 93  | Pina Oses, Carlos                |      | MALE 40-44   | CD SORIA 9                     | 28:00 | 1:51 min/100m | 4:03 | 1:18:02 | 29.0 km/h | 2:12 | 46:00 | 4:44 min/km | <b>2:38:17</b> | +46:36 |
| 189. | 210 | Del Pino Lupion, Juan Andrés     |      | MALE 35-39   | Galo Sport                     | 33:10 | 2:12 min/100m | 4:34 | 1:17:21 | 29.3 km/h | 2:19 | 41:40 | 4:17 min/km | <b>2:39:04</b> | +47:23 |
| 190. | 366 | Bermudez Rodriguez, Sergio       |      | MALE 50-54   | C.C. TEGALA                    | 31:17 | 2:05 min/100m | 5:00 | 1:15:17 | 30.1 km/h | 2:26 | 45:14 | 4:39 min/km | <b>2:39:14</b> | +47:33 |
| 191. | 140 | Steinmetz, Daniel                |      | MALE 45-49   | SRL-Koblenz                    | 27:51 | 1:51 min/100m | 5:03 | 1:18:50 | 28.7 km/h | 2:21 | 45:13 | 4:39 min/km | <b>2:39:18</b> | +47:37 |
| 192. | 79  | Berezowski, Tomasz               |      | MALE 35-39   |                                | 34:44 | 2:18 min/100m | 6:08 | 1:16:28 | 29.6 km/h | 2:15 | 39:53 | 4:06 min/km | <b>2:39:28</b> | +47:47 |
| 193. | 343 | Poser, Sebastian                 |      | MALE 35-39   |                                | 25:01 | 1:40 min/100m | 4:21 | 1:16:14 | 29.7 km/h | 2:43 | 51:42 | 5:19 min/km | <b>2:40:01</b> | +48:20 |
| 194. | 113 | MacNaughton, Peter               |      | MALE 60-64   | Total Tri Training             | 25:55 | 1:43 min/100m | 5:18 | 1:13:56 | 30.6 km/h | 2:50 | 52:18 | 5:23 min/km | <b>2:40:17</b> | +48:36 |
| 195. | 98  | Jenkins, Rhys                    |      | MALE 40-44   |                                | 26:10 | 1:44 min/100m | 5:06 | 1:17:14 | 29.3 km/h | 2:09 | 49:52 | 5:08 min/km | <b>2:40:31</b> | +48:50 |
| 196. | 212 | Lis Alecio, Tyrone               |      | MALE 40-44   | RÉACTIVITÉ FISIOTERAPIA        | 28:47 | 1:55 min/100m | 4:29 | 1:18:55 | 28.7 km/h | 2:29 | 46:10 | 4:45 min/km | <b>2:40:50</b> | +49:09 |
| 197. | 291 | Jouault, Ludovic                 |      | MALE 40-44   | WILD TEAM TRI                  | 30:19 | 2:01 min/100m | 4:40 | 1:19:24 | 28.5 km/h | 2:38 | 43:51 | 4:31 min/km | <b>2:40:52</b> | +49:11 |
| 198. | 339 | Glanfield, Thomas                |      | MALE 45-49   |                                | 32:23 | 2:09 min/100m | 4:18 | 1:15:40 | 29.9 km/h | 2:31 | 46:04 | 4:44 min/km | <b>2:40:56</b> | +49:15 |
| 199. | 158 | Reguera Dominguez, Daniel        |      | MALE 30-34   |                                | 29:41 | 1:58 min/100m | 5:07 | 1:19:18 | 28.6 km/h | 2:25 | 44:32 | 4:35 min/km | <b>2:41:03</b> | +49:22 |
| 200. | 252 | Fajardo Gutierrez, Orlando David |      | MALE 40-44   | C.D. MAREA VIVA                | 34:09 | 2:16 min/100m | 5:30 | 1:13:53 | 30.6 km/h | 2:40 | 45:03 | 4:38 min/km | <b>2:41:15</b> | +49:34 |
| 201. | 14  | Rodriguez Hernandez, Alejandra   |      | FEMALE 40-44 | REACTIVITE FISIOTERAPIA        | 28:42 | 1:54 min/100m | 4:23 | 1:22:49 | 27.3 km/h | 1:52 | 43:41 | 4:30 min/km | <b>2:41:27</b> | +49:46 |
| 202. | 285 | Booth, Mark                      |      | MALE 60-64   | Team MK                        | 25:26 | 1:41 min/100m | 4:43 | 1:14:39 | 30.3 km/h | 1:59 | 55:03 | 5:40 min/km | <b>2:41:50</b> | +50:09 |
| 203. | 370 | Rodríguez Moreno, Daniel         |      | MALE 45-49   | El perenquen                   | 29:05 | 1:56 min/100m | 6:00 | 1:17:59 | 29.0 km/h | 2:40 | 46:16 | 4:46 min/km | <b>2:42:00</b> | +50:19 |
| 204. | 226 | Hewitt, Nick                     |      | MALE 65-69   | COLT                           | 31:02 | 2:04 min/100m | 5:55 | 1:16:44 | 29.5 km/h | 2:24 | 45:56 | 4:44 min/km | <b>2:42:01</b> | +50:20 |
| 205. | 435 | Kermietova, Veronika             |      | FEMALE 30-34 | Club Natacion Reales           | 26:33 | 1:46 min/100m | 4:28 | 1:18:26 | 28.9 km/h | 1:44 | 50:54 | 5:14 min/km | <b>2:42:05</b> | +50:24 |
| 206. | 404 | Traviss-Turner, Gemma            |      | FEMALE 35-39 | Valley Striders Triathlon Club | 27:58 | 1:51 min/100m | 3:31 | 1:21:49 | 27.7 km/h | 1:38 | 47:14 | 4:52 min/km | <b>2:42:10</b> | +50:29 |
| 207. | 357 | Long, James                      |      | MALE 25-29   |                                | 34:33 | 2:18 min/100m | 4:11 | 1:16:56 | 29.4 km/h | 2:18 | 44:13 | 4:33 min/km | <b>2:42:11</b> | +50:30 |
| 208. | 456 | Ortiz Lazaro, Sandra             |      | FEMALE 30-34 | Independiente                  | 30:54 | 2:03 min/100m | 5:29 | 1:16:58 | 29.4 km/h | 2:38 | 46:18 | 4:46 min/km | <b>2:42:17</b> | +50:36 |
| 209. | 129 | García, José Jonathan            |      | MALE 40-44   | TxTm                           | 26:25 | 1:45 min/100m | 5:18 | 1:20:29 | 28.1 km/h | 2:32 | 47:39 | 4:54 min/km | <b>2:42:23</b> | +50:42 |
| 210. | 131 | Quevedo Monedero, José           |      | MALE 55-59   | CLUB NATACIÓN                  | 33:30 | 2:13 min/100m | 5:26 | 1:11:24 | 31.7 km/h | 3:04 | 49:00 | 5:03 min/km | <b>2:42:24</b> | +50:43 |
| 211. | 139 | Ocaña Ortega, Carlos             |      | MALE 40-44   | Triyaiza                       | 29:36 | 1:58 min/100m | 5:29 | 1:13:00 | 31.0 km/h | 2:33 | 51:56 | 5:21 min/km | <b>2:42:34</b> | +50:53 |
| 212. | 342 | Lapido Fernández, Daniel         |      | MALE 50-54   | Ohana                          | 26:38 | 1:46 min/100m | 5:02 | 1:23:58 | 27.0 km/h | 2:09 | 44:53 | 4:37 min/km | <b>2:42:40</b> | +50:59 |
| 213. | 90  | Koerber, Hans Martin             |      | MALE 35-39   |                                | 30:32 | 2:02 min/100m | 5:09 | 1:16:54 | 29.4 km/h | 2:25 | 47:40 | 4:54 min/km | <b>2:42:40</b> | +50:59 |
| 214. | 22  | Rosendo Villanustre, Cristina    |      | FEMALE 30-34 | C.D. MD TRIATLON               | 29:42 | 1:58 min/100m | 3:59 | 1:23:48 | 27.0 km/h | 1:45 | 43:27 | 4:28 min/km | <b>2:42:41</b> | +51:00 |
| 215. | 161 | Gonzalez, Alvaro                 |      | MALE 45-49   | vadebicis                      | 28:48 | 1:55 min/100m | 6:20 | 1:17:50 | 29.1 km/h | 2:58 | 46:46 | 4:49 min/km | <b>2:42:42</b> | +51:01 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                            | Nat. | Age Group    | Club                          | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time           | Diff   |
|------|-----|---------------------------------|------|--------------|-------------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|----------------|--------|
| 216. | 71  | de Jong, Peter                  |      | MALE 50-54   | Club OceanLava Lanzarote      | 31:59 | 2:07 min/100m | 4:45 | 1:14:31 | 30.4 km/h | 2:55 | 48:34 | 5:00 min/km | <b>2:42:44</b> | +51:03 |
| 217. | 311 | Theis, Markus                   |      | MALE 40-44   | Eintracht Frankfurt Triathlon | 29:49 | 1:59 min/100m | 4:49 | 1:20:02 | 28.3 km/h | 2:21 | 45:50 | 4:43 min/km | <b>2:42:51</b> | +51:10 |
| 218. | 122 | Eichler, David                  |      | MALE 30-34   |                               | 28:18 | 1:53 min/100m | 5:50 | 1:16:25 | 29.6 km/h | 2:46 | 49:33 | 5:06 min/km | <b>2:42:52</b> | +51:11 |
| 219. | 380 | Ruiz Díaz, Ana Micaela          |      | FEMALE 25-29 | Todo por un Sueño             | 25:37 | 1:42 min/100m | 4:16 | 1:26:40 | 26.1 km/h | 2:02 | 44:24 | 4:34 min/km | <b>2:42:59</b> | +51:18 |
| 220. | 307 | Vázquez Rodríguez, Pablo        |      | MALE 35-39   | CLUB NATACIÓN                 | 28:50 | 1:55 min/100m | 4:11 | 1:22:33 | 27.4 km/h | 2:38 | 45:05 | 4:38 min/km | <b>2:43:17</b> | +51:36 |
| 221. | 162 | Diaz, Gines                     |      | MALE 30-34   | Napa Troops                   | 27:43 | 1:50 min/100m | 3:56 | 1:22:35 | 27.4 km/h | 2:26 | 46:59 | 4:50 min/km | <b>2:43:39</b> | +51:58 |
| 222. | 78  | Izquierdo Montesdeoca, Abián    |      | MALE 40-44   | Disa HPS Triatlón             | 38:15 | 2:32 min/100m | 8:34 | 1:13:50 | 30.7 km/h | 3:19 | 39:43 | 4:05 min/km | <b>2:43:41</b> | +52:00 |
| 223. | 237 | Gillies, David                  |      | MALE 50-54   |                               | 33:34 | 2:14 min/100m | 5:47 | 1:17:29 | 29.2 km/h | 3:26 | 43:33 | 4:29 min/km | <b>2:43:49</b> | +52:08 |
| 224. | 16  | Nieto Morales, Maria Luisa      |      | FEMALE 45-49 | REACTIVITE FISIOTERAPIA       | 27:49 | 1:51 min/100m | 4:31 | 1:22:20 | 27.5 km/h | 1:57 | 47:16 | 4:52 min/km | <b>2:43:53</b> | +52:12 |
| 225. | 217 | Alemán Sangines, Echedey        |      | MALE 35-39   | El Perenquén                  | 30:44 | 2:02 min/100m | 5:00 | 1:19:36 | 28.4 km/h | 2:14 | 46:21 | 4:46 min/km | <b>2:43:55</b> | +52:14 |
| 226. | 185 | Reinoso, Alberto                |      | MALE 45-49   | ECOSPORT                      | 30:27 | 2:01 min/100m | 4:36 | 1:19:14 | 28.6 km/h | 2:10 | 47:34 | 4:54 min/km | <b>2:44:01</b> | +52:20 |
| 227. | 321 | Gutierrez Cabrera, Salvador     |      | MALE 40-44   | Aguere Triatlón               | 26:22 | 1:45 min/100m | 3:58 | 1:26:34 | 26.2 km/h | 1:57 | 45:25 | 4:40 min/km | <b>2:44:16</b> | +52:35 |
| 228. | 322 | Fernandez Martinez, Honorio     |      | MALE 40-44   | C.D. MAREA VIVA               | 33:30 | 2:13 min/100m | 5:22 | 1:18:52 | 28.7 km/h | 2:35 | 44:05 | 4:32 min/km | <b>2:44:24</b> | +52:43 |
| 229. | 12  | Yanes Hernández, Ana Alicia     |      | FEMALE 30-34 | Club Natación Reales          | 29:29 | 1:57 min/100m | 3:41 | 1:24:35 | 26.8 km/h | 1:41 | 45:11 | 4:39 min/km | <b>2:44:37</b> | +52:56 |
| 230. | 145 | Tavio Morales, Victor           |      | MALE 40-44   | Triyaiza                      | 33:50 | 2:15 min/100m | 4:27 | 1:17:21 | 29.3 km/h | 1:56 | 47:06 | 4:51 min/km | <b>2:44:40</b> | +52:59 |
| 231. | 405 | Vanner, Debora                  |      | FEMALE 55-59 | Team MK                       | 26:58 | 1:47 min/100m | 4:07 | 1:22:29 | 27.4 km/h | 2:02 | 49:31 | 5:06 min/km | <b>2:45:07</b> | +53:26 |
| 232. | 225 | Boada Lodos, Eduardo            |      | MALE 40-44   | La Pati                       | 32:05 | 2:08 min/100m | 6:11 | 1:19:21 | 28.5 km/h | 2:44 | 44:51 | 4:37 min/km | <b>2:45:12</b> | +53:31 |
| 233. | 204 | van Gelder, Mark                |      | MALE 35-39   | tv90                          | 31:46 | 2:07 min/100m | 6:13 | 1:18:02 | 29.0 km/h | 2:30 | 46:46 | 4:49 min/km | <b>2:45:17</b> | +53:36 |
| 234. | 332 | Suárez Hernández, José Rafael   |      | MALE 30-34   |                               | 29:05 | 1:56 min/100m | 4:58 | 1:19:44 | 28.4 km/h | 1:54 | 49:47 | 5:07 min/km | <b>2:45:28</b> | +53:47 |
| 235. | 239 | Queiruga Calo, Moncho           |      | MALE 40-44   | HTT                           | 32:21 | 2:09 min/100m | 6:01 | 1:20:06 | 28.3 km/h | 2:48 | 44:16 | 4:33 min/km | <b>2:45:32</b> | +53:51 |
| 236. | 46  | Hernández Naranjo, Acaymo       |      | MALE 40-44   |                               | 30:15 | 2:00 min/100m | 3:56 | 1:23:58 | 27.0 km/h | 1:33 | 46:08 | 4:45 min/km | <b>2:45:50</b> | +54:09 |
| 237. | 116 | Hensel, Claus                   |      | MALE 55-59   | ALV Mainz                     | 27:38 | 1:50 min/100m | 5:47 | 1:19:14 | 28.6 km/h | 3:11 | 50:01 | 5:09 min/km | <b>2:45:51</b> | +54:10 |
| 238. | 180 | Galasso, Alessandro             |      | MALE 18-24   |                               | 28:33 | 1:54 min/100m | 5:29 | 1:24:03 | 26.9 km/h | 2:50 | 45:02 | 4:38 min/km | <b>2:45:57</b> | +54:16 |
| 239. | 300 | Ventura Rego, Jorge             |      | MALE 45-49   | Triatlón Mar de Vigo          | 27:29 | 1:49 min/100m | 4:53 | 1:23:47 | 27.0 km/h | 2:18 | 47:32 | 4:54 min/km | <b>2:45:59</b> | +54:18 |
| 240. | 403 | Herrera de La Guardia, Patricia |      | FEMALE 45-49 | Calima                        | 34:08 | 2:16 min/100m | 6:14 | 1:20:39 | 28.1 km/h | 2:27 | 43:13 | 4:27 min/km | <b>2:46:41</b> | +55:00 |
| 241. | 279 | Kohl, Steven                    |      | MALE 30-34   |                               | 31:40 | 2:06 min/100m | 6:30 | 1:19:57 | 28.3 km/h | 2:22 | 46:15 | 4:46 min/km | <b>2:46:44</b> | +55:03 |
| 242. | 144 | Vega Barriga, Henry Marcelo     |      | MALE 40-44   | Todo por un sueño             | 30:25 | 2:01 min/100m | 4:45 | 1:20:09 | 28.2 km/h | 2:52 | 48:35 | 5:00 min/km | <b>2:46:46</b> | +55:05 |
| 243. | 136 | Hunt, Mark                      |      | MALE 30-34   |                               | 32:41 | 2:10 min/100m | 5:17 | 1:16:29 | 29.6 km/h | 3:06 | 49:14 | 5:04 min/km | <b>2:46:47</b> | +55:06 |
| 244. | 268 | Lewis, David                    |      | MALE 40-44   | ATR Winchester                | 30:44 | 2:02 min/100m | 4:28 | 1:22:13 | 27.5 km/h | 1:49 | 48:17 | 4:58 min/km | <b>2:47:31</b> | +55:50 |
| 245. | 155 | Tavio Luzardo, Javier           |      | MALE 18-24   | TRIYAIZA                      | 31:11 | 2:04 min/100m | 5:02 | 1:24:40 | 26.7 km/h | 2:22 | 44:22 | 4:34 min/km | <b>2:47:37</b> | +55:56 |
| 246. | 308 | Pardo Gimeno, Jose Maria        |      | MALE 65-69   | Tri Active                    | 31:37 | 2:06 min/100m | 4:53 | 1:21:24 | 27.8 km/h | 3:39 | 46:06 | 4:45 min/km | <b>2:47:39</b> | +55:58 |
| 247. | 422 | Quevedo Cabrera, Icha           |      | FEMALE 45-49 | CD MD Triatlón                | 28:55 | 1:55 min/100m | 4:40 | 1:22:39 | 27.4 km/h | 2:06 | 49:46 | 5:07 min/km | <b>2:48:06</b> | +56:25 |
| 248. | 434 | Falkenstein, Britta             |      | FEMALE 55-59 | SV Gladbeck 13                | 32:47 | 2:11 min/100m | 4:25 | 1:20:51 | 28.0 km/h | 1:46 | 48:27 | 4:59 min/km | <b>2:48:16</b> | +56:35 |
| 249. | 444 | Smith, Mhairi                   |      | FEMALE 45-49 | Stomp the Pedal               | 30:19 | 2:01 min/100m | 5:14 | 1:25:18 | 26.5 km/h | 3:13 | 44:21 | 4:34 min/km | <b>2:48:25</b> | +56:44 |
| 250. | 250 | Ortega Ojeda, Pedro José        |      | MALE 50-54   | 3COMSQUAD                     | 30:29 | 2:01 min/100m | 4:53 | 1:21:24 | 27.8 km/h | 3:23 | 48:41 | 5:01 min/km | <b>2:48:50</b> | +57:09 |
| 251. | 263 | Galvan Velazquez, Acoidan       |      | MALE 35-39   | TRISUREST                     | 28:27 | 1:53 min/100m | 5:24 | 1:25:31 | 26.5 km/h | 2:41 | 46:59 | 4:50 min/km | <b>2:49:02</b> | +57:21 |
| 252. | 418 | Hobson, Dorte                   |      | FEMALE 50-54 | TriLiving                     | 26:44 | 1:46 min/100m | 4:03 | 1:24:49 | 26.7 km/h | 2:23 | 51:22 | 5:17 min/km | <b>2:49:21</b> | +57:40 |
| 253. | 119 | Horniga Felipe, Salvador        |      | MALE 40-44   | El Perenquen                  | 29:08 | 1:56 min/100m | 5:54 | 1:21:04 | 27.9 km/h | 2:35 | 50:57 | 5:15 min/km | <b>2:49:38</b> | +57:57 |
| 254. | 61  | Cerdeña, Miguel Angel           |      | MALE 50-54   | Calima                        | 37:21 | 2:29 min/100m | 5:34 | 1:20:24 | 28.2 km/h | 2:35 | 43:53 | 4:31 min/km | <b>2:49:47</b> | +58:06 |
| 255. | 365 | Soenen, Thierry                 |      | MALE 50-54   | None                          | 29:45 | 1:58 min/100m | 6:24 | 1:20:02 | 28.3 km/h | 3:19 | 50:38 | 5:13 min/km | <b>2:50:08</b> | +58:27 |
| 256. | 283 | Bielser, Mike                   |      | MALE 55-59   | freeradicals                  | 30:22 | 2:01 min/100m | 6:40 | 1:18:41 | 28.8 km/h | 3:12 | 51:38 | 5:19 min/km | <b>2:50:33</b> | +58:52 |
| 257. | 89  | Reyes Toro, Daniel              |      | MALE 18-24   | No                            | 31:56 | 2:07 min/100m | 5:27 | 1:20:10 | 28.2 km/h | 3:08 | 49:54 | 5:08 min/km | <b>2:50:35</b> | +58:54 |
| 258. | 13  | Gonzalez Castañeda, Ana Esther  |      | FEMALE 40-44 | REACTIVITE FISIOTERAPIA       | 35:01 | 2:20 min/100m | 4:59 | 1:21:39 | 27.7 km/h | 2:45 | 46:16 | 4:46 min/km | <b>2:50:40</b> | +58:59 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                            | Nat. | Age Group    | Club                      | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run   | Pace        | Time           | Diff     |
|------|-----|---------------------------------|------|--------------|---------------------------|-------|---------------|------|---------|-----------|------|-------|-------------|----------------|----------|
| 259. | 80  | Szymczak, Jakub                 |      | MALE 35-39   |                           | 30:59 | 2:03 min/100m | 6:05 | 1:23:42 | 27.1 km/h | 2:43 | 47:37 | 4:54 min/km | <b>2:51:06</b> | +59:25   |
| 260. | 223 | López Jiménez, Antonio          |      | MALE 40-44   |                           | 30:40 | 2:02 min/100m | 4:39 | 1:21:50 | 27.7 km/h | 3:21 | 50:48 | 5:14 min/km | <b>2:51:18</b> | +59:37   |
| 261. | 295 | Delcourt, Remi                  |      | MALE 30-34   | Triathlon Club des Weppes | 31:40 | 2:06 min/100m | 7:19 | 1:22:21 | 27.5 km/h | 1:39 | 48:28 | 4:59 min/km | <b>2:51:27</b> | +59:46   |
| 262. | 288 | Heaton, Martin                  |      | MALE 50-54   | Team MK                   | 32:56 | 2:11 min/100m | 4:36 | 1:20:34 | 28.1 km/h | 2:09 | 51:17 | 5:17 min/km | <b>2:51:32</b> | +59:51   |
| 263. | 121 | Maik, Zeh                       |      | MALE 35-39   |                           | 22:38 | 1:30 min/100m | 5:29 | 1:23:13 | 27.2 km/h | 3:50 | 56:25 | 5:48 min/km | <b>2:51:35</b> | +59:54   |
| 264. | 109 | Genow, Aleksander               |      | MALE 50-54   |                           | 30:27 | 2:01 min/100m | 5:27 | 1:19:12 | 28.6 km/h | 2:01 | 54:35 | 5:37 min/km | <b>2:51:42</b> | +1:00:01 |
| 265. | 383 | Hensel, Iris                    |      | FEMALE 45-49 | ALV Mainz                 | 31:06 | 2:04 min/100m | 4:36 | 1:20:23 | 28.2 km/h | 2:35 | 53:03 | 5:28 min/km | <b>2:51:43</b> | +1:00:02 |
| 266. | 413 | Roberts, Paula                  |      | FEMALE 45-49 |                           | 31:12 | 2:04 min/100m | 7:05 | 1:21:11 | 27.9 km/h | 3:38 | 48:51 | 5:02 min/km | <b>2:51:57</b> | +1:00:16 |
| 267. | 439 | Van der Meer, Sanne             |      | FEMALE 35-39 | EDOsports                 | 28:49 | 1:55 min/100m | 4:13 | 1:25:33 | 26.5 km/h | 2:36 | 50:51 | 5:14 min/km | <b>2:52:02</b> | +1:00:21 |
| 268. | 408 | Lariviere, Estee Chiara         |      | FEMALE 30-34 | T3 Triathlon              | 27:59 | 1:51 min/100m | 5:53 | 1:22:03 | 27.6 km/h | 2:30 | 53:37 | 5:31 min/km | <b>2:52:02</b> | +1:00:21 |
| 269. | 153 | Rodríguez Francisco, Julio      |      | MALE 45-49   | BCNMAD TRIATLON           | 30:07 | 2:00 min/100m | 5:42 | 1:22:04 | 27.6 km/h | 2:32 | 51:42 | 5:19 min/km | <b>2:52:07</b> | +1:00:26 |
| 270. | 126 | Cosentino, Rosario              |      | MALE 55-59   | Anthus Triatlon           | 36:03 | 2:24 min/100m | 4:05 | 1:25:15 | 26.6 km/h | 1:53 | 45:05 | 4:38 min/km | <b>2:52:21</b> | +1:00:40 |
| 271. | 402 | Bolhuis, Josta                  |      | FEMALE 40-44 | Trispiration              | 29:39 | 1:58 min/100m | 5:07 | 1:24:05 | 26.9 km/h | 2:27 | 51:19 | 5:17 min/km | <b>2:52:37</b> | +1:00:56 |
| 272. | 286 | Lonka, Panu                     |      | MALE 50-54   |                           | 23:14 | 1:32 min/100m | 5:02 | 1:25:03 | 26.6 km/h | 2:51 | 56:58 | 5:52 min/km | <b>2:53:08</b> | +1:01:27 |
| 273. | 19  | Rodríguez Aranda, Yaiza Elena   |      | FEMALE 40-44 | CT Metropole              | 26:37 | 1:46 min/100m | 4:04 | 1:24:14 | 26.9 km/h | 2:07 | 56:14 | 5:47 min/km | <b>2:53:16</b> | +1:01:35 |
| 274. | 271 | Anderson, Nick                  |      | MALE 35-39   | ATR Winchester            | 32:14 | 2:08 min/100m | 6:56 | 1:27:28 | 25.9 km/h | 2:28 | 44:21 | 4:34 min/km | <b>2:53:27</b> | +1:01:46 |
| 275. | 205 | Noda Gómez, Juan Agustín        |      | MALE 45-49   | RÉACTIVITÉ FISIOTERAPIA   | 30:20 | 2:01 min/100m | 6:16 | 1:24:22 | 26.8 km/h | 3:45 | 49:04 | 5:03 min/km | <b>2:53:47</b> | +1:02:06 |
| 276. | 363 | Hudson, Andrew                  |      | MALE 45-49   |                           | 29:02 | 1:56 min/100m | 7:06 | 1:20:49 | 28.0 km/h | 4:22 | 52:35 | 5:25 min/km | <b>2:53:54</b> | +1:02:13 |
| 277. | 393 | Reyes Roberts, Fiona            |      | FEMALE 40-44 | TRITAGORO                 | 28:37 | 1:54 min/100m | 5:48 | 1:28:36 | 25.5 km/h | 2:55 | 48:00 | 4:56 min/km | <b>2:53:56</b> | +1:02:15 |
| 278. | 18  | Sigut Granado, Debora Alejandra |      | FEMALE 35-39 | REACTIVITE FISIOTERAPIA   | 29:39 | 1:58 min/100m | 5:19 | 1:29:28 | 25.3 km/h | 2:40 | 46:53 | 4:49 min/km | <b>2:53:59</b> | +1:02:18 |
| 279. | 334 | Fraigneux, Alain                |      | MALE 65-69   | Ocean Lava                | 23:24 | 1:33 min/100m | 8:06 | 1:26:06 | 26.3 km/h | 4:09 | 52:24 | 5:24 min/km | <b>2:54:09</b> | +1:02:28 |
| 280. | 323 | Morales, Hector C.              |      | MALE 45-49   |                           | 35:23 | 2:21 min/100m | 5:32 | 1:22:23 | 27.5 km/h | 2:27 | 48:29 | 4:59 min/km | <b>2:54:14</b> | +1:02:33 |
| 281. | 320 | Polkowski, Marcin               |      | MALE 45-49   | CTS                       | 37:25 | 2:29 min/100m | 5:39 | 1:19:18 | 28.6 km/h | 2:55 | 48:58 | 5:02 min/km | <b>2:54:15</b> | +1:02:34 |
| 282. | 269 | Cawley, Nick                    |      | MALE 35-39   | ATR Winchester            | 34:27 | 2:17 min/100m | 6:29 | 1:24:29 | 26.8 km/h | 1:38 | 47:35 | 4:54 min/km | <b>2:54:38</b> | +1:02:57 |
| 283. | 331 | Alfaro Girona, Angel            |      | MALE 45-49   | Macebike                  | 29:56 | 1:59 min/100m | 6:03 | 1:21:09 | 27.9 km/h | 2:19 | 55:17 | 5:41 min/km | <b>2:54:44</b> | +1:03:03 |
| 284. | 313 | Pratt, Paul                     |      | MALE 50-54   | Team MK                   | 26:49 | 1:47 min/100m | 6:13 | 1:23:25 | 27.1 km/h | 2:37 | 56:11 | 5:47 min/km | <b>2:55:15</b> | +1:03:34 |
| 285. | 454 | Obrien, Sophie                  |      | FEMALE 25-29 | ProCoaching               | 31:55 | 2:07 min/100m | 4:17 | 1:27:46 | 25.8 km/h | 3:29 | 47:52 | 4:56 min/km | <b>2:55:19</b> | +1:03:38 |
| 286. | 436 | Espino Diaz, Juani              |      | FEMALE 40-44 |                           | 30:00 | 1:59 min/100m | 4:23 | 1:29:33 | 25.3 km/h | 1:55 | 49:36 | 5:06 min/km | <b>2:55:27</b> | +1:03:46 |
| 287. | 445 | Begg, Vicky                     |      | FEMALE 45-49 | Glasgow Triathlon Club    | 26:54 | 1:47 min/100m | 3:45 | 1:30:00 | 25.2 km/h | 2:20 | 52:37 | 5:25 min/km | <b>2:55:36</b> | +1:03:55 |
| 288. | 426 | Krimm, Doris                    |      | FEMALE 55-59 | "Loca Perdida"            | 29:34 | 1:58 min/100m | 4:59 | 1:23:14 | 27.2 km/h | 2:51 | 55:06 | 5:40 min/km | <b>2:55:44</b> | +1:04:03 |
| 289. | 462 | Hamilton, Bess                  |      | FEMALE 30-34 | ATR Winchester            | 28:51 | 1:55 min/100m | 5:10 | 1:28:00 | 25.7 km/h | 2:07 | 51:59 | 5:21 min/km | <b>2:56:07</b> | +1:04:26 |
| 290. | 453 | Boow, Elaine                    |      | FEMALE 40-44 | COLT                      | 30:24 | 2:01 min/100m | 5:02 | 1:25:36 | 26.4 km/h | 2:38 | 53:13 | 5:29 min/km | <b>2:56:53</b> | +1:05:12 |
| 291. | 364 | Plews, Graham                   |      | MALE 70-74   | Calderdale Tri Club       | 33:32 | 2:14 min/100m | 4:18 | 1:23:57 | 27.0 km/h | 2:55 | 52:15 | 5:23 min/km | <b>2:56:57</b> | +1:05:16 |
| 292. | 127 | Moellney, Stephan               |      | MALE 55-59   | Team Sore Legs            | 30:53 | 2:03 min/100m | 6:47 | 1:24:43 | 26.7 km/h | 3:10 | 51:34 | 5:19 min/km | <b>2:57:07</b> | +1:05:26 |
| 293. | 367 | Nöth, Kevin                     |      | MALE 25-29   | Zwift-Jünger Unterfranken | 41:26 | 2:45 min/100m | 7:59 | 1:07:15 | 33.7 km/h | 4:28 | 56:19 | 5:48 min/km | <b>2:57:27</b> | +1:05:46 |
| 294. | 429 | Conneely, Sinead                |      | FEMALE 30-34 |                           | 30:56 | 2:03 min/100m | 4:31 | 1:25:14 | 26.6 km/h | 2:22 | 54:30 | 5:37 min/km | <b>2:57:33</b> | +1:05:52 |
| 295. | 329 | Rodriguez, Juan                 |      | MALE 30-34   |                           | 30:43 | 2:02 min/100m | 7:38 | 1:22:54 | 27.3 km/h | 4:14 | 52:12 | 5:22 min/km | <b>2:57:41</b> | +1:06:00 |
| 296. | 15  | Mendez Rodriguez, Beatriz       |      | FEMALE 35-39 | REACTIVITE FISIOTERAPIA   | 34:23 | 2:17 min/100m | 4:44 | 1:29:52 | 25.2 km/h | 2:16 | 46:32 | 4:47 min/km | <b>2:57:47</b> | +1:06:06 |
| 297. | 276 | Jakobsen, Allan                 |      | MALE 50-54   |                           | 38:19 | 2:33 min/100m | 5:25 | 1:17:35 | 29.2 km/h | 2:50 | 53:47 | 5:32 min/km | <b>2:57:56</b> | +1:06:15 |
| 298. | 101 | Sarmiento Aguiar, Ruben         |      | MALE 45-49   |                           | 31:55 | 2:07 min/100m | 5:35 | 1:27:24 | 25.9 km/h | 2:23 | 50:42 | 5:13 min/km | <b>2:57:59</b> | +1:06:18 |
| 299. | 317 | Kozak, Mariusz                  |      | MALE 35-39   | Czaja training system     | 33:00 | 2:11 min/100m | 7:28 | 1:23:32 | 27.1 km/h | 5:53 | 48:28 | 4:59 min/km | <b>2:58:21</b> | +1:06:40 |
| 300. | 430 | Varley, Kate                    |      | FEMALE 30-34 |                           | 27:15 | 1:48 min/100m | 5:34 | 1:33:30 | 24.2 km/h | 2:56 | 49:12 | 5:04 min/km | <b>2:58:27</b> | +1:06:46 |
| 301. | 128 | Koch, Remo                      |      | MALE 30-34   | Team Koach                | 41:40 | 2:46 min/100m | 6:35 | 1:16:49 | 29.5 km/h | 3:01 | 50:26 | 5:11 min/km | <b>2:58:31</b> | +1:06:50 |

# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                             | Nat. | Age Group    | Club                       | Swim  | Pace          | T1   | Bike    | Speed     | T2   | Run     | Pace        | Time           | Diff     |
|------|-----|----------------------------------|------|--------------|----------------------------|-------|---------------|------|---------|-----------|------|---------|-------------|----------------|----------|
| 302. | 118 | Mico González, José Manuel       |      | MALE 40-44   | Soria 9                    | 30:05 | 2:00 min/100m | 5:12 | 1:30:10 | 25.1 km/h | 2:15 | 51:30   | 5:18 min/km | <b>2:59:12</b> | +1:07:31 |
| 303. | 330 | Hernández García, Jose Antonio   |      | MALE 30-34   |                            | 35:51 | 2:23 min/100m | 5:16 | 1:24:52 | 26.7 km/h | 1:37 | 51:38   | 5:19 min/km | <b>2:59:14</b> | +1:07:33 |
| 304. | 232 | Stubager, Troels                 |      | MALE 65-69   | Ringe TRI                  | 29:01 | 1:56 min/100m | 6:08 | 1:28:53 | 25.5 km/h | 2:57 | 52:15   | 5:23 min/km | <b>2:59:14</b> | +1:07:33 |
| 305. | 270 | Sergison, James                  |      | MALE 30-34   | ATR Winchester             | 34:56 | 2:19 min/100m | 5:40 | 1:25:54 | 26.4 km/h | 2:26 | 50:24   | 5:11 min/km | <b>2:59:20</b> | +1:07:39 |
| 306. | 312 | Martinelli, Fulvio               |      | MALE 60-64   | Raschiani Triathlon Pavese | 32:14 | 2:08 min/100m | 5:31 | 1:30:36 | 25.0 km/h | 2:15 | 49:16   | 5:04 min/km | <b>2:59:52</b> | +1:08:11 |
| 307. | 438 | Beasley, Louise                  |      | FEMALE 40-44 | Triathlon Redditch         | 30:54 | 2:03 min/100m | 4:34 | 1:28:19 | 25.6 km/h | 2:01 | 54:05   | 5:34 min/km | <b>2:59:53</b> | +1:08:12 |
| 308. | 194 | Oeynhausens, Marcus              |      | MALE 60-64   |                            | 34:42 | 2:18 min/100m | 5:49 | 1:15:57 | 29.8 km/h | 2:30 | 1:01:03 | 6:17 min/km | <b>3:00:01</b> | +1:08:20 |
| 309. | 373 | Didier, Barbara                  |      | FEMALE 35-39 |                            | 35:31 | 2:22 min/100m | 5:30 | 1:25:53 | 26.4 km/h | 2:28 | 50:40   | 5:13 min/km | <b>3:00:02</b> | +1:08:21 |
| 310. | 421 | Neukom, Patricia                 |      | FEMALE 50-54 | Team Koach                 | 36:16 | 2:25 min/100m | 5:59 | 1:25:44 | 26.4 km/h | 3:21 | 48:47   | 5:01 min/km | <b>3:00:07</b> | +1:08:26 |
| 311. | 387 | Mendoza Reyes, Zulay             |      | FEMALE 45-49 | Dharma                     | 35:55 | 2:23 min/100m | 5:31 | 1:27:23 | 25.9 km/h | 2:01 | 50:14   | 5:10 min/km | <b>3:01:04</b> | +1:09:23 |
| 312. | 375 | Toledo Valls, Maesa              |      | FEMALE 45-49 | CD MD TRIATLÓN             | 30:30 | 2:01 min/100m | 5:53 | 1:27:31 | 25.9 km/h | 2:15 | 55:02   | 5:40 min/km | <b>3:01:11</b> | +1:09:30 |
| 313. | 360 | Neukom, Roger                    |      | MALE 50-54   | Team Koach                 | 33:19 | 2:13 min/100m | 6:15 | 1:25:16 | 26.5 km/h | 4:26 | 52:01   | 5:21 min/km | <b>3:01:17</b> | +1:09:36 |
| 314. | 296 | Cedres Perdomo, Ariadne          |      | MALE 30-34   | Todo por un sueño          | 37:03 | 2:28 min/100m | 5:23 | 1:30:38 | 25.0 km/h | 2:01 | 46:21   | 4:46 min/km | <b>3:01:26</b> | +1:09:45 |
| 315. | 348 | Bueno Escosa, Jason Omar         |      | MALE 40-44   |                            | 29:12 | 1:56 min/100m | 4:25 | 1:28:32 | 25.6 km/h | 2:14 | 57:18   | 5:54 min/km | <b>3:01:41</b> | +1:10:00 |
| 316. | 372 | Brogden, Galiya                  |      | FEMALE 40-44 | Evo                        | 38:11 | 2:32 min/100m | 7:30 | 1:26:46 | 26.1 km/h | 3:31 | 45:57   | 4:44 min/km | <b>3:01:55</b> | +1:10:14 |
| 317. | 133 | Aumann, Ralf                     |      | MALE 30-34   |                            | 32:53 | 2:11 min/100m | 7:23 | 1:27:48 | 25.8 km/h | 3:04 | 51:21   | 5:17 min/km | <b>3:02:29</b> | +1:10:48 |
| 318. | 448 | Heward, Sarah                    |      | FEMALE 55-59 | Glasgow Triathlon Club     | 36:06 | 2:24 min/100m | 5:26 | 1:26:10 | 26.3 km/h | 3:01 | 51:54   | 5:20 min/km | <b>3:02:37</b> | +1:10:56 |
| 319. | 419 | Perez Noriega, Malena            |      | FEMALE 35-39 |                            | 34:34 | 2:18 min/100m | 5:20 | 1:23:34 | 27.1 km/h | 3:44 | 56:47   | 5:51 min/km | <b>3:03:59</b> | +1:12:18 |
| 320. | 347 | Collins, Daniel                  |      | MALE 50-54   |                            | 40:01 | 2:40 min/100m | 9:37 | 1:20:43 | 28.0 km/h | 5:10 | 49:01   | 5:03 min/km | <b>3:04:32</b> | +1:12:51 |
| 321. | 292 | Ball, Tony                       |      | MALE 60-64   | MTB6000                    | 29:37 | 1:58 min/100m | 8:26 | 1:26:06 | 26.3 km/h | 2:29 | 58:06   | 5:59 min/km | <b>3:04:44</b> | +1:13:03 |
| 322. | 70  | Hernandez Arteaga, Oscar         |      | MALE 40-44   | CT Colombino               | 27:06 | 1:48 min/100m | 4:59 | 1:35:17 | 23.8 km/h | 2:16 | 55:42   | 5:44 min/km | <b>3:05:20</b> | +1:13:39 |
| 323. | 449 | Mainwaring, Lesley               |      | FEMALE 55-59 | Triathlon Coaching Wales   | 36:12 | 2:24 min/100m | 7:01 | 1:26:04 | 26.3 km/h | 3:09 | 53:15   | 5:29 min/km | <b>3:05:41</b> | +1:14:00 |
| 324. | 414 | Argiolas, Maria Ebe              |      | FEMALE 40-44 | Tp. Academy                | 34:20 | 2:17 min/100m | 4:58 | 1:31:35 | 24.7 km/h | 2:17 | 52:37   | 5:25 min/km | <b>3:05:47</b> | +1:14:06 |
| 325. | 301 | Martinez Tavio, Victor           |      | MALE 45-49   |                            | 37:20 | 2:29 min/100m | 6:53 | 1:29:08 | 25.4 km/h | 2:27 | 50:11   | 5:10 min/km | <b>3:05:59</b> | +1:14:18 |
| 326. | 75  | Castillo Santiago, Eleazar       |      | MALE 35-39   | SORIA 9                    | 39:20 | 2:37 min/100m | 6:24 | 1:34:17 | 24.0 km/h | 1:55 | 44:56   | 4:37 min/km | <b>3:06:52</b> | +1:15:11 |
| 327. | 83  | Spinelli, Juan Ignacio           |      | MALE 30-34   |                            | 36:48 | 2:27 min/100m | 5:28 | 1:30:46 | 24.9 km/h | 2:18 | 51:39   | 5:19 min/km | <b>3:06:59</b> | +1:15:18 |
| 328. | 379 | Verlaan, Ilse                    |      | FEMALE 30-34 | Swim Lanzarote             | 31:04 | 2:04 min/100m | 5:24 | 1:29:48 | 25.2 km/h | 2:20 | 58:39   | 6:02 min/km | <b>3:07:15</b> | +1:15:34 |
| 329. | 411 | Polkowska, Monika                |      | FEMALE 40-44 | CTS                        | 34:05 | 2:16 min/100m | 5:42 | 1:33:19 | 24.3 km/h | 2:44 | 51:33   | 5:18 min/km | <b>3:07:23</b> | +1:15:42 |
| 330. | 272 | Walmsley, Jack                   |      | MALE 30-34   | ATR Winchester             | 34:23 | 2:17 min/100m | 6:44 | 1:22:30 | 27.4 km/h | 6:13 | 57:56   | 5:58 min/km | <b>3:07:46</b> | +1:16:05 |
| 331. | 416 | Guirado Tejera, Eva              |      | FEMALE 30-34 | TRIYAIZA                   | 32:53 | 2:11 min/100m | 5:27 | 1:28:15 | 25.7 km/h | 2:44 | 59:45   | 6:09 min/km | <b>3:09:04</b> | +1:17:23 |
| 332. | 274 | Broadhurst, Adam                 |      | MALE 30-34   | ATR Winchester             | 41:36 | 2:46 min/100m | 6:14 | 1:27:26 | 25.9 km/h | 2:52 | 51:12   | 5:16 min/km | <b>3:09:20</b> | +1:17:39 |
| 333. | 81  | Organisciak, Marcin              |      | MALE 35-39   |                            | 33:11 | 2:12 min/100m | 7:16 | 1:30:28 | 25.0 km/h | 4:35 | 55:16   | 5:41 min/km | <b>3:10:46</b> | +1:19:05 |
| 334. | 310 | Rodríguez Caraballo, Ivan Carlos |      | MALE 40-44   | Focus                      | 32:43 | 2:10 min/100m | 5:25 | 1:33:14 | 24.3 km/h | 4:09 | 55:24   | 5:42 min/km | <b>3:10:55</b> | +1:19:14 |
| 335. | 234 | Jones, Terry                     |      | MALE 70-74   | Triathlon Coaching Wales   | 28:07 | 1:52 min/100m | 5:40 | 1:35:36 | 23.7 km/h | 2:51 | 58:44   | 6:03 min/km | <b>3:10:58</b> | +1:19:17 |
| 336. | 197 | Osborne, Richard                 |      | MALE 55-59   |                            | 31:21 | 2:05 min/100m | 6:12 | 1:35:05 | 23.8 km/h | 3:12 | 55:08   | 5:41 min/km | <b>3:10:58</b> | +1:19:17 |
| 337. | 273 | Casey, James                     |      | MALE 25-29   | ATR Winchester             | 36:46 | 2:27 min/100m | 5:13 | 1:31:52 | 24.6 km/h | 2:39 | 54:38   | 5:37 min/km | <b>3:11:08</b> | +1:19:27 |
| 338. | 369 | Cabrera López, José Javier       |      | MALE 50-54   | Ohana Triatlón             | 29:34 | 1:58 min/100m | 5:09 | 1:36:10 | 23.5 km/h | 2:56 | 58:07   | 5:59 min/km | <b>3:11:56</b> | +1:20:15 |
| 339. | 447 | Richardson, Alison               |      | FEMALE 50-54 | Farnham Tri Club           | 33:08 | 2:12 min/100m | 6:23 | 1:38:37 | 22.9 km/h | 2:45 | 51:54   | 5:21 min/km | <b>3:12:47</b> | +1:21:06 |
| 340. | 211 | Rodríguez Hernández, David       |      | MALE 50-54   | INDEPENDIENTE              | 30:25 | 2:01 min/100m | 6:15 | 1:35:44 | 23.6 km/h | 2:43 | 58:10   | 5:59 min/km | <b>3:13:17</b> | +1:21:36 |
| 341. | 441 | Toth, Luca                       |      | FEMALE 18-24 | Tutto bici                 | 29:35 | 1:58 min/100m | 5:07 | 1:33:08 | 24.3 km/h | 2:33 | 1:03:32 | 6:32 min/km | <b>3:13:55</b> | +1:22:14 |
| 342. | 382 | Hertel, Betiina Friederikke      |      | FEMALE 45-49 |                            | 31:30 | 2:05 min/100m | 6:32 | 1:30:04 | 25.1 km/h | 3:19 | 1:02:34 | 6:26 min/km | <b>3:13:59</b> | +1:22:18 |
| 343. | 259 | Benedetto, Antonello             |      | MALE 30-34   |                            | 33:58 | 2:15 min/100m | 7:16 | 1:35:24 | 23.7 km/h | 2:05 | 55:25   | 5:42 min/km | <b>3:14:08</b> | +1:22:27 |
| 344. | 130 | Fank, Matthias                   |      | MALE 60-64   |                            | 29:43 | 1:58 min/100m | 7:19 | 1:33:07 | 24.3 km/h | 3:49 | 1:01:45 | 6:22 min/km | <b>3:15:43</b> | +1:24:02 |



# Club La Santa Volcano Triathlon 2022

## Lista de Finalistas

| Pos  | Bib | Name                        | Nat. | Age Group    | Club                        | Swim  | Pace          | T1    | Bike    | Speed     | T2   | Run     | Pace        | Time           | Diff     |
|------|-----|-----------------------------|------|--------------|-----------------------------|-------|---------------|-------|---------|-----------|------|---------|-------------|----------------|----------|
| 345. | 350 | Lord, James                 |      | MALE 40-44   |                             | 25:29 | 1:41 min/100m | 5:24  | 1:44:45 | 21.6 km/h | 2:31 | 58:42   | 6:03 min/km | <b>3:16:51</b> | +1:25:10 |
| 346. | 431 | Harrison, Verity            |      | FEMALE 50-54 | CN Metropole                | 35:39 | 2:22 min/100m | 5:37  | 1:37:28 | 23.2 km/h | 4:08 | 54:20   | 5:36 min/km | <b>3:17:12</b> | +1:25:31 |
| 347. | 374 | Bueno Velloso, Cristina     |      | FEMALE 30-34 | Trisures                    | 38:55 | 2:35 min/100m | 4:36  | 1:30:21 | 25.1 km/h | 2:02 | 1:01:19 | 6:19 min/km | <b>3:17:13</b> | +1:25:32 |
| 348. | 152 | Delmoitiez, Stéphane        |      | MALE 45-49   |                             | 38:54 | 2:35 min/100m | 7:25  | 1:35:21 | 23.7 km/h | 2:51 | 53:16   | 5:29 min/km | <b>3:17:47</b> | +1:26:06 |
| 349. | 451 | Stubager, Susanne           |      | FEMALE 60-64 | Ringe TRI                   | 30:00 | 1:59 min/100m | 6:32  | 1:38:28 | 23.0 km/h | 2:59 | 1:01:31 | 6:20 min/km | <b>3:19:30</b> | +1:27:49 |
| 350. | 195 | Oeynhausien, Christoph      |      | MALE 18-24   |                             | 36:30 | 2:25 min/100m | 7:14  | 1:27:00 | 26.0 km/h | 5:32 | 1:04:09 | 6:36 min/km | <b>3:20:25</b> | +1:28:44 |
| 351. | 455 | Sevilla Rodriguez, Ines     |      | FEMALE 45-49 | 3COMSQUAD                   | 33:14 | 2:12 min/100m | 8:01  | 1:38:10 | 23.1 km/h | 2:36 | 58:45   | 6:03 min/km | <b>3:20:46</b> | +1:29:05 |
| 352. | 95  | Estensoro Garcia, Anjel     |      | MALE 35-39   |                             | 35:43 | 2:22 min/100m | 15:34 | 1:31:23 | 24.8 km/h | 4:18 | 53:52   | 5:33 min/km | <b>3:20:50</b> | +1:29:09 |
| 353. | 398 | Lines, Madelyn              |      | FEMALE 25-29 |                             | 37:47 | 2:31 min/100m | 12:42 | 1:32:21 | 24.5 km/h | 4:17 | 53:48   | 5:32 min/km | <b>3:20:55</b> | +1:29:14 |
| 354. | 394 | Peter, Karen Marita         |      | FEMALE 30-34 |                             | 37:53 | 2:31 min/100m | 6:10  | 1:45:38 | 21.4 km/h | 2:59 | 49:55   | 5:08 min/km | <b>3:22:35</b> | +1:30:54 |
| 355. | 389 | Moloney, Margaret           |      | FEMALE 50-54 |                             | 43:32 | 2:54 min/100m | 8:08  | 1:37:09 | 23.3 km/h | 3:40 | 52:37   | 5:25 min/km | <b>3:25:06</b> | +1:33:25 |
| 356. | 137 | Brown, Bill                 |      | MALE 60-64   |                             | 35:41 | 2:22 min/100m | 8:18  | 1:40:50 | 22.4 km/h | 3:49 | 58:04   | 5:59 min/km | <b>3:26:42</b> | +1:35:01 |
| 357. | 461 | Houston, Kate               |      | FEMALE 30-34 | ATR Winchester              | 38:13 | 2:32 min/100m | 5:54  | 1:44:16 | 21.7 km/h | 2:00 | 57:05   | 5:53 min/km | <b>3:27:28</b> | +1:35:47 |
| 358. | 170 | Rivero Pérez, Víctor        |      | MALE 55-59   | Independiente               | 33:32 | 2:14 min/100m | 6:33  | 1:45:45 | 21.4 km/h | 2:55 | 58:48   | 6:03 min/km | <b>3:27:33</b> | +1:35:52 |
| 359. | 410 | Vos, Marloes                |      | FEMALE 30-34 | Trispiration                | 38:28 | 2:33 min/100m | 7:49  | 1:34:16 | 24.0 km/h | 4:13 | 1:03:44 | 6:34 min/km | <b>3:28:30</b> | +1:36:49 |
| 360. | 457 | Williams, Christine         |      | FEMALE 55-59 | Triathlon Coaching Wales    | 38:41 | 2:34 min/100m | 6:41  | 1:41:04 | 22.4 km/h | 3:15 | 1:00:50 | 6:16 min/km | <b>3:30:31</b> | +1:38:50 |
| 361. | 433 | Torres Morera, Mari Ángeles |      | FEMALE 60-64 | Triatlón Mijas              | 41:41 | 2:46 min/100m | 7:05  | 1:37:10 | 23.3 km/h | 2:44 | 1:01:51 | 6:22 min/km | <b>3:30:31</b> | +1:38:50 |
| 362. | 452 | Turley, Sue                 |      | FEMALE 55-59 | City of Lancaster Triathlon | 34:48 | 2:19 min/100m | 8:11  | 1:40:27 | 22.5 km/h | 4:00 | 1:04:04 | 6:36 min/km | <b>3:31:30</b> | +1:39:49 |
| 363. | 163 | Ramos Tejera, Roberto       |      | MALE 35-39   |                             | 36:49 | 2:27 min/100m | 6:19  | 1:36:34 | 23.4 km/h | 3:01 | 1:11:00 | 7:19 min/km | <b>3:33:43</b> | +1:42:02 |
| 364. | 20  | Auyanet Baez, Estefania     |      | FEMALE 40-44 | CD SORIA 9                  | 40:56 | 2:43 min/100m | 6:02  | 1:45:23 | 21.5 km/h | 2:40 | 1:00:12 | 6:12 min/km | <b>3:35:13</b> | +1:43:32 |
| 365. | 304 | Ball, Tony                  |      | MALE 50-54   | Dursley Running Club        | 42:44 | 2:50 min/100m | 7:17  | 1:33:36 | 24.2 km/h | 3:53 | 1:08:22 | 7:02 min/km | <b>3:35:52</b> | +1:44:11 |
| 366. | 346 | De La Rosa De Armas, Juan   |      | MALE 50-54   |                             | 34:41 | 2:18 min/100m | 7:30  | 1:42:20 | 22.1 km/h | 3:15 | 1:09:46 | 7:11 min/km | <b>3:37:32</b> | +1:45:51 |
| 367. | 420 | Mcbeth, Cheryl              |      | FEMALE 35-39 |                             | 33:01 | 2:12 min/100m | 6:37  | 1:46:50 | 21.2 km/h | 3:34 | 1:11:13 | 7:20 min/km | <b>3:41:15</b> | +1:49:34 |
| 368. | 376 | Bracey, Sue                 |      | FEMALE 60-64 |                             | 36:58 | 2:27 min/100m | 7:53  | 1:39:11 | 22.8 km/h | 5:28 | 1:11:46 | 7:23 min/km | <b>3:41:16</b> | +1:49:35 |
| 369. | 361 | Culleton, John              |      | MALE 65-69   | Limerick                    | 42:08 | 2:48 min/100m | 7:45  | 1:38:04 | 23.1 km/h | 5:02 | 1:08:32 | 7:03 min/km | <b>3:41:31</b> | +1:49:50 |
| 370. | 463 | Mcmillan, Chantelle         |      | FEMALE 25-29 | ATR Winchester              | 46:33 | 3:06 min/100m | 6:57  | 1:42:18 | 22.1 km/h | 2:50 | 1:03:59 | 6:35 min/km | <b>3:42:37</b> | +1:50:56 |
| 371. | 406 | Machado García, Xiomara     |      | FEMALE 30-34 | CLUB NATACIÓN REALES        | 36:08 | 2:24 min/100m | 6:28  | 1:46:07 | 21.3 km/h | 2:32 | 1:11:32 | 7:22 min/km | <b>3:42:47</b> | +1:51:06 |
| 372. | 388 | Tomalewicz, Sarah           |      | FEMALE 40-44 |                             | 45:47 | 3:03 min/100m | 7:28  | 1:44:23 | 21.7 km/h | 5:23 | 1:00:19 | 6:13 min/km | <b>3:43:20</b> | +1:51:39 |
| 373. | 412 | Strandmark, Brit            |      | FEMALE 25-29 |                             | 36:34 | 2:26 min/100m | 5:45  | 1:57:01 | 19.3 km/h | 3:08 | 1:01:21 | 6:19 min/km | <b>3:43:49</b> | +1:52:08 |
| 374. | 428 | Seidel, Martina             |      | FEMALE 65-69 |                             | 35:12 | 2:20 min/100m | 8:13  | 2:02:29 | 18.5 km/h | 3:00 | 56:51   | 5:51 min/km | <b>3:45:45</b> | +1:54:04 |
| 375. | 107 | Armour, William             |      | MALE 55-59   |                             | 39:59 | 2:39 min/100m | 8:34  | 1:36:05 | 23.6 km/h | 4:16 | 1:17:06 | 7:56 min/km | <b>3:46:00</b> | +1:54:19 |
| 376. | 73  | van der Wolf, Wilco         |      | MALE 50-54   |                             | 39:31 | 2:38 min/100m | 8:25  | 1:44:45 | 21.6 km/h | 4:10 | 1:12:57 | 7:31 min/km | <b>3:49:48</b> | +1:58:07 |
| 377. | 385 | Alisjhabana, Irene          |      | FEMALE 50-54 | STP Collective              | 44:31 | 2:58 min/100m | 6:13  | 1:53:35 | 19.9 km/h | 3:34 | 1:05:27 | 6:44 min/km | <b>3:53:20</b> | +2:01:39 |
| 378. | 400 | Wilson, Gillian             |      | FEMALE 50-54 |                             | 41:36 | 2:46 min/100m | 9:08  | 1:44:31 | 21.7 km/h | 5:08 | 1:14:05 | 7:38 min/km | <b>3:54:28</b> | +2:02:47 |
| 379. | 423 | Vélez Vega, Marlen Julieth  |      | FEMALE 30-34 |                             | 59:17 | 3:57 min/100m | 7:38  | 1:48:48 | 20.8 km/h | 4:47 | 58:04   | 5:59 min/km | <b>3:58:34</b> | +2:06:53 |
| 380. | 60  | Rancel Sierra, Leonardo     |      | MALE 55-59   | Txtn                        | 35:19 | 2:21 min/100m | 6:37  | 1:53:42 | 19.9 km/h | 4:12 | 1:20:11 | 8:16 min/km | <b>4:00:01</b> | +2:08:20 |
| 381. | 371 | Sidhu, Rupinder             |      | FEMALE 45-49 | Evo                         | 52:50 | 3:31 min/100m | 12:35 | 1:50:20 | 20.5 km/h | 5:40 | 1:03:36 | 6:33 min/km | <b>4:05:01</b> | +2:13:20 |
| 382. | 460 | Scola, Alessia              |      | FEMALE 30-34 |                             | 51:24 | 3:25 min/100m | 7:47  | 1:51:37 | 20.3 km/h | 2:39 | 1:13:32 | 7:34 min/km | <b>4:06:59</b> | +2:15:18 |

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