



2027

CLUB LA SANTA SWIM CAMP MAY/JUNE

**From 28th of MAY to the 3rd of JUNE
Welcome meeting 28/05 at 09.00
TIMANFAYA CONFERENCE ROOM**

For more information send an email to:
sportsperformance@clublasanta.com



Programme

Friday 28/05

09.00: Welcome meeting – Timanfaya Conference room.

10.00: Swim session South Pool (Lanes 1-5).

15.00: Swim session South Pool (Lanes 1-5).

Saturday 29/05

10.00: Swim session South Pool (1-5).

15.00: Swim session South Pool (1-5).

18.00: Video analysis in Timanfaya Conference Room

Sunday 30/05

10.00: Swim session South Pool (1-5).

15.00: Swim session South Pool (1-5).

Monday 31/05

10.00: Swim session South Pool (1-5).

14.00: Nutrition Talk with Emma Gibbins, Timanfaya conference room



Programme

Tuesday 01/06

10.00: Swim session South Pool (1-5).

15.00: Swim session South Pool (1-5).

Wednesday 02/06

10.00: Swim session South Pool (1-5).

15.00: Swim session South Pool (1-5).

19.30: Dinner at El Lago restaurant included for all camp Participants.

Thursday 03/06

10.00: Swim session South Pool (1-5)