



# Sports performance Swim-Bike-Run



# 2025 CLUB LA SANTA SWIM CAMP JUNE

From June 6th to June 12th
Welcome meeting
06/06 at 09.00
TIMANFAYA CONFERENCE
ROOM

For more information send an email to: <a href="mailto:sportsperformance@clublasanta.com">sportsperformance@clublasanta.com</a>



### Programme

#### Friday 06/06

09.00: Welcome meeting – Timanfaya Conference room.

10.00: Swim session South Pool (Lanes 1-5).

15.00: Swim session South Pool (Lanes 1-5).

#### Saturday 07/06

10.00: Swim session South Pool (9-14).

15.00: Swim session South Pool (9-14).

#### **Sunday 08/06**

10.00: Swim session South Pool (9-14).

15.00: Swim session South Pool (9-14).

18.00: Catch up in Green Bar

#### Monday 09/06

10.00: Swim session South Pool (9-14).

14.30: Nutrition Talk with Emma Gibbins, Timanfaya conference room





## Programme

#### **Tuesday 10/06**

10.00: Swim session South Pool (9-14). 15.00: Swim session South Pool (9-14).

#### Wednesday 11/06

**10.00**: Swim session South Pool (9-14). 15.00: Swim session South Pool (9-14). 19.30: Dinner at El Lago restaurant included for all camp Participants.

#### **Thursday 12/06**

10.00: Swim session South Pool (1-6)