

28TH - 29TH SEPTEMBER 2024

VUELTA CICLISTA A LANZAROTE

A cycling
adventure
like no other

2 days | 189km | +2.840m
UNESCO Biosphere
reserve



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1. VUELTA CICLISTA A LANZAROTE

The first edition of the Vuelta Ciclista a Lanzarote is a non-competitive long-distance cycling event that takes place in all the municipalities of Lanzarote Island, suitable for enthusiasts or competitors, at each participant's own pace, with the goal of completing the tour of the island in two stages. It is estimated that there will be a total of 400 participants.

The total distance that cyclists will cover is 189 kilometers: 115 kilometers in the first day, with a positive elevation gain of 1,760 meters, and 74 kilometers in the second stage, with a positive elevation gain of 1,080 meters. The refreshment points will act as "fan zones," with areas featuring music where spectators and athletes can enjoy a festive and relaxed atmosphere.

Organized by Club La Santa, with the support of the Island Council of Lanzarote, Lanzarote European Sports Destination, and the municipalities of the island: the Municipality of Tinajo, the Municipality of Tegui, the Municipality of Haría, the Municipality of Arrecife, the Municipality of Tías, the Municipality of San Bartolomé, and the Municipality of Yaiza.

As well as the endorsement and support of the Canarian Cycling Federation and the Spanish Cycling Federation.

Cycling for All is a cycling discipline that considers this sport as physical exercise for sports, leisure, tourism, or cultural purposes. This concept includes all forms of cycling, such as road cycling, mountain biking, BMX, and city cycling, and encompasses all one-day races included in classes 1.30 and multi-stage races in class 2.30.

It includes cycling disciplines where individual effort is valued based on a motivation for self-improvement, catering to all cycling enthusiasts who want to practice it with maximum enjoyment according to their desires, abilities, and possibilities.

This regulation has been inspired by the guidelines issued by the International Cycling Union, adapted to the Spanish reality.

2. EVENT REGULATION

It is part of the [technical regulations and annexes](#) of the Royal Spanish Cycling Federation (RFEC).

The event will be [subject to the provisions of Articles 1 to 14 of Annex II of Royal Decree 1428/2003, dated November 21](#), and its updates, which approve the General Traffic Regulations for the application and development of the consolidated text of the Law on traffic, motor vehicle circulation and road safety, approved by [Royal Legislative Decree 6/2015, dated October 30](#), as well as the specific instruction for dynamic sports events on the road and the specific instruction for cycling sportive events on the road, published by the *Dirección General de Tráfico*.

Therefore, the regulations applicable to the event will be governed by:

1. UCI Regulations for Cycling Sports, specifically Article 15 "Cycling for All," and the technical regulations of the Royal Spanish Cycling Federation - X Regulations for Cycling for All.
2. General Traffic Regulations and the specific instruction for dynamic sports events on the road and the specific instruction for cycling sportive events on the road, published by the Dirección General de Tráfico.
3. Specific regulations for the Vuelta Ciclista a Lanzarote.

3. THE CYCLING SPORTIVE EVENT

It is a **Free Speed Sports Event** (Cycling Sportive event), with a considerable level of difficulty, both in terms of distance and elevation, as well as the altitude above sea level. The participation and individual effort of the athlete serve as a personal motivation to achieve the objective of completing the Vuelta Ciclista a Lanzarote.

The event will take place on roads where certain sections will be closed to traffic, while in other sections, only the lane for cyclists will be closed, and in some sections, regular traffic will be allowed. In the latter case, participants will be considered normal users of public roads, subject to the general rules of the Road Safety Law. In the two previous cases, participants must always ride in their lane with caution and responsibly.

The route of the event will be marked to guide participants along the planned course. Information and signage will be provided for the most dangerous points, areas at risk of getting lost, aid stations, etc. It is the participant's responsibility to locate and follow the signage. There will be established time limits for passing various points along the route. These time limits will be generous to allow participants to comfortably cover the distance of the event. If a participant arrives at one of these points beyond the time limit, they will not be able to continue in the event, and the organization will arrange transportation for both the participant and their bike to the finishing point.

Participants will be identified with a wristband, race number, and identification plates with an electronic chip on their bicycles for security checks, intermediate timing controls, and final time recording.

A ranking will be established with the times of all participants who complete the event, and they will be provided with a digital certificate accrediting the distance, elevation, and time taken to complete the course.

The organization reserves the right to make changes to these regulations if deemed necessary,

and such changes will be communicated on the website <https://www.clublasanta.com/events/vuelta-ciclista-a-lanzarote> and through social media channels @clublasantaraces.

3.1 COURSE.

The courses are subject to minor changes.

3.1.1 STAGE 1.

08:30 hrs: Club La Santa > Famara > Teguise > Los Valles > **Haría** > **Mirador del Río** > Ye > Arrieta > Costa Teguise > Arrecife > Güime > Montaña Blanca > Conil > Hoya Limpia > Puerto del Carmen, Plaza de Las Naciones.

- Distance: 115km approx.
- Cut off times:
 - Cut off Time 1: at 11:00hrs at the regrouping at Mirador del Río.
 - Cut-off time 2: at 12:20hrs at the regrouping at Castillo de San José, KM 83.5.
 - Final cut-off time: at 14:00hrs at the Finish Line at Plaza de Las Naciones, KM 115.



3.1.1.1 TIME TRIAL STAGE 1:

Haría > Mirador del Río.

- Distance: 8, 5km
- Elevation: 310 m
- Average gradient: 4,5%
- Cut off Time: At 11:00hrs at the regrouping at Mirador del Río.



3.1.2 STAGE 2.

08:30 hrs: Puerto del Carmen, Plaza de Las Naciones > Hoya Limpia > Conil > Tegoyo > La Geria > **Las Casitas > Femés** > Playa Blanca > LZ701 > La Hoya > Yaiza > **Timanfaya > Mancha Blanca** > Tinajo > Club La Santa.

- Distance: 74km approx.
- Cut off times:
 - Cut-off time 1: at 10:00hrs at the roundabout at the top of Femés, at the end of the time-trial climb, KM 25.
 - Cut-off time 2: at 10:40hrs at the regrouping at Plaza La Alameda, Yaiza KM 48.
 - Cut-off time 3: at 11:55hrs at Mancha Blanca, at the end of the time-trial climb, KM 63.
 - Final cut-off time: at 12:20hrs at the finish line, Club La Santa KM 74.



3.1.2.1 TIME TRIAL 1, STAGE 2:

Las Casitas > Femés

- Distance: 5, 3km
- Elevation: 170 m
- Average gradient: 4%
- Cut off Time: At 10:00hrs at the end of the Time Trial at Femés.



3.1.2.2 TIME TRIAL 2, STAGE 2:

Beginning of the Timanfaya road > Mancha Blanca.

- Distance: 12, 7km
- Elevation: 220 m
- Average gradient: 3%
- Cut off Time: At 11:00hrs at the end of the Time Trial at Mancha Blanca.



3.2 DNF ON STAGES:

Once a participant is overtaken by the last organization car with the sign "Fin de Prueba", they are considered out of the event and must give back their race number, chip, and bike number plate. They can either use the vehicle offered by the organization (this car will drive to the end of the route) or complete the route at their own risk, becoming a regular road user outside of the sports event.

The entire route will be marked to ensure that participants do not take the wrong road at any point.

It is important to remember that Lanzarote is a Biosphere Reserve and offers various natural spaces, so it is necessary to take utmost care of the Vuelta Ciclista a Lanzarote route. It is the obligation of all participants to preserve the environment.

These are highly sensitive natural areas that have limitations on the impact caused by this type of activity. Therefore, it is strictly prohibited, under penalty of disqualification, to litter waste outside of the designated aid station points, either by participants or members of the Vuelta Ciclista a Lanzarote organization.

4. HOW DOES THE VUELTA CICLISTA A LANZAROTE WORK?

The start of the Vuelta Ciclista a Lanzarote will be done as a group. Participants who are expected to take less time to complete the route will be positioned at the front. The order will be established based on the race numbers assigned to the participants and the starting grids.

At the registration platform, participants must choose their estimated times / starting grids. Participants must be at the designated start area 60 minutes before the scheduled start time of the event.

4.1 AID STATIONS.

There will be re-grouping solid-liquid aid stations and self-supplied liquid aid stations.

The location of these points, as well as the provided drinks and food, will be indicated in the corresponding ANNEX.

If a participant needs to abandon the Vuelta Ciclista a Lanzarote for any reason, they must inform the organization. Under no circumstances a participant will abandon without prior communication with the organization to ensure their well-being and coordinate assistance to the end of the route if needed. Participants can contact the organization members who are monitoring the safety of the roads and cyclists along the route or with the personnel who close the cycling sportive event at the back of the group.

4.2 PARTICIPANTS

In stages 1 & 2 of the Vuelta Ciclista a Lanzarote (115km + 74km), athletes **from Junior category** (those who turn 17 that year) **to Master 60 category** (from 60 years and older) can participate. In stage 2 of the Vuelta Ciclista a Lanzarote (74km), **Cadet category** athletes (who turn 15 and 16 that year) can also participate with authorization from their parents or guardians.

All participants must have a valid Spanish Cycling Federation License (Cycling or Cyclo-tourism from the Spanish Cycling Federation) for the year 2024 or they will need to pay for the one-day license fee offered by the organization (€10 accident insurance) in order to participate.

It is mandatory for each cyclist to ensure, before participating in the Vuelta Ciclista a Lanzarote, that they are in perfect health conditions and fit for the physical and mental effort required to complete it.

Each cyclist participates at their own risk and by accepting the present regulations at the time of registration, declares that they are in suitable physical and health conditions to undertake the cycling event, as well as having sufficient technical skills to face the route, such as steep slopes, winding descents, sections with other vehicles on the road, etc.

Under no circumstances will the organizer be responsible for accidents or health problems of a participant related to their participation in the Vuelta Ciclista a Lanzarote, in any of its distances or modalities.

4.2.1 TEAMS

Participants are welcome to team up and take part in this event as a team. You must be a team of four members, either male, female or mixed (2 males and 2 females). The team score will be

calculated using the times of each team member in each race. Participants can only be part of one team and team members will also be eligible for individual awards. Team members must register online as individual competitors and afterwards, Team Captain must confirm the team name and the full name of each team member before 22.09.2024 to vuelta@clublasanta.com

4.3 BEHAVIOUR DURING THE ROUTE.

Participants must always respect the applicable traffic regulations, demonstrate sportsmanship, and behave respectfully towards the environment. They will be responsible for their own actions and must always follow the instructions of law enforcement officers and organization staff.

4.4 MINIMUM EQUIPMENT FOR CYCLISTS.

Without the following equipment, participants will not be allowed to start the cycling event:

- The use of a rigid and approved helmet is mandatory.
- Appropriate equipment for the weather and difficulty conditions of the Vuelta Ciclista a Lanzarote, such as glasses, windbreakers, arm warmers, leg warmers, warm clothing according to the weather forecast for the day of the event.
- Sufficient water and food for 50km and the distance between supply points, spare parts, etc.
- A mobile device with the contact number indicated during registration, sufficient battery to last the entire route, and the emergency number of the Vuelta Ciclista a Lanzarote (tbc) recorded.
- Rear light.
- Identification plate with a chip on the front of the bicycle, not folded or covered, and an identifying participant control element (bib number/wristband).

4.4.1. EXTERNAL ASSISTANCE.

Cyclists may not receive external assistance. They may not have support vehicles delivering water, food, spare parts, etc., along the route. Violation of this rule will result in disqualification.

The assistance will be allowed at the mechanic points, technical areas at official aid stations. Help among participants and from the Organization is allowed. In order to provide assistance to participants at the aid stations, support personnel must be located near the technical areas designated by the organization at the aid station.

Registering for this event implies acceptance of these regulations and waiving all rights against the organizer, renouncing any legal action that may arise from participation in the event.



5. REGISTRATIONS

5.1 REGISTRATIONS OPENING AND CLOSURE.

The registration period will be available from **Monday 16th October 2023** until **Tuesday 24th September 2024** or as soon as all the slots are sold out.

5.2 PRICES

Participants who do not have a Spanish cycling federation licence will be required to pay at the time of race pack collection, on top of the registration fee, the amount of the one-day license offered by the organization (accident insurance): €10.

5.2.1 PRICE AND DEADLINES.

5.2.1.1 1ST TIER

From 16th October 2023 – 30th June 2024.

- 2 Stages: 85€
- 1 Stage: 45€

Athlete race pack, bike bottle and maillot will be included.

5.2.1.2 2ND TIER

From 1st July 2024 – 16th September 2024.

- 2 Stages: 115€
- 1 Stage: 60€

Athlete race pack and Bike Bottle are included. Registrations made after the 15th of August will

NOT receive the Vuelta Ciclista a Lanzarote bike jersey.

5.2.1.3 3RD TIER

17th September 2024 – 24 September 2024.

- 2 Stages: 155€
- 1 Stage: 80€

Athlete race pack and Bike bottle are included. Maillot not included.

Registration is only valid when the registration fee has been paid. Payment can only be made online by credit card through the Race Result gateway.

5.3. CANCELLATION AND REFUND POLICY.

A transfer of the race entry to another person or another year is not possible.

Cancellation requests must be sent to: vuelta@clublasanta.com

5.3.1 DEADLINE 1

From 16th October 2023 – 29th March 2024.

- 75% refund of entry fee.

5.3.2 DEADLINE 2

From 30th March 2024 – 29th May 2024.

- 50% refund of the entry fee.

5.3.3 DEADLINE 3

From 30th May 2024 – 29th July 2024.

- 25% refund of the entry fee.

5.3.4 DEADLINE 4

From 30th July 2024:

- No refund.

5.4 TRANSPORT.

The organisation offers the following transport services for the race days:

- Stage 1: Saturday 28th of September.
 - Before the start: Shuttle service from Puerto del Carmen to Club La Santa. Price 10 euros (includes participant and bike transport). Meeting point at 06:00h aprox in Plaza de Las Naciones.

- After the stage: Shuttle service from Puerto del Carmen to Club La Santa. Price 10 euros (includes participant and bike transport). Meeting point at 15:00h aprox at Plaza de Las Naciones.
- Stage 2: Sunday 29th September.
 - Before the start: Shuttle service from Club La Santa to Puerto del Carmen. Price 10 euros (includes participant and bike transport). Meeting point at 06:00h aprox at Club La Santa.
 - After the stage: Shuttle service from Club La Santa to Puerto del Carmen. Price 10 euros (includes participant and bike transport). Meeting point at 15:00h aprox at Club La Santa.

This transport service can be booked directly from the registration platform during the registration. The price will be 10 euros per trip and includes participant and bike transport.

6. RACE PACK COLLECTION.

On **Friday 27th September 2024**, the race pack collection will take place from 13:00 to 19:30 at the Square, Club La Santa.

No race packs will be given to participants out of these times.

To be able to collect your race pack it is compulsory to show your ID card and your RFEC licence or FCC licence in the event in case you have not paid for the one-day license provided by the organisation. In case participants are not covered by their Federation they must purchase a 1-day license. In case the participant doesn't have a valid licence, 10€ will be charged (one day licence) as compulsory insurance to participate in the event.

Note: It is the participants' responsibility to ensure they are covered by their Federation insurance on race day (RFEC licence/FCC Licence). The participants must have their insurance customer service contact on the week-end.

All participants must wear, in a compulsory and visible manner: the chip, the bike plate and the bib number. Any cyclist who does not visibly wear the bib number will be excluded from the route by members of the organisation or by the authorities. The bib number and the chip are personal and non-transferable items.

The registered person will only be able to participate with the bib that has been assigned to him/her and agrees not to allow other people to use it.

The bib of another participant may be taken by showing the organization the original or photocopy of the necessary documents (ID card or licence). For minors under 18 years of age, it is compulsory to present a signed parental authorisation (Annex).

7. CATEGORIES Y PRIZES.

7.1 CATEGORIES.

- Cadets: 15 & 16 years old (can only participate in stage 2).
- Juniors: 17 & 18 years old.
- Sub 23: 19 to 22 years old.
- Élite: 23 to 29 years old.
- Máster 30: 30 to 39 years old.
- Máster 40: 40 to 49 years old.
- Máster 50: 50 to 59 years old.
- Máster 60: 60 years and older.

Categories will be defined for the participant age on 31 December of the year of the event.

7.2 PRIZES.

All participants that complete the 2 stages will receive the following gifts in recognition of their participation in the event

- Finisher Medal.
- Finisher Diploma: total time and partial times.
- NFT trophy to Top 3 Overall
- NFT trophy to 1st male/female category.
- NFT trophy to 1st Conejero/a & 1st Canarian.

7.3 CLASSIFICATION.

- Overall winners (male and female) will wear a RED JERSEY at Stage 2.
- By category, female & males.
- By teams (minimum 4 riders), the team leader (best overall time) will wear the WHITE jersey at Stage 2.
- Best time trial time, female & male, will wear the LUNARS jersey at Stage 2.
- Best conejero/a (Born in Lanzarote).
- Best Canarian (Born in Canary Island).

In order to be eligible for recognition, it is essential to have completed both stages.

8. SAFETY AND MEDICAL ASSISTANCE.

In addition to civil liability insurance, there will be a minimum of two ambulances and two doctors available during the event if the participation exceeds 300 cyclists. If the participation is lower, there will be one doctor and one ambulance. Additionally, there will be several fixed aid stations, sweep vehicles (vehículos escoba) for picking up retired cyclists, checkpoints, and complementary services as indicated in the Security Plan.

The Provincial Traffic Headquarters (Jefatura Provincial de Tráfico), Guardia Civil, Municipal Police, Protección Civil, and volunteer groups will ensure the safety of the event.

9. THE ORGANISATION.

The organization is not responsible for any accidents in which the participant may be the cause or victim. The participant should be covered by their own insurance as part of their license. The organization is not liable for any expenses or debts incurred by participants during the event, nor for the loss or damage of bicycles (including transportation) or other equipment belonging to participants that is not related to the services provided by the organization. Participants release the organization from liability for the loss or deterioration of personal belongings under any circumstances.

The organization reserves the right to make appropriate modifications to the route and date of the event in case of force majeure or other unforeseen circumstances beyond its control, at its sole discretion, without participants having the right to request any kind of refund or reduction in registration fees.

The organization may decide to suspend the event when circumstances that are temporarily or definitively beyond its control arise or due to governmental measures affecting general safety or freedom of movement.

In the event of a definitive suspension, participants will not be entitled to a refund of their registration fees. The organization assumes no responsibility if the event is cancelled or postponed due to force majeure. Additionally, the organization reserves the right to admission.

10. IMAGE RIGHTS.

By registering for the Vuelta Ciclista a Lanzarote and thereby automatically accepting this regulation, participants are obligatorily authorizing the event's organization to record their participation fully or partially. Participants give their consent for their image to be used in the

promotion and dissemination of the event in all possible forms (social media, radio, press, video, photo, internet, posters, media outlets, etc.). They also grant all rights related to commercial and advertising exploitation, as deemed appropriate by the organization, without the right to receive any financial compensation.

The image rights arising from the Vuelta Ciclista a Lanzarote will be exclusively owned by the event's organization. This means that the organization may use them as it deems appropriate, as long as it does not violate the participant's right to privacy.

Furthermore, any use of these rights by a company or individual must be permitted and/or recognized by the organization itself.

Similarly, registered riders authorize the inclusion of their names in a start list of participants, result lists, tracking system, and any other support that the organization deems necessary for the proper functioning of the event, published on the official website of the Vuelta Ciclista a Lanzarote.

11. PROTECTION OF PERSONAL DATA.

Club La Santa guarantees full compliance with the regulations on the protection of personal data. Therefore, in accordance with the law [Ley Orgánica 3/2018](#), of December 5th, on the Protection of Personal Data and Guarantee of Digital Rights, you give your consent for the inclusion of your data in the automated files held by Club La Santa and for their processing for administrative, commercial, and other related activities.

The privacy policy of Club La Santa ensures the right to access, rectify, cancel, and oppose the use of your data, as provided for in current legislation. To exercise these rights, a written request must be sent to Club La Santa, which is responsible for the file.

The undersigned agrees that their data may be transferred exclusively for activities related to the proper functioning of Club La Santa's internal management and administration. Furthermore, the undersigned accepts that Club La Santa may send them information about any products, processes, or services they may offer.

The undersigned acknowledges that their consent for the processing or transfer of their data, as established in this paragraph, is always revocable and does not have retroactive effects.

12. MODIFICATIONS.

The current specific regulations of the Vuelta Ciclista a Lanzarote may be modified due to organizational needs, authorizations, route changes, etc.

The modifications to the regulations, as well as their annexes, will be published on the website <https://www.clublasanta.com/events/vuelta-ciclista-a-lanzarote>

13. ANNEXES.

13.1 ANEXO 1: AID STATIONS.

We will differentiate two types of refreshment points during the route of the Vuelta Ciclista a Lanzarote.

1. **Type 1:** Regrouping areas with solid and liquid refreshment.
2. **Type 2:** Self-service liquid refreshment along the route.

TYPE 1 AID STATION.

These will mark the regrouping zones and the rest area for the participants.

They will be dynamic areas with resources to hang bicycles, food (nuts, sandwiches, drinks, fruits, sweets), replenishment, entertainment and social chats.

Mechanics and technical areas will have designated locations.





STAGE 1 - SATURDAY, 28TH

REGROUPING 1

KM: 49.5

Location: Mirador del Río

Estimated regrouping time for group 1: 20 minutes after the first cyclist arrives at the location.

Estimated regrouping time for group 2: up to a maximum of 15 minutes after the last participant arrives at the location.

Participants who have not started with the first group (10:20 a.m.) will have to start with the second group (11:15 a.m.).

REGROUPING 2

KM: 83.5

Location: Castillo de San José

Estimated regrouping time for group 1: 20 minutes after the first cyclist arrives at the location.

Estimated regrouping time for group 2: up to a maximum of 10 minutes after the last participant arrives at the location.

Participants who have not started with the first group (11:20 a.m.) will have to start with the second group (12:30 p.m.).

STAGE 2 - SUNDAY, 29TH

REGROUPING 1

KM: 48

Location: Plaza Alameda, Yaiza.

Estimated regrouping time for group 1: 20 minutes after the first cyclist arrives at the location.

Estimated regrouping time for group 2: up to a maximum of 20 minutes after the last participant arrives at the location.

Participants who have not started at the scheduled time with the first group (10:15 a.m.) will have to start with the second group (11:00 a.m.).

TYPE 2 AID STATION

Located at different points along the race, approximately every 20 km, where participants can dismount, refuel with isotonic drinks, water, and energy products.



STAGE 1 - SATURDAY, 28TH

Aid Station 1: Cepsa Service Station, Tegui, KM 24.5

Aid Station 2: Entrance to Haría, KM 41

STAGE 2 - SUNDAY, 29TH

Aid Station 1: Casitas de Femés Bus Stop, KM 24.5

Aid Station 2: Teleclub Mancha Blanca, KM 63.

13.2 ANNEX 2: AUTHORIZATION FOR PICKING UP THE RACE BIB.



RACE PACK COLLECTION AUTHORIZATION: VUELTA CICLISTA A LANZAROTE

Mr./Ms..... (full name)
with ID number (attach photocopy), hereby declare that I am registered
for the Vuelta Ciclista Lanzarote 2024, with bib number..... .

I AUTHORIZE Mr./Ms.....
with ID number..... , to collect my bib number, understanding that it is
personal and non-transferable material, which cannot be used during the race by anyone other
than myself.

Signed on the(day) of..... (month), 20..... (year)

PARTICIPANT'S SIGNATURE

AUTHORIZED PERSON'S SIGNATURE

* The person collecting the bib is responsible and commits to deliver it to the rightful owner. The race organizers decline all responsibility for any fraudulent use that may occur, both by the person collecting the bib and by the rightful owner. Bibs are personal and non-transferable.

13.3 ANNEX 3: AUTHORIZATION FOR PARTICIPATION OF MINORS.

Parental authorisation
Autorización Paterna



Mr/Miss/Mrs: _____
Don/Dña: _____

with I.D. nº: _____ as: Mother Father Tutor
con D.N.I.: _____ en calidad de: Madre Padre Tutor

gives authorisation to: _____ with I.D. nº: _____
autoriza a: _____ con D.N.I.: _____

to participate in the activity: VUELTA CICLISTA A LANZAROTE 2024 a participar
en la actividad: _____

will take place the day: 28/09, 29/09/2024 que tendrá _____ Signature/Firmado:
lugar el día: _____

Organised by Club La Santa Organizada por Club La Santa.

13.4 ANNEX 4: ROAD AND HIGHWAY CONDITIONS OR DISRUPTIONS.

Pending to be confirmed

13.5 ANNEX 5: ROADBOOK.

Estimated Passing Times for Vuelta Ciclista a Lanzarote 2024.

The control cut-off in speed-based sports events, such as cycling races, will be based on the scheduled time, never exceeding 20 km/h, but services will be maintained until the sweep vehicle arrives behind the last participant.

V = velocity; s = distance; t = time

$$s/t = V$$

ROUTE MAP (RUTÓMETRO)

Stage 1: 115km

Date: 28/09/2024

Start: Club La Santa, Tinajo

End: Plaza de los Pocillos, Puerto del Carmen.

- Reagrouping point 1: Mirador del Río, Haría.
- Reagrouping point 2: Castillo San José, Arrecife.

KM	Etapa 1 – Tiempos de paso estimado	Primer participante	Último participante	Nombre de la Vía
0	Club La Santa	08:30	08:30h	Avenida Krogager (Vuelta Isleta)
4	Salida Caleta Caballo	08:35h	08:40h	Hermanos Pinzones
7	Cruce Soo, LZ 410	08:40h	08:50h	Juan Evangelista
10	Famara (LZ410)	08:45h	09:00h	LZ 410
12.5	C/ La Borda	08:48h	09:10h	La Borda
13.5	Salida Molino	08:49h	09:12h	LZ 402
20	Famara dirección Teguisse, LZ 402	09:00h	09:30h	LZ 402
22	Rotonda Teguisse, LZ 30 - LZ 402	09:03h	09:37h	LZ 30
25	LZ-30 con LZ-10	09:10h	09:45h	LZ 10
27	Cruce Vega de San José	09:14h	09:53h	LZ 10
30	Teleclub Los Valles, LZ 10	09:20h	10:00h	LZ 10
40	Boca de Temisa	09:40h	10:30h	LZ 10
41.5	Plaza de Haría	09:41h	10:32h	Calle El Palmera
43	C.S.C Máguez	09:43h	10:35h	Calle Santa Bárbara
45	Salida Guinate	09:47h	10:40h	LZ 201
47	Hoya de La Pila	09:50h	10:45h	LZ 202
49.5	El Mirador del Río	10:00h	11:00h	LZ 202

	(Reagrupamiento 1)			
50	Inicio/salida Mirador del Río	10:20h	11:15h	LZ 203
54	Ye, Cruce LZ 20	10:23h	11:19h	LZ 201
57	Cruce LZ 205 (Cueva de los Verdes)	10:25h	11:23h	LZ 201
60	Rotonda de Arrieta	10:30h	11:30h	LZ 1
63	Desvío Mala	10:36h	11:34h	LZ 1
69	Desvío Guatiza	10:43h	11:38h	LZ 1
70	Desvío hacia LZ-404	10:44h	11:40h	LZ 1
73.5	Desvío Los Arcos	10:50h	11:47h	LZ 1
76.5	Acceso C/ Ruta del Norte	10:52h	11:51h	Carretera de Los Arcos
78	Intersección con C/ Ruta del Norte	10:53h	11:55h	Avenida de Las Palmeras
80	C7 Las Piteras	10:55h	12:00h	Avenida de Las Palmeras
82.5	Rotonda LZ 18 - LZ 3	10:58h	12:15h	
83.5	Castillo de San José (Reagrupamiento 2)	11:00h	12:20h	LZ 101
83.5	Inicio/salida Castillo de San José	11:20h	12:30h	
85	Calle Olof Palme	11:22h	12:32h	Calle Olof Palme
88.5	Calle Triana	11:26h	12:37h	Calle Triana
90	Los Tableros - C/ Los Ancones (zona salida San Francisco Javier hacia LZ-35)	11:29h	12:42h	Calle Los Ancones
92	Rotonda LZ 301	11:35h	12:47h	LZ 301
93.5	Güime, LZ 301	11:38h	12:52h	LZ 301
95	Cruce rotonda LZ35	11:42h	12:57h	LZ 301
97	Cruce C/ Arroyo	11:45h	13:03h	LZ 301
99	Masdache - Conil, LZ 301 - LZ 503	11:49h	13:10h	LZ 503
100	Bodega Testeina	11:51h	13:12h	LZ 30

103	Desvío LZ 501	11:53h	13:18h	LZ 30
104	Cruce LZ 502	11:55h	13:20h	LZ 501
110	Camino Hoya Limpia	12:01h	13:35h	Camino Hoya Limpia
112	LZ 40	12:03h	13:40h	LZ 40
115	Calle Noruega - Plaza Las Naciones	12:05h	14:00h	Avenida de Las Playas

Stage 2: 74km

Date: 29/09/2024

Start: Plaza de los Pocillos, Puerto del Carmen.

End: Club La Santa, Tinajo

- Reagrouping point 1: Plaza de la Alameda, Yaiza.

KM	Etapa 2 - Estimación de tiempos de paso	Primer ciclista	Último Ciclista	Nombre de la vía
0	Plaza de las Naciones	08:30h	08:30h	
1	Desvío Rancho Texas	08:33h	08:35h	LZ 40
4	Camino Hoya Limpia	08:37h	08:40h	Camino Hoya Limpia
7	Avenida Tías	08:45h	08:52h	Avenida Tías
10	Conil pueblo, LZ 502	08:53h	09:00h	LZ 501
12	Desvío LZ 501	09:00h	09:12h	LZ 30
20	Rotonda Uga, LZ 30 - LZ 702	09:10h	09:30h	LZ 30
25	Femés, LZ 702	09:20h	10:00h	LZ 702
30	Rotonda Papagayo	09:25h	10:05h	Carretera Playa Blanca a Femés
33	Rotonda Salida Playa Blanca	09:30h	10:12h	LZ 2
40	Desvío Las Breñas - Las Salinas	09:45h	10:28h	LZ 2
44	Desvío el Golfo	09:50h	10:35h	LZ 2
47	Calle Montañas del Fuego	09:53h	10:38h	Calle Montañas del Fuego

48	Plaza Alameda, Yaiza (Reagrupamiento 1)	09:55h	10:40h	Calle Rincón
48	Inicio/salida Plaza Alameda	10:15h	11:00h	Calle Salida al Rubicón
50	Rotonda del Molino Yaiza	10:17h	11:03h	LZ 2
57	Parque Nacional Timanfaya,	10:31h	11:31h	LZ 67
63	Mancha Blanca, LZ 67	10:43h	11:55h	LZ 67
66	Rotonda San Roque	10:48h	12:01h	LZ 67
67	Salida el Cuchillo	10:49h	12:02h	LZ 67
71	Salida Las Betancoras	10:55h	12:12h	Avenida el Marinero
74	Club La Santa	11:00h	12:20h	Avenida Krogager

13.6 ANNEX 6: CUT-OFF TIMES.

13.6.1 CUT OFF TIME IN STAGE STAGE 1.

Race Starts at 08:30hrs at Club La Santa. Participants must complete the distances before the following cut off times:

- 1st Cut off at Mirador del Rio, **KM 49.5: 11:00hrs.**
- 2nd Cut off at Castillo San José, Arrecife. **KM 83.5: 12:20hrs.**
- Final Cut off, at Plaza de Las Naciones, Puerto del Carmen. **KM 115: 14:00hrs.**

13.6.2 CUT OFF TIME IN STAGE STAGE 2.

Race Starts at Plaza de los Pocillos, Puerto del Carmen, at 08:30hrs. Participants must complete the distances before the following cut off times:

- 1st Cut off at Plaza la Alameda, Yaiza. **KM 48: 10:40hrs.**
- Final Cut off, at Club La Santa. **KM 74: 12:20hrs.**

