



ENVIRONMENTAL GUIDE 4 STAGE MTB RACE LANZAROTE 2019

Club La Santa and the different municipalities (Tinajo, Teguise, San Bartolomé and Haría) make a special effort to organize this race and show the participants the most beautiful areas of the island. Therefore, it is necessary to follow the environment regulations during the race course.

In order to ensure future editions, it is necessary you are aware that the race courses will be part of natural, representative, fragile systems or elements of special ecological interest.

PARTICIPANTS

I am aware that my participation in the 4 Stage Mountain Bike Race Lanzarote commits me to respect as much as possible the place where it is celebrated due to its environmental sensitivity as well as the own regulation of the Protected Natural Area. For all these reasons I will respect and keep in mind the following requirements:

- I will inform my friends or family members who accompany me to enjoy the event, respecting the established norms and the organization's advice.
- I will not be able to leave the routes established and marked by the organization under any circumstances.
- I promise NOT to throw garbage or waste, gels or other containers throughout the whole journey. If I have to leave anything, I will do it through the Volunteers at the aid stations.
- During my race I will avoid making noise, shouting or using any sound element.
- I can not leave marks under any circumstances.

SPECTATORS

The spectators are an important part of any sporty event, mainly to recognize the effort of the participants, but a great part of the success of the event also depends on them from the environmental point of view.

Therefore, the participants, organizers and entities want to convey to the spectators the need to care for and respect the protected areas of the island.

- We ask all the spectators to support the participants in the urban area of La Santa and Club La Santa, at the start and finish of each modality .
- We ask to be responsible for the waste and transport it to your usual residence or at the collection points in La Santa.
- It is strictly forbidden to cause alterations on the fauna and flora species, their capture or intentional annoyance.