













Ran	MF	AG	Bib Name	AG	Count Club	Time
Adults 10K						
1	1	1	6067PETER LANZINER	M35-39		00:31:22
2	2	1	6092JONAS BO BERG	M30-34		00:35:22
3	3	2	6014ANDREW WALTERS	M30-34		NG13 RUNNERS 00:36:21
4	4	1	6049CAINO CHRISTOFOROU	M25-29		OLD GT 00:37:37
5	5	1	6066MATHIAS GISLASON	M18-24		OLD GT 00:38:27
6	6	3	6083PHILIP KRETZ	M30-34		00:38:55
7	7	1	6028EMANUEL STRÜBER	M40-44		HANNOVER 96 TRIATHLON 00:38:55
8	8	1	6009MARTIN WALTERS	M60-64		NG13 RUNNERS 00:39:40
9	9	2	6094STEFANO SIGNO	M35-39		NOLIMITSFRIENDS 00:39:41
10	10	1	6114THOMAS KIRSCHHEY	M55-59		TUS ROT-WEIß KOBLENZ 00:39:44
11	11	2	6107JULIUS FUGLSANG	M18-24		00:39:56
12	1	1	6056MAJA STAGE	F30-34		CLUB LA SANTA 00:40:03
13	12	2	6082LEE WEATHERLEY	M40-44		00:42:01
14	13	3	6100CLAUS SCHWENOLD	M35-39		TSV HARTHAUSEN/SCHER 00:42:21
15	14	2	6078ROMAN	M25-29		FOROU FAMILY 00:42:27
16	15	4	6038ROGER LITTLEWOOD	M35-39		00:42:49
17	16	3	6088PETER BERING	M40-44		00:43:43
18	17	3	6052MAXIMILIAN	M25-29		00:43:43
19	18	1	6099MARKUS KOCH	M50-54		LR WOHLLEN 00:44:11
20	19	3	6077SERGE CHRISTOFOROU	M18-24		FOROU FAMILY 00:44:29
21	20	4	6109JEPPE SCHACK	M18-24		TOAO 00:44:45
22	21	1	6003ROMAIN MOUSEL	M45-49		00:44:59
23	2	1	6090TESSA SØRENSEN	F35-39		00:45:41
24	22	2	6036BARRY STEIN	M55-59		00:45:45
25	23	4	6013CHRISTOPHE MOUMOU	M40-44		TRIATLON VLAANDEREN 00:46:01
26	24	5	6006BRUNO CARVALHO	M40-44		CARVALHO TRI 00:46:13
27	3	2	6103HANNAH EWENS	F30-34		CLUB LA SANTA 00:46:25
28	25	3	6045JOAQUIN GUERRERO	M55-59		CLUB TRIATLÓN PICHÓN 00:46:29
29	26	2	6018VICTOR MANUEL	M50-54		DISA HPS 00:46:32
30	4	1	6081JENNIFER BROCKSOPP	F40-44		NONE 00:46:53
31	27	1	6043GUENTER ROSSMEISSL	M65-69		00:47:11
32	28	4	6112LARS KLIT CHRISTENSEN	M25-29		GREEN TEAM 00:47:29
33	5	1	6037MOLLY STEIN	F25-29		00:48:33
34	6	2	6106NICOLA COKER	F25-29		CLUB LA SANTA 00:48:49
35	29	5	6110LEWIS CORBETT	M25-29		GREEN TEAM 00:49:12
36	30	6	6105JON SPINKS	M25-29		GREEN TEAM 00:49:28
37	31	2	6076FINN PETER KLAUSEN	M60-64		TEAM RULLENDE ROULADER 00:49:31
38	7	3	6021EMILIE HOFF	F25-29		OLD GT 00:49:40
39	32	4	6023PHILIP PEARSON	M55-59		00:50:00
40	8	1	6065BIZZY WATSON	F18-24		00:50:09
41	9	1	6084JETTE PETERSEN-BACH	F55-59		GULDBORGSUND 00:50:42
42	33	5	6089STEEN KREINER	M35-39		VORDINGBORG GARNISONS 00:51:07
43	34	6	6063MANUEL VILCHEZ	M35-39		TRIATLÓN APOLANA 00:51:07











Ran	MF	AG	Bib Name	AG	Count Club	Time
44	35	7	6060TOMAS CORREIA	M25-29		00:51:37
45	36	7	6040SIMON GLEDHILL	M35-39		00:51:59
46	10	2	6033CHRISTINA JENSEN	F40-44		00:52:23
47	11	3	6030MARIA WILLIAMS	F40-44		LEIGHTON BUZZARD 00:52:23
48	37	3	6002STEWART	M50-54		MANCHESTER TRIATHLON 00:52:35
49	12	1	6017PAULINA ZABALA	F45-49		00:52:52
50	38	3	6001FRED GENTA	M60-64		SPARTE RUN ROGNAC 00:52:59
51	13	2	6086KATRIN HAGEN	F45-49		00:53:38
52	39	4	6046NICK CLARKE	M50-54		00:53:58
53	40	2	6070DIEGO SEBASTIAN	M45-49		4EMESTRAIL 00:53:59
54	14	4	6079KAREN BÖHNKE	F25-29		00:54:08
55	41	6	6022HENRIK JENSEN	M40-44		00:54:49
56	15	3	6097PIA BRONKE	F45-49		OCR VESTEGNEN 00:55:12
57	16	1	6027MARIÉLLA SCALIA	F50-54		PASSAAT 00:55:15
58	17	4	6047CLAIRE CLARKE	F45-49		00:55:20
59	42	8	6020JONAS NYGAARD	M35-39		00:55:24
60	43	5	6102CHRISTIAN DIETL	M50-54		TEAM ALÈ GERMANY 00:55:30
61	44	3	6016LUIS ZABALA	M45-49		00:55:38
62	45	9	6071JOSE GUILLÉN ELVIRA	M35-39		00:55:42
63	46	7	6101THOMAS	M40-44		TSV HARTHAUSEN/SCHER 00:56:20
64	18	2	6035ANE LOFT MOLLERUP	F35-39		00:56:49
65	19	2	6111JOSEFINE JEPPESEN	F18-24		00:56:57
66	20	1	6062ELISABETH GEIER	F65-69		NONPLUSULTRA ESSLINGEN 00:57:56
67	47	8	6074ALAN MCCORMACK	M40-44		DUBLIN FRONT RUNNERS 00:58:15
68	21	5	6069BETTINA GOLDMANN	F45-49		FH OÖ SPORTS TEAM 00:58:22
69	48	9	6051FRANCISCO DOLZ	M40-44		LA SANTA 00:58:52
70	22	2	6108RACHEL EDWARDS	F50-54		00:58:58
71	49	10	6050DAVID PALLÍ MOLES	M40-44		00:59:04
72	23	3	6019CONSTANZE STRÜBER	F35-39		00:59:20
73	24	3	6041MARIANNA NILSSON	F50-54		00:59:24
74	25	4	6004STEFANIE TUNGER	F50-54		NUEDELALM 00:59:41
75	50	1	6087SAM GORDON	M75-79		NONE 01:01:19
76	51	5	6005STEFAN GROHS	M55-59		NUEDELALM 01:01:33
77	26	6	6095MONIA GRANDE	F45-49		TODO POR UN SUEÑO 01:01:42
78	52	1	6057PETER WENDT	M70-74		KURTS KÅDE KANINER 01:03:17
79	27	3	6091SARA-LENA NIEBAUM	F30-34		01:03:39
80	53	10	6085MICHAEL SIMONSEN	M35-39		01:04:17
81	54	4	6080RONNI VELBÆK	M30-34		01:04:20
82	55	4	6029STEVE YARNOLD	M60-64		ALMOST ATHLETES 01:07:57
83	28	7	6073SONIA ZAMPERETTI	F45-49		TRISCHIO 01:08:00
84	56	11	6096MILES MARCHMENT	M40-44		01:08:14
85	57	11	6098ÁLVARO FIALHO	M35-39		SALÃO TRAIL RUN 01:08:19
86	29	5	6064EVA MAHRNE KLEIN	F50-54		01:08:41
87	30	8	6059ANABELLA CHIOSSONE	F45-49		01:10:06
88	58	2	6113TERRY JONES	M65-69		TRIATHLON COACHING 01:13:05





Ran	MF	AG	Bib Name	AG	Count	Club	Time
89	59	12	6044JACK RÖHRCHEN	M40-44			01:14:00
90	60	12	6093PASCUAL PRIETO LÓPEZ	M35-39		C.D. FILIPPEDES MORATALLA	01:14:33
91	31	2	6072ALESSANDRA BUTTI	F65-69			01:22:47
92	32	3	6075JILL BUCKENHAM	F65-69		MASTERS OF TRI	01:22:53
93	33	5	6012SOFIA DELGADO	F25-29			01:27:29
94	61	8	6010LUIS ZABALA	M25-29			01:28:39
95	34	4	6068ALMUDENA	F40-44		4EMESTRAIL	01:48:31
96	35	6	6058LÆRKE STAGE NIELSEN	F25-29			02:02:14
DNF	DNF	DNF	6054VERONIKA FROSCHE	F30-34		SC WIESBADEN 1911	01:03:28

Ran	MF	AG	Bib	Name	AG	Count	Club	Time
Adults 5K								
1	1	1	1	KASPER LAUMANN	M25-29		HMRC / HILDRUM	00:15:16
2	2	1	47	DAVID LEONARD	M45-49		SLIABH BUIDHE ROVERS	00:15:52
3	3	2	30	CALLUM GILLETT	M25-29		READING AC	00:16:37
4	4	1	96	ALESSANDRO	M40-44		DOLOTEAM	00:16:40
5	5	1	13	ANDREW WALTERS	M30-34		NG13 RUNNERS	00:16:57
6	6	1	36	CARL NIELSEN	M18-24		OLD GREEN TEAM	00:17:37
7	7	3	60	NICKLAS THORUP	M25-29		TEAM ALLOUT	00:17:48
8	8	4	29	KRISTIAN LAUMANN	M25-29		RUNAAR	00:18:15
9	9	5	105	SAMMY ROB	M25-29		GREEN TEAM	00:18:27
10	10	2	11	FRASER KIDD	M30-34		LONELY GOAT RUNNING	00:18:56
11	11	2	109	CHRISTIAN NEERGAARD	M18-24			00:19:09
12	12	1	2	MARTIN WALTERS	M60-64		NG13 RUNNERS	00:19:18
13	13	6	104	LEVIN VEALE	M25-29		GREEN TEAM	00:19:32
14	14	1	21	JORGE RUIZ LEÓN	M50-54		FITNESS SPORT TRIATLÓN	00:19:42
15	1	1	42	HELLA HAAK	F18-24			00:19:54
16	15	7	40	JOSHUA BRADDOCK	M25-29			00:20:14
17	16	3	18	FABIO CABRERA	M30-34		VAMOS CHULA TEAM	00:20:19
18	17	2	8	MATT ALLEN	M40-44		HALESOWEN A&CC	00:20:19
19	18	2	68	SERGIO RODRIGUEZ	M50-54		JCHRUNNING	00:20:39
20	19	2	3	FLORIAN RANK	M45-49			00:20:53
21	20	3	12	KAJ MURAT POLAT	M45-49			00:21:07
22	21	1	86	DENIS BORIMSKIJ	M35-39		OMAGH TRIATHLON CLUB	00:21:28
23	22	3	101	JOHAN HVIDTFELDT	M18-24		OLD GT	00:21:36
24	2	2	71	LEA-SOPHIE BROICH	F18-24			00:21:41
25	3	3	22	NATHALIE LØKKE	F18-24			00:22:03
26	23	4	64	JULIUS KRISTENSEN	M18-24		GREEN TEAM	00:22:04
27	24	2	55	WAYNE WATERS	M35-39			00:23:16
28	25	4	95	LIONEL MORALES	M45-49		NADAMÁS	00:23:48
29	4	4	65	MATILDE FUGLSANG	F18-24		GREEN TEAM	00:23:50
30	5	1	76	NANNA KEIDING	F30-34		KTK86	00:23:56
31	6	1	93	CRISTI ARROCHA	F25-29			00:24:11
32	26	2	69	CHRIS ASHCROFT	M60-64			00:24:19
33	7	1	78	GISELA REICHMUTH	F45-49		FREERADICALS	00:24:30
34	27	5	15	MATHIAS PETER	M45-49			00:24:31
35	8	2	34	METTE JESSEN	F25-29			00:24:37
36	9	1	9	SUSANA ROMÁN	F50-54		FITNESS SPORT TRIATLÓN	00:24:37
37	28	1	88	PREBEN NIELSEN	M75-79		TEAM XPEDIT	00:24:51
38	10	5	37	TAMARA RODRÍGUEZ	F18-24			00:24:55
39	29	6	94	JUAN ANTONIO	M45-49			00:25:01
40	11	2	58	JANIS PRIEST	F50-54			00:25:06
41	12	3	39	CARLA MEDINA	F25-29		GREEN TEAM	00:25:07
42	30	8	20	MARIO SANCHEZ	M25-29		VAMOS CHULA TEAM	00:25:20
43	31	3	107	BEN HIEATT-SMITH	M40-44		SOUTH LONDON HARRIERS	00:25:27









Ran	MF	AG	Bib	Name	AG	Count	Club	Time
44	13	1	27	LEAH HARTWELL	F40-44		TEAMMK	00:25:28
45	32	1	26	DIETER HOLZ	M70-74		POSEIDON WORMS	00:26:22.6
46	14	2	70	KERRY ASHCROFT	F45-49			00:26:30
47	15	1	98	KELLY JOHANNA	F35-39		TENERIFE CAJA CANARIAS	00:26:31
48	16	1	83	LIS CHRISTENSEN	F55-59			00:26:35
49	33	4	32	NICHLAS GUSTAFSEN	M30-34		UPERFORM COACHING	00:27:07
50	17	6	111	RIKKE DINESEN	F18-24		GREEN TEAM	00:27:10
51	18	7	102	CECILIE HOUGAARD	F18-24		GREEN TEAM	00:27:10
52	34	9	16	DIONISIO UGALDE	M25-29		VAMOS CHULA TEAM	00:27:23
53	35	10	17	LUCAS SANCHEZ	M25-29		VAMOS CHULA TEAM	00:27:32
54	19	4	38	SANDRA CHRISTIANSEN	F25-29			00:28:07
55	20	5	59	CHARLOTTE FRAAS	F25-29			00:28:29
56	21	2	6	ULRIKE MUMM	F35-39			00:28:30
57	22	3	63	SUSANNE KIDMOSE	F45-49			00:28:41
58	23	2	10	CHRISTINA FERTIG	F40-44			00:28:46
59	24	3	5	LOREA SANTOS LAS	F50-54			00:28:46
60	25	3	43	CHARLOTTE SOMMER	F35-39			00:31:57
61	26	2	85	LENE BUSK ANDERSEN	F55-59			00:32:24
62	36	1	24	TOBY LUCAS	M65-69		RISBOROUGH RUN IN THE	00:33:17
63	27	6	74	STEFANIE ALBRECHT	F25-29			00:33:28
64	37	3	33	DONAL O'RIORDAN	M50-54		CROSSHAVEN TRIATHLON	00:33:37
65	38	2	25	HENRIK GLISTRUP	M65-69		HOLBÆK TRI	00:34:11
66	39	2	84	MICHAEL TURPIN	M75-79		WIRRALTRIHARDER	00:34:37
67	40	7	31	PEER SKOVLUND	M45-49			00:34:40
68	28	7	41	SIMONE CHRISTIANSEN	F25-29			00:34:42
69	41	4	108	MICHAEL MØLLER	M50-54		GREEN TEAM	00:37:43
70	29	2	57	KATRINE NIELSEN	F30-34			00:38:26
71	30	3	56	RIKKE NIELSEN	F30-34			00:38:26
72	31	4	100	GITTE SUSANNE	F50-54			00:43:57
73	32	8	99	MARIKA HOLBERG	F25-29			00:43:57
74	33	1	92	ROSEMARIE JONES	F65-69		TRIATHLON COACHING	00:46:03
75	42	3	51	CHRIS NIELSEN	M65-69			00:48:06
76	34	1	50	HELLE STAGE	F60-64			00:48:06
77	35	1	67	CATH TURPIN	F75-79		WIRRALTRIHARDER	00:53:20
78	36	3	48	CARMEN CRUZ	F55-59			00:54:47
79	37	5	103	SARA PERANI	F50-54		FORZA ITALIA	00:57:51
80	43	8	82	MICHAEL HERSE	M45-49			00:58:26
81	38	2	90	KAREN BAK ANDERSEN	F65-69		FNUGGELINE	01:06:41
82	39	6	87	NAJA CHRISTENSEN	F50-54		FNUGGELINE	01:06:41
83	44	4	53	JOHN NIELSEN	M65-69			01:34:26
84	40	4	52	REGINA NIELSEN	F55-59			01:34:26
a.k.	a.k.	a.k.	79	ALBERT HINTERSTOIBER	M50-54			00:17:39
DNF	DNF	DNF	23	CASPER STENDERUP	M25-29			00:16:53
DNF	DNF	DNF	75	JENS PETERSEN-BACH	M35-39		KTK86	00:17:36
DNF	DNF	DNF	91	TONY HESKETH	M70-74		HORWICH RMI HARRIERS	00:25:49

Ran	MF	AG	Bib Name	AG	Count	Club	Time
Kids 3K							
1	1	1	1300LUCA DEGASPERI	M14-15		DOLOTEAM	00:10:57
2	2	1	1300PETER HÖRTEMÖLLER	M12-13		LA SANTA	00:12:49
3	3	2	1300MARKUS WALD	M12-13		LUDWIGSHAFENER SV 07	00:13:33

Ran	MF	AG	Bib Name	AG	Count	Club	Time
Kids 5K							
1	1	1	1500DANI GUERRA	M16-17		BAYLISS MULTISPORT	00:16:51
2	2	1	1501FREDERIK LYKKE	M14-15			00:18:10
3	3	2	1500CHRISTIAN WALD	M14-15		LUDWIGSHAFENER SV 07	00:19:44
4	1	1	1500ISABEL MOORE	F12-13		ST EDMUNDS PACERS	00:20:07
5	2	1	1500LOUISA BROICH	F16-17			00:20:53
6	4	3	1500HENRY AINSWORTH	M14-15			00:21:55
7	5	2	1500FINN CLERES	M16-17			00:23:06
8	3	1	1500PIA SCHWENNICKE	F14-15		SG MÖNCHENGLADBACH	00:24:01
9	4	2	1500EMMA ASHCROFT	F16-17		WEST CHESHIRE AC	00:32:03
10	5	2	1500MILLE JENSEN	F12-13			00:36:25

Ran	MF	AG	Bib	Name	AG	Count	Club	Time
Kids 8K								
1	1	1	1800	FREDERIK LYKKE	M14-15			00:31:36
2	2	1	1800	JAN SCHWENNICKE	M12-13		SG MÖNCHENGLADBACH	00:38:33
3	3	2	1800	KARL NØRGAARD	M12-13			00:40:28
4	4	2	1800	JACKSON MARCHMENT	M14-15			00:55:43



Ran	MF	AG	Bib Name	AG	Count Club	Time
Under 12 years						
1	1	1	1200FINLAY GALLAGHER	u/12M		00:08:50
2	2	2	1200HAMISH GALLAGHER	u/12M		00:08:54
3	1	1	1200LAURA JENSEN	u/12F		00:09:00
4	3	3	1201MÀXIM AZNAR GIL	u/12M		00:10:00
5	2	2	1200ALBERTE JENSEN	u/12F		00:10:00
6	3	3	1200JAMIE HARTWELL	u/12F	 TEAMMK	00:17:16
7	4	4	1201SAFIRA BERG	u/12F		00:28:28
8	4	4	1200EMMANUEL NORIEGA	u/12M		00:29:22